

THE LAMP



Two Alumni
Two Kidney Donations
Four Lives Changed Forever

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MCCN Supports Two Friends Who Gave the Gift of Life...

News and Information about
Mount Carmel College of Nursing Alumni, Students and Faculty



MOUNT CARMEL
College of Nursing

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COLLEGE QUICK READ:

Mount Carmel College of Nursing

- ◎ The Higher Learning Commission (HLC) granted re-accreditation to MCCN following an on-site visit to the College last fall. Granting membership in the Commission and in the North Central Association to degree-granting educational institutions in the North Central region, the HLC is recognized by the U.S. Department of Education and the Council on Higher Education Accreditation.
- ◎ MCCN's Second Degree Accelerated Program (SDAP) ended its second session in January with double the number of graduates. The second class to earn a Mount Carmel BSN in 13 months numbered 60 graduates. The first class numbered 29. The third SDAP class is now underway with 64 students.
- ◎ Once again this May, MCCN graduates will be poised to take their places as new Mount Carmel nurses. BSN graduates will total more than 160.
- ◎ As a community service, MCCN offers "a girl's life," a program for girls and their moms — or favorite grown-up — to explore the many emotional, physical, and environmental changes of puberty and adolescence. Growth and development professor and registered nurse, **Dr. Angie Phillips-Lowe**, provides head to-toe advice to promote healthy dialogue and understanding. The next session is on October 19 at 6:30 p.m. at the College. Call 234-LIFE.
- ◎ **Darrell Spurlock, Jr., PhD, RN**, assistant professor, was appointed to the National Advisory Committee for the Robert Wood Johnson Foundation grants program, Evaluating Innovations in Nursing Education. Dr. Spurlock joins nursing education research leaders from across the nation in evaluating proposals submitted to the program. "This is outstanding professional recognition for Dr. Spurlock and for the College," says **Dr. Ann Schiele**, President/Dean, MCCN. [➔](#)



PRESIDENT'S MESSAGE

Dear Alumni, Students and Friends,

The promise of spring is once again fulfilled and our beautiful campus is coming alive with warmth and color. Mount Carmel College of Nursing holds the promise of personal and professional fulfillment for students, in particular for the 60 who completed the Second Degree Accelerated Program in January and the more than 160 who will graduate next month.

Our goal to bring this promise of the nursing profession to as many qualified students as we can recently inspired another collaboration. Our new partnership with Wilmington College will provide the opportunity for several Wilmington students to pursue a Mount Carmel nursing education.

Our efforts also include offering opportunities of promise to our own graduates. The College's three master's tracks in Adult Health, Nursing Education, and Nursing Administration can be the next step in

professional development for Mount Carmel alumni. For alumni who have been away from the profession and plan to return, the College offers a convenient and popular online RN Refresher Course. I invite all alumni interested in advanced studies to come home to the Mount.

As always, our efforts would not be possible without your support. In these times of economic uncertainty, we are particularly grateful for your recent generous donations to the 2009 Phone-a-thon.

Sincerely,

Ann E. Schiele, PhD, RN
President/Dean
Mount Carmel College of Nursing

COVER STORY: FOUR LIVES CHANGED FOREVER

“I think this is a wonderful story and a true demonstration of altruism. Christina’s and Beth’s unselfish acts are truly a blessing to those who will receive their gifts with the hope of an improved quality of life.”

– Dr. Darrell Spurlock, Jr.
MCCN Assistant Professor



Beth Ragland '08 and Christina Pabst '08

MCCN Support Enables Two Friends to Give the Gift of Life...and Graduate On Schedule

Christina Pabst, RN, '08 and Beth Ragland, RN, '08 have always had a lot in common. They met in a pre-nursing class at Ohio University (Chillicothe), hit it off immediately, and attended nursing classes together. They both live in Chillicothe, Ohio, and work in cardiac patient care at Adena Regional Medical Center Hospital just seven miles north of Chillicothe.

Pabst and Ragland decided to attend MCCN due to positive feedback about the College’s RN-BSN Completion Program from their peers at the hospital. It was Ragland who first decided to come. Pabst came along for the orientation, spoke with Program Coordinator Kip Sexton, and within two weeks was registered for class. They commuted to MCCN together from Chillicothe and graduated in December 2008.

A Double Kidney Donation

At the same hospital on the same day last fall, the two best friends both experienced kidney donation, and the bond has deepened even more. Ragland donated a kidney to Pabst’s aunt, after finding out that Pabst was unable to donate the needed kidney due to incompatible blood type.

“I told Beth if she was able to give my aunt this wonderful gift and a new chance at life, I would donate a kidney to an unknown recipient in honor of her and because I wanted to give someone and their family the same joy given to our family,” said Pabst.

“I am just so grateful I was able to give this kind of gift to someone. God has opened so many doors for me. I prayed about it and felt at peace with the decision,” Ragland said.

“Beth is an awesome person—to volunteer to do this. I am so grateful that she is my best friend,” Pabst added.

“I went into this initially for my aunt, and now two people have a new kidney and a new life.” Pabst’s donated kidney went to a local man on The Ohio State University Medical Center registry, who had been on dialysis for eight years.

College Support

Both Pabst and Ragland had high praise for their RN-BSN Completion Program instructors, Dr. Darrell Spurlock, Jr., and Jane Maier, and the College for the support they



SDAP ALUMNI CARING LEADERSHIP AWARD



Celebrating a gift from the first SDAP class to the second class are (from left) Rachael Nguyen '08, recipient Nicole Leotta '09, and David Small '08.

Established by the first Second Degree Accelerated Program (SDAP) class

“The award gives back to the College in thanks for providing this innovative life-changing program and pays forward by providing support in recognition of the financial and personal sacrifices the SDAP students make to join the nursing profession,” said **David Small '08**.

The idea was generated five days before the 2007-2008 class graduated. The SDAP I class felt grateful for the program. They wanted to give back to it and honor the two faculty members most involved with the SDAP launch and implementation, Beverly Gish, MS, RN, CEN (former SDAP Coordinator); and Brenda Hammersley, MSN, MBA, RN (present SDAP Coordinator).

“At the end, we discovered we loved the SDAP experience, learned so much during it, and wanted to recognize the two faculty who contributed the most to our experience,” Small said. “We are inspired by Bev and Brenda’s commitment to nursing, to nursing education, and to the SDAP at MCCN.”

The SDAP I class will contribute \$20/person for five years and invited SDAP II to consider the same donation, so the legacy can grow with each class. “A majority of the 2008-2009 class agreed to join this project, meaning we will triple the amount of award money given to the class of 2009-2010,” said Small. “We are grateful for Dr. Schiele’s enthusiasm and support.”

The basis for the award is caring leadership. Applicants are asked to describe how they demonstrated these qualities during their time in the program. “There are many awards based on scholarship. We wanted our award to be based on a commitment and ability to perform in a manner consistent with the caring and compassionate components of our nursing education at MCCN,” said Small.

There are no requirements for use of the grant; it is intended to offset the tremendous debt many of the SDAP students typically have after completing the program.

The SDAP I alumni committee determined the 2008-2009 recipient based on the applications. Members of the committee are **David Small '08**, **Heather Monaghan '08**, **Rachael Nguyen '08**, and **Sara Schaefer '08**.

The first recipient of the award, **Nicole Leotta '09**, stated in her essay that the caring nurse is by the very act of caring a true leader whether or not he or she serves in an official leadership role. Leotta wrote that staff and patients will naturally gravitate toward that caring energy, and the caring nurse becomes a powerful role model for staff while engaging patients to manage where possible their own health care.

“For her abilities to nurture, educate, advocate and empower, we recognize Nicole Leotta with a \$500 stipend and the first SDAP Alumni Caring Leadership Award,” said Small and Rachael Nguyen '08, in presenting the award. 🇺🇸

COVER STORY CONTINUED

received and the accommodations made to enable them to complete their class and graduate on time.

Now there is a rippling of effects of this decision based on love and friendship. “The music teacher at my

daughter’s preschool told me that she donated blood for the first time, because she heard about my kidney donation,” said Pabst. 🇺🇸



AGING SIMULATION

Gearing up for an innovative lesson on caring for older adults are senior nursing students at MCCN.

Aging Simulation Gives Future Nurses Empathy for Older Patients

Dry beans in their shoes, cotton in their ears, heavy gloves on their hands — how does this garb teach nursing students about patient care? Wearing these items gives the students an understanding of the physical changes of aging.

Shoes filled with dry beans mimic the pain of arthritis, heavy gloves mimic the stiffness of arthritis and the loss of manual dexterity, and cotton balls in ears mimic hearing loss. Students also wear masks with special glass to mimic changes in vision caused by cataracts and other eye diseases that can develop in old age.

After the “gear” is on, students attempt to open wrapped snacks and drinks, as well as read ingredients and write them down using tiny pencils. “Students report that the aging sensitivity experience is quite worthwhile,” says assistant professor Catie Maurer Baack, MS, RN, CNS.

Senior Jenna Clayton says the simulation made her really feel like an elderly person. “This was unlike anything I had ever experienced before. With Stan (the College’s human patient simulator), we experience the simulation of working with a patient who has various physical conditions. With this aging simulation, we become the patients.”

Senior Christina Hewitt describes the experience as “eye-opening and definitely beneficial for my future nursing career. I am grateful to have this newfound empathy for those elderly I will care for and interact with in the future.”

Students agree that the aging simulation feels degrading. “We were all very frustrated that it was so difficult to open cereal boxes, milk cartons, and snack packs. By the time I had my meal ready, I was so mentally exhausted that I wasn’t even hungry anymore,” says Hewitt.

“It’s no wonder the elderly are often described as ‘cranky old people.’ I’d be cranky too if I couldn’t see, walk or hear without frustration,” Hewitt concludes. [✈](#)



REGISTER FOR CAMP MOUNT CARMEL '09



MCCN students enjoy serving as Camp Mount Carmel counselors.

Discounted Tuition for Children and Grandchildren of Mount Carmel Alumni


Camp Mount Carmel: Adventures in Healthcare will be held at MCCN on June 15-19, 2009, for Middle School Students (entering grades 7, 8 and 9); and June 22-26, 2009, for High School Students (entering grades 10, 11 and 12).

Camp Mount Carmel activities increase awareness and interest regarding healthcare career opportunities and will enlighten and inspire our campers:

- COSI's surgical suite — live surgical procedures performed at Mount Carmel via video conference
- Exciting hospital tours
- Shadowing healthcare professionals
- Community outreach visits
- Operating Room Adventures

Camp Mount Carmel offers shadowing experiences in the camper's choice of a healthcare specialty track: dietetics/nutrition, nursing, pharmacy, physician practice, physical therapy/speech therapy/occupational therapy, radiology, respiratory therapy.

MCCN students serve as counselors for the camp, which runs 8:30 a.m.-3:30 p.m. daily (Thursday ends early evening with the Camp Celebration).

Cost is \$200 for Mount Carmel children; \$225 for community at large. Contact Health Call at 614-234-LIFE. *Camp Mount Carmel* fills up quickly, so early registration is highly recommended. 



SUCCESSFUL JOB STRATEGIES SITE

MCCN Helping Seniors and Alumni Tackle Today's Job Market


It's no surprise that it's a tight job market. The surprise now is that the job market in some areas is challenging even for nurses. There are not too many other professions that have enjoyed the continual demand that nursing has. Usually, nursing grads do not have to work that hard to get a job.

In November 2008, nursing was listed as number eight on a list of the top ten recession-proof jobs on Forbes.com. But this year, here in Columbus, Ohio, the job market may be limited for nurses.

As a proactive step, a group of MCCN staff and faculty met to strategize methods to assist our seniors

and graduates in finding employment. One of the ideas was to develop a "Successful Job Searching Strategies" section in Resources in WebCT. The section is designed specifically for students and graduates looking for RN positions.

The site features links to job fair/open houses postings, effective interview tips, telephone interview insights, how to dress professionally, resume and cover letter composition, and pertinent job-hunting advice from healthcare professionals.


MCCN invites interested alumni to access the site. The link for the login to the sections in WebCT Resources is <http://webcourses.mccn.edu/webct/public/home.pl>. The WebCT ID and password are the same: **alumni**. 

ENHANCE YOUR CAREER AT MCCN

Now is the perfect time to polish your professional skills and increase your nursing knowledge.


Looking for an edge in today's healthcare jobs market? Mount Carmel College of Nursing (MCCN) offers three master's tracks in Adult Health, Nursing Education, and Nursing Administration that lead to a higher level of professional development and increased expertise. To find out how conveniently the MCCN master's program fits into its students' personal and professional lives, contact Dr. Angie Phillips-Lowe, Associate Dean, Graduate Nursing Program, at 614-234-5717.

Interested in supplementing your income in these challenging economic times? If you have been away from the nursing profession and plan to return, MCCN provides an easily accessible and popular online RN Refresher Course. Returning RNs from across the nation have benefitted from this Mount Carmel initiative. For details and registration for the online RN Refresher, contact Assistant Professor Sherry Hull at 614-234-5777.

Information about both of these professional programs offered by your alma mater can be found at www.mccn.edu. Call or visit today! 

MOUNT CARMEL COLLEGE OF NURSING BOARD OF TRUSTEES 2008-09

Jim Bostick, BS	Board Member	Michael Petrecca, CPA, JD	Board Member
G. Patrick Ecklar, MD	Board Member	Shirley Rogers-Reece	Board Member
Sister M. Jeanne Finske, CSC, PhD	Board Member	Ann E. Schiele, PhD, RN	Board Member
Sister Jean Louise Forkin, CSC, FACHE ('59)	Board Member	Tony Schorr, AIA	Board Member
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John P. Gilligan, JD	Chair	Claus von Zychlin, MBA	Board Member
Gwen Gloeckner	Board Member	Jill Wallace, RN, C ('73)	Board Member
Sister Barbara Hahl, CSC	Board Member		
Robert Klein, BA	Board Member		
Carol McGuire, BS, Ed	Board Member		
Ranga Padmanabhan, PhD	Board Member		

Mount Carmel College of Nursing extends its thanks to our board members and officers for their time, expertise, and dedication. 



MCCN EXTENDS NURSING PROGRAM

MCCN Extends Nursing Program to Wilmington College Students

MCCN and Wilmington College (located approximately halfway between Columbus and Cincinnati) recently entered into a collaboration to offer the MCCN nursing program to students at Wilmington College.

Eight eligible Wilmington students will be accepted annually into the MCCN program. Students will take their general education classes at Wilmington, then will complete their final five semesters of nursing courses on the campus of MCCN. Those students who successfully complete the nursing requirements will be awarded a Bachelor of Science in Nursing (BSN) degree from MCCN.

“This is a win-win partnership as both institutions have very high performance standards, recruiting students of

the highest quality and character,” says Dr. Ann Schiele, President/Dean, MCCN. “The agreement benefits Wilmington College, because it’s a cost-effective way for them to offer a program in nursing; it benefits Mount Carmel because we know that Wilmington students recruited to this program will have proven their merit with Wilmington’s academically rigorous curriculum, as well as demonstrated a desire for a career in nursing,” she adds.

“The interest in nursing education is significant among our students,” says Daniel DiBiasio, President, Wilmington College. “With the current shortage of nursing educators and nurses, this agreement represents the very best in higher education. You have a collaboration between two great institutions working together to serve the healthcare needs of the community.” [✚](#)

THOUGHTFUL GIFTS

Thoughtful Gifts Make a Difference

The Kathy Curtis Memorial Scholarship Fund

honors the memory of Kathy Curtis, a passionate nurse and Mount Carmel College of Nursing faculty member. Her students, faculty members and friends have joined together to ensure that Kathy’s dedication to teaching is remembered through a scholarship fund and a plaque in the Skills Lab where she so tirelessly taught and influenced nursing careers.

The Paula Philpott Malaska Book Grant Fund

was established by Terry and Helen Philpott to honor their daughter Paula, a 1976 graduate of Mount Carmel School of Nursing. Paula was a dedicated nurse until cancer claimed her life in 2006. The family felt it was very important to honor their daughter’s passion for nursing and her commitment to education.

The Robert G. and Kathryn R. Schwemley

Foundation has made a difference to many Mount Carmel nursing students since its inception in 2003. Kathryn Schwemley graduated from Mount Carmel School of Nursing in 1955 and named Mount Carmel in her estate plans. John DeGregori, executor of the Schwemley Foundation, has awarded over \$211,000 to aspiring nursing students with high academic achievement, leadership experience, and community service. Both Kathryn and Robert Schwemley were strong advocates for excellence in nursing education.

For more information on how you can make a difference, please contact Jan Burkey at 614-234-3837 or visit our website at www.mccn.edu. [✚](#)



ALUMNI LETTER

Dear Alumni,

Our thanks to all who shared your special recipes for the Mount Carmel Alumni Association Cookbook—a memento of our shared history to use, as well as treasure. If you haven't purchased your copy yet, find out how to order this combination of treats and memories on page 12.

In these critical economic times, Mount Carmel alumni are more important than ever to the future of the nursing profession, to their alma mater, and to the students now standing where they once stood. That bond is what makes the annual Phone-a-thon so significant, and your generous response so meaningful.

Today's students face a staggering challenge in paying for a nursing education. Any assistance, no matter how small, that a fellow "Mount Carmel nurse" can give toward their College expenses will be greatly appreciated. Please use the giving envelope in this issue and help someone's dream of a nursing career come true.

If you would prefer to give your time and ideas, we'd love to have you join us on the Alumni Association board by contacting me at 614-296-1471 or mwallace2@mchs.com.

Looking forward to seeing all of you here at Mount Carmel on October 3 at the Annual Alumni Association Banquet!

Sincerely,

Jill Young Wallace '73
President
Mount Carmel Alumni Association



ANNUAL FLORIDA LUNCHEON



Fun at the Florida Alumni Luncheon 2009 (see below for names of attendees)

Sixth Annual Florida Alumni Luncheon

The tradition continued in February when 12 alumni plus MCCN President/Dean, Dr. Ann Schiele, gathered in Brandon, Florida, to celebrate their shared love for Mount Carmel and nursing.

Bess Eckard Whittington '58, the originator of the luncheon, was unable to attend but her two classmates and fellow organizers, **Mary Lou Jones Yaufman '58** and **M. Carolyn Kulp Souders '58**, were there. They drove to Brandon from Fort Myers with **Mary Ellen Jefferis Barkeloo '56**.

It was Whittington, who, at the 2003 Centennial celebration, mentioned to Dr. Schiele that there were many Mount Carmel alumni living in Florida, as well as many “snowbirds” in the winter months. Whittington suggested a reunion get-together and Dr. Schiele said, “Let’s do it.”

Classmates and roommates from the class of 1967 at the Mount, **Elaine Deibel Flege** and **Bonnie Simonin Snider**, attended for the first time.

Janis Tucci '68 worked on St. Michael’s, the 7 south orthopedic floor at Mount Carmel West, with Flege and **Phylis Motz Crook '63** for several years. Patients, doctors, fellow staff, and good times and bad were remembered with laughter and tears by those three longtime friends.

Tucci now works in Tampa, Florida, with **Susan Strohbach '65**, another first time attendee. They worked together quite a while before discovering that they had both lived and learned at 127 South Davis Avenue.

Judy Kauderer Neikirk '59 came close to bringing a surprise guest. Sister M. Louisita, CSC, former Mount Carmel School and College of Nursing faculty, had visited Neikirk over the weekend and went on to visit family members the day of the luncheon.

“On behalf of the College, the Alumni Association, and the luncheon attendees, we extend a big thank you to the planners,” said **Phylis Motz Crook '63**, Coordinator of Alumni Relations.

If you are interested in attending next year’s Florida luncheon, mark February 16, 2010 on your calendar.

MARK YOUR CALENDAR!

The Seventh Annual Florida Alumni Luncheon will be
Tuesday, February 16, 2010,
in Brandon, Florida

Also, please make sure that we know where to send your invitation. Please contact Theresa Williams at the College (see page 1) with your name and the address where you will be in early January when the invitations are mailed. [✉](#)

(Pictured Above): Florida Luncheon attendees, seated left to right: Phylis Motz Crook '63, Coordinator of Alumni Relations, Dr. Ann Schiele, President/Dean Standing left to right: M. Carolyn Kulp Souders '58, Susan Strohbach '65, Janis Tucci '68, Bonnie Simonin Snider '67, Judy Kauderer Neikirk '59, Mary Kay Recinella '59, Mary Lou Jones Yaufman '58, Mary Ellen Jefferis Barkeloo '56, Elsie Mitsh Benson '61, Wanda Brunswick Fullenkamp '61, Elaine Deibel Flege '67



ALUMNI ASSOCIATION UPDATES

MOUNT CARMEL THROW

A Warm Memento

Custom-designed throw depicts scenes and symbols of Mount Carmel. Made in the USA by Riddle & Company, LLC, 100% pre-washed, full-color cotton, 50x65 inches.

Order yours today!

\$50 + \$10 s/h

Send \$60 check or money order

(made payable to Mount Carmel Alumni Association)

and shipping address to:

Mount Carmel Alumni Association

Mount Carmel College of Nursing

127 South Davis Avenue

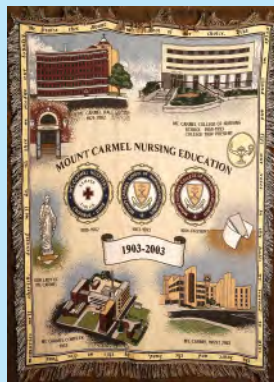
Columbus, Ohio

43222-1504

614-234-5925

(Alumni Association

voicemail)



Thanks for Your Support of Phone-a-thon 2009

Whether you pledged or were a volunteer caller (or both), your support means so much to our students, who truly need the assistance. A heartfelt thank you from Mount Carmel College of Nursing for your generosity and dedication to the nursing profession and today's nursing students. You have made countless dreams come true.

Alumni Association Banquet

Saturday, October 3, 2009

Luncheon at: Mount Carmel College of Nursing

Festivities will begin mid-day and include tours of the College's updated academic and residence facilities. Join us for all the fun and relive your memories right here at your alma mater!

If you graduated in a year ending in "4" or "9" you are an honor class. Gather your classmates and your memories and come to the banquet!

The College will be happy to provide you with a class list and even mailing labels, if you want to do a mailing to your class. Contact Theresa Williams (see page 1).

Make plans now to attend. The summer '09 issue of *The Lamp* will provide Banquet details and reservation form.

Alumni Board Positions Open

Would you like to spend some time with fellow alumni? Reconnect with your alma mater? Contact **Jill Young Wallace '73** at 614-296-1471 or mwallace2@mchs.com.

You are Invited!

We welcome our alumni to attend Alumni Association meetings. Please call the alumni voicemail at 614-234-5925 for dates, times and location.

Alumni Boutique

We invite everyone to browse and buy in the "Alumni Boutique." Sales of these items benefit the Alumni Association scholarship and loan program.

Special Feature: The Alumni Association Cookbook

This new cookbook, organized by **Betty Coffelt '81**, past membership chair of the Alumni Association, contains nearly 150 recipes of great variety, everything from "Desperate Cobb Salad" to "Homemade Dog Treat No Flea Dog Biscuits."





Some of the 45 contributors sent in several recipes, including longtime, fondly remembered favorites from Mount Carmel Dietetic Services, such as broccoli soup, brownies, and flapper pudding. Our thanks to Betty and all the contributors.

The Alumni Association Cookbook, as well as the beautiful Mount Carmel commemorative ornaments are available at all three Mount Carmel hospitals' gift shops, as well as directly through **Jill Young Wallace '73** (614-296-1471 or jwallac8@columbus.rr.com).

Ornaments cost \$15 (including shipping)
Cookbooks \$10 (\$12 if shipped)

There are a limited number of commemorative bricks and throws still available. When these items are gone, they will not be re-ordered. Don't miss out on the chance to own or give these unique mementos (see page 11 for ordering information). [👉](#)

MOUNT CARMEL ALUMNI ASSOCIATION BOARD 2009

President: Jill Young Wallace '73

Treasurer: Betty Coffelt '81

Secretary: Margo Malaska Medwid '74

Membership Chair: Donna Maloney '85 and '05

Scholarship Chair: Jill Trego Rill '77

Martha Dillon Zunich '62

Cheryl Creamer Mace '75

Susie Loik Parsons '76

Dorina Davis Harper '89

Stephanie Rae Adams Piquero '97

Lora Ross Vagi '03

Kimberly Dillon '04

David Small '08

HELP! THESE ALUMNI ARE LOST

Marian Allen Rohr ('47)

Marilyn Allieu Briggs ('52)

Judy Kay Allen ('58)

Linda Anderson ('64)

Martha Bernadet Adam ('73)

Noreen Allen Prostko ('74)

Deborah Lynn Anderson Shurtz ('75)

Kathy Louise Adams ('76)

Mary Elizabeth Amerine ('79)

Jan Anstine Bonnes ('79)

Mary Jo Adams ('80)

Kelsey Adkins ('80)

Debra Regina Ahrns Wellman ('82)

Catherine Adkins ('83)

Kathy Dee Arledge ('85)

Robin Almond ('87)

Pamela S Anderson ('87)

Julia Althoff ('88)

Sara Allen ('91)

Lori Agriesti Yonadi ('92)

Karin Andrews Hallam ('93)

Troy Aldridge ('96)

Holly Ann Armstrong Bowers ('98)

Jacqueline Anne Alspaugh Kammerer ('00)

Please help us find these very important persons. If you have any contact information for anyone on this list, please forward it to Theresa Williams at 614-234-1718 or twilliams@mchs.com.

Past Distinguished Alumnus Recipients

1993	Loretta Ford '39
1994	Margaret Finan Haggerty '64
1995	Carol Solomon Dalglish '62
1996	Regina Sallee Williams '52
1997	Margaret Gray Quillin '55
1998	Kathy Giessler Haley '75
1999	Janet McKee McCleery '58
2000	Jeri Ann Boylan Milstead '57
2002	Gabrielle "Gabi" Lauer Karpowicz '78
2003	Sister Carol Hassey, MM '51 / Peg Seelig '74
2004	Mary Ann Pietrangelo Gill '64
2005	Mary Ann Ohler Capulong '75
2006	Juanita Retterer Theile '46 Brenda Schimmoller Ruth '81
2007	Janet Keane Schriener '62
2008	Barbara Jones Warren '65

DISTINGUISHED ALUMNUS NOMINATIONS

At each Annual Alumni Banquet, Mount Carmel College of Nursing honors an alumnus for professional and personal excellence, in keeping with the Mount Carmel tradition. There are many graduates of Mount Carmel College of Nursing, School of Nursing, Master's Program, Second Degree Accelerated Program, or the RN-BSN Completion Program, who accomplish great things. Please tell us about the special alumnus you know.

Criteria

- ⊙ Demonstration of exemplary excellence in nursing practice
- ⊙ Ongoing contributions to the nursing profession
- ⊙ Acknowledgment by peers as an advocate
- ⊙ Contributions to the quality of community life
- ⊙ Demonstration of accountability for personal growth
- ⊙ Other outstanding attributes/accomplishments

Procedure

Anyone may nominate by submitting a letter of not more than two pages listing the nominee's educational, professional, and personal accomplishments, explaining why the alumnus deserves to be recognized. Age and year of graduation are not as important as the person's accomplishments. All nominees are notified of nomination and by whom they were nominated. [✉](#)

Deadline

Nominations may be submitted and accepted at any time. For consideration for the current year, the nomination must be received by August 1, 2009. Please send nominations to:

Mount Carmel College of Nursing

Attn: Phylis Crook

127 S. Davis Avenue

Columbus, Ohio 43222-1504



ALUMNI PROFILE



Cassi Long Baker '95

Cassi Long Baker '95

Alumna Honored as a Leader in the Workplace and the Community

Cassi Long Baker '95 doesn't hesitate to put her time and talents to use for others. MCCN and the Mount Carmel Alumni Association have both been beneficiaries of her generous spirit and are happy to congratulate Baker on recent recognition by local radio station, Sunny 95, as one of the "Twenty Outstanding Women You Should Know."

Baker served as president of the Alumni Association for two years and as volunteer chair of the College's annual Phone-a-thon since 2003. "We want to reach everyone during the Phone-a-thon. Our goal is always outreach to our alumni and we love to hear what all of you are doing."

Baker works as Vice President of Government Relations at Cardinal Health, a Fortune 500 company based in Dublin, Ohio, where she spearheaded the establishment of the Women's Initiative Network

(WIN). The WIN chapter was created with the mission of encouraging career development for women within Cardinal Health. Baker serves as co-chair of the Dublin chapter of WIN.

"I have had wonderful mentors along my journey and I wanted to be sure that all women have the same opportunity," says Baker, who also volunteers in the central Ohio community. Recently, Baker was volunteer chair of the Public Affairs committee for March of Dimes and, accompanied by her husband and two young children, serves meals at the YWCA Family Shelter.

Following her MCCN graduation, Baker's first job was lobbying for the Ohio Dental Association. She then did lobbying and political education for Columbia Gas of Ohio. She has worked part-time as a nurse in an assisted living facility.

Prior to transferring to MCCN, Baker attended The Ohio State University for two years. "While I loved every minute of Ohio State, Mount Carmel provided me the ability to learn and lead beyond nursing." 📖

MOUNT CARMEL CLASS NOTES

Ruth Jones Copp (February '48) lives in Troy, Ohio, and is retired. She has given up her huge garden and no longer cans.

Virginia Billman Dietz (February '48) lives in Canal Winchester, Ohio, and is retired. She worked in the nursery at Motors, and in a nursing home. She had a double knee replacement and is grateful for her good health.

Mary Frances Ann Aldridge Fantin (September '48) lives in New Philadelphia, Ohio. She currently enjoys volunteering at her parish school, church, and

community. She graduated from Saint Mary's College, Notre Dame, Indiana, in 1951. She retired in 1993. Her roles included hospital nursing, public health nursing, school nursing, and being a wife and mother.

Jeanette "Judy" Letterhouse Friedman (February '48) lives in Aurora, Colorado. She is married and has nine grandchildren and one great grandchild. She sends "blessings to all!"

Rita Moliski Goth (February '48) lives in New Philadelphia, Ohio, is married and has eleven children

CLASS NOTES CONTINUED

and twelve grandchildren. Her son got married the day of her 60th Mount Carmel reunion, and she is so sorry to have missed her classmates and returning to the Mount. She canned 125 quarts of tomato sauce this past summer from her husband's large garden. She writes, "I still call on my medical training when necessary and am so thankful for my Mount Carmel education."

(Rita) Jean Worch Keefe (February '48) lives in Cincinnati, Ohio. She has five children and eleven grandchildren. "Oh the memories that flashed through my mind when I got word of the alumni banquet and our 60th year!"

Ruth Wilson Richards (February '48) lives in Columbus. She was unable to attend her 60th reunion and sends a greeting to all of her classmates.

Joan Gockenbach Short (February '48) lives in Groveport, Ohio. She keeps busy with church work, volunteers at Summerville Assisted Living, enjoys golf, and plays cards.

Rosemary Boyce Spaeth (February '48) lives in San Antonio, Texas. She has three great grandsons and one great granddaughter. She is active in church work, chime choir, a chorus called "the Silver Buckets," bible study, crafts, and is a music librarian.

Deanna Burns Soldner ('63) lives in Springfield, Ohio, and is married. They have a new grandson, born in October 2008. The count is now four granddaughters and two grandsons.

Su Holland Zerwin ('63) lives in Westminster, Colorado. She is married with two children and three grandchildren. She shares two of those grandchildren with classmate, **Barbara Hughes Lafreniere**, whose daughter is married to Su's son. Su enjoys reading, going to the gym, and travel. She works part time as a professional case manager.

Mary Ann Pietrangelo Gill ('64) recently retired from her position as Executive Director of Mount Carmel Palliative Care Services. The Mount Carmel Distinguished Alumna in 2004, she is regarded as a pioneer and visionary in the palliative care field. She promoted the development of The Mount Carmel Hospice Evergreen Center in 1988, which serves hundreds of families annually, as well as schools and community groups. The Evergreen Program has been honored with the Ohio Hospice Organization Children's Award, The Columbus Dispatch Community Service Award, and the J C Penney Golden Rule Award.

Leanna Brown George ('67) lives in Bellefontaine, Ohio, is married and has two daughters and one son (deceased). She has five grandchildren. She retired in 2007 after thirty years as a school nurse. She purchased a celtic harp and plays for Mass, weddings, corporate meetings, and "just for fun." She also plays piano and mountain and hammered dulcimer. She is a volunteer teacher of folk music to fourth and fifth graders in a weekly after school program.

Cassi Long Baker ('95) lives in Upper Arlington, Ohio, and is married. She has two children and is Vice President of Government Relations for Cardinal Health. She was recently recognized by a Columbus radio station, Sunny 95, as one of the Twenty Outstanding Women You Should Know. She is co-chair of the Dublin chapter of the Women's Initiative Network and the long-time volunteer chair of Mount Carmel College of Nursing's Phone-a-thon.

Robin Colburn Ricker ('98) lives in Dublin, Ohio. She works at Riverside Methodist Hospital in Gynecology-Oncology. She received the Joyce O'Leary memorial Gyn-Onc Award in May 2008. The award is an honor and includes \$1,000 to be used for continuing education. She attended the annual Hospice and Palliative Care Conference in November 2008.





Lexa Lewis Scarberry ('03) is an acute care nurse practitioner, working at Ross Heart Hospital in Columbus.

Susan Sanborn ('07) has returned to New Orleans, Louisiana. She is working at Tulane Medical Center in neonatal intensive care. She writes, "Now, thanks to the education and support I received at Mount Carmel College of Nursing post Katrina, I have the strength, skills, and spirit to return home."

Charles Bofah ('08) is working at the Cleveland Clinic in the cardio-thoracic step down unit.

Sherri Harkless ('08) received her Master's of Nursing in Adult Health from Otterbein College in December 2008. Her specialty track is adult health clinical nurse specialist. She is currently working at The Ohio State University Medical Center as a nursing staff development specialist for critical care. She lives in New Albany, Ohio.

David Small ('08) is working in oncology at Mount Carmel West. [+](#)

REMEMBERING KATHY CURTIS

Kathy Curtis passed away on November 21 at The Ohio State University Medical Center. Curtis taught at the College since December 2003 and worked since 1998 in Mount Carmel Saint Ann's Emergency Department.

"We are all very saddened by Kathy's untimely death and will always remember her nurturing and positive spirit. She will be deeply missed," said Dr. Ann Schiele, President/Dean.

Curtis served as sophomore level coordinator for three years (2005-2008). She designed, developed, and taught the very popular Emergency Room Seminar. She also developed instructor manuals for the labs, as well as the medication math workbook for use in learning labs with students in Nursing 205.

"Students loved Kathy and would stop by her office to visit even after leaving the courses she taught," said Barbara Barta, Assistant Dean, Undergraduate Nursing Program.

And Curtis loved her students. She updated the Skills Lab in response to student concerns about missing important details in lab demonstrations. Curtis gave students an opportunity to learn about emergency nursing and organized the annual MedFlight tour.

Curtis earned her MSN at Otterbein College and her BSN from Morehead State University. Curtis was chosen to present at a national skills lab conference in 2007, where she showcased MCCN with a virtual tour of our college/lab area and a poster presentation entitled: "Skills on Screen: An Innovative Method of Skill Assessment."

Curtis' work was also accepted for several poster presentations at nursing meetings in Ohio. Curtis was also accepted, just weeks before she died, as an author for F.A.Davis to produce a new nursing diagnosis textbook.

Those who wish to remember Curtis with a donation may do so by contributing to the Kathy Curtis Memorial Scholarship Fund through the Mount Carmel Foundation. [+](#)

IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends

Bernice Belle Valentine Coddington —
Class of 1940

Helen Virginia Vincent Dugan — Class of 1944

Susan Ann Kaltenbach Siehl — Class of 1944

Margaret Garrett Louthen — Class of 1949

Elizabeth Newsome — Class of 1949

Nevada Catholine "Katie" Stewart Jones —
Class of 1950

Judith A. Glass Workman — Class of 1950

Rita Ann McGee McKelvey — Class of 1959

Emma Jean Farrington Newberry Cavender —
Class of 1961

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

Husband of Nancy Dwyer Beathard ('49)

Husband of Catherine "Kate" Clark Cleary ('55)

Kathy Curtis

THANK YOU FOR GIVING THE GIFT OF NURSING EDUCATION

For more than a century, Mount Carmel has provided educational services to those who dreamed of entering the nursing profession. Today, Mount Carmel College of Nursing, offering both undergraduate and graduate nursing programs, is one of the state's largest bachelor of science in nursing programs and a powerful partner in the healthcare provided to Central Ohio—and well beyond.

There is more to be done, however. Nurses are at the foundation of every healthcare system, providing critical care in an ever-changing healthcare environment. According to federal sources, the demand for well-qualified nurses continues to increase across the nation.

That is why your gift is so important. Donations increase student scholarships and enhance programming and facilities. Contributions allow the College to open its doors further to motivated and qualified students who wish to care for patients, conduct research, and become academic nurses who educate thousands of others. When one student's dream is realized, countless individuals are touched by superior and compassionate care that is a hallmark of Mount Carmel, and the well-being of an entire region grows stronger.

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 WesBanco Bank, Inc.

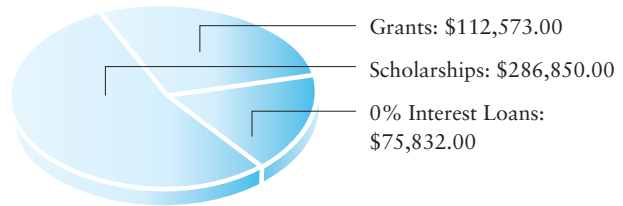
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In Memory of Mary Ann Murnane
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Awards given to students from donations to the College (ILLUSTRATED ABOVE): \$475,255.00
 Number of Students: 217
 Average award per student: \$2,190.00

Book Grants help students purchase required textbooks.
 Book Grants: \$23,902.00
 Number of Students: 55
 January through December 2008 (WI-08, SU-08, FA-08)

Every effort has been made to ensure the accuracy of this donor list. If omissions or discrepancies have occurred, please contact the Mount Carmel Foundation at 614-546-4500.

THE LAMP

*Managing Editor: Robin Hutchinson Bell
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Pictured on front cover (l-r): Beth Ragland '08 and Christina Pabst '08

CALENDAR OF EVENTS

COLLEGE CALENDAR

- | May 8 & 9
Pinning and Commencement
- | May 11
MCCN Summer Session begins
- | June 15 -19
Camp Mount Carmel, middle school students
- | June 22-26
Camp Mount Carmel, high school students
- | Aug 17
MCCN Fall Semester begins
- | Aug 24
Convocation
Alumni Association scholarships awarded

ALUMNI ASSOCIATION HAPPENINGS

- | Oct 3
Annual Alumni Association Banquet
(See page 11 for more information)
- | Feb 16 2010
Florida Alumni Luncheon

Congratulations to Excellence in Nursing honoree **Jennifer Taylor Brady '85!**
We apologize that her name was inadvertently missing from the previous issue's list of alumni honored with the 2008 Excellence in Nursing award.