

the LAMP

SUMMER 2013

mount carmel college of nursing magazine

Evidence-Based
Practice
at Its Best



MOUNT CARMEL
College of Nursing

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CSSC FACTS



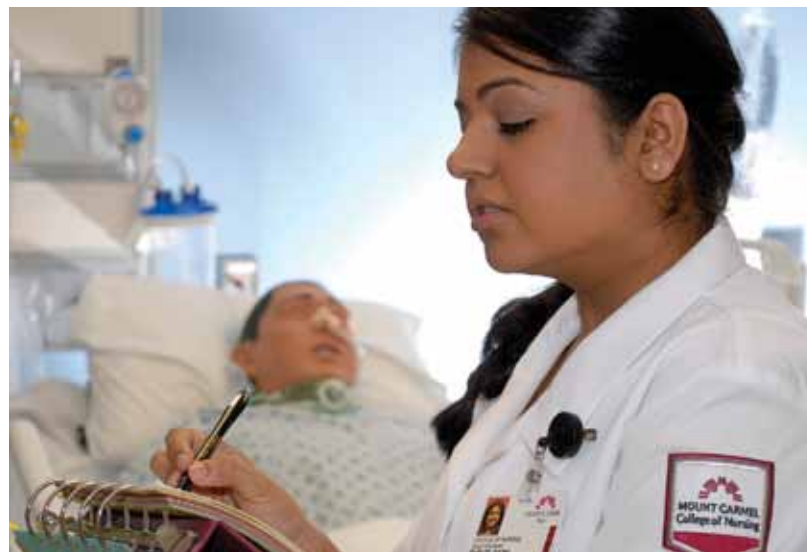
- > **11,000 square feet** occupying the renovated fourth floor of the Medical Office Building at 777 West State Street across from MCW Emergency Services
- > **Hours of operation:** weekdays 8 a.m. – 5 p.m.
- > **Four staff in the Center:** Steven Marks (Operations Manager), Theresa Draher (Operations Coordinator), Ginny Johnson (Service Coordinator), and Dawn Hughes (Simulation Education Coordinator)
- > **Opened August 2012**
- > **Advanced learning environment**
- > **Focus on providing inter-professional training**
- > Utilized by undergraduate and graduate MCCN programs and medical professionals
- > **Rooms dedicated to special training** in orthopedics and obstetrics
- > **Multimedia Conference Center**
- > **Skills lab** for practicing patient assessment, suturing and other key skills
- > **Laparoscopic surgical skills trainers**
- > **4 High Fidelity Simulation Bays** each with a central control center
- > **2 Debriefing rooms** with video capability to review completed simulations
- > **A simulated home environment** for teaching EMS, nurse and home care professionals
- > **Ability to do in-situ simulation** within MCHS and the community
- > **Ability to collect data and measure training outcomes**

“It is extremely beneficial that our nursing students learn nursing assessments and interventions in a setting where no harm can befall a patient,” said Hughes.

“And Mount Carmel associates learn new or updated information and skills, or take part in refresher classes if they have been out of the workforce, or are moving to a different unit/area of practice, or attend remedial sessions if an area requiring improvement is identified.”

The CSSC also offers resources to the community. For example, one of our simulators traveled into the community to assist in the training of medics for a township fire department.

The \$1.1 million CSSC was made possible in part through the generous donations of alumni, physicians, faculty, staff and other benefactors through the Mount Carmel Foundation. Both the College and Medical Education Department contribute to the operating budget. We are very grateful for this generosity and invite all alumni and friends of the College to come by and see the facility if they are on campus. A tour of the CSSC will be one of the highlights of the Homecoming Reunion on October 5, 2013.





“The **CSSC elevates** the **College’s program** and differentiates MCCN from **other nursing programs**”

– CSSC Operations Manager, Steve Marks, MS, RN

“The CSSC improves the care we provide our patients and their families by assuring that our students, interns, residents and professional staff learn the most recent evidence-based practice and practice new procedures in a safe environment on our simulators and task trainers until they are confident and competent to perform in a real life setting.”

– Dawn Hughes, Simulation Education Coordinator



A Message from the Mount



By Ann Schiele, PhD, RN
Mount Carmel College of Nursing President/Dean

Greetings from Mount Carmel College of Nursing, where we recently celebrated a record number of graduates—nearly 200 Mount Carmel nurses professionally primed to deliver competent and compassionate health care to our community and beyond.

It is fitting that a record number of graduates capped this year of record enrollment across all of our programs, particularly the exponential growth of our Online RN-BSN Completion and Graduate Programs; and the explosion in learning emanating from our new cutting edge Clinical Skills and Simulation Center (CSSC). Our future is bright with the development of the Doctor of Nursing Practice (DNP), which is projected to open in fall 2014.

As we look ahead to our fall 2013 semester, we foresee another record enrollment, another year of rewarding accomplishments for our faculty and students, and continued outreach to our Franklinton community. Mount Carmel College of Nursing is committed to being a good neighbor: assisting the uninsured and underserved at our Nursing Center; providing programs, such as FAN (Fitness and Nutrition) Club at our partner elementary school; and

student volunteer initiatives, such as elementary school reading tutors, holiday gift projects, neighborhood clean-up, and service at a local soup kitchen.

These actions embody our College mission to reach out to improve the health care, and the lives, of those in our community and those our graduates will care for around the world.

This is also a year of transition for the College, and for me personally, as we work together to prepare for a seamless continuation of our mission and achievements. In July 2014, I will transition from my current role to the status of president/dean emeritus. Your support during this time is particularly valuable to Mount Carmel College of Nursing as we transition to new leadership with new creative ideas for the future.

I assure all of you that as the year progresses and changes occur, my affection for and commitment to you and to continuing the legacy of excellence in nursing education at Mount Carmel will remain constant, as will the Mount Carmel nursing tradition.

CALENDAR OF EVENTS

COLLEGE CALENDAR 2013

Aug 19 2013
MCCN Fall Semester begins

Aug 26 2013
Convocation

ALUMNI ASSOCIATION HAPPENINGS

Aug 26 2013
Annual Scholarship Dinner,
Alumni Association scholarships awarded

Oct 5 2013
Annual Alumni Association Homecoming
see page 34 for details

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THE LAMP

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A Conversation with CSSC Operations Manager Steven Marks, MS, RN

Q: How does the CSSC enhance healthcare and nursing education?

A: The CSSC gives students and healthcare professionals the opportunity to practice providing patient care and performing specific medical skills prior to interaction with patients. Defibrillation is just one example among a multitude of possibilities.

In the CSSC, students learn how to incorporate assessment into appropriate care for patients. Practicing skills with the simulators facilitates student improvement and builds confidence and comfort in executing procedures. Studies show that simulation exercises produce more competent nurses and better outcomes for patients.

Simulation ensures that multiple skills can be chosen for practice, unlike clinicals, where not all skills will be available for practice when students are in attendance. The CSSC makes it possible to run an interdisciplinary code that pulls in physicians, residents, respiratory therapists, etc., to interact with nursing students and provide an experience of collaborative care.

Q: Describe some of the cutting edge opportunities offered by the CSSC.

A: The high fidelity simulators and the computerized learning environment evaluate a student's performance on a particular scenario, as well as track the student's progress over time. The student's interpersonal communication skills can be tracked, helping the student learn how to talk to patients about care. The computerized system allows for recording in eight different rooms in the CSSC.

Q: How many students can the CSSC accommodate?

A: The CSSC offers the potential to accommodate approximately a couple hundred in an eight-hour day.

Q: How does the CSSC benefit MCHS, MCCN, the community, the patients, etc.?

A: The Clinical Skills and Simulation Center provides a state-of-the-art learning environment for learners to practice without worry about patient injury. The literature regarding simulation as a method for training nurses, physicians and other healthcare professionals clearly points to the benefits this can provide. Nursing students have a great opportunity to practice skills they will use as future registered nurses.

The CSSC serves a wide variety of learning needs and is positioned to meet the different requests we receive. We keep an open mind as to how the Center can be used—focusing on how our learning environment can benefit the educational experience and ultimately lead to better patient care and outcomes. The opportunity to impact education and patient outcomes is probably the most significant aspect of the CSSC.

The ultimate goal of the Center is to provide the tools needed to best augment learning, thus leading to better patient care and outcomes. We promote safe patient-centered care, exceptional experiences, and quality outcomes.

Trinity Health and Catholic Health East Announce Consolidated System

Trinity Health and Catholic Health East recently announced the consolidation of the two health care systems to create one of the nation's largest Catholic health systems, serving patients and communities in 21 states. Mount Carmel Health is part of the system.

"Today, by bringing Catholic Health East and Trinity Health together, we have enhanced our ability to create innovative models of care and advance clinical quality across the continuum," said Judith Persichilli, interim president and CEO of the new organization. "The consolidation will help address the rapidly changing health care environment that requires more focus on population health and the delivery of more coordinated and integrated care and health and wellness services. We are confident that we will be a transforming, healing presence in the communities we are privileged to serve."

The new organization will be based in Livonia, Michigan, while maintaining a divisional office presence in Newtown Square, Pennsylvania, as the organization continues its integration. With annual operating revenues of about \$13.3 billion and assets of about \$19.3 billion, the new organization returns almost \$1 billion to its communities annually in the form of charity care and other community benefit programs.

"We are proud to celebrate coming together to form a new organization that has a shared mission, unwavering commitment to excellence in care and a strong, unified voice that will speak for what is best for our patients and residents, our communities, our care providers and our employees," said Larry Warren, interim chief operating officer of the new organization. "Our new ministry will work to innovate and transform to meet the demands of the changing health care environment while preserving the legacy handed down to us by our founding congregations."

For employees, the new ministry offers more long-term career opportunities by being part of a larger, financially stronger and more geographically diverse health system that is better able to compete successfully in today's health care marketplace.

Patients will benefit from the broader spectrum of resources and knowledge of the new ministry. The enterprise will maximize integrated care — sharing ideas, assets and expertise across 21 states for the communities it serves. It will use the scale of the organization to focus on quality and decrease costs. The new ministry will enable access to enterprise resources to improve

care and learn from each other, advancing excellence in clinical systems, evidenced-based practice and national buying power — while increasing access to strategic thought leaders who are experts in their field and who will support each of the facilities' vitality.

Physicians will have access to leading clinicians across 21 states, contributing to the new ministry's solution to health reform, clinical informatics and best clinical practices. Across the enterprise, they can share the just-in-time information that's necessary to provide the best patient care.

Catholic health care will benefit from a stronger, unified voice to advocate for better care, especially for those who are poor and vulnerable. The new ministry will collaborate and participate in innovative models for community health care, sharing ideas with partners throughout the country to help as many people as possible.

General Facts

National System Office: Livonia, MI

Divisional Offices: Trinity Health Division, Livonia, MI

CHE Division: Newtown Square, PA

ABOUT THE NEW ORGANIZATION

The new organization formed by the consolidation of Catholic Health East and Trinity Health is one of the largest multi-institutional Catholic health care delivery systems in the nation. It serves people and communities in 21 states from coast to coast with 82 hospitals, 89 continuing care facilities and home health and hospice programs that provide nearly 2.8 million visits annually. It was formed in May 2013, when Trinity Health and Catholic Health East closed their consolidation to strengthen their shared mission, increase excellence in care and advance transformative efforts with their unified voice. With annual operating revenues of about \$13.3 billion and assets of about \$19.3 billion, the new organization returns almost \$1 billion to its communities annually in the form of charity care and other community benefit programs. It employs more than 87,000 people, including 4,100 employed physicians. The consolidated ministry is committed to those who are poor and underserved in its communities and is known for its focus on the country's aging population. As a single, unified ministry, the organization is the innovator of Senior Emergency Departments and the largest not-for-profit provider of home health care services — ranked by number of visits — in the nation, as well as the nation's leading provider of PACE (Program of All Inclusive Care for the Elderly) based on the number of programs. For more information, visit either www.trinity-health.org, www.che.org or www.newhealthministry.org.

COLLEGE QUICK READ

- > **A record-setting Commencement this year for MCCN!** The total number of candidates completing in May included a record-setting 147 pre-licensure BSN candidates and a milestone 36 MS candidates.
- > **MCCN's Second Degree Accelerated Program (SDAP) completed its first five classes last January,** producing more than 225 students who now realize their dreams of working as nursing professionals. The SDAP has a student retention rate of 96%-100%, NCLEX-RN first time pass rate of 92-100%, and employment rate of 100% for all SDAP graduates.
- > **It was a record enrollment for the 2012-13 academic year at MCCN, with nearly 1,100 students enrolled.** MCCN is the third largest college of nursing in the state and interest in the College and nursing remains high. Online and graduate programs are growing even faster, as more students can be accommodated in those programs.
- > **MCCN's RN-BSN Completion Program enrollment increased from 11 onsite students from Ohio in 2011 to 204 online students from 12 states in 2013.** Nationwide, Mount Carmel School of Nursing graduates appreciate the opportunity to “come home” to complete their Baccalaureate degree.

MCCN Sophomore Pinning Made the Local News

The NBC4 newscast in Columbus earlier this year included our sophomores and scenes from Sophomore Pinning in a story about job prospects in central Ohio. NBC4 reporter, Nadia Bashir, told viewers that U.S. Senator Rob Portman [R-OH] wants to see more Ohioans standing where our MCCN sophomores are —“on track to a good job.”

In addition to film footage of the pinning ceremony, Bashir interviewed sophomore Alyssa Krebs, who spoke about achieving this significant step of beginning clinicals. “I know that Mount Carmel provides us with a lot of opportunities and the program does a great job of preparing us,” said Krebs. “We’re all really excited.”

Note: this NBC4 story can be accessed at www.mccn.edu





JOINING FORCES

TAKING ACTION TO SERVE
AMERICA'S MILITARY FAMILIES

JOININGFORCES.GOV

Mount Carmel College of Nursing is one of 500 nursing programs nationwide that are members of the national "Joining Forces" initiative led by the American Nurses Association, American Academy of Nurse Practitioners, American Association of Colleges of Nursing, and the National League for Nursing, in coordination with the Departments of Veterans Affairs and Defense.

President/Dean Ann Schiele, PhD, RN, signed the agreement in Washington, DC, that committed MCCN to integrate specific content into the curriculum by 2014 to educate America's future nurses to care for our nation's veterans, service members, and their families facing post-traumatic stress disorder, traumatic brain injury, depression, and other clinical issues. MCCN is one of just 19 nursing programs from the state of Ohio that have made this commitment.



MCCN pledges commitment to
serve America's Military Families.





1903 - 2013

MOUNT CARMEL | COLLEGE OF NURSING
Columbus Ohio



Discussions about Mount Carmel frequently include an historical reference. Perhaps it's personal: "Remember so-and-so from the class of '92?" Or focus on the bigger picture: **"This year, Mount Carmel commemorates 110 years of excellence in nursing education."**

Mount Carmel Nursing Education

Celebrates 110th Anniversary

Conversations might also include Mount Carmel's impact on Columbus. Recent reflections on the 100th anniversary of the great flood of 1913 emphasized Mount Carmel's crucial response. The hospital and school sheltered and fed Franklinton neighbors displaced by the surging Scioto and Olentangy rivers, earning Mount Carmel the nickname of "The Ark."

In the beginning...

The July 16, 1886, dedication of a hospital building begins Mount Carmel's history. That three-story building constructed by Drs. W.B. Hawkes and John W. Hamilton was staffed by a trio of Sisters of the Holy Cross from Indiana. In response to the community's need for professional medical care, the hospital expanded several times during those early years.

Hawkes Hospital of Mount Carmel was renamed Mount Carmel West and became the flagship for the Mount Carmel Health System, which grew to four hospitals and multiple medical facilities throughout Central Ohio.

Need for nursing education...

As the growing community's medical needs increased in the late 19th century, a proper program for educating nurses was critical. The Sisters of the Holy Cross established Mount Carmel School of Nursing in 1903. The first class graduated in 1906, after a stringent 36 months of substantial clinical experience in the hospital, guidance and supervision from dedicated registered nurses, and classroom instruction.



Since then, thousands of women and men earned Mount Carmel nursing diplomas and degrees. After 90 years as the School of Nursing, in 1990 the transition to Mount Carmel College of Nursing was complete and the first bachelor's degrees conferred in 1994.

Excellence in nursing education enhanced...

The vision and inspiration to enhance Mount Carmel nursing education continued. In 2003, Mount Carmel initiated a multiple-program Master of Science degree. In 2004, the Center for Learning and Education opened as home to state-of-the-art library, clinical, and classroom facilities.

To serve an expanding student population, the College's first free-standing on-campus student apartments opened in 2007. A year later, Mount Carmel's first satellite program, MCCN at Fairfield Medical Center (MCCN-FMC) in Lancaster, Ohio, began accepting students.

During this record-enrollment school year (about 1,100 students), the Mount Carmel Clinical Skills and Simulation Center (CSSC) was unveiled. A collaboration between MCCN and Mount Carmel Medical Education to benefit students, medical residents, Mount Carmel associates, and community health care professionals, the CSSC provides "an unparalleled learning experience," said President/Dean, Ann Schiele, PhD, RN.

Impact on other lives...

Echoing these noteworthy accomplishments, the true importance of Mount Carmel's history can be measured another way, as expressed by groundbreaking baseball player Jackie Robinson, "A life is not important except in the impact it has on other lives."

With 6,000-plus graduates fanning out through the decades and throughout the world, Mount Carmel has impacted countless patients and families since 1903. That impact continues, including outreach by "The Ark" in new ways to buoy the economically depressed Franklinton neighborhood.

With 110 years of caring service and community commitment, Mount Carmel College of Nursing continues its mission making a positive difference in the lives of individuals and in the vitality of its community.



A LEGACY OF LOVE and Respect

The **Michael A. Anthony Endowment Fund** to benefit students at MCCN



Dr. Michael Cooney and Dr. Michael Anthony

There are many ways to measure a person's legacy. Some say riches earned, awards won, or buildings bearing a person's name; others point to lessons taught, friends made, lives touched, wood-working projects, and long-lasting memories created.

Those who knew Dr. Michael A. Anthony emphasize those latter things, and add one more: that the new endowment fund, established in his name by Dr. Michael Cooney and his wife Teresa for Mount Carmel College of Nursing would overflow with donations honoring the deep and diverse impact by Dr. Anthony on the Mount Carmel community and beyond.

Dr. Anthony's 50-year medical career included serving as Director of Medical Education at Mount Carmel Hospital (1961-76), although by many accounts he was a teacher from the day he arrived at Mount Carmel in 1952 until his death in June 2007. In fact, he was named "Teacher of the Year" at Mount Carmel in 1986.

"He was a great man who loved to teach," said Dr. Anthony's daughter, Kathy Blair. "He liked teaching the IV therapy course, which was required for all new grads who came to work at Mount Carmel."

Blair is one of the "Magnificent Seven" daughters born to Dr. Anthony and his wife Anna Mae. Two of Dr. Anthony's daughters became nurses, carrying with them many lessons taught by their father, and Blair served as Chief Nursing Officer at Mount Carmel East.

"I got to see him as a teacher and as a father," she said. "One thing that was very special about my dad was that he was a great listener. He said that patients will tell you everything, if you just listen."

Dr. Anthony also listened to nurses, "who knew patients best," Blair said. "He was a 'nurses' physician,' who had a great respect for nurses and understood the role they played on the health care team."

Among the many nurses Dr. Anthony impressed is Linda Doss Murcko '75, who shared a memorable encounter with Dr. Anthony in the new book, "Remembering Mount Carmel."

"After several tries at perfect hospital corners, I was ready to give up. I walked the linens to the laundry chute and just screamed, 'I can't do this!' down the chute. I felt someone tapping on my shoulder, and turned to find a thin doctor in a starched white jacket surrounded by medical students. He told the students he would meet them in the nursing station and told me he would like a word with me. As if things had not gone wrong enough, now I had to explain myself to a doctor!"

That doctor was Dr. Michael Anthony, and his conversation with me would prove to be a very vital part of my getting through the tough times as a student nurse. He told me that he knew things were tough, but to never ever give up. He said he had such a great respect for Mount Carmel graduates because not only did they receive a great education, but also they were the best floor nurses."

Because of that respect, it is utterly appropriate that Mount Carmel College of Nursing has added the Michael A. Anthony,

MD, Endowment Fund to its portfolio of funding sources helping our students earn a nursing degree here.

However, it is atypical that such a fund would be started not by a family member, but by a dear friend and fellow doctor: Dr. Michael Cooney and his wife Teresa, longtime friends of the Anthony family. "This fund is particularly unusual since the initiator, Dr. Cooney, is not related to Dr. Anthony," said Jan Burkey, Director of Development for Mount Carmel College of Nursing. "The two doctors obviously had great respect for each other."

Dr. Cooney wanted to recognize, in a very generous way, everything that Dr. Anthony did for Mount Carmel. "In many ways, Dr. Anthony was "like a second father" to Dr. Cooney, said his wife Teresa Cooney. After all those girls, Dr. Anthony seemed to appreciate having that "son" as a partner.

"It gives me goose bumps just talking about it," Mrs. Cooney said. "I wish everyone would have had a chance to know Dr. Anthony."

Dr. Cooney got to know Dr. Anthony during his residency at Mount Carmel (1970-74). The relationship grew into much more when Dr. Anthony asked Dr. Cooney to join his practice.

"At the time I was thinking about a sub-specialty," said Dr. Cooney, who said Dr. Anthony had never taken on a partner before. "When the guy with the biggest practice in the city asks...well, it didn't take a lot of thought.

Dr. Cooney said there was never regret, either, as he appreciated the opportunity to work with a "terrific guy" and a great clinician who was a "physicians' physician." Dr. Anthony cared for many doctors, as well as nurses, throughout Central Ohio. To Dr. Cooney, his mentor's methods hearkened back to the old-time physicians sitting bedside with patients throughout the night if needed.

Given that kind of lifelong commitment to caring health care, and the many ways Dr. Anthony had an impact on people, the Cooneys hope everyone who knew Dr. Anthony will consider honoring him through a donation to this new endowment fund.

"We could think of no better way to honor the man," said Dr. Cooney. "We knew the great respect he had for nurses."

In Dr. Anthony's name, the fund will provide at least one (or more, depending upon the contributions) annual \$1,500 scholarship to an MCCN student.

"This fund is a wonderful way to remember the years Dr. Anthony gave to Mount Carmel," Blair said. "It is a way to memorialize all that he did."

"All donations to the Michael A. Anthony Endowment are definitely legacy gifts and very special," added Burkey.

To make contributions to the fund, please contact: Jan Burkey, Director of Development, Mount Carmel College of Nursing, 127 S. Davis Ave., Columbus, OH 43222 (614-234-3837). Please write checks to Mount Carmel College of Nursing and designate for the Michael A. Anthony Endowment.

STAMP ROOM MINISTRY IN NEED OF CANCELED STAMP DONATIONS

Yes, the Stamp Room at the Holy Cross Motherhouse in South Bend is still going strong. Many have inquired about the Stamp Room and all will be pleased to know your donations of canceled stamps to the Stamp Room will support the Ministry with the Poor fund.

It's easy to donate stamps. All stamps are welcome, although commemorative, foreign and larger denomination stamps are the most saleable. Simply cut the canceled stamps from your incoming mail, leaving a ¼ to ½-inch margin around the stamp.

SEND TO: Stamp Room
Sisters of the Holy Cross
100 Augusta Hall - Saint Mary's
Notre Dame, IN 46556-5002



**PROGRAM
SPOTLIGHT**
TARA SPALLA, PhD, RN

The MCCN Online RN-BSN Completion Program Q&A with Tara Spalla, PhD, RN, Associate Dean, Distance Education



What is the MCCN Online RN-BSN Program?

A baccalaureate completion program for Registered Nurses who graduated from associate degree or diploma nursing programs.

Who is it designed for?

Working RNs with busy lives who are ready to earn their BSN

Why choose MCCN's program?

MCCN offers a quality program, benchmarked against national standards, with experienced faculty whose first priority is education—all this in a caring, supportive environment.

What are students saying about our program? Students love our caring environment, flexibility, and support:

“I would have had to drop out if there wasn't flexibility. Working full-time 12-hour night shifts and overtime sometimes made it impossible to meet an assignment deadline.”

“I had a few technical issues and was gently guided through them.”

“My instructors responded in a timely manner... for every question I received support with promptness and enthusiasm.”

How is the program doing since it went online?

Summer 2011 onsite RN-BSN: 11 students from Ohio

Spring 2013 online RN-BSN: 204 students from 12 states including Ohio, Michigan, Iowa, Illinois, Maryland, Texas, Colorado, Connecticut, Georgia, Idaho, South Dakota, California

Many Mount Carmel School of Nursing graduates nationwide appreciate the opportunity to “come home” to complete their baccalaureate degree.

Why is the BSN important in today's health care environment? Health care changes rapidly and nurses must keep up. The best BSN programs prepare nurses to examine nursing practice research in order to provide the best possible care, as well as teach the importance of safety, quality, evidence-based practice, nursing informatics, community health, and political action. In addition, MCCN's program highlights the critical difference a caring environment makes in health and wellness.

Also innovative is MCCN's commitment to caring for our military veterans and their families; our RN-BSN program integrates veteran-centric and veteran specific content into the online curriculum, including the co-morbidities of veterans and the complexities of nursing assessment and care.

How does the program affect careers for RN-BSN grads? Typically, they take on leadership roles, or get to keep them, after completing their baccalaureate degree. Many discover that going back to college is manageable and decide to enroll in graduate programs.

ONLINE RN-BSN

Explain the College's collaboration with Trinity Health hospitals across the country regarding staff RNs achieving the BSN. The approximately 10,000 nurses in Trinity Health reflect national statistics in that approximately 40% of them have a BSN. MCCN's collaboration (along with Loyola University School of Nursing) with Trinity provides Online RN-BSN Completion. Currently, MCCN offers the program to students in 12 states: Ohio, Michigan, Iowa, Illinois, Maryland, Texas, Colorado, Connecticut, Georgia, Idaho, South Dakota, and California.

How does MCCN's program facilitate meeting the Institute of Medicine (IOM) and American Association of Colleges of Nursing (AACN) guidelines for BSN achievement? Our online programming is friendly to working professional nurses in fitting education into already full lives. Our curriculum prepares bedside nurses to practice at the top of their RN license by providing courses, such as Nursing Informatics and Nursing Research, incorporating evidence-based practice. The Transcultural Concepts course helps students understand different cultures as well as their own, critical in our multicultural society. We mapped our curriculum to the AACN Essentials of Baccalaureate Education for Professional Nursing Practice to ensure we meet the highest educational standards, including practice experiences. Driven by the IOM report, the American Organization of Nurse Executives, and evidence supporting baccalaureate education for nurses, Mount Carmel Health System recently created a new policy to address BSN completion, "Ensuring a Magnet Workforce for the Future: Intentional RN Hiring and BSN Completion Policy, April 1, 2013." The policy states that for RNs hired on or after April 1, 2013, a five-year window is given to complete the BSN in order to maintain employment.

What's your advice to a nurse contemplating a return to school to earn a BSN? Compare programs to find the right fit and discover how special MCCN is. Visit MyRN2BSN@mccn.edu for more information.

"I WOULD HAVE HAD TO DROP OUT IF THERE WASN'T FLEXIBILITY. WORKING FULL-TIME 12-HOUR NIGHT SHIFTS AND OVER-TIME."

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celebrating Success at Commencement

congratulations graduates

Two members of the MCCN class of 2013, Kiera Power and Clayton Frederick (with Clayton's baby daughter)

Congratulations to our BSN graduates, RN-BSN completion graduates, and master's graduates who celebrated with friends and family at Pinning on May 10 and graduation on May 11, 2013.

It was a record-setting Commencement weekend for MCCN, which included a record-setting 147 pre-licensure BSN candidates and a record-setting 36 MS candidates.

Carrying the symbolic mace and leading the pomp and circumstance was this year's Faculty Marshal, Kathy Steger Walters, MS, RNC, NNP-BC, (class of 1978) Assistant Professor/Student Health Nurse and senior class





“May 2013 now marks the second year in a row that the College had the largest number of students ever walking at Commencement,” said Karen Greene, BS, Director, Records and Registration.

advisor. Our thanks to Brian Tierney, executive vice president and chief financial officer for American Electric Power (AEP) and MCCN Board of Trustees member, who delivered the Commencement address.

Megan Kristina W. Howard, Matthew George Patrlja, and Nicole Ternasky were commissioned as Second Lieutenants in the United States Army at Commencement.

Pinning and Recognition Ceremony Features Accomplishments

GRADUATE AWARDS presented at the Pinning & Recognition Ceremony

Clinical Excellence Award

The Clinical Excellence Awards were presented to Lauren Dortmund, Joshua Leasure and Rita Morrison, voted by the faculty, as most consistent in outstanding achievement of clinical objectives throughout the program.

Lamp Award

The Lamp Award was presented to Brandee Homer and Symphony Voelkel. This award is bestowed on the student, voted by peers, who has demonstrated behavior most reflective of caring in the nursing profession as described in the overall philosophy of Mount Carmel College of Nursing.

Humanitarian Award

The Humanitarian Award was presented to Rachel Greenblatt, Tiffany Wenter and Sara Windland. This award is bestowed on the student, voted by peers, who has demonstrated outstanding participation and leadership in promoting community service and a commitment to equity and diversity within the College and the community.

Inspiration Award

The Inspiration Award was presented to Jennifer Hatfield and Benjamin Moore. This award is bestowed on the student, voted by peers, who served as a consistent role model for motivation, positive influence, and encouragement and who inspired others to achieve at their highest potential.



MCCN reaches out to “Stay Connected” with Students and Alums through Social Media

Follow us on Twitter and Facebook to see what’s happening at the College. Get connected and stay updated on all current news and events.



www.twitter.com/mccnedu www.facebook.com/mccnedu youtube.com/mccnedu

Stay connected with us!

Susie Loik Parsons '76 (left) and Michele Uhl Born '75



For the first time in its long history, the Mount Carmel Alumni Association (MCAA) has at its helm two presidents! Our new co-presidents, Michele Uhl Born '75 and Susie Loik Parsons '76 bring a dynamic mix of skills, talents, and commitment to their leadership of the association.

Introducing... Michele Uhl Born '75

Why I chose the nursing profession...

I never questioned why I wanted to be a nurse, I just always did. When I applied to Mount Carmel, I remember Sister Nancy saying the motto was “serving God through serving others” and that appealed to me greatly.

Impact of Mount Carmel nursing education on my life...

Mount Carmel formed my core and my soul as a nurse and a person. My best mentors and those I tried to emulate in my life are from Mount Carmel.

Importance of the Alumni Association to alumni, MCCN, students, and the nursing profession...

The challenge for the Mount Carmel Alumni Association is to be relevant, supportive, and nurturing to our alumni.

We want to be a source of educational and professional growth opportunities, of fellowship and mentorship; a communication tool for alumni to connect, and of opportunities for alumni to collectively provide community service and philanthropic support for the College.

For current MCCN students, we want to be a supportive “good friend” they look to for mentorship, financial, professional and educational opportunities. We will increase visibility and availability to students through our finals breakfasts, luncheon forums, educational offerings, mentorship activities, and informative columns in *The Carmel Rapper*. Our alumni are very generous to our alumni association scholarships for students and we are very grateful.

An alumni association can and should be a valuable source of educational, professional and personal growth opportunities for the nursing profession. Where else than your own College would you look for advancing your career and vocation as a nurse?

Vision for the future of the association...

Our vision is being reviewed and updated by a Strategic Planning committee. We will certainly continue to be

a philanthropic support for nursing scholarships, as we aspire to meet additional needs of students and alumni. There are many avenues to pursue in supporting our college, our students and our alumni. We plan to be a very active, pertinent association!

Personal message to Lamp readers...

Please consider how you can be supportive. You probably noticed the word opportunities used frequently. YOUR alumni association can do that for you—give you opportunities to be the nurse you are. What can you offer? Be a mentor to a student nurse or recently graduated novice nurse? Do you enjoy reaching out to other nurses in blogs, on Facebook or Twitter? Attend an educational day at our College while earning CE hours? Are you talented in planning and implementing activities, such as our homecoming or other functions? We would love your input on planning committees and the alumni board. Please contact us! Michele at mbornrn@me.com or 513-703-6141 or Susie at parsonsj@sbcglobal.net or 614-272-8202.

Susie Loik Parsons '76

Why the nursing profession...

I loved my time as a high school candy striper at Mount Carmel Hospital and as a unit secretary in college. The Lourdes Hall and St. Michael's staffs and physicians taught me so much. I enjoyed being part of a team with a purpose to provide quality health care.

Impact of Mount Carmel Nursing education on my life...

My family lived on the west side of Columbus. Mount Carmel Hospital was our hospital. Several of the Sisters were family friends. Mount Carmel signified tradition, high standards, and personal, compassionate care. I felt I belonged at Mount Carmel School of Nursing as part of a family that nurtured and cared for me as an individual. I learned Mount Carmel graduates were held in high esteem nationwide for a good reason; they represented the core values of academic excellence, respect, compassion and social responsibility. I discovered this personally when I worked at Holy Cross Hospital in Salt Lake City, UT.

Importance of the Alumni Association to alumni, MCCN, students and the nursing profession...

The Mount Carmel Alumni Association would not exist without the active, dedicated participation of a small group

of alumni. Currently there are approximately a dozen board members. A few faces change year to year, but most are committed for the long haul. We really do understand busy schedules; we have them, too. What we ask is for your participation in whatever form is comfortable for you at this time. That may mean attending MCAA meetings once a month, offering to serve on a standing committee (Homecoming, Scholarships and Loans, Orientation, Membership, Finals Breakfasts), or chairing/serving on an ad hoc committee (Alumni Archives, MCCN-Fairfield Campus, Communication, Strategic Planning).

We welcome your ideas.

Vision for MCAA...

We are working on defining our vision, but I see the following as some of our goals:

- Growing our membership to include more alumni from the 1970s forward;
- Offering continuing education opportunities and developing a working relationship with MCCN's Rho Omicron Chapter of Sigma Theta Tau;
- Increasing active participation of alumni in MCAA sponsored events;
- Becoming more diverse in our offerings to appeal to a broader spectrum of graduates;
- Increasing our visibility and interaction with the MCCN-Fairfield campus.

Personal message to Lamp readers:

- Never underestimate your potential to make a difference, to change, to grow and to learn.
 - Make conscious choices as to what your contributions to society will be.
 - Send positive energy into the world!
 - Nurture valued friendships.
 - We encourage you to join us at our meetings.
- We welcome new ideas.

Give us a try!

MCAA meetings are held the first Tuesday of each month, except June and July, at the College at 5 p.m. All alumni are invited to attend.

RECENT GRAD SPOTLIGHTS

EMILY KORNS AND
JENNA FELLURE

Mount Carmel College of Nursing shines the spotlight on two outstanding members of the class of 2013. Emily Korn and Jenna Fellure share their stories.



Emily Korn, who received an MCAA scholarship, congratulated at the awards dinner by Susie Loik Parsons '76

Who/what inspired you to choose the nursing profession?

Emily: Always fascinated by the human body with a love of science, I knew from a young age that I wanted to be a nurse. I wanted something personal, to be face-to-face with my patients. Nursing is the perfect mix of science and patient care and proved a perfect fit.

Who supported you on this journey?

Emily: My parents have been my biggest support—emotionally, mentally, financially. I can't thank them enough for the past four years! I feel so blessed to have a lot of support from the amazing faculty at Mount Carmel. I can go to any one of my instructors with questions or concerns.

Most meaningful experience at MCCN?

Emily: Wow, that's a hard one! There have been so many great times at MCCN—some of the best with student ambassadors. I loved working the alumni banquets with student ambassadors and hearing all the stories from the Mount Carmel alumni. I also feel blessed to have made great lifelong friends at MCCN who have helped me through.

What memories will you take with you?

Emily: Definitely memories of clinicals and classes: starting Nursing 205 and thinking I was learning a foreign language with all the new medical terminology and acronyms; taking care of my first patient in sophomore clinical and then having him again in Leadership clinical. The best part was that he remembered me from two years before!

I will remember the late-night studying for exams, memorizing the head-to-toe assessment for check-offs, and writing down every little detail about medications I knew nothing about on my med cards. But most of all, I will never forget the clinical instructors who taught and guided me to learn as much as possible in four years of preparation for the wonderful world of nursing!

Advice to underclassmen?

Emily: Get involved! Even though I was a commuter student all four years, I was able to connect with the campus by being involved in student ambassadors and peer tutoring. Study hard! Get a good foundation freshman year in all the science classes. This is so important to help you during the next three years of nursing classes.

Make the most of your clinicals and time with your instructors! They are there to help and guide you.

Have fun! These four years have been some of the best of my life and I wouldn't trade my experience at Mount Carmel for anything!



Jenna Fellure volunteering with the MCCN medical mission in Nicaragua

Who/what inspired you to choose the nursing profession?

Jenna: As a young girl I had many surgeries and was in and out of the doctor's office all the time. I wanted to give back and be one of the good nurses like the ones who took care of me!

Who supported you in this journey?

Jenna: This journey would be impossible if not for my husband, family and friends. It is hard for people, unless they are in nursing school, to understand why you are so busy and have no free time, but my family stood beside me, encouraged and supported me. They never doubted me even when I doubted myself. The clinical instructors at Mount Carmel were also a huge part of my success—all wonderful and understanding and willing to help!

Most meaningful experience at MCCN?

Jenna: The best experience was the Nicaragua mission with my fellow students. It was truly life changing. We used our skills and really felt like nurses helping those who had nothing. I wish I would have gone every year because it was so wonderful. It made me realize that I chose the best profession in the world—it can be used so many ways to help others. And I finally had five days

with the greatest classmates in the world! We had so much fun and such a heartfelt experience that I think every nursing student or nurse should experience at least once in his/her life.

What memories will you take with you?

Jenna: There are so many memories from Mount Carmel. I remember being a freshman like it was yesterday: sitting in Dr. Loscko's lab with the smell of preserved cat; in Micro lab I remember the smell that the growth cultures made and then I realized the weights at the gym have the same smell (gross!). And sophomore year when we had to complete a head-to-toe assessment, that was probably the most stressful event in nursing school. I giggle every year since, when I pass the practice lab and the students "practicing," because I'm glad that's over! Junior year we finally got to be nurses and senior year...well it went by way too fast. The memories and friendships made during nursing school will be remembered for a lifetime.

Anything else you would like to add?

Jenna: Thank you to all the clinical faculty and staff who have made this opportunity possible. I had a wonderful experience at Mount Carmel and am so thankful for everyone who cares about our success.



WE ARE PROUD

Student Instrumental in Saving a Clinical Patient's Legs

During clinicals at Mount Carmel East, junior Maura Logan picked up on indicators of a vascular disorder and brought the condition to the attention of her instructor and the patient's RN.

"I am so proud of Maura Logan for her performance and professionalism. This situation demonstrates how even students' actions can have a significant impact on patients' outcomes," said instructor Jennifer Jenkins, RN, BSN, MHA.

The patient was paraplegic with mental deficits, admitted with a UTI and leg spasms and scheduled for discharge. Logan performed her assessment and was unable to palpate his pedal pulses. She found her instructor for assistance using a Doppler, and they were unable to auscultate DP pulses or PT pulses on either foot. Logan promptly notified her patient's RN. The RN was delayed in addressing the problem. Logan reassessed her patient approximately 90 minutes later and found the patient's right foot was cold.

"We expect students to promptly report any abnormal assessment findings to the clinical instructor and patient's nurse to ensure early intervention," explained Jenkins. "Maura immediately addressed the situation and was persistent in her follow up with the patient's nurse to ensure the physician was notified of this finding.

"Maura acted very appropriately in this situation. It frightens me to think what may have happened to this patient if Maura hadn't been so assertive. Maura did not second guess her findings. She knew this was a serious problem and acted as an advocate for her patient."

— Instructor Jennifer Jenkins, RN, BSN, MHA.

When the nurse notified the physician, vascular was consulted and the patient was sent for an arterial duplex of bilateral lower extremities. The results showed that the patient had minimal circulation to his left lower extremity and no detectable circulation below the aortoiliac artery on his right leg.

"The vascular nurse who performed the initial assessment on the patient informed the care manager about how impressed she was with Maura's assessment findings," said Jenkins.

"This experience taught me to trust my instincts. As a nurse in the future, I will remember that any abnormal finding needs prompt attention and follow up.

I want to extend a big thank you to my clinical instructor and peers for support and confidence!"

— Maura Logan

ARE SO UD...

The Nursing Instinct One Student's Story

When senior Leah Howlett pulled into the drive-through of her favorite café, she had no idea that she would get a lot more than coffee. Here, in her own words, is her account of the moment when “the nursing instinct” kicked in and she moved from café customer to nurse in action.

I was getting coffee before class at a little café. As I pulled away from the drive-through, I heard someone screaming. I was about to pull away, but something told me I should make sure everyone was okay.

I walked to the back of the café and saw one of the workers lying on the ground yelling in pain. First thought: did he fall or is he having a heart attack? I grabbed a chair and helped the other worker pull him onto the chair.



“I am one hundred percent confident that becoming a nurse and part of this genuinely caring profession is my calling. It gives me a feeling of purpose and accomplishment.”

— Leah Howlett

I ran to my car and grabbed my emergency kit, which includes pulse ox, BP cuff, stethoscope, pen light, baby aspirin, gauze, Band-Aids, etc. I called 911, then ran back to get his vitals/check pulses/do a mini assessment.*

When the paramedics arrived, I gave them a little report of what happened and they looked at me like, “How do you know this stuff?” So I told them I go to Mount Carmel College of Nursing and I work in the ICU (as a unit coordinator and patient care assistant), and they said, “Oh Mount Carmel! So that’s why you’re so prepared!”

**The update Howlett obtained on the injuries sustained by the person she assisted at the coffee shop: fractured ankle and wrist, torn ACL, and several spiral fractures on the distal portion of his left femur.*

“Leah definitely showed the ‘Mount Carmel Spirit’ and was not only willing but ready to care for those in need. We are all proud of her leadership and nursing skills. Great job Leah!”

— Instructor Kerry Dawley, MSN, RN



ALUMNI PROFILE

PHYLIS MOTZ CROOK '63
MCCN ALUMNI COORDINATOR

A P

I first met Mount Carmel when I was 17 years old. I've known Mount Carmel and Mount Carmel has known me for 50 years, longer than I've known my husband and our children.

My job, as coordinator of alumni relations, has me doing a variety of things. I've helped commission the alumni funded sculpture celebrating 100 years of nursing education, reunited pen pals who last corresponded 45 years ago and everything in between. Our oldest grand daughter has her own ideas about what I do here. When she was about 5 years old, she asked me what I did. I gave her a brief (and probably to her, boring) explanation and she said, "Oh, I thought you made caramels."

My lifelong relationships from here are many but they start with my classmates. The late Sister Kathryn Callahan, known to many as Sister Blanche, called our class (with tongue firmly planted in her cheek) "rare and beautiful flowers." What a bouquet we are!

I seldom say "I am a nurse" I say "I am a Mount Carmel nurse." There IS a difference.

- **Greatest accomplishment...** *Hopefully, I'm not done accomplishing things. So the greatest may be yet to come!*

- **Best advice I ever received...** *"Get a buddy." I learned it in Girl Scouts, and I still think it is a life skill that serves you well. You always have someone to work with, play with, laugh with, cry with...*

- **A message to today's nursing students...** *"Get a buddy." Find a friend. You'll study together, comfort one another, encourage one another, graduate together and, if you're lucky, be friends for life. The trial by fire that is being a Mount Carmel student nurse practically guarantees that.*



- **Impact of Mount Carmel nursing education on my life.** *It has given me confidence: from caring for patients as a 17-year-old freshman student nurse; being charge nurse on a floor at night (again as a student nurse); being assigned to tasks at Children's Hospital, that other student nurses weren't because you were from Mount Carmel. People live up or down to other's expectations. Expectations for Mount Carmel students are always the highest. It also gave me lifetime friendships.*

- **Qualities that make an effective nurse...** *Beyond the taught clinical skills, one needs a caring attitude and a sense of humor.*

- **Why I chose the nursing profession...** *There weren't a lot of choices for young women in 1960. It was not something I'd wanted to do all my life, but I am so glad I chose to do it. Being a Mount Carmel nurse is a great blessing.*



Benefitting our Students: MCCN Academic Support Services

While Mount Carmel nursing education has long had a reputation for individualized attention and support for students, MCCN now boasts an Academic Support Services program comprised of coaches dedicated to improving the academic performance of students.

Coordinator, Katheryn Fernandez, PhD, RN, guides a staff of faculty, each with an area of expertise: Heather Houchard, MPH, focuses on math and statistics; Alex Fernandez, MD, tutors in the sciences area; and Miriam Abbott, MA, helps students with writing and English skills.

More than 100 students took advantage of the free services during fall semester. As student usage and participation in the services increases, feedback is positive, with most indicating the coaching has improved their grades up to a whole letter grade higher.

Instructor Kerry Dawley, MSN, RN, said she notices a difference when students take advantage of the services. "I think it is very beneficial and I encourage all of my seniors to use it," she said. "The students who consult Academic Support Services say that the response is timely and the advice is helpful."

The Academic Support Services staff is supported by a Peer Tutoring Program described by the College as "individual, course-specific tutoring provided by a qualified, currently enrolled, nursing student. Peer tutors are typically students who have been recommended by faculty based on their exceptional academic performance."

Annual Phone-a-thon Helps Students Realize their Dreams

Thank you to our alumni who generously donated to this year's Phone-a-thon. As a Mount Carmel alumnus, you understand what it means to be a Mount Carmel nurse and that is why your response to our appeal is so important. You are supporting the education of succeeding generations of Mount Carmel nurses, and for that we are truly grateful.

Our student callers, most of them scholarship recipients, along with alumni, faculty and staff, enjoy reaching out to alumni and letting them know how much their support means to current students. With your help, we will continue the legacy of Mount Carmel nurses – keeping them forefront in our communities, caring for you, your loved ones, their families and friends.

Your Support of Phone-a-thon 2013 is Greatly Appreciated
Whether you pledged or were a volunteer caller (or both), your support means so much to our students, who truly need the assistance. A heartfelt thank you from Mount Carmel College of Nursing for your generosity and dedication to the nursing profession and today's nursing students. You are making countless dreams come true.

Sr. Barbara Hahl, CSC, in Columbus CEO Magazine

Congratulations
Sister Barbara!



SISTER BARBARA HAHL
VICE PRESIDENT OF SYSTEM MISSION
Carmel Health System

LIFETIME ACHIEVEMENT

Medical professionals are masters of walk-and-talk communications, but Sister Barbara Hahl's style of patient counseling is uniquely her own. Whether delivered from her office rocking chair or in meetings in the field, her counsel is stable and soothing, much like the rhythm of her rocking.

"Nobody sits in Sister's rocker," jokes Claus von Zychlin, president and CEO of Mount Carmel Health System, as he enters her homey office, though there's truth in his quip.

In her 31 years with Mount Carmel, 17 as senior vice president of system mission, Hahl—a Sister of the Holy Cross (CSC)—established a door-to-door immunization program that helped double vaccination rates among Franklin County toddlers. She founded the Mount Carmel Outreach and Street Medicine programs, which provide free community-based urgent and preventative care to Columbus's uninsured, immigrant and homeless populations. In 2012 alone, she oversaw the hospital's

provision of \$88.8 million in charity care.

"It's a pleasure having Sister here," says von Zychlin, who has worked with her since 2006 and nominated her for a lifetime of work devoted to the health—mental, physical and spiritual—of Mount Carmel patients. Not only does she carry forward the Catholic mission and history of the organization, she also oversees numerous departments. "When you have somebody with Sister's acumen and her personality, you can't help but rely on that and benefit from that. Sister's out in the community. Sister's out in the hospital. Sister's here in our corporate office, and she brings that kind of interest and enthusiasm wherever she goes," von Zychlin says.

Though there were once 60 Sisters of the Holy Cross in the Mount Carmel System Mission, Hahl is the sole religious woman at the organization today. "Now that I'm the only one here, that mission has to be done by everybody else here. Actually, everybody in our organization is now a mission leader. What is our mission,

how do we understand what that is, and how do we proclaim that to everybody?"

Hahl's recent focus has been on outreach to Hispanic and Somali populations. She credits Columbus's culture for fostering successful, holistic approaches to improving the health of all community members.

"The business leaders ... understand what the community needs," she says. "Our mayor has done a good job, not only with health care, but his housing opportunities are great. He's given a lot of money to upgrade housing. That's a big part. When you're sick, you need housing, you need food, you need your health care, you need your education. ... I think we've got a good community working on all these aspects."

A former second base player in the All-American Girls Professional Baseball League, Hahl swings at everything with a team-driven, can-do attitude. Not much gets her down (not even her alma mater the University of Notre Dame's recent BCS title loss). The only thing that bothers her is a patient without a lifted spirit. "You can talk yourself into being aggressive about your health care and wanting to heal. I get frustrated when people don't look at it in a good sense," she says.

Announcing MCCN Board Appointments


Three Mount Carmel Alumni Serve on MCCN Board of Trustees

Among the 24 trustees who lend their time, talent, and expertise to Mount Carmel College of Nursing are three Mount Carmel nursing education alumni: Jeri Boylan Milstead '57, and Mount Carmel Alumni Association co-presidents Susie Loik Parsons '76, and Michele Uhl Born '75.

Dr. Milstead is retired Professor and Dean Emerita, University of Toledo College of Nursing, and an internationally known expert in public policy and the politics of health care with a PhD in Political Science (University of Georgia), and a Master of Science and Bachelor of Science, in nursing (The Ohio State University). She is a Fellow of the American Academy of Nursing and is board-certified as a Nurse Executive-Advanced.

Parsons' passion in nursing has been emergency-trauma care. She worked in the ED at MCW for 25 years, leaving in 2005. She also enjoyed ICU-CCU step-down, cardiology, urgent care, telephone triage, orthopedics and hospice. Parsons currently works as a sophomore clinical instructor in the skills lab at Mount Carmel College of Nursing.

Most of Born's clinical nursing was in Maternal Child Health and hospice palliative care. She also graduated from SHI Medical Massage School and has numerous certifications in Healing Touch, CranioSacral Therapy, reflexology and acupuncture. Currently, Born has a private nursing practice providing these services, as well as health coaching, to clients.



MCCN is grateful to the members of the Board of Trustees who make a tremendous contribution to the growth and development of the College.

Mount Carmel College of Nursing Board of Trustees 2013-2014

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“My experience at Mount Carmel changed my life.”

— Kathleen Sikora Himes '62

Two from the class of '62!

Martha Dillon Zunich (left) and Kathleen Sikora Himes

Kathleen Sikora Himes '62 – Distinguished Alumnus 2012

Kathleen Sikora Himes, RN, active in nursing until retirement in 2011, worked in the fields of psychiatry, medical-surgery, emergency, OB, pediatrics, ICU and recovery room, and 33 years as hospital supervisor for all shifts.

Himes is described as exceptionally compassionate, caring especially for the lonely, underprivileged, and people in need and acting as an advocate for patients, families and staff members. Known as the go-to-person for patients needing TLC, as well as for her problem-solving and expertise in the clinical field, Himes brought snacks as well as comfort to patients' families.

As night supervisor, she served as pharmacy person, dietary expert, janitor, and plumber. No task was too big or too small, and all benefitted from her no-boundaries philosophy of helping others. One example was Himes mentoring a hospital housekeeper from Thailand, assisting her with learning English, banking, and obtaining U. S. citizenship. Himes helped the elderly, neighbors, and friends with health problems, picking up their prescriptions, fixing their meals, and driving them to appointments.

Himes traveled twice to Peru as a missionary nurse, working long hours in a hospice for the poor in a village of homes with dirt floors, no electricity, and no potable water. With four children of their own, Himes and her husband adopted a family of six in

Peru, regularly supplying them with money, clothing, food, and cooking supplies. They had a new brick home built for the family to replace their thatched hut and purchased a motor-cab that the family uses for transportation and the father uses in his work to support the family.

In retirement, Himes continues to serve, as a volunteer at a food pantry for the homeless and at a free clinic for the poor.

“In her personal and professional life, Kathleen Himes truly emulated the mission of Mount Carmel College of Nursing—its collaborative outreach to the community and compassionate service to all, in a caring, respectful, and socially responsible way,” said nominator and sister of Himes, Pauline Sikora Resch '65.

Martha Dillon Zunich '62 – Distinguished Alumnus 2012

Martha Dillon Zunich, RN, BSN, MA, JD, has been called outstanding and inspirational. A lifelong learner, her education includes a diploma in nursing, a BSN, MA in adult education, and JD, earning her expertise in clinical care, leadership, and a legal skill set focusing on standards of care as Zunich spent the last 18 years of her career as a lawyer.

Zunich exemplifies competent caring—the essential component of nursing—at the individual and organizational level. Including patients' families in care and planning was core in her practice

and academic career. As a bedside nurse, she excelled in delivering family-centered care with a personal and professional touch, long before it became vogue in the nursing literature. She educated and mentored students in this family-centered approach, as she taught in LPN, diploma, and BSN programs and served as a guest lecturer in graduate programs and conferences.

At the organizational level, Zunich continued this caring philosophy as an RN JD, never hesitating to voice opinions and provide legal counsel that focused on and supported the safety and quality care of the patient and family, guided by “Do what is right in a caring way.” She was resolute in her caring principles, which she expertly communicated.

Zunich demonstrates a deep sense of giving back: mentoring young Hispanic women by teaching English and providing them with skills to access the workforce and upward mobility. As a professional, Zunich served on community boards and most recently on the Mount Carmel Alumni Association Board. In Columbus and state-wide, Zunich is known for her legal expertise in the health care arena and participated in the national circle of health care attorneys on policy discussions.

“Most of Martha’s career focused on pediatric practice: actively nursing at Children’s, teaching at Mount Carmel, and as chief legal counsel at Nationwide Children’s Hospital. According to her peers, Martha always considered the whole person, child or patient when practicing her profession,” said classmate and nominator, Susan Rohr Willauer ’62.

“My nursing education at Mount Carmel formed my values and was one of the best times in my life.” – Martha Dillon Zunich ’62



Four from the class of 1962 honored as Distinguished Alumnae (l-r):
2007 Janet Keane Schriener ’62, 2012 Martha Dillon Zunich ’62,
1995 Carol Solomon Dalglish ’62, 2012 Kathleen Sikora Himes ’62

DISTINGUISHED ALUMNUS NOMINATIONS

Mount Carmel College of Nursing annually honors an alumnus for professional and personal excellence. Many graduates of Mount Carmel College of Nursing, School of Nursing, Master’s Program, Second Degree Accelerated Program, or the RN-BSN Completion Program accomplish great things. Please tell us about the special alumnus you know.

Criteria

- Demonstration of exemplary excellence in nursing practice
- Ongoing contributions to the nursing profession
- Acknowledgment by peers as an advocate
- Contributions to the quality of community life
- Demonstration of accountability for personal growth
- * Other outstanding attributes/accomplishments

Procedure

Nominate by submitting a letter of not more than two pages listing the nominee’s educational, professional, and personal accomplishments, explaining why the alumnus deserves recognition. Nominees are notified of nomination and by whom they were nominated.

Deadline

Nominations may be submitted at any time. For consideration for the current year, the nomination deadline is August 1, of that year.

Please send nominations to:

Mount Carmel College of Nursing
Attn: Phylis Crook
127 S. Davis Avenue
Columbus, Ohio 43222
pcrook@mccn.edu



Office of College Relations

Honored with Multiple Awards

Over the past few months, publications produced under the leadership of Director of College Relations Robin Hutchinson Bell have received several awards bringing regional and national recognition to MCCN.

“MCCN has ‘cleaned up’ during the last several years, beating out much larger colleges and universities for our printed work,” said Kathy Espy, Director, Diversity/Community Initiatives.



Congratulations to Bell and the Office of College Relations on these most recently announced awards!

“I would like to compliment the team — Jan Burkey, Kim Campbell, Sheila Cooney, Phylis Crook, Elaine Kehoe, and Chris Steel — who worked collaboratively to produce the award-winning projects,” Bell said.

From the annual Higher Education Advertising Awards — National Awards of Merit for Total Recruitment Campaign (Admissions/Recruitment) and for External Magazine (The Lamp). Recognition for MCCN in two categories as part of the National Collegiate Advertising Awards Competition:

Gold Award for The Lamp (Alumni-Community Magazine) Judge’s Choice Award for College Recruitment Materials (*Judge’s choice is highest honor —*

perfect score!) The Collegiate Advertising Awards is an elite program designed to recognize today’s most talented educational marketing professionals for outstanding excellence in all forms of advertising, marketing and promotion in competition against similarly sized colleges and universities from across the nation. Entries are centralized for judging (per category) by a panel of design and education marketing professionals with decades of combined experience. Entries are judged on: Creativity, Layout/Design, Typography, Production, Quality and Overall Effectiveness.



Thirtieth Annual Healthcare Advertising Awards Competition sponsored by Healthcare Marketing Report: *Silver* for The Lamp (Alumni/Donor magazine) *Gold* for Admissions/Recruitment materials.

First place honors — a PRism Award — for The Lamp magazine at the Central Ohio chapter of the Public Relations Society of America Awards event held in May 2013.

Each year, the PRism Awards luncheon honors exceptional public relations activities from a diverse mix of businesses, industries and backgrounds throughout central Ohio. The MCCN Office of College Relations won the GOLD award and FIRST PLACE HONORS for our mcn.edu website at the event in May 2012.

MCCN gives a Jump Start to incoming freshmen.

Mount Carmel College of Nursing offers a NEW program called **Smart-Start Bootcamp** to undergraduate nursing students beginning their career at Mount Carmel College of Nursing this fall.

“**Smart Start**” is a three day-long seminar that provides students with the information needed to succeed at MCCN. They will learn “academic survival skills” and get the inside scoop of some of the great things MCCN has to offer.

The program, facilitated by Dr. Katheryn Fernandez, helps students learn the ropes for their first year of nursing education.



ALUMnews Helps Alumni “Stay in Touch”

ALUMnews, the new email newsletter produced by Mount Carmel College of Nursing for alumni, was launched recently to help alumni “Stay in Touch.”

As an email publication, *ALUMnews* is a brief, succinct vehicle offering what’s going on at 127 S. Davis Avenue and avenues for busy alumni to connect with fellow alumni. Mount Carmel already produces *The Lamp* magazine twice a year, providing more in-depth information and stories. *The Lamp* will not be going anywhere, but will be supplemented by the new email newsletter.



Don’t be left out! To ensure receipt of *ALUMnews*, please send your name, year of graduation, and email address to twilliams@mccn.edu and indicate your interest in receiving this brand new publication from your alma mater.



Toni Chops, MS, RN, CNE

Certification Nurse Educator (CNE) Achieved by Four MCCN Faculty

Assistant Professor Toni Chops, MS, RN, CNE; Instructor Brigit Duggan, RPh, MS, RN, CNE; Assistant Professor Amy Smith, MSN, RN, CNE; and Associate Dean of the Graduate Nursing Program Angela Phillips-Lowe, EdD, RN, CNE, met all requirements and successfully passed the rigorous Certification Nurse Educator Exam sponsored by the National League for Nursing (NLN).



Angela Phillips-Lowe, EdD, RN, CNE

The 35,000-member NLN reports that approximately 3,500 nurse educators have earned the certification, which “establishes nursing education as a specialty area of practice and creates a means for faculty to demonstrate their expertise in this role. It communicates to students, peers, and the academic and healthcare communities that the highest standards of excellence are being met.”



Amy Smith, MSN, RN, CNE

Chops pursued the certification after attending a program sponsored by the NLN and Sigma Theta Tau International which emphasized the need to distinguish nursing education as a professional specialty. Nursing leaders from around the country presented information on the core competencies of nurse educator practice.



Brigit Duggan, RPh, MS, RN, CNE

Inspired by this information and based on her experience in academia, Chops recognized that there is a unique skill set for nurse educators and this exam is one way to measure the knowledge, skills, and experience for the role. The exam provided an opportunity to examine a condensed blueprint of responsibilities for academic nurse educators.

Smith was interested in validating her knowledge of educational theory and process. She said that preparing for the exam enhanced her understanding of the why behind many educational practices. Smith cited significant areas of increased understanding, including the process of evaluating the reliability and validity of testing and the use of effective approaches to active learning.

“There is a body of knowledge in nursing education that we all draw from and it is helpful to validate that core knowledge through certification,” concluded Smith.

**Reference: National League for Nursing-
<http://www.nln.org>**

Dr. Schiele Given Regional Recognition

On March 14, our MCCN President/Dean, Ann Schiele, PhD, RN, was one of just 20 educators highlighted in *Columbus Business First, People to Know in Education*.

Once a month, this pre-eminent business publication in the Columbus area spotlights 20 individuals from the region who are front and center in their industries, from health care to finance to technology and many industry sectors in between. This Columbus Business First feature focuses on Central Ohioans deeply engaged in their work and leading their companies and communities.

The profile included background on Dr. Schiele’s choice of the profession of nursing, her insights into education and health care issues, as well as advice to today’s aspiring nursing professionals. The article can be accessed at

http://www.bizjournals.com/columbus/printedition/2013/03/15/20-to-know-in-education-ann-e.html?surround=etf&ana=e_article.



Recent MCCN Graduate Recognized for Life-Saving Actions

Colleen Kenny, March 2013 graduate, rushed to the aid of a gentleman who suffered cardiac arrest at LA Fitness in Grandview, Ohio. Kenny, who works at the front desk of the LA Fitness, was called by a colleague about a man passed out in the locker room.

"When I went back there the guy was on the ground and turning blue. I immediately checked his pulse and gave him two rescue breaths because he looked like he was gasping for air," said Kenny, "I checked his pulse again and he did not have a pulse, so I started chest compressions."

Kenny was assisted by another person at the gym, Michael Wellner, a medical intern at The Ohio State University. Wellner continued the chest compressions and then Kenny administered an automated external defibrillator (AED).

Kenny was with the man for several minutes until the paramedics arrived and moved the patient to OSU Hospital. The man survived.

"Anytime you are in a medical situation your heart starts racing, but I felt very comfortable because I have been in situations like this in the hospital. Although this was out of the hospital, I knew what to do right away," said Kenny.

Kenny and Wellner were recognized with awards from the Grandview Heights Fire Department. The gentleman who arrested attended the presentation.

"As a nurse you save lives every day, but this is totally different because you don't get to call code blue and know that several other medical staff will be around you. I am very thankful Michael and I were able to work together," Kenny said.

HONORED FOR SERVICE...



Colleen Kenny '13 (left) and Barbara Barta, PhD, RN, Associate Dean, Undergraduate Programs

"When I went back there the guy was on the ground and turning blue. I immediately checked his pulse and gave him two rescue breaths because he looked like he was gasping for air," said Kenny, "I checked his pulse again and he did not have a pulse, so I started chest compressions."



The man saved, Lou Pallay (left), with lifesavers Michael Wellner and Colleen Kenny

Alumni Association UPdates

STAY *IN TOUCH!*



Alumni Vision

The vision of the Mount Carmel Alumni Association (MCAA) is to support Mount Carmel College of Nursing (MCCN) through philanthropic, networking, and mentoring initiatives.

Mission

The mission of the MCAA is to promote future nursing education and foster relationships with current and future alumni.

We encourage you to become an active part of the Mount Carmel Alumni Association. Board meetings are open to all graduates and will take place on these dates at 5 p.m. at the College in the Eleanor Wilson Room (usually):

September 3, 2013 November 5, 2013
October 1, 2013 December 3, 2013

For the most up-to-date information, please contact Alumni Coordinator, Phylis Motz Crook, at 614-234-5681 or pcrook@mccn.edu.

Alumni Association Homecoming Reunion Saturday, October 5, 2013, a luncheon at Mount Carmel College of Nursing

Festivities include a luncheon, honor class photos, raffle, networking, and tours of the College, including the new Clinical Skills and Simulation Center and the renovated Skills Lab. On display in the Mount Carmel Health and Sciences Library will be a newly commissioned collection of memorabilia and photos from the Mount Carmel School of Nursing Archives. Attendees have the opportunity to meet recipients of our Mount Carmel Alumni Association scholarships (funded by our members' generous contributions), as well as MCCN Student Ambassadors. This year's reunion features a special surprise, so don't miss it. Relive your memories right here at your alma mater!

If you graduated in a year ending in "8" or "3" you are an honor class. Gather your classmates and your memories and come to the reunion! The 50-year honor class is the class of 1963.

The College is happy to provide you with a class list (and mailing labels, if you want to do a mailing to your class). Contact Theresa Williams (see page 5). If you would like assistance with planning your honor class celebration, please contact Phylis Motz Crook or Susie Loik Parsons (parsonsj@sbcglobal.net or 614-272-8202), who will be happy to help your class enhance your reunion experience.



Students Thank Alumni for Free Finals Breakfasts

Now a beloved tradition, free breakfasts were again provided by the Alumni Association to grateful students during finals week.

Photo: Students taking a welcome break at the alumni-sponsored free finals breakfast in May.

Follow us on Facebook

by visiting www.facebook.com/mcalumniassoc

The 2013 Florida alumni luncheon was organized by members of the class of 1958 and took place recently in Fort Myers: (front, l-r) Mary Lou Jones Yaufman '58, Carolyn Kulp Souders '58; (back, l-r) Christy Stare Coleman '63, Judy Rebhan Borowitz '63, Bess Eckard Whittington '58 and Nerina Beverly Stepanovsky '78.

Make plans now to attend! Homecoming Reunion details and reservation form will be sent in a separate mailing to alumni this summer. Please notify Theresa Williams or Phylis Crook (see page 5), if your address has changed. **Watch your mailbox for your personal Homecoming Reunion invitation due to arrive by mid August.**

New Alumni Association Publication: "Remembering Mount Carmel"

The newest fundraiser of the Mount Carmel Alumni Association, "Remembering Mount Carmel, is published." The 44-page bound book features photos and great stories of alumni and faculty memories of their time at The Mount: some funny, some sad, all heartwarming.

For several years, the Alumni Association gathered stories and memories from Mount Carmel alumni. Remembering Mount Carmel will be available for purchase at the Alumni Homecoming on October 5. All proceeds benefit the Association's scholarship and loan program.

If you would like to order by mail, \$20 includes shipping and handling. Send a check (payable to Mount Carmel Alumni Association) along with your name and shipping address to:

Brenda Wheeler
103 Chatham Rd., Columbus, OH 43214
614-262-2615 wheeler.b@att.net



MOUNT CARMEL ALUMNI ASSOCIATION BOARD 2013

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Linda Doss Murcko '75
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Alumni Library Accounts:

Visit www.mccn.edu/library to register for your account providing 24/7 access to news and information.

Send Us Your Email Address

MCCN and the Mount Carmel Alumni Association are sending more and more information via email. Send your email address to pcrook@mccn.edu.

Vintage School of Nursing Yearbooks at No Charge

We have a supply of School of Nursing yearbooks from many different years. If anyone from those classes would like one, please contact Alumni Coordinator Phylis Motz Crook.



The Arizona alumni lunch bunch had a fabulous time together recently in Phoenix: (l-r) Pat Brown Gates '63, Gene Winters Coleman '65, husband Tom Coleman, Ruth Mathers Strickler '52, and Barbara Steckler Berle '61. "We were glad for the opportunity to revisit our Mount Carmel School of Nursing years, but disappointed that more of the 34 grads in the state couldn't join us," said Pat Brown Gates, who organized the luncheon.

New Free Benefit to Mount Carmel Students and Alumni: **The After College Career Network**

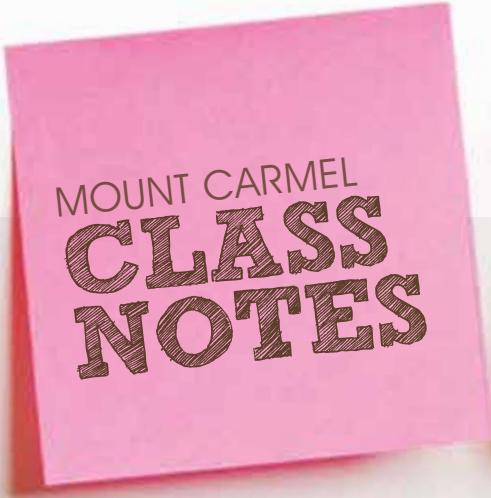
As a member of the American Association of Colleges of Nursing, MCCN offers the AfterCollege Career Network—a job, internship, and scholarship resource created specifically for and provided at no cost to our students and alumni.

When you access our AfterCollege Career Network, you can take advantage of a variety of resources to help you find, build and develop your rewarding career. **For example, you can:**

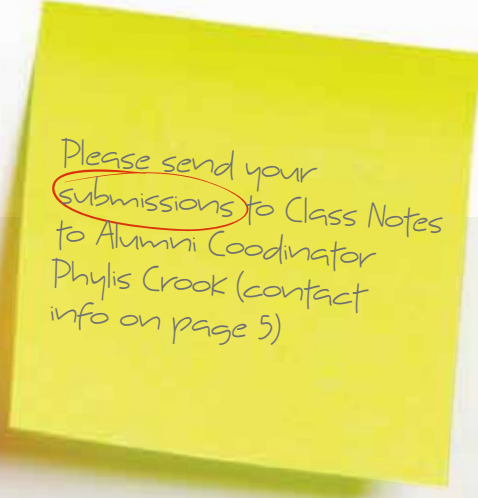
- Access major-specific, entry-level job opportunities from employers who have indicated an interest in hiring our students and graduates

- Follow favorite companies and be the first to know about new opportunities
- Build professional and academic profiles that will be viewed by prospective employers
- Access and apply for AfterCollege Scholarships
- Build a winning resume, learn about salary negotiation, and more

To get started, simply visit AfterCollege.com, enter Mount Carmel College of Nursing, and choose your major. You'll be automatically added to our exclusive AfterCollege Career Network.



MOUNT CARMEL
**CLASS
NOTES**



Please send your
submissions to Class Notes
to Alumni Coordinator
Phyllis Crook (contact
info on page 5)



We love hearing
your news!

Celine Applegate Dye ('47) writes that she is “still happily retired in Kansas!”

Virginia Kuntz Everett (February '47) lives in a condo in Grove City, Ohio. She was a member of the Cadet Nurse Corps while a student nurse. Her career included Mount Carmel West nursery and Director of Nursing at Monterey Nursing Inn, with a stint as a housewife and mother of two girls in between. She retired from nursing in 1991.

Nancy Mitchell Meder February '47 lives in Florida and tells us that her class was the first to graduate in February. The U.S. government paid the tuition of the students who were members of the Cadet Nurse Corps. They would have been called to active duty if World War II had continued.

Helen Ey O'Connor ('47) lives in Worthington, Ohio. She says, “My years at Mount Carmel were some of the best of my life of 89 years. I never went to work one day in

all my years that I wasn't happy. I've loved every minute, especially all the people. I have been very blessed. I wish the same for all Mount Carmel graduates.” She is the mother of six. Her nursing career was in the nursery at Mount Carmel and Riverside Methodist Hospitals. She even volunteered in the nursery after she retired in 1989.

Helen LaLonde Short (February '47) lives in Columbus. She is widowed and has four children. She worked in labor and delivery, orthopedics and admissions, all at Mount Carmel West. She retired in 1989.

Mary Yoakum Sweeney ('52) lives in Grove City, Ohio. She took an RN refresher course in 1982 “after thirty years off as my husband and I raised our large family. The best decision I ever made, working in labor and delivery. I knew from a young age that I wanted to be a nurse and I was never disappointed. To have been a graduate of Mount Carmel School of Nursing has always been a source of pride for me all of these years.”

Norma Zimmerman Laughrey ('55) lives in Brinkhaven, Ohio. She is married and has two daughters, six grandchildren and nine great grandchildren. She and her husband travel yearly to Florida and Canada. She retired in 1993 and now volunteering for American Legion and Mohican Trail fills her days, as does baby-sitting great grandchildren. Her advice, "Don't retire, you'll not have time to do your own thing. An eight-hour/day job is nothing compared to what happens when you retire!"

Carol Herderick Russ ('56) has lived in Virginia Beach, Virginia, since 1960. She is married and has four children. She worked in the mental health field and retired at age 74." Wherever I worked I have always been praised for my nursing skills and ethics. I always attributed that to my training at "The Mount" for which I am grateful."

Mary Elizabeth Bowes Teach ('56) is married and has four daughters. She lives in Columbus and retired in 2000. She worked in and updated nurseries at Kaiser Hospital in Long Beach, California, and at Mount Carmel West. The update there was to Level II status. She worked at Riverside Methodist Hospital for 12 years beginning in 1988. She was charge nurse, preceptor, and taught CPR and neonatal resuscitation for many years.

Virginia Lambert Kuhns ('57) lives in Columbus. She is currently single and has five children, nine grandchildren and two step grandchildren, ranging from 26 to 5 years of age. She retired from the Ohio Department of Youth Services in 2000 with 20 years of service.

Jeri Boylan Milstead ('57) lives in Dublin, Ohio. She is a member of the Mount Carmel College of Nursing Board of Trustees. She holds a PhD in political science from the University of Georgia and an MS and BS from The Ohio State University. She is the Mount Carmel College of Nursing's Distinguished Alumnus for 2000. She retired in 2008 as Professor and Dean Emerita, University of Toledo College of Nursing. She currently provides consultation on public policy, leadership and education. For the past two years she has taught the online policy course for doctoral students at The Ohio State University.

Janice Wade Rhyan ('57) lives in Delaware County, Ohio. She has been married 55 years and has three children and three grandchildren. She worked in EENT and as a church secretary, retiring in 1998.

Mattie Frye Wilson ('57) lives in Denver, Colorado, is married and has two children. She worked in patient care

nursing in Ohio, New Mexico and South Dakota. She worked for the U.S. Department of Defense in Colorado as a nurse administrator. Her volunteer activities include her church and the Denver Public Library. She enjoys reading, cooking, playing games, working puzzles and listening to music.

Marcia Fletcher Baird ('58) lives in Washington Court House, Ohio. She is married and has four children, 11 grandchildren and two great grandchildren. She enjoys travel, gardening, reading, knitting, sewing and following her grandchildren's sports activities.

Catherine Adamescu ('62) lives in Columbus. She retired from Columbus Public Schools after 25 years as a school psychologist. She enjoys reading, travel and being a lifelong learner. She remembers being a student nurse on St. Joe's and caring, one evening, for a woman in her late 70s or early 80s. "As Perry Como came on over the PA singing 'Bless This House' this patient said with such gusto, "That's it, Perry, sing it out!" I loved her spunk and love of life."

Janet White Blaser ('62) lives in Fairport, New York. She is married and has three children and seven grandchildren. Her family has a lake home on Cayuga Lake in the Finger Lakes region. She enjoys time there fly fishing, golfing, gardening, reading and hosting friends and family. Although her husband is retired, she works part time in the occupational health field.

Judith Henderson Boardman ('62) lives in Vashon Island, Washington. She is married and has a son, a daughter and a step daughter. She has four grandchildren. She worked in physician's offices and in the psychiatric and addiction fields. She enjoys writing, painting, hiking, birding and duplicate bridge.

Connie Cathers DeMate ('62) lives in LaMirada, California. She retired in 2000 from work as a medical auditor. She and her late husband made many memories in retirement as they traveled, took cruises and enjoyed their family.

Carol Sue Kinney Ecleberry ('62) lives in Owensboro, Kentucky. She is married and has two children and four grandchildren. She's lived in Newark, Ohio, and Augusta, Georgia. She worked in a physician's office for 12 years, as well as volunteering at the children's schools, at her local hospital and crisis center.

Janet Russell Fulk ('62) lives in Mount Vernon, Ohio, where she and her husband live in her grandparents' renovated home. She has her BSN from Firelands College and Medical College of Ohio at Toledo. She has two daughters and five grandchildren. Her work history includes psychiatric nursing at Mount Carmel West, various physician's offices, post coronary and cardiac units, as well as stay-at-home mothering.

Sally Bonnell Fullerton ('62) was widowed in 2010. She has two daughters and four grandchildren. She lives in Westerville, Ohio, and "winters" in Marco Island, Florida. She loves to travel, read and "let's do lunch!"

Myra Ann Thompson Rafeld ('62) lives in Ashland, Ohio, and has four children and ten grandchildren. She has worked in med-surg, the ER, as a school nurse, staff nurse, and Director of Nursing.

Charlene Hahn Reynolds ('62) lives in Waxhaw, North Carolina, near Charlestown. She is married and has two daughters and nine grandchildren. Her husband's employment took them to Germany, Turkey, Morocco and Brazil. Her work experience included critical care and thirty years of med-surg staff nursing. She retired in 2007.

Carolyn Lonzo Ross ('62) lives in Newark, Ohio, is married and has two sons, two stepsons, six grandchildren and three great grandchildren. She retired in 2007 after working 20 years in college health at Denison University in Granville, Ohio. Her previous employment of 20 years included local physician's office and hospital, nursing home and occupational health facilities, and an addiction facility.

Janet Keane Schriener ('62) lives in Austin, Texas, and has three sons and eight "above average" grandchildren. She is married to a man she met on a blind date while in nursing school. The date was arranged by her Fundamentals of Nursing instructor **Lu Willman Mone ('55)**. She practiced mainly in the maternal-child clinical arena, taught pediatric nursing and worked in nursing and hospital administration both at the hospital and corporate level. She also has been a surveyor one week a month for The Joint Commission. She enjoys traveling, visiting grandchildren and keeping in touch with friends and family.

Claudia Kunkler Tank ('62) lives in Urbandale, Iowa. She is married and has 13 grandchildren. Her children are scattered over five states. She worked in psych, pediatrics, physicians' offices and The Iowa Foundation for Medical Care doing quality studies and utilization review for homes in

an eight-county area. From 1996-2002 she was a parish nurse (Minister of Health) for two churches. She retired in 2002.

Barbara Haley Watt ('62) lives in Reston, Virginia. She has two children. Daniel died in 2011. Her daughter and family, including two grandchildren, live nearby. Her early career was in various ERs around the nation. She earned her BA in interior design in the 1970s from Mount Vernon College, now George Washington University. She worked for Marriott International for 20 years designing multiple senior living projects throughout the U.S., as well as hotels domestically and in Hamburg, Buenos Aires and Budapest. She writes, "Retirement is wonderful as well. I volunteer at the Smithsonian and social justice committee at church. I travel and sometimes spend an entire day doing nothing but reading! Life is good!"

Susan Rohr Willauer ('62) lives in Dublin, Ohio, and North Carolina. She is married and has a son and five grandchildren. She is retired after 42 years of various nursing activities. She worked at the student health service at The Ohio State University for 32 of those years.

Patricia Moskus Witmer ('62) lives in Florence, Kentucky. She is married and has three children and six BGCs (beautiful grandchildren). She retired in 2000 after working mostly in a pediatric allergist office, as well as home health nursing. She presently volunteers for her local St. Vincent de Paul Society. She likes to walk and stay in touch with friends and family via email and Facebook, as well as in person.

Beth Buchholz Opatrny ('63) lives in Wooster, Ohio. She is married and raised five children who now live all over the country. She worked in long-term care and medical offices. She was a staff nurse and in management at Wooster Community Hospital. She helped develop patient and community education and occupational health services while there. She earned her BSN and MSN at the University of Akron in 1980 and 1982. She was a school nurse the two years prior to her retirement. Now, she and her husband travel the country to visit their seven grandchildren. In February they were in Fort Myers, Florida, where they visited with Judy Rebhan Borowitz ('62) and her husband, who spend part of the winter there.

Mary Lou Ogle Rauch ('62) lives in Newark, Ohio. She is married and has five children and ten grandchildren. She is employed full time at Bayer Material Science in Hebron, Ohio, as the Occupational Health Nurse. She and her husband farm 155 acres and have goats and rabbits.

She recently designed and built a new home that includes a handicapped suite to care for, with ease, her son, Aaron. She likes to quilt. She writes, "My bucket list is short now, but I will need to expand it so I have some challenges upon retirement."

Kathleen Pozz Hooper ('65) lives in downtown Columbus. She has four children and eight grandchildren. In 1978 she attended the first nurse refresher course offered by Mount Carmel School of Nursing. From there she worked in postpartum and Mount Carmel West. Her employment throughout the years has been diverse, including family owned business, health care, retail, real estate and the educational fields. Her volunteer work includes classroom volunteer with learning disabled at Dublin City Schools, assistant CCD classes at St. Brigid of Kildare, working with physically handicapped children at Nationwide Children's Hospital and the Childhood League Center, helping at the James Cancer Hospital, Alanon and Alateen groups and the food pantry at St. Joseph's Cathedral. Her hobbies are art, writing short children's stories, piano, horses and travel.

Toni High Feroni ('67) lives in Livingston, New Jersey. She is married and between her and her husband they have 11 grandchildren. They "come in all ages from brand new to grown up!" Her first job from 1997 to 1976 was in the office of Harry Shaver, MD. "In those days we did everything from suturing wounds to prenatal visits. I loved every minute of it." Today she works in health information management and is the quality officer reviewing medical records and checking the correctness of the coding. She uses her nursing knowledge to read the medical records as they are not yet fully electronic and she helps coders understand the disease processes.

Diane Dye Helderich ('69) lives in Clayton, Ohio. She enjoys retirement and her four grandchildren.

Ann Shafer Skinner ('72) lives in Raleigh, North Carolina. She is married and has two children and four grandchildren. For the past 23 years she has worked in a large pediatric practice. She is an Internationally Board Certified Lactation Consultant. She volunteers with Moms Supporting Moms, a support group for moms with postpartum depression. Her hobbies include hiking, travel, swimming, cooking, reading, crochet, and "of course, the grandkids!"

Christine Racz McGowan ('74) lives in Granville, Ohio, and is married. She enjoys competitive walking, bicycling, gardening and collecting vintage cars. Since 1980 her work has been in the field of dialysis in various clinics and hospitals.

Mary Jean Hinterschied Sorenson ('74) lives in Ann Arbor, Michigan, and is married. Her decision to become a nurse was greatly influenced by her aunt, Marilyn Nestor ('54). She worked at Mount Carmel East in the ICU. In 1977 she moved to Ann Arbor and began her work in the MICU at St. Joseph Mercy Hospital. She was certified as a CCRN and became charge nurse and staff coordinator of the evening shift. She was voted Intensive Care Nurse of the year in 1977. Her career was terminated that year when she experienced a massive brain hemorrhage and stroke resulting from the rupture of a congenital arterial aneurysm. Her recovery and rehabilitation was supported by her family and friends, including her Mount Carmel classmates. She made an unexpected and extraordinary recovery and still maintains close ties with members of the nursing community.

Patty Rubadue Leffler ('75) lives in England working as a school nurse on a military base, RAF Lakenheath. She is married and has three sons. Most of her nursing career was in the ER of Doctor's West Hospital. Her current job affords her plenty of opportunity to travel and explore the UK and the rest of Europe. Her summers are spent "back home" in Plain City, Ohio.

Michele Uhl Born ('75) lives in Cincinnati, Ohio. She is married and shares five grandchildren. She works at Hospice of Cincinnati and is pursuing her MSN at Northern Kentucky University. She has a private practice in her home where she provides holistic nursing therapies such as healing touch, craniosacral therapy and reflexology.

Becky Bucher Thorne ('78) lives in Gahanna, Ohio. She has her MSN and is a professional nurse specialist at Nationwide Children's Hospital. She is the 2012 recipient of the SNP academic scholarship.

Betty Brining Coffelt ('81) lives in Worthington, Ohio. She has been married for 58 years and has three children, six grandchildren and seven great-grandchildren. She earned her BSN from Capital University in 1988. She retired from The Ohio State University Hospital's burn

unit in 2001 after 18 years. She now works at Riverside Methodist Hospital's ER and hopes to work until she is 80 years old. She enjoys boating, gardening, and her family.

Lori Burleson Caldwell ('82) is married and lives in Orient, Ohio. She has two children. She retired in 2008. Her employment included the SICU and transport team clinician at Nationwide Children's Hospital and school nurse at Our Lady of Perpetual Help School. She earned her BSN from Franklin University in 1991.

Kimberly McCarthy Landrum ('82) lives in Houston, Texas. She received a BSN from Capital University in 1994. In 2011 she received an MSN, ED from Texas Woman's University, Health Science Center of Houston. She is currently a doctoral student at Texas Woman's University.

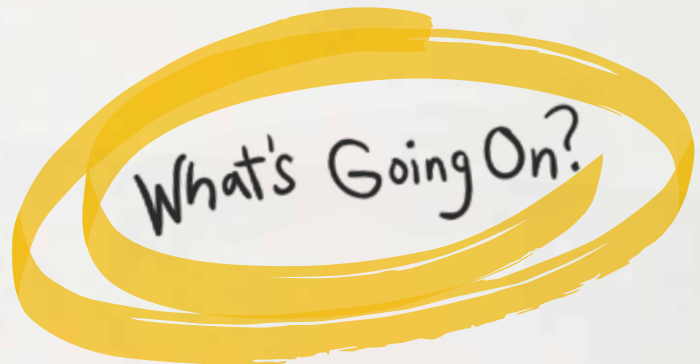
JoAnn Beechuk Steigerwald ('82) lives in Columbus and part time in Florida. She has three children and nine grandchildren. She retired in 2008 from Mount Carmel East, open heart recovery unit, as patient educator. During her 26 years with the Mount Carmel Health system, she worked casual for Skymed as a flight nurse and did community cardiac education. In retirement, she is on the speakers' bureau for the American Heart Association.

Justin G. Sayre ('02) lives in Pataskala, Ohio, and is married and has two daughters. He is a care management nurse for Aetna, Inc., National Appeals Unit. His team of 15 nurses reviews coding appeals and makes a determination per coding guidelines and Aetna policy. He also is a clinical instructor for Chamberlain College of Nursing in both the associates and BSN program. He teaches med-surg, critical care and nursing leadership.

Mary Simon Thorne ('06) is married, lives in Cleveland and has two children. **Becky Bucher Thorne ('78)** is her mother-in-law. She is currently a stay-at-home mom working on her MSN in nursing education, online. She misses working clinically, but realizes how important these early years are for her children. She previously worked in the NICU at the Cleveland Clinic Foundation and at a small county hospital—two places that operated at very different paces. Her goal is to someday be a nurse educator. She writes, "I am so proud to call myself a Mount Carmel nurse. I truly received a top notch education."

Nicole Cade Stout ('09) lives in Grove City, Ohio. She is married and has a baby girl.

Jeremiah Ignaszewski ('12) is engaged with the wedding planned for August of 2013. He is employed by Echo Manor Nursing and Rehabilitation Center in Pickerington.



IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

Maxine Ralston Ramella — Class of 1940
 Elizabeth Hoffman Dunipace — Class of 1941
 Mary Halsema Bresnen — Class of 1944
 June Tudor Leshner — Class of 1944
 Carol Myers Wheeler — Class of 1945
 Irene Vanda Mosely — Class of 1947
 Betty Cristee Scheel — Class of Feb 1949
 Ann Foley Kollasch — Class of 1950
 JoAnn Spitler Hall — Class of 1951
 Marion Shirkey — Class of 1952
 Carol Mills Kegelmeyer — Class of 1955
 Jane Gleich McCaffrey — Class of 1956
 Barbara Schnelker Schroeder — Class of 1961
 Linda Johnson Baker — Class of 1968
 Janice "Jan" Royer — Class of 1970
 Beth Bishop — Class of 1974

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

The son of Catherine "Kay" Droke Martin ('51)
 Husband of Dorothea Rennard Toboada ('51)
 The brother of Sue Grimes Haney ('60)
 The daughter of Ruth Ann Roof Simmons ('62)
 The husband of Donna Young Wesley ('63)
 The husband of Nancy Krauss Gantner ('64)
 Vincent Barresi, MD
 Brenda Binkley
 Richard Slager, MD



Tell us what you're up to!

NAME _____

ADDRESS _____

TELEPHONE () _____

E-MAIL _____

GRAD YEAR _____

WHAT'S NEW WITH YOU? NEW BABY? NEW JOB OR PROMOTION?

EARN ANOTHER DEGREE? _____

Send to:
 Phylis Crook, Coordinator, Alumni Relations
 Mount Carmel College of Nursing
 127 South Davis Avenue
 Columbus, Ohio 43222
 pcrook@mccn.edu

***Are you firmly planted in the digital age?
 Then fill out our online form to let us know
 what's new with you. Log on to the college
 website at www.mccn.edu.



Send your e-mail and postal address updates to Theresa Williams (contact information on page 5). Your personal information will be used for Mount Carmel College of Nursing business only.

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