



# a girl's life

## a program for adolescent girls

A girl's life is an exciting one — full of many emotional, physical, and environmental changes. Mount Carmel College of Nursing is offering a program designed just for girls and their moms — or favorite grown-up — to explore issues related to puberty and adolescence.

We will provide head-to-toe advice to help promote healthy dialogue and understanding.

## it's a girl's life - live it and love it!

Monday, March 2, 2020  
 5:30 p.m. – 7:30 p.m.  
 Mount Carmel Grove City  
 Room 1201  
 5300 N Meadows Drive  
 Grove City, OH 431231

\$20 per girl  
 Each girl will receive a t-shirt, tote bag and a copy of *The Care and Keeping of You: The Body Book for Girls*, from the American Girl library.



Call 234-LIFE to register.

Monday, March 2, 2020

## registration form

Please complete the information below and mail with payment to:

Mount Carmel HealthCALL  
 5955 East Broad Street  
 Columbus OH 43213

Paying by Credit Card  
 Please check one: VISA  Master Card

Name (as it appears on card)

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_ Security Code \_\_\_\_\_

Please make check payable to Mount Carmel College of Nursing.

Girl's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mother or Favorite Grown-up: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

T-Shirt Size (Adult sizes):  small  medium  large  x-large

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