



Rapper

Mount Carmel College of Nursing News and Information

April 12, 2010

SOPHOMORES *Step Up*

Nearly halfway through their nursing education, the class of 2012 has successfully met one of the biggest challenges: that first day of clinicals.

Samantha Gillogly was so nervous the first day of clinicals, she couldn't sleep the night before and felt sick to her stomach. Now that she has been in clinicals for ten weeks, it's a lot less stressful. "It makes it so much easier to study for class, because you are actually doing what you learn! You get into a schedule and plan out tasks beforehand, and things are much smoother, so you have more time to bond with your patient."

Gillogly chose to become a nurse because she loves being around people, and the complexity of the human body will keep her chosen profession challenging. She chose Mount Carmel because it was close to her home in Grove City, specialized in nursing, and is a tight-knit community where the teachers and students can communicate freely.

Jim Martineau describes his feelings prior to clinicals as very excited and nervous. "I spent months and months learning new skills and was excited at the opportunity to put them into practice. It was at the end of the first clinical when I realized that in addition to all of the hands-on nursing there is a LOT of paper work to do."

Even though Martineau now has some experience, he still gets excited for clinical days. "I feel more helpful now to the patients and the nurses by having more confidence and self sufficiency to provide holistic care. I'm enjoying giving SC injections and working with IV medications. It makes me realize that I'm that much closer to becoming a nurse," says Martineau, whose long-range goal is to earn a master's to be a nurse practitioner.

Kyle McMichael also approached clinicals with a combination of excitement and nerves. "It was nice to finally be out of lecture and getting 'on the job training' and using what we have learned." McMichael always had a strong interest in the medical field. Life experiences guided him toward nursing, and he chose MCCN because, "You are a person here, not a number. Along with starting clinical during your sophomore year, where at major universities it's late into your junior year."

After graduation McMichael would enjoy becoming an oncology pediatric nurse, or a traveling nurse, and someday may continue his education and become a nurse practitioner. "I have two years to decide, I am not rushing into anything just yet," McMichael concluded.

Dani Smith chose the nursing profession because she has always wanted to be able to help people, and have an impact on their lives. "When I was nine weeks old, I was hospitalized for 12 days with spinal meningitis. Fourteen years later when I went in for an appendectomy, the nurse who cared for me in the NICU remembered me. I thought it was great that after so many years and caring for thousands of patients, she remembered me!" says Smith. "I realized that nurse had made a huge impact on my life, and I wanted to make that kind of impact in someone else's life one day, too."

With this background, it is not surprising that Smith has a passion for caring for infants and would like a job in a NICU in her hometown of Randolph in northeastern Ohio. After a few years of NICU experience, her goal is to become either a neonatal nurse practitioner, or a nurse midwife.

Sophomore class advisor, **Denice Taylor, MSN, CNP, CWOCN**, considers the class of 2012 a highly motivated class: enthusiastic, full of energy, and eager to learn.

Taylor has some advice for sophomores as they look ahead to their next two years of nursing studies. "Learn good study habits now. Utilize the many resources that are available here at the college, i.e. the library, the internet, academic success, EAP, etc. Take the time to connect the dots between lecture, lab, and clinical. Ask for patient assignments that can reinforce what you are learning or what you don't understand."

The class of 2012 is the first MCCN class to include classmates at a satellite site. There are 20 sophomores at Mount Carmel College of Nursing at Fairfield Medical Center (MCCN-FMC) in Lancaster, Ohio, who are experiencing the same classes and clinicals as their counterparts at the Columbus location.

Interim MCCN-FMC program coordinator, **Missy Mohler MS, RN**, describes the MCCN-FMC sophomores as "so excited to become excellent nurses. They have worked so hard to get to this point and are invested in their learning, patient needs, and quality outcomes."

Mohler advises members of the class of 2012 to continue to prioritize study time, always focus on the patient, and stay excited about the awesome career they have chosen. "In two years, you will reflect on this experience and be very thankful that you invested this time and effort."



MCCN-FMC sophomores in clinical (l-r): **Katelyn Large**, Instructor **Rachel Choudhury**, and **Kimberly Wallace**.

Active Shooter Drill on April 19

See page 3 for detailed information: What to expect during the drill, and what you should and should not do on Monday, April 19.

Important DATES

APRIL 13	Game Night, 7 – 8:30 p.m., rec room
APRIL 15	STTI Spring Scholarship Evening, 5 – 8 p.m., Capital University
APRIL 16	Last day to drop a term 2 course
APRIL 19	Active Shooter Response Drill
APRIL 22	"A Girl's Life," MCE, 6 p.m.
APRIL 26	SNAM meeting, noon
APRIL 30	Spring semester classes end
MAY 3-7	Final exam week
MAY 3 & 4	Free Finals Breakfasts, 8-11 a.m., lounge
MAY 6	Graduation Celebration Luncheon, noon, Berwick Manor Party House
MAY 6	Pinning/Recognition and Commencement Rehearsal, First Church of God
MAY 7	Pinning and Recognition Ceremony, 7 p.m., First Church of God
MAY 8	Commencement, 1 p.m., First Church of God
MAY 10	Summer session begins

FREE Finals Week Breakfasts

A Gift to MCCN Students from the Alumni Association

May 3 and 4, 8 – 11 a.m.
College Lounge
Donuts and bagels, fruit, coffee and juice

Alumni Scholarships Applications

DUE MAY 20

Please return completed applications to the alumni mailbox. There will be six \$2,000 scholarships awarded by the Mount Carmel Alumni Association to deserving students. New this year are possible applicant interviews. Juniors received applications in their mailboxes. If anyone needs an additional application, see **Kathy Epsy**.

SUMMER Session 2010

Students registered for summer 2010 courses can now view their schedules on CARMELink. Access is via link from <http://www.mccn.edu> → Current Students → CARMELink or at <https://carmelink.mccn.edu/ics/>. Students encountering login problems can contact **Tim Tabol**, Systems Administrator (ttabol@mchs.com or 614-234-2682).

MCCN Students Volunteer at **OPENING CELEBRATION** for Diley Ridge Medical Center in Canal Winchester

Diley Ridge Medical Center (DRMC), a joint venture between Mount Carmel Health System and Fairfield Medical Center, opened on March 16. MCCN assisted in the Opening Celebration by providing 14 student volunteers. Faculty member, **Cheryl Mace**, also assisted, and **Kim Campbell** and **Jonathan Francis** from the MCCN Admissions Office staffed an admissions and recruitment table.

The new DRMC includes an innovative emergency and diagnostic center seamlessly integrated and connected to a first-class medical office building. A 24-hour emergency room, imaging and women's health services, a lab service center, primary and specialty care physicians, as well as a Nationwide Children's Hospital *Close To Home*™ Center are included in the medical center and medical office building.

"The DRMC is another example of Mount Carmel's commitment to growing our programs and services to help meet the healthcare needs of the communities we serve – and to do so in partnership with others when appropriate," wrote **Claus von Zychlin**, President/Chief Executive Officer, Mount Carmel Health System.

"I also should note that DRMC passed a required pre-opening survey in late February conducted by The Joint Commission, which granted the facility preliminary accreditation with no findings for improvement. In fact, surveyors took copies of several DRMC documents as examples of 'best practices,'" von Zychlin added.



Grand Opening volunteers (l-r): **Emily Forgrave, Cheryl Mace, Allie Barnhart,** and **Kelsey Horton**

Student Volunteers

Allie Barnhart
Kelsey Horton
Lauren Palmer

Rochelle Burton
Leah Howlett
Meredith Qualley

Andrea Colabuno
Stephanie Ledbetter
Tracy Reyes

Molly Draher
Brad Marsh
Robin Schmitt

Emily Forgrave
Amanda Mitchell

Scholarship OPPORTUNITY for 2010 Nursing Grad

The American Association of Critical Care Nurses –Central Ohio Chapter (AACN-COC) is proud to offer a senior nursing student with the desire to become a critical care or progressive care nurse, a \$500 scholarship to use at your discretion.

The eligibility criteria:

- Senior nursing student who has or will graduate in 2010 and has not yet passed the state board exam
- An interest in critical or progressive care
- One written professional reference and contact information for two other personal or professional references
- Short essay addressing two topics:
 - 1.) Why you chose to become a nurse
 - 2.) Who and/or what experience inspired your desire to become a critical care or progressive care nurse

The AACN-COC was established in 1975. Meetings occur on the third Wednesday of the month, September through May. Benefits of belonging to the organization include networking, educational offerings with contact hours and dinner, professionalism, opportunities to serve and develop leadership skills, and most of all a place to have fun!

AACN-COC board members request that the student who is awarded the scholarship attend the meeting on May 12, 2010, for a presentation of the monies.

For more information contact us at aacncoc@yahoo.com or call

President	Vickie Gloeckner	898-8610 or 234-7793
Secretary	Anna Bockert	234-6980
Treasurer	Diana Billie	557-6008

Please submit your essay and references by April 16, 2010 to: AACNCOC, PO Box 485, Columbus, Ohio 43216.

We look forward to you joining the exciting fields of critical care and progressive care nursing and hope we are a part of your journey.

Respectfully,

AACN-COC Officers and Board Members

Vickie Gloeckner, Anna Bockert, Cheryl Williams, Diana Billie, Raejeanne Powers, Barbi Potts, Michele Lindner-Nash, Dorina Harper, K. Ashworth, Barb Powell

Activities at Ohio Dominican University

MCCN students are cordially invited to attend activities and events at Ohio Dominican University's Bishop A Griffin Student Center: For up-to-date listings of activities visit ODU's website at www.ohiodominican.edu, type in Griffin Student Center and calendar of events.

Student Life Coming Attractions

Date	Event	Location	Time
Tuesday, April 13	Game Night	Rec Room	7 - 8:30 p.m.

COSI Membership News – Student and Family Memberships

Four of the student COSI memberships have been renewed for another year. The other two memberships have been upgraded to Family Memberships. Students can now take their children (up to 4) and significant other to COSI for free! COSI memberships may be signed out on a daily basis. Memberships must be returned the next business day to ensure availability for other students. Memberships signed out on Fridays are to be returned the following Monday. Enjoy!

ATTENTION
STUDENTS!

THANK YOU

note from Stephanie Kettendorf to the MCCN Community

Words cannot begin to express my gratitude to everyone in the College family for your support during my son's hospitalization. The expressions of care, concern, and love have been both overwhelming and humbling, along with the numerous greeting cards, gift cards, monetary donations, donated personal leave time, heartfelt notes of concern, yummy food, and of course, the many prayers that have been said for Kris. Those prayers have sustained us on so many levels, you just can't imagine. And they have worked miracles in Kris' healing process.

We have such a long recovery ahead of us, so, please don't stop praying! We definitely have current and future challenges to face. But please know how much I appreciate all that each and every one of you have done for us. When Kris has recovered enough to understand what he has been through, I will certainly tell him what an important role each of you has played in his recovery. From the bottom of my heart, thank you all so very much.

May God bless you all,

Stephanie Kettendorf

If you know of someone ready to realize their dream of a career in nursing at our MCCN-FMC campus, invite them to join us for...

Mount Carmel College of Nursing at Fairfield Medical Center Information Session*
Thursday, May 6, 2010
Ohio University Lancaster/Upper Lobby
11:30 a.m.-1:30 p.m.

*Light refreshments will be served.

Are you ready to realize your dream career in nursing? Learn more about pursuing a Bachelor of Science in nursing degree at Mount Carmel College of Nursing at Fairfield Medical Center (MCCN-FMC). Meet admissions staff, students, and faculty---and take the next step toward achieving an exciting career in the high demand field of nursing.

To RSVP call 800-225-0581 TODAY!

The Carmel RAPPER

The Carmel Rapper is provided bi-weekly by Mount Carmel College of Nursing with the assistance of Mount Carmel's Creative Services and Marketing Departments.

Managing Editor:

Robin Hutchinson Bell

Editor:

Elaine Kehoe

Deadline for information is every other Monday at noon.

For information or to comment, contact Robin Hutchinson Bell: 614-234-1372 or rhutchinson-bell@mchs.com.



MOUNT CARMEL
College of Nursing

active shooter drill

Notification: Mount Carmel College of Nursing in conjunction with the Columbus Police and Columbus Fire Departments, will conduct an Active Shooter Drill on **Monday, April 19** on the College campus. If you are on campus that day you may be impacted by the drill, so please be alert. **All personnel entering the building are subject to search. The entire building will be declared WEAPON FREE and NO CAMERAS are permitted to tape any POLICE tactics.**

monday, april **19** 2010
mount carmel college of nursing



Chaplain's CORNER

By **Pete McClernon**, College Chaplain

It's spring! The vagaries of central Ohio weather notwithstanding — it IS spring. It began with what is known as the vernal (springtime) equinox (equal portions of light and darkness in a 24-hour period on March 20-something).

The magic of spring and summer is why people in the Christian tradition celebrate Easter on a day determined by that old vernal equinox. That 20-something day in March says, "There's more and more light ahead." Easter says, "God conquered death." Just so: light conquers darkness — hope conquers despair — truth conquers falsehood — good conquers evil — students conquer exams — right conquers wrong — joy conquers sadness.

As life progresses, the hope of Easter endures. Summer then becomes the promise of spring realized.

Open the windows — let the air in.

Campus Ministry ACTIVITIES

Spring Semester 2010

Monday Morning Prayer ("Begin each week in prayer") — Mondays at 8 a.m. in the College lounge

Student-led Bible Study — Wednesdays - 4 p.m. - College Rec Room (basement of Marian Hall) snacks provided. Every denomination encouraged to join. For more information, contact **Crystal Goods**.

WITH THE DOWNTOWNERS CAMPUS MINISTRY — Student-in-the-City

WITH THE MOUNT CARMEL HEALTH SYSTEM — Operation Feed (April)

ACTIVE SHOOTER DRILL *Next Monday, April 19*

What Can We Expect?

Monday, April 19, will definitely not be the typical Monday at MCCN. "On April 19, things are not going to go the way they usually do," says **Wally Burris**, MCW Safety and Security Manager. "There will be a huge police presence on campus, with Columbus Police officers stationed at all entrances searching every person who enters; people will be moving here and there; and classes will be interrupted."

So, what should we do? What shouldn't we do? Here are the best recommendations for everyone participating in the College's first ever active shooter drill on April 19.

What Not to Do:

1. **Don't bring unnecessary items on campus** — all persons in the training environment are subject to search to ensure no weapons come inside the perimeter. If you don't really need it, don't bring it, especially laptops, book bags, big purses, etc.
2. **Don't attack the Columbus Police Officers** — the officers are here to help. The Security Officer who will be portraying the "threat" will be clearly different from the other officers and wearing a Red Man Suit.
3. **Don't call 911** — In case of a real incident, calling 911 is recommended. Because this is a drill, no 911 call is necessary.
4. **Don't break any windows** — Again, a real threat means breaking windows may be necessary to escape, but not during the drill on April 19.

What to Do:

1. **Bring your MCCN ID** — You will not be allowed on campus without it.
2. **Arrive early. If you have an 8:30 a.m. class, plan to be in class before 8:30 a.m.** — The drill will begin at that time. The entry searches will take time and organizers want to start the drill on time.
3. **Simulate the appropriate Active Shooter response for the area you are in.** Many in the College community have received active shooter response training; the drill is the time to practice. Here are the three key responses, depending on the circumstances (additional information detailed under "Recommended Active Shooter Responses"):
 - **Evacuate** — First response is to get to a safe place if you can.
 - **Protect in place** — Second response is to find a place to hide and/or keep the shooter from getting to where you are.
 - **Attack** — Third response is to use what is available to you to defend yourself by distracting, immobilizing the shooter.
4. **Attack the Security Officer in the Red Man Suit** — this Security Officer is at the drill to simulate the presence of a shooter and help you engineer your bodies to respond, to get up out of your desk, and put your training into action.

Recommended Active Shooter Responses:

Empowering People with Preparation and Practice

Pre-planning for such an incident will be your best chance for surviving. Know your escape routes, know how you will respond, and be prepared to "flip the switch" from being the prey to becoming the predator.

The guidelines below are based on the best available information. The Mount Carmel Safety and Security Department strongly urges each of you to familiarize yourselves with each scenario and the options provided.

In the event there is an active shooter in the building, call 911 (dial 9-911) then call Security by dialing 3, to notify them of the situation. If you are directly involved and **exiting the building is not possible**, the following actions are recommended:

- Go to the nearest room or office.
- Close and lock the door(s) if possible.

Student Government Association (SGA) Officers and Representatives FOR 2009-10

PRESIDENT: Sarah Eichhorn (Senior)

VICE PRESIDENT: Emily Lust (Junior)

SECRETARY OF RECORDS: Angela Snider (Senior)

TREASURER: Leah Lewis (Senior)

SECRETARY OF PUBLIC RELATIONS (shared by): Crystal Goods (Senior) and Kelsey Tinkler (Junior)

SENIOR CLASS REPRESENTATIVES

Daniel Duble **Tristen Greene**
Megan Messinger **Luke Vohsing**

JUNIOR CLASS REPRESENTATIVES

Melissa Bally **Emily Berry**
Joe Derr **Brittnee Doran**

SOPHOMORE CLASS REPRESENTATIVES

Stephanie Binkley **Ashley Degoey***
Stephanie Harris **Kayla Munk**
Brittany Richards **Dani Smith**
Brooke Waddell

*Fairfield Medical Center SGA representative

FRESHMAN CLASS REPRESENTATIVES

Elizabeth Cassidy **Kelsey Horton**
Lyndsey Melvin **Ashley Winebrenner**

ADVISOR

Colleen Cipriani

SGA is here for the students. Students are encouraged to contact their class representatives with any questions or concerns. SGA officers and representatives can be reached through their Mount Carmel email: First initial and last name @mccn.edu.

ACTIVE SHOOTER DRILL *cont'd*

- If the door(s) cannot be locked, barricade it with anything you have available (desks, chairs, tables, etc.).
- Cover any windows in the door(s).
- Move away from the door(s) and stay low.
- Remain quiet and act as if no one is in the room.
- **DO NOT ANSWER THE DOOR(S).**
- Wait for law enforcement or a MCCN Security officer to escort you out. Keep hands up in plain view until law enforcement can determine that you are not a threat.

If you must evacuate the area where a shooter is active:

- If you are running, cover your head and face with your arms, books, or anything you have available.
- Not all windows on campus will open. For those that do not open, break them. If you need to evacuate out a window, use anything you can to limit the distance you will fall.
- Hang by your hands from the window ledge before jumping.
- Use your belt, pants, shirts, or a combination of these items to make an improvised rope.
- Fall into shrubs, grass, or mulch, if possible.

If you cannot escape and a shooter is in your room, trust your instincts:

- Lay perfectly still and "play dead" if the shooter is darting in and out of rooms, rapidly shooting.
- If you can see the shooter is taking time to reload, escape and/or fight to survive.

If the shooter points a firearm at you and you must fight, remember, you are fighting to survive! Do not allow yourself to be harmed.

- Use anything available to defend (scissors, pens, chairs, etc.)
- Attack in a group, if possible.
- Yell and shout to disorient the shooter.
- "Fight Dirty" (bite, kick, gouge eyes, etc.)
- Aim for the throat, eyes, chest, and groin.

What is an Active Shooter?

An active shooter is a person or persons actively engaged and intent upon shooting people. An active shooter is not interested in theft, robbery, or hostages, but in killing people. In law enforcement language, the term active shooter also indicates that the event is actively happening, with the perpetrator still in the area, still armed, and still a threat.

"The Best Defense is a Good Offense"

We've all heard this term applied to life events ranging from the football field to taking care of one's health. The drill on April 19 can be added to the list of events when preparation and practice will give one the edge.

The active shooter response training and drill are designed to empower participants with the tools to be ready should such an unfortunate event occur at anytime in their lives. For future nurses, the April 19 drill is another opportunity in a safe and controlled environment to learn and practice additional emergency and life-saving skills.

VOLUNTEERS NEEDED

for MCCN Active Shooter Drill April 19th

Students Will Receive Community Service Hours!

Students, faculty and staff are needed for the MCCN Active Shooter Drill, set for Monday, April 19.

A total of 12-15 people are needed, 7 a.m.-2 p.m. (You must participate for the entire time.) Students will receive community service hours for participating. Lunch will be provided, and volunteers will receive a \$5 gift card to Java Jolt.

Interested? Please contact **Colleen Cipriani TODAY** at 234-5828 to sign-up.



SIGN UP TODAY!

Receive **ALERTS** in Times of Crisis, Weather and Disaster Situations...

...plus it will be helpful for the upcoming active shooter drill set for April 19

Faculty, staff, and students are strongly encouraged to register for the Communications Alert System as soon as possible.

Please see below on how to register. Remember when registering you MUST:

- Use a Mount Carmel computer (if you are a student you may want to stop by the CLE 2nd floor MCCN computer lab).
- Enter your network ID and password

By signing up for the MCCN Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations. Faculty, students and staff may self-register for the new system by using an on-site MCCN computer.

- Via Insight, enter internet address <http://mccnalert.mchs.com> and simply follow the prompts.
- Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.
- The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.
- You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.
- For your convenience MCCN ALERT now has the capability to notify faculty, staff and students when devices are about ready to — or have already expired. The message will say "Subject: MCCN Alert Expiration. This devices registration is set to expire on MCCN Alert soon."
- If you receive an alert, please check your account. Go into <http://mccnalert.mchs.com> (via Insight on a College or Mount Carmel computer), and log on to update the expiration date. Your log-in is your MCHS log-in (first/last initial and your ID #) and your password is your MCHS password.

If your devices are highlighted in red, click on devices address (on left), which will take you on a page with a calendar ICON. Click on the calendar and extend your expiration date to receive alerts. It is recommended that users extend out one-two years. (Updates necessary if phone service, etc. changes.)

If you have questions about the new system or need help signing up or updating, please contact one of the following individuals who will help you with the process:

- Robin Hutchinson Bell (Marian Hall 313)
rhutchinson-bell@mchs.com or 234-1372
- Sherry Hull (Marian Hall 302)
shull@mchs.com or 234-5777
- Brenda Binkley (Marian Hall 310)
bbinkley@mchs.com or 234-5726

LIBRARY

Monday - Thursday.....8 a.m. – 9 p.m.
Friday.....8 a.m. – 5 p.m.
Saturday.....8:30 a.m. – 12:30 p.m.
Sunday.....Closed

Professional reference staff is available Monday – Friday, 8 a. m. – 5 p. m. If you need professional help or assistance during late evening and Saturday morning hours, Librarians will be available upon your request, primarily through scheduling time using the *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

NURS 408 Clinical Preferences

Students have the opportunity to indicate preferences for clinical site (the type of unit) for NURS 408. A letter explaining the process and a form to print and complete will be posted on WebCT Resources near the middle of the term PRIOR to the term you will take NURS 408. Watch WebCT Resources DAILY for this posting.

After carefully reading the letter and completing the form, take the form to the Marian Hall front desk promptly. Request that it be date/time stamped and placed in Ann Waterman's faculty mailbox. Your clinical faculty will contact you regarding placement near the end of the term.

Although the preferred clinical days are M-T-W day shift, the student is expected to be flexible and work the preceptor's schedule for an average of 24 hours per week. Weekends and shifts other than day shift are to be expected.

Questions? Email **Ann Waterman** with N408 in the subject line: awaterman@mchs.com

Students Volunteers NEEDED

Receive Community Service Hours

Mount Carmel Health is looking for MCCN students to assist in health system community events. Please contact **Diana Coomer**, Mount Carmel Marketing, at 614-546-4111 or dcoomer@mchs.com.

Sunday, April 25, 8 a.m. - noon

March of Dimes Walking Event

Need two volunteers to pass out giveaways and information.

Chiller Easton Sports Barn
3599 Chiller Lane
Columbus

Saturday, May 1, Noon – 5 p.m.

Bariatric Fashion Show

Need four volunteers to assist with flyer distribution, MC booth, models and greeting public.

Tuttle Mall
5043 Tuttle Crossing Blvd.
Dublin

Sunday, May 2, 1 - 4:30 p.m.

MCW Premies Reunion

Need two volunteers to greet families, registration, help with set-up and assist with finger/face painting, etc.

CON gym

Saturday, May 8, 9 a.m. – 3 p.m.

Colorectal Seminar/Event (not the official name yet),

Need four volunteers to greet and register guests, pass out goody bags, etc.

MCE Siegel Center

MONDAY, MAY 3		TIME	ROOM	FACULTY
NURS 405	Acute	8 a.m. – 10 a.m.	CLE 114	Nibert
NURS 406	Gerontology	8 a.m. – 10 a.m.	CLE 210	Maurer Baack
NURS 407	Pediatrics	8 a.m. – 10 a.m.	CLE 116	O'Handley
NURS 408	Transitions	8 a.m. – 10 a.m.	TBA	Waterman
NURS 305	Med Surg I	10:30 a.m. – 12:30 p.m.	CLE 210	Beyer
NURS 306	Med Surg II	10:30 a.m. – 12:30 p.m.	CLE 116	Campbell
NURS 307	OB	10:30 a.m. – 12:30 p.m.	CLE 206	Cooley
NURS 308	Psyc-Mental Health	10:30 a.m. – 12:30 p.m.	CLE 114	Bills
PSYC 225	Human Growth & Development	10:30 a.m. – 12:30 p.m.	CLE 310	Skybo
HUMN 320	Ethics – all sections	1:30 p.m. – 3:30 p.m.	CLE 114-116	Hiltbrunner
HLTH 416	Health Policy	3 p.m. – 5 p.m.	CLE 310	Bowen
TUESDAY, MAY 4		TIME	ROOM	FACULTY
SCIE 430	Integrated Science	8 a.m. – 10 a.m.	CLE 114	Garbellini
NURS 205	Foundations/Health Practices	9 a.m. – 11 a.m.	MSB Auditorium	Taylor
NURS 421	Community Health Nursing – Section M01	10 a.m. – 12 noon	CLE 206	Smith
NURS 421	Community Health Nursing – Section M02	10 a.m. – 12 noon	CLE 208	Chops
HUMN 201	Critical Thinking	12 noon – 2 p.m.	CLE 116	Hiltbrunner
NURS 361	Nursing Research – Section M01	3 p.m. – 5 p.m.	CLE 116	Skybo
NURS 361	Nursing Research – Section M02	3 p.m. – 5 p.m.	CLE 114	Cooley
NURS 361	Nursing Research – Section M03	3 p.m. – 5 p.m.	CLE 206	Reed
WEDNESDAY, MAY 5		TIME	ROOM	FACULTY
SCIE 231	Patho II – all sections	8 a.m. – 10 a.m.	CLE 206-208-210	Stinner
SCIE 124	A&P II – all sections	10 a.m. – 12 noon	CLE 206-208-210	Loscko
NURS 206	Pharmacology – all sections	2 p.m. – 4 p.m.	MSB Auditorium	Matta
SCIE 220	Nutrition	2 p.m. – 4 p.m.	CLE 114	Dreifke
THURSDAY, MAY 6		TIME	ROOM	FACULTY
HLTH 210	Health Promotion	9 a.m. – 11 a.m.	CLE 114	Piquero
HUMN 110	Individual & Religion	10 a.m. – 12 noon	MH-A	McClermon
HUMN 202	Expressions of Spiritualities	10 a.m. – 12 noon	MH-A	McClermon
SCIE 125	Microbiology – all sections	1 p.m. – 3 p.m.	MSB Auditorium	Voorhees
HLTH 320	Statistics	5 p.m. – 7 p.m.	CLE 208	Reed

NOTES:

1. NURS 421 faculty will provide final exam information to students.
2. Faculty will schedule Seminar and RN-BSN final exams as needed.
3. All final grades will be accessible by students in June (for those without record holds) Via the Student Portal CARMELink. Please Note: We do not mail grade reports.

Announcing a Junior-Level Curriculum CHANGE

In the MCCN curriculum, the major thrust of medical surgical nursing content is presented at the junior level (sophomore level is foundational; senior level builds upon the content).

In keeping with this focus, there will be a change in the current delivery of Med Surg I and II (NURS 305 and 306) effective fall semester 2010. The content of NURS 305 and 306 will be combined to form the new Med Surg course, NURS 309. NURS 309 will be taught as a 16-week nursing course with more clinical days devoted to patient care experiences. This curriculum change is taking place to more effectively meet course objectives and to introduce the content logically, sequentially, and consistently.

Course Description, NURS 309

Prerequisite: Junior status

This course provides students with evidence-based knowledge in the management of adults and families experiencing human responses to alterations in fluid and electrolyte imbalance, oxygenation, ventilation, tissue perfusion, digestive function, immunologic function, hormonal regulation, regulatory function, motor sensory function, cellular differentiation (proliferation) and skin function and integrity. The nursing process provides the framework for the practice of nursing with clients of diverse backgrounds and in varied settings.

DEGREE Audits

Pre-licensure students who want to verify current completion of program requirements may schedule an appointment with **Karen Greene** to review their degree audits. Contact **Maggie Miller-Rea** (614-234-3959) to schedule an appointment.

RN-BSN Completion and Master's students should contact **Kip Sexton**, Program Coordinator, at 614-234-5169 with questions about degree progression.

AWARDS

The 2010 Excellence in Nursing Award AND The 2010 Excellence in Nursing Physician Recognition Award

It's Time to Nominate a Special Mount Carmel Nurse and Physician!

In its sixth year, the Excellence in Nursing Award recognizes Mount Carmel Nurses who exemplify outstanding nursing practice.

The Physician of the Year Award is an award where Mount Carmel nurses nominate physicians who exemplify superior collaborative practice with MCHS nursing staff.

Convenient ways to nominate:

- Nominate online:

2010 EXCELLENCE IN NURSING AWARD

<https://secure.mchs.com/survey/index.php?sid=25>

2010 EXCELLENCE IN NURSING – PHYSICIAN AWARD

<https://secure.mchs.com/survey/index.php?sid=26>

- Pick up a brochure at one of the four hospital communication centers, at the College of Nursing or Patient Care Services Offices.

Written forms should be submitted to department leaders/unit directors.

Nomination Deadline: Friday, April 23, 2010

The Excellence in Nursing Award Program is sponsored by Mount Carmel Patient Care Services and Mount Carmel College of Nursing.

MONEY Matters

Notes from Alyncia:

Dear Mount Carmel College of Nursing Student,

During the current academic year, Mount Carmel College of Nursing has had an opportunity to research the advantages and disadvantages of participating in the Federal Family Educational Loan Program (FFELP). Due to the desire to continue to meet our students' financial needs, Mount Carmel College of Nursing has decided to end its participation in the FFELP program and will participate in the Federal Direct Loan Program. The following are some benefits to making this transition.

1. FFELP funds are disbursed through private lenders (such as Chase, National City, Fifth Third, etc.). The Direct Loan program is funded directly by the Federal Government, eliminating the middleman and potential confusion.
2. As the government continues to assess the state of federal student aid, it is becoming increasingly apparent that the FFELP program may not be available for future students.
3. There are more repayment plans through the Direct Loan program.
4. Direct Lending has the new Public Service Loan Forgiveness program that will forgive remaining debt after 10 years of eligible employment and qualifying loan payments for people working in key public service professions such as teaching, government, social work, law enforcement, and non-profit 501(c)(3) organizations.
*** You will need to apply and be approved for this program after your 6 month repayment grace period.
5. The Direct Loan program is fully integrated with the federal financial aid process. Mount Carmel College of Nursing already has the software and business process in place to administer this program due to the other federal programs we administer.
6. Loans can be sold in FFELP, negating their borrower benefits. Loans are never sold in the Direct Loan program thereby assuring that the borrower receives his/her borrower benefits.
7. Direct Loans can be consolidated in the Direct Loan program, or in the FFELP program. This opportunity will come available to our students as a result of our transition to the Direct Loan program.

We will begin the Direct Loan program in the summer of 2010. If you are completing your degree this summer, this change will not apply to you. When students receive their award letter for the 2010-2011 academic year you will have to: **1) complete a new entrance counseling session and 2) complete a new master promissory note for the direct loan program.** The new master promissory note and entrance counseling sessions will be available beginning **April 19, 2010** via the MCCN website. Students will be provided directives on completing this transition in their 2010-2011 award letters.

Please look forward to receiving additional information regarding the Federal Direct Loan Program.

Alyncia Bowen, PhD, MSA

Director of Financial Aid, abowen@mchs.com



The 50-DAY DINNER Tradition Continues

Countdown to Graduation Celebration

Initiated last year by the class of 2009 and the Student Government Association (SGA), the 50-day dinner celebrates the graduating class' accomplishments and anticipation of May Commencement. Nearly 40 seniors attended this year's 50-day dinner held recently at the College. The Mount Carmel Alumni Association supported the event by underwriting a portion of the cost and providing association vice president, **Stephanie Rae Adams Piquero '97**, RN, MSN, CPNP, as the speaker.

Piquero, who is also an instructor at the College, spoke about the Alumni Association, described the graduation process, and shared tips about starting out as a new nurse. Another representative of the alumni, **Jill Trego Rill '77**, who serves as Scholarship Chair for the association, also attended the event and interacted with students.

Eight SGA underclassmen volunteered at the event, setting up and serving the food. The main course was Florentines' Spaghetti.

"The 50-day dinner was a simple event for the senior students to relax and celebrate the 50 days they have left, as well as their accomplishments thus far," said **Sarah Eichhorn**, senior and SGA president. Seniors hope that the dinner remains a tradition for future students to maintain.



(L-R) **Autumn Rodriguez, Leah Lewis,** and **Sarah Eichhorn**



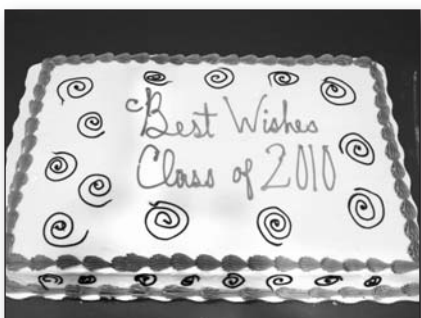
Seniors looking over *The Carmel Rapper*



Sarah Eichhorn at the podium



Daniel Duble (far left) and **Luke Vohsing** are served dinner by **Dani Smith**



Celebratory cake



Colleen Cipriani, Director of Student Life, holds **Viviana Piquero**, daughter of **Stephanie Piquero**



Mount Carmel Alumni Association Vice President **Stephanie Piquero** at the podium



(L-R) SGA volunteer servers **Joe Derr,** **Kelsey Tinkler** and **Dani Smith** cut the cake



(L-R) **Caitlin McDonald** and **Crystal Goods** speak with **Colleen Cipriani** and alumna **Jill Rill**



Jill Rill speaks with students



Jill Rill speaks with **Kaleigh Peters**



Luke Vohsing (left) and **Daniel Duble** congratulate each other on their pending graduation

HEALTH News



Kathy Walters

From the Student Health Nurse

I am happy to report that due to the diligence of most students receiving their annual and H1N1 flu shots, our rate of flu illnesses was at a minimum this academic year. Students have also been vigilant about cleaning off their desks in the classrooms, cleaning off the keyboard covers in the computer labs, as well as washing their hands to keep the flu bugs at bay. Thank you to all students practicing healthy behaviors.

Some students are beginning to think about summer jobs. If you are considering a summer position as a camp counselor or employment in a healthcare position, you will need to obtain a copy of your immunization record from me. I do not work every day during the summer, so it would be best if you obtain this information before leaving the College after finals week.

More good news — my Student Health Nurse position will be a full-time, 12-month position, starting August 2010. I plan to conduct wellness programs in addition to my other duties here at the college. I encourage all of you to participate to learn more about lifetime healthy behaviors!

Happy Spring!

Kathy Walters, MS, RNC, NNP-BC
Student Health Nurse
614-234-5408, kwalters@mchs.com

Change in FACULTY Positions

Stephanie Piquero has accepted the position of Sophomore Nursing Coordinator, effective with the beginning of fall semester. **Denice Taylor** continues in that role through the summer.

Cheryl Mace has accepted the position of full-time Coordinator for the Mount Carmel College of Nursing at Fairfield Medical Center in Lancaster, effective August 1.

Congratulations to all!



2010 Spring Scholarship Evening

Thursday, April 15, 2010
5 - 8 p.m.
Capital University Campus Center
1 College and Main
Columbus, Ohio 43209

Event free for all MCCN students.

GRADUATION Countdown

This series of details highlights key information graduating students need to know before May Commencement. Check this listing for important deadlines and suggestions to keep your path to graduation on track.

- Complete your Community Service Program requirement and submit documentation to **Mary Nibert**.
- **Ordering deadline for your cap/gown was April 1.** If you failed to meet this deadline, contact Jostens immediately at 800-854-7464.
- Pick up your 7 Commencement tickets in Room 201, Marian Hall (8:30 a.m. – 4:30 p.m., Monday through Friday).
- If you wish to have your graduation announcement sent to news publications, complete the Graduation Publicity Form and place in **Robin Hutchinson Bell's** (College Relations) mailbox by **April 16**.
- Prepare for the National Council Licensure Exam - RN (NCLEX-RN) that will measure your competency to perform as a registered nurse and is required for entrance into the profession.
- Attend the graduation celebration luncheon on **Thursday, May 6, 12 noon** at the Berwick Manor Party House, 3250 Refugee Rd. (professional dress is expected).
- Attend Pinning and Commencement rehearsal at First Church of God immediately following the celebration luncheon on Thursday, May 6.
- Prepare for graduation events:
 - Pinning & Recognition Ceremony will be Friday, May 7, at 7 p.m.
 - Commencement will be Saturday, May 8, at 1 p.m.
 - Both events will be held at the First Church of God, 3480 Refugee Road



SNAM News

April 26 — SNAM Meeting