

the LAMP

FALL/WINTER 2015-16

mount carmel college of nursing magazine

Breaking Ground
on a New Chapter
in Healthcare



MOUNT CARMEL
College of Nursing

Mount Carmel School of Nursing alumna, Jill Young Wallace ('73), RN, (right) works closely with Mount Carmel West's President Sean McKibben on the new hospital under construction in Grove City.



Transformational School of Nursing Alumna Plays Integral Role in Future of Mount Carmel Health System





On July 29, Jill Young Wallace ('73), RN, (second from right) took part in the Ground Blessing Ceremony for the new Grove City hospital.

When Jill Young Wallace, RN, graduated from Mount Carmel School of Nursing in 1973, she never dreamed that one day she would meet the needs of patients by donning a construction helmet and sitting down with architects, engineers, space designers and other experts to plan, design and build a \$355 million, 210-bed hospital.

The project is part of Mount Carmel's more than \$700 million investment in its people-centered care strategy in central Ohio. In addition to expanding the system's Grove City campus, Mount Carmel is modernizing Mount Carmel East and transforming Mount Carmel West – all with a focus on leading the transformation of healthcare delivery in central Ohio and better meeting the needs of the communities Mount Carmel serves.

As Mount Carmel Health System's clinical project liaison for the new seven-story hospital in Grove City, Jill is responsible for making sure that the voice of the patient is heard.

"When I sit in on department user group and planning meetings, I listen closely to what nurses, physicians, and others say about the processes they want to improve and how that will create an improved patient experience," Jill explains.

"My early education at the School of Nursing gave me a foundation for understanding how the needs of the whole patient must be addressed. Beyond patients' physical medical needs,



nurses are attuned to a patient's emotional and spiritual needs that maintain the dignity of the person," she notes.

Sean McKibben, president of Mount Carmel West, says that Jill's leadership skills and ability to make sure people are collaborating well are vital to the success of the project.

"Jill is passionate and innovative – her vision and experience as a practicing RN, coupled with her business acumen and patience, have resulted in valuable contributions to our historic project. We are so fortunate to have her," he says.

Redesigning Patient Rooms

In addition to clinical oversight for the new Grove City hospital, which is slated to open late in 2018, Jill is also responsible for collaborating on the modernization project at Mount Carmel East. Along with other improvements, a new 5-story patient care tower and interior reconstruction of the existing patient tower, will convert the campus to all private rooms.

"I'm excited about the new design for patient rooms," says Jill. "Rooms at both East and Grove City will have an identical footprint and be acuity adaptable. Size, design elements, bathrooms and equipment will make it easy for colleagues to transition from one site to another," she says.

In addition, both hospitals will feature an innovative decentralized open core nursing model that – instead of having a traditional centralized nursing station – calls for a centralized hub on each floor, with two-person work stations decentralized down the hall.

"There will be at least one decentralized nurse work station for every four patient rooms, with ratios flexible depending on patient acuity," Jill explains.



Mount Carmel Health System is expanding in Grove City. A serene and healing campus.

“This new model is designed to improve the patient and staff experience as the nursing staff, medications and supplies will be in closer proximity to the patient’s bedside. We expect that both the nurses and patients will enjoy the new design,” she adds.

Redefining Healthcare

“Mount Carmel Health System – as part of Trinity Health – is focused on providing the best in health and healing for the communities we serve,” says Sean. “Trinity’s more than \$700 million investment in central Ohio is indicative of support for Mount Carmel’s vision, which goes beyond the bricks and mortar buildings patients enter in their time of need.”

He explains that Mount Carmel is taking a three-pronged approach: modernizing facilities at all sites, including Franklinton; improving access to care and access to tools to help people stay healthier; and providing better care more efficiently, which leads to more affordable care.

“For example, at the Mount Carmel Healthy Living Center (formerly known as the Community Health Resource Center) on the campus of Mount Carmel West, we can provide education and resources that demonstrate and promote wellness so that we can prevent the need for hospitalization as much as possible. With this new model, we’re getting in front of ‘just’ providing sick care, to helping prevent illness and injury in the first place – that’s better for people and better for healthcare,” he adds.

Revitalizing College of Nursing Campus

The relocation of inpatient services from Mount Carmel West to Mount Carmel’s Grove City campus will open space for much-needed expansion of the Mount Carmel College of Nursing. Over the last decade the growth of the College has been phenomenal.

According to MCCN President Christine Wynd, PhD, RN, the traditional four-year Bachelor of Science in Nursing program for the 2015–16 academic year is at capacity. Overall, the College has outgrown its current space; the opportunity to expand to meet the needs of future students, in both undergraduate and graduate programs, is welcome.

“The Mount Carmel West campus will transition into a vibrant, urban outpatient and education campus,” Sean explains. “The full-service, 24-hour emergency department, along with the Healthy Living Center, outpatient services, primary care offices, imaging and lab services will serve as a new model of care for urban areas,” he notes.

College of Nursing students and the community will also enjoy expanded green space – contiguous to the beautiful Woman of Spirit Park – when some of the oldest buildings, including the 1920s-era Sister Rose Thomas Hall, are razed. And, College of Nursing faculty and staff will have access to much-needed office and classroom space by expanding into the current Medical Staff Office Building, which was built just 30 years ago.



“All of this growth for the College and revitalization of the campus will create new opportunities for partnership and collaboration within the Franklinton community – which in turn means better health for those we serve,” says Sean.



The “Woman of Spirit” sculpture – located in green space that will be expanded – was dedicated in 1987 to Sister Gladys Marie, CSC, who was president of Mount Carmel Health System from 1984 to 1987, and to the Sisters of the Holy Cross “whose caring mission and healing ministry have made The Spirit of Life radiantly manifest to the sick, the poor, the elderly, the homeless and multitudes of others whose lives have been touched by Mount Carmel Health System.”

Meet Jill Wallace

Jill Young Wallace, RN, a member of the Class of 1973, Mount Carmel School of Nursing, is clinical project liaison for Mount Carmel Health System’s expansion project in Grove City.



Jill, who is a grandmother to six, worked in clinical nursing for several years before realizing she had a knack for understanding the business side of healthcare. She enrolled at Otterbein University – attending classes in the evenings so that she could tend to her young family – and graduated with a bachelor’s degree in business in 1987.

“I’ve used my education to branch my career, but have always maintained my RN licensure, as that’s where my heart lies,” says Jill. She transitioned to planning and marketing for Mount Carmel, helping with startup of the System’s PHO (physician-hospital organization) HealthPartners, where she managed credentialing and quality initiatives for physicians in the group.

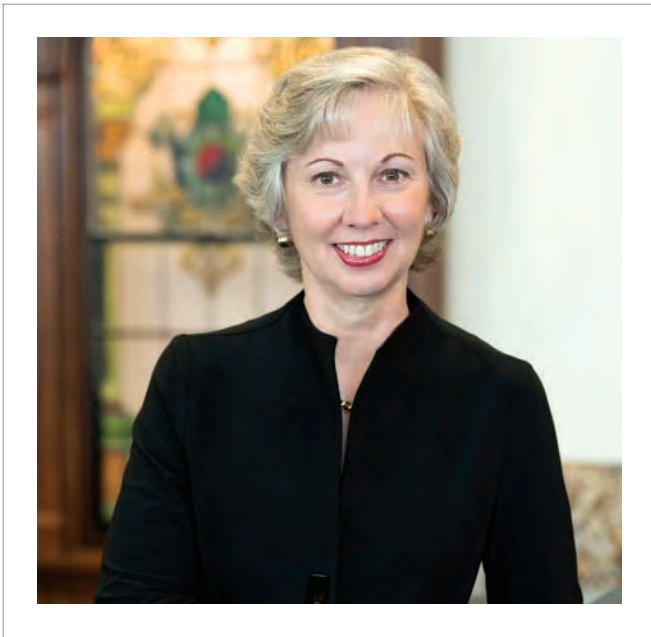
In 1998, Jill branched out again, this time as part owner of an assisted living facility, which she opened. She and her co-owners sold the business – The Inn at Lake View, in Groveport – in 2006 and Jill stayed with the company for another two years.

“When I had the opportunity to return to Mount Carmel in 2008 to take a job in Regional Development, I was delighted to return to my roots,” she says. “And four years later, when I had another opportunity to return to the West campus in Medical Staff Development, I felt like I was home again.”

Architects were engaged in 2013 to begin the scenario planning process for the potential of a new hospital in Grove City and Jill was asked to sit in on some meetings from time to time.

“I was very caught up in the excitement of the project, and when Sean McKibben asked me to step into the role, I did not hesitate for a second,” Jill says. “This is where my business background and nursing knowledge really come together and I can blend all my skills doing something that I love!”

A Message from the Mount



Dear Friends,

I am very excited about the future of Mount Carmel College of Nursing. I was named your president nearly a year and a half ago and, since that time, we have been moving forward continuously to strengthen and enhance the excellent nursing education we provide to prepare 21st century nurses at the highest level possible.

As part of that effort, we created the new position of academic dean, which has been filled by Tara Spalla, PhD, RN. Dr. Spalla is tasked with close supervision of academic programs to ensure outcomes excellence in terms of retention, graduation, employment and state board exam pass rates for our undergraduates. We were also successful in recruiting a nationally recognized nurse scientist, Dr. Jill Kilanowski, who now serves as associate dean for Graduate Nursing Programs and will also lead our new Doctor of Nursing Practice (DNP) degree program (see page 6), which underscores our commitment to scholarship and research.

I've further aligned our organizational structure to reflect contemporary structures in other colleges and universities and created a Presidential Cabinet consisting of my direct reports. We meet regularly to discuss College business that

broadly affects everyone around the table. My greatest goal is to build a team of experts working closely with one another and using their expertise to make Mount Carmel the very best educational institution for serving the public by producing great nurses.

As you may know, our current freshman class – the Class of 2019 – will be the 25th undergraduate cohort to earn the Bachelor of Science in Nursing (BSN) degree at Mount Carmel since we transitioned from a School of Nursing in 1990 to become a College. The 25th milestone of our collegiate program was met with enrollment at full capacity and with prospective students eager to begin their nursing journeys at the College. This is a testament to our quality and our reputation.

Also in testament to the excellence of Mount Carmel are the amazing careers of many of our graduates, which I hope you enjoy reading about in this issue: Jill Young Wallace ('73), RN, who is part of Mount Carmel Health's expansion and modernization program; Jill Trego Rill ('77), RN, our new Alumni Association president who has been at Nationwide Children's Hospital nearly 40 years; our Distinguished Alumna Mary Reis Stout ('65), who was the second president of the Vietnam Veterans Association; and many others.

I was truly overwhelmed with pleasure in meeting so many of our alumni at Homecoming in October. I graduated in 1974 from a small Catholic college in Cleveland (Saint John College), where I lived in the dorm. My college friends continue to be close and dear – this I have in common with my new Mount Carmel Alumni friends. I really look forward to meeting more of you on one of my "road trips" or when you visit the College. And, I'm looking forward to 2016 with great excitement for our very strong future.

Sincerely,

A handwritten signature in black ink that reads "Christine A. Wynd". The signature is written in a cursive, flowing style.

Christine A. Wynd, PhD, RN
President

CALENDAR OF EVENTS

COLLEGE CALENDAR 2016

- May 7 2016
Commencement
- May 9 2016
Summer Session Begins
- Aug 11 2016
Convocation

ALUMNI ASSOCIATION HAPPENINGS

- May 2 and 3 2016
Alumni Association Breakfast for
Students during Final Week
- Oct 22 2016
Annual Alumni Homecoming

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MOUNT CARMEL HEALTH



A NEW PICTURE OF GRADUATE NURSING EDUCATION

M

ore than a dozen years ago, Mount Carmel College of Nursing (MCCN) expanded excellence in nursing education by adding graduate education to the already well-regarded undergraduate baccalaureate program. In August 2015, our program expanded again with the addition of the online Doctor of Nursing Practice (DNP) program.

Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, who joined MCCN earlier this year as Associate Dean for Graduate Nursing Programs and is responsible for overseeing the master's and doctoral programs, notes that five years ago the Institute of Medicine (IOM) and the Robert Wood Johnson Foundation released a report, *The Future of Nursing*, which recommends doubling the number of nurses in the U.S. workforce who are prepared at the doctoral level. Further, the American Association of Colleges of Nursing (AACN) urges nurses to increase their educational level to keep pace with the rapidly evolving healthcare environment.

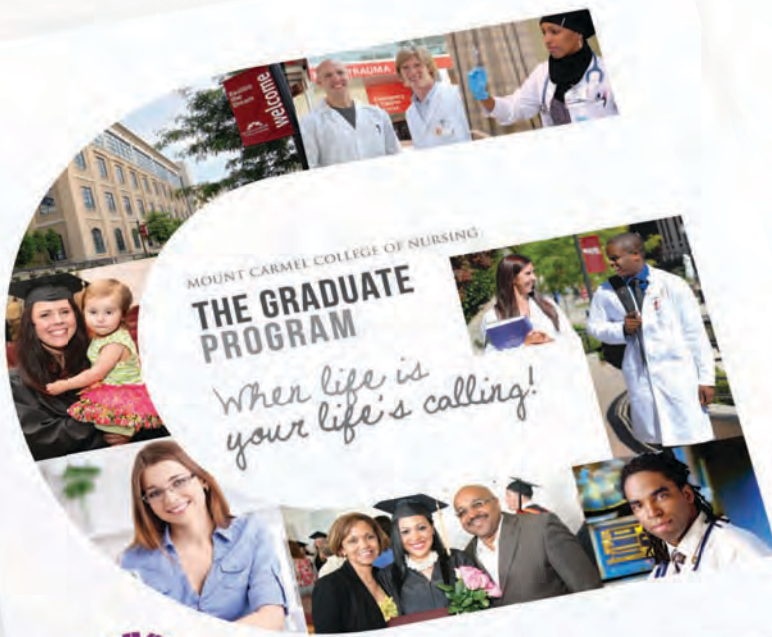
“My vision for the future of the Graduate Program at Mount Carmel is to enhance its inherent excellence and to remember our mission and philosophy as we adapt our program to changing healthcare needs,” Dr. Kilanowski says.

“When Dr. Wynd invited me to join Mount Carmel, I was very excited. With the College being a faith-based organization, I – along with students, alumni, faculty and staff – can live out and practice our values. My door decoration says, ‘Faith, Family, Friends.’ Mount Carmel is a good fit for me.”

Dr. Kilanowski adds that an extremely strong faculty, including Penny Marzalik, PhD, RN, APRN, CNM, who is the DNP program director and associate professor, along with several newly hired, well-respected and experienced doctoral-prepared nurse educators and researchers, bodes well for the program.

Doctor of Nursing Practice (DNP) is New and Online

Master of Science Program Continues Strong



MOUNT CARMEL
College of Nursing

Master of Science-Prepared Nurses have Increased Role

"It's clear that – with the advent of the Affordable Care Act – there is a crucial role for Nurse Practitioners as well as DNPs," says Dr. Kilanowski. "Full practice authority for advanced practice nurses has been approved by 21 states and the District of Columbia. Ohio House Bill 216, also known as the Modernization of Nurse Practice Act, will provide greater patient access to care, reduce emergency department visits, save healthcare costs, and recognize the important role that a Nurse Practitioner (NP) plays as an independent, autonomous healthcare professional," Dr. Kilanowski says.

"I feel it is just a matter of time before Ohio follows suit and responds to the changing healthcare needs of its citizenry. The NP prepared at MCCN will be qualified for this future role," she adds.

MCCN began the Master of Science (MS) degree program in 2003 with an enrollment of 16 students. Since that time, growth has been steady, and in May 2015, 47 graduates were awarded the MS degree, bringing the total number conferred to more than 200 since the program's inception.

Today, the Master of Science program features four tracks, three of which are a hybrid of classroom instruction and online classes, and one of which is completely online:

- Adult Gerontology Acute Care Nurse Practitioner (AGACNP) – hybrid
- Family Nurse Practitioner (NP) – hybrid
- Nursing Administration – hybrid
- Nursing Education – all online

Meet Dr. Jill Kilanowski



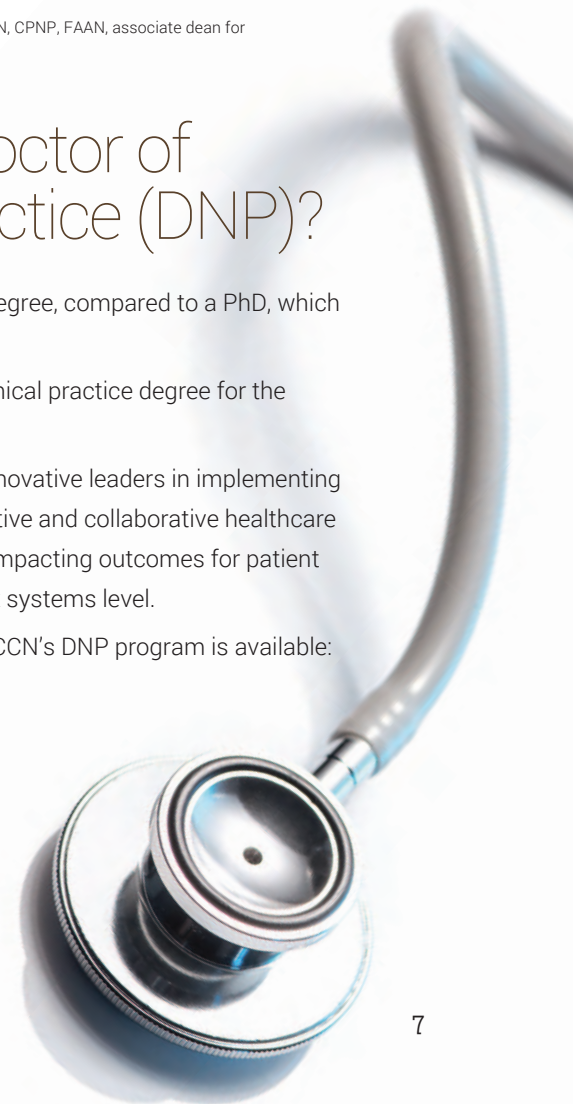
Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, a certified nurse practitioner, nurse scientist and educator, brings nearly two decades in nursing education at various institutions, including Michigan State University, Case Western Reserve University and The Ohio State University, among others.

She is a past president of the Ohio chapter of the National Association of Pediatric Nurse Practitioners and serves on its research committee. Her research interests focus on the health of children and families of migrant agricultural workers. She earned her PhD from The Ohio State University and both a Master of Science in Nursing (MSN) and Bachelor of Science in Nursing (BSN) from Columbia University in New York.

Pictured above: Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, associate dean for Graduate Nursing Programs

What is a Doctor of Nursing Practice (DNP)?

- DNP is a **nursing practice** degree, compared to a PhD, which has a **research** focus.
- DNP is the highest-level clinical practice degree for the nursing profession.
- DNP prepares nurses as innovative leaders in implementing evidence-based, cost-effective and collaborative healthcare solutions, while positively impacting outcomes for patient populations at the complex systems level.
- More information about MCCN's DNP program is available: www.mccn.edu/DNP



EVERY PICTURE TELLS A STORY



"Mission of Mercy: Florence Nightingale Receiving the Wounded at Scutari," painted in 1857 by British artist Jerry Barrett, is the subject of the academic research study "Every Picture Tells a Story: Critiquing a Professional Nursing Relationship in Barrett's Paintings of Florence Nightingale at Scutari." To the left of Nightingale (behind kneeling soldier) is her close ally, Mother Mary Clare Moore. Printed with permission of the National Portrait Gallery, London.

© National Portrait Gallery, London.

"The Crimean War is the first time female nurses were sent to a war zone," says Mount Carmel College of Nursing President Christine Wynd, PhD, RN. "Prior to the nurses' arrival on the Crimean Peninsula, more than 1,000 soldiers died of cholera before the first shot was fired. Florence Nightingale, and her ally Mother Mary Clare Moore, who was a member of the Roman Catholic Irish Sisters of Mercy, unquestionably demonstrated that cleanliness, nutrition and comfort provided by professional nurses maintaining a well-ordered environment, saves lives," she says.

Dr. Wynd and her co-researcher, Dr. Mary Beth Zeni of Ursuline College, completed their research in 2014 to critique differences between artist Jerry Barrett's oil study and his final painting of Nightingale and Moore receiving the wounded. The oil study does not include Moore; the final painting (above) does. Their academic aim was to ascertain the historical significance of the final painting in regard to the relationship between Nightingale and Moore and other key figures in the painting.

"The two women, who had been placed together to co-lead nurses in providing care for the wounded, developed a very positive relationship for nursing leadership," notes Dr. Wynd. "This was during the Victorian era when such relationships were challenged by profound gender, social, economic, class, ethnic and religious boundaries. Despite these negative dynamics and strong societal restrictions, their shared vision of relieving the suffering of patients and improving environmental conditions in military hospitals is unprecedented," she adds.

Drs. Wynd and Zeni determined the importance of this relationship is illustrated by the inclusion of Moore in the final painting, and continuation of the relationship influenced a model of early nursing education, leadership and professionalism. In the Fall of 2014, they presented their academic research in Dublin, Ireland, at the 15th Healthcare Interdisciplinary Research Conference.



THE *Art* OF FRIENDSHIP

Members of the Class of 1963 with their nursing memorabilia are: (first row, left to right): Nancy Johnson McNichols brought her diploma; Mary Ann Cunningham Smith holds her graduation photo; Phylis Motz Crook brought her class composite; and Sondra Young Abernathy wore her barely visible nursing cap and held her class photo from the 45th Homecoming reunion. (Back Row, left to right): Mary Jane Bradley wore her nursing pin and employee name badge; Eleanor Hagerty Kennedy wore her nursing cap and cape; Pat Brown Gates wore her nursing pin and employee name badge; Peggy Horvath brought her graduation photo; and Patricia Binkiewicz Reinhart held a newspaper article announcing graduation.

In May, classmates from the Class of 1963 enjoyed a visit to the Columbus Museum of Art where they viewed a special exhibit, “Shine On: Nurses in Art.” Through paintings, sculpture, textiles, prints and photos that span centuries, the exhibit traced the many contributions nurses have made to society.

During Nurses Week, admission to the exhibit was free for nurses with identification. When the museum staff was asked how the retired alumni could make themselves known as nurses, they were told to “be creative.” The class of 1963 took that to heart, bringing a variety of things that show them as nurses.

“Any opportunity to be with classmates is always a treat,” says Phylis Motz Crook (’63), alumni volunteer, “but seeing all these images of nurses caring for patients – physically, emotionally and spiritually – was quite a moving experience and one that I was glad to be able to share with my classmates. It was almost like doing clinicals together again.” Mount Carmel College of Nursing was a Major Sponsor for Shine On: Nurses in Art.



Pinning and Commencement 2015

Dreams Realized



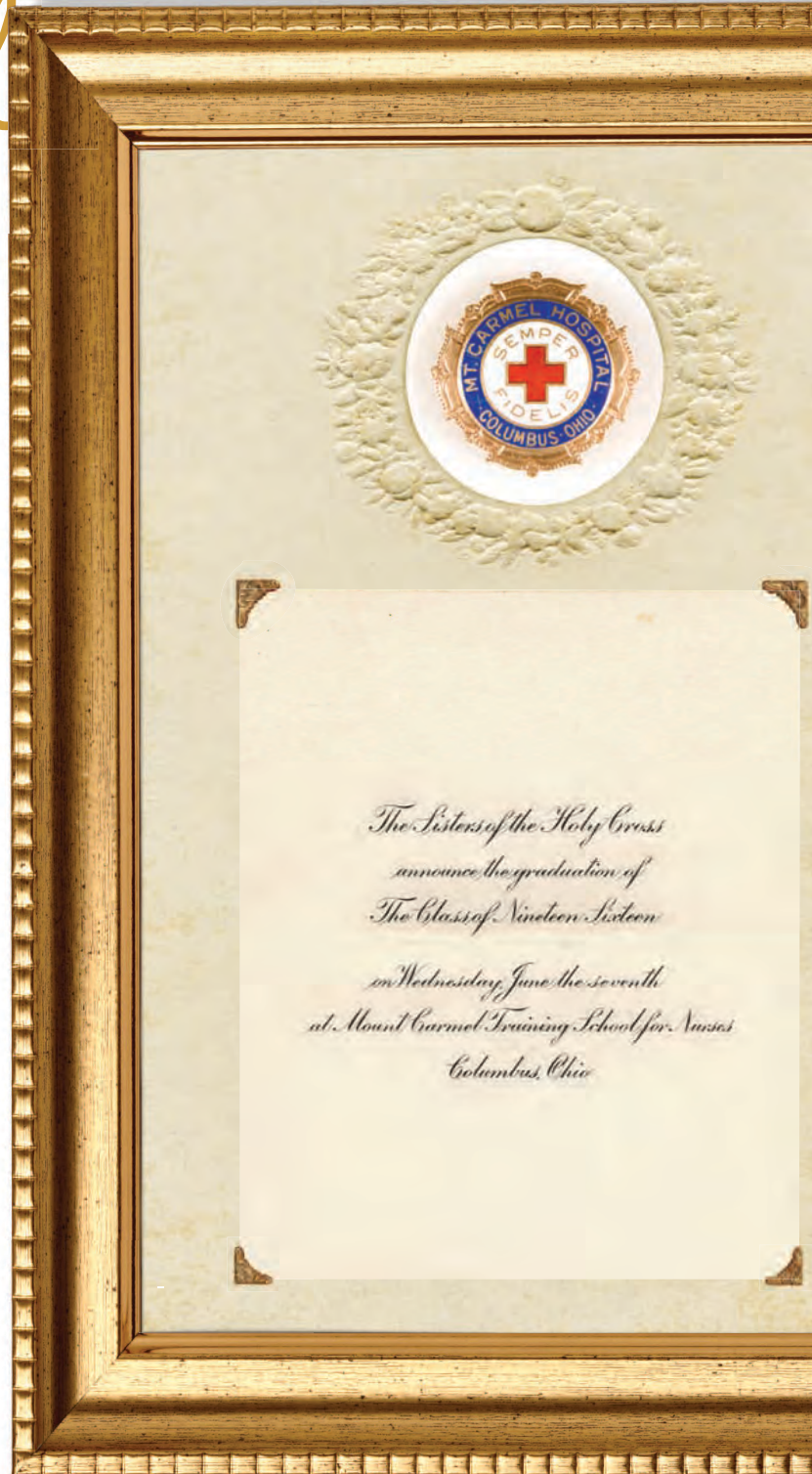
"As a nurse, we have the opportunity to heal the heart, mind, soul, and body of our patients, their families and ourselves. They may forget your name, but they will never forget how you made them feel."

- Maya Angelou

On Friday evening May 8, undergraduate members of the Class of 2015 received the beautiful Mount Carmel College of Nursing gold pin at the Pinning and Recognition. The tradition of awarding graduates a uniquely designed pin that symbolizes completion of the program began in 1880 when Florence Nightingale, who began the first professional school for nurses, designed a pin that would distinguish graduate nurses. The first Mount Carmel pin, designed in 1906, was presented to the 13 members of the first graduating class of the School of Nursing.

On Saturday, May 9, 205 graduates – representing the traditional undergraduate program at both the main Columbus campus and Fairfield Medical Center campus, as well as the Online RN-BSN Completion Program – were awarded the Bachelor of Science in Nursing (BSN) degree. The Master of Science degree was awarded to 47 graduate nurses, representing all four tracks of the master's program.

President Christine Wynd, PhD, RN, presiding over her first MCCN Commencement, welcomed students, families and friends, faculty and staff, and honored guests. Dr. Wynd shared a quote by the late poet Maya Angelou (see above) and advised graduates to "keep alive the faith, determination and belief in yourselves that brought you thus far." She also reminded them that if they ever have a day where they feel overwhelmed, they should remember her favorite quote: "Keep Calm and Carry On!"



At Commencement on Saturday, May 9, cheers and applause erupted when Jill Trego Rill ('77), RN, president of the Mount Carmel Alumni Association, began her address by methodically removing her academic beret and replacing it – bobby pin by bobby pin – with her white Mount Carmel nurse's cap. She explained that when she graduated from the School of Nursing in 1977, the white cap was a long-respected symbol of the achievement required to enter the profession of nursing. Jill, who has worked at Columbus' Nationwide Children's Hospital since two weeks following her graduation, told the graduates that "nurse" is a verb – a word of action. She advised the new alumni to be active in their community and professional organizations, and become and stay involved with the Alumni Association – where they can maintain ties with classmates and their alma mater that will last a lifetime. To view Jill's remarks, visit www.youtube.com/mccn.edu



Melanie Dreher, PhD, RN, chair of the Board of Directors for Trinity Health, Mount Carmel Health System's parent organization, was 2015 Commencement speaker. Dr. Dreher told graduates that learning to become a nurse is not easy because it's not just a job – it's a special practice, a vocation, a calling and a ministry. She referenced *Heroism as a Nursing Value* by Vassiliki Lanara, saying that, as nurses, graduates will be called to heroism in their daily work, as they advocate for those who are vulnerable and suffering.

President of the Student Nurses Association at MCCN during her junior and senior years, Allie Krebs (left), received her BSN at 2015 Commencement. Her mother, Pat Krebs, who is system director of Spiritual Care at Mount Carmel Health System, congratulates Allie on her magna cum laude achievement. Allie is employed on the medical cardiac surgical ICU at Mount Carmel West.



Kathy (right) and Megan McLain have a lot in common: Mother and daughter each earned a nursing degree. Kathy, who is an instructor in MCCN's Second Degree Accelerated Program (SDAP), received a Master of Science (MS), and Megan received a Bachelor of Science in Nursing (BSN). Now the two are realizing their dreams: Megan works in the ED at Mount Carmel West and Kathy continues as instructor, with both planning to further their nursing education.

Historic Invitation: This Mount Carmel School of Nursing pin was given to Frances Willard Lafayette Seimer at her graduation in 1916. She put a photo of her husband on the back (pictured) so he would always be near her while she worked. A family member donated these items to MCCN after Frances passed away.



WELCOME CLASS OF 2019!

Our new tradition, a colorful Convocation Processional started by Dr. Wynd in her first academic year, heralded the arrival of the 112th academic year. The Class of 2019 will be the 25th cohort to earn the Bachelor of Science in Nursing (BSN) degree since the School of Nursing transitioned to the College of Nursing in 1990.



COLLEGE QUICK READ

Christine Wynd, PhD, RN, attended the 8th Annual Ohio Presidents Conference, an event focused on strengthening higher education, held at the U.S. Capitol last March. Dr. Wynd (*right*) was personally invited by event sponsor Ohio Senator Sherrod Brown (*left*) to serve on the host committee. Dr. Wynd also met with Senators Lamar Alexander and Patty Murray. Other speakers and guests representing Ohio included Senator Rob Portman, Congresswoman Joyce Beatty and Richard Cordray, director of the Consumer Financial Protection Bureau.



> **Three faculty members** presented “Evaluating the Use of Adaptive Courseware to Improve the First Year Experience in STEM (Science, Technology, Engineering and Math) Courses,” at the Inaugural Conference, Ohio Project Kaleidoscope – Increasing STEM Success in Higher Education, held at Otterbein University, May 16. The research of Kimberly Loscko, DVM, associate professor; Darrell Spurlock, PhD, RN, NEA-BC, associate professor; and Heather C. Houchard, MPH, instructor, demonstrates that blended learning increases active participation and student engagement.

> **Jan Burkey** retired in July as director of Development for the College after 13 years at MCCN. She made a big impact as the first dedicated development officer for the College, having established a formal program that aligns with the principles and protocols of higher education fundraising. In addition to serving as the driving force to create The Ann E. Schiele Presidential Endowment Fund, which generated more than \$1.2 million for student scholarships, academics and research, community partnerships, and collaborative initiatives, Jan raised much-needed funds for other initiatives, as well as “friend-raising” numerous friends for the College. She is wished well in her retirement.

> **Alyssa Fry**, director of Institutional Advancement for the College, succeeds Jan Burkey. Fry joins the office of College Relations, responsible for all College fundraising efforts, working closely with Dr. Wynd, and in partnership with Robin Hutchinson Bell, director of College Relations, and Debbie Boggs, director of Alumni Relations. She has been with Mount Carmel since 2010, most recently with the Mount Carmel Foundation/Institutional Advancement.



Tanika Cherry-Montgomery, PhD, RN-BC, coordinator of the Second Degree Accelerated Program (SDAP), wrote a grant application that resulted in the Robert Wood Johnson Foundation's recent award to MCCN of a New Careers in Nursing \$50,000 grant to fund scholarships for students enrolled in SDAP. Five \$10,000 scholarships will be awarded to students who are considered underrepresented in nursing. This is the third year MCCN won the grant, which is specifically for accelerated nursing programs.

Stevo Roksandic, MBA, MLIS, AHIP, regional director of Mount Carmel Health System's Library Services, was named a "Mover and Shaker" in the library industry in the March 15 issue of *Library Journal*, a national publication. Stevo, who joined Mount Carmel in 2003, was selected for this honor, not only because of his commitment to the profession and his efforts that have expanded library services, but also because he is among those "Movers and Shakers" who are transforming libraries themselves in the 21st century.

Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, associate dean for Graduate Nursing Programs, presented a poster, "Exploring Influences of Healthy-Eating Decision-Making in Early Adolescent Children of Latino Migrant Farmworkers," at the 12th Annual International Family Nursing Conference held in Odense, Denmark, in August. Her research and presentation were supported during her tenure at Michigan State University College of Nursing. In addition, she presented a poster in October, on "Mixed methods pilot study: Healthy-eating decision-making in adolescent children of Latino migrant farmworkers," at the National Institute of Nursing Research's 30th Anniversary Scientific Symposium and Poster Session in Bethesda, Maryland.

of Diversity and Inclusion; Robin Hutchinson Bell, BA, director, College Relations; Joanna Worthington, BA, coordinator, College Relations; Aurora Stromberg, College Relations intern; designer Sheila Cooney, Cooney Design; and consultant, Jaron Terry, MS, APR. In April, a Prism Award, of the Public Relations Society of America, was given in recognition of publication excellence for *the Lamp*.

MCCN Faculty and Staff who were recognized at Mount Carmel Health System's 2015 Excellence in Nursing recognition program in September are (from left to right): Hannah O'Handley, MSN, RN, PNP; Janet Sheppard, MSN, BSN; Peggy Shaw, MSN/ED, BSN, RN, OCN; Pamela Welshon, RN, MS CNS; Jennifer Saffell, MSN, FNP-BC; Robin Hutchinson Bell, BA; Jennifer Jenkins, MHA, BSN, RN; Barbara Barta, PhD, RN; Deborah Huff, APRN, BC; Sue Yeo, MEd; and Erin Dougherty, MSN, RN, CPNP. (Not available for photo: Dale Hilty, PhD.) Along with winners from other areas throughout Mount Carmel Health System, the honorees' collaboration and commitment to nursing have earned them the respect and recognition of their peers. Congratulations!



AWARDS AND ACCOMPLISHMENTS

MCCN's College Relations department is recognized for excellence: In February, two Gold Awards, of the Collegiate Advertising Awards and the 30th Annual Education Advertising Awards were given in recognition of the total public relations campaign for the Presidential Inauguration of MCCN President Christine Wynd, PhD, RN. The Gold Award recognized the group effort of: Dr. Wynd; Sister Barbara Hahl, CSC, Mount Carmel senior vice president of System Mission; Jan Burkey, director of Development; Kathy Espy, BA, director

Darrell Spurlock Jr., PhD, RN, NEA-BC, director, Office of Scholarship and Institutional Effectiveness, was among 22 nurse educators nationally to be inducted in October as a fellow into the prestigious Academy of Nursing Education by the National League for Nursing. In a competitive process, applicants are evaluated based on their contributions to innovative teaching and/or learning strategies; nursing education research; faculty development activities; academic leadership; promotion of public policy that advances nursing education; and/or collaborative educational, practice, or community partnerships.

WORLD TRENDS

GREETINGS FROM YOUR ALUMNI ASSOCIATION



Dear Fellow Alumni,

When my parents and I visited Mount Carmel more than 40 years ago, I knew I was “home,” as it was the only choice for me. I know that students of today share that same feeling! It is a privilege to serve as your president! I promise to do my absolute best to advance the vision and mission of the Association.

One of the ways you can help is to be involved. It is so important that our students, faculty and staff know that you support their journey and how your fellow alumni are staying engaged – regardless if they are in central Ohio or across the country.

I look forward to serving the Association and you, and I ask that you begin planning now for how you will get – or stay – involved. To find out what you can do, contact Debbie Dunn Boggs ('75), RN, director, Alumni Relations, at (614) 234-5681 or dboggs@mccn.edu.

Sincerely,

Jill Trego Rill ('77), RN

Meet Jill Rill

JILL TREGO RILL, RN, is a 1977 graduate of Mount Carmel School of Nursing. She joined the Alumni Association Board in 2004 as chair of the Scholarship Committee, and became Board president in March 2015. Two weeks after graduation, Jill joined Nationwide Columbus Children's Hospital as a staff nurse on the Neurosurgery Unit; 38 years later, she is a care coordinator/discharge planner for Neurology, Neurosurgery, and ENT.

“I always knew I wanted to work with kids, and it's truly been a labor of love all these years,” she says adding that she was inspired to nursing during her high school years, by TV shows such as *Julia*, *Medical Center*, and *M.A.S.H.*

Her honors include Nationwide Children's *From the Heart Award*, finalist for *Employee of the Year* and, most recently, being recognized by the House Staff Residents with their *2015 Award for Generous Assistance and Exemplary Service*.

A native of Ashville, Ohio, Jill met her husband, Roger, at Children's. They are about to celebrate their 35th anniversary, and are the parents of Susan, Alan, and two Golden Retriever “granddogs.” Jill enjoys traveling, 5K walks, concerts, discovering new breakfast places, and always, just being a mom. Last Christmas, Roger established a \$1,000 MCCN scholarship – Jill Marie Trego Rill Scholarship – for students interested in pediatric nursing.

The Alumni Association
is a great way to
stay in touch.

Kathy Espy: Living Legend

Kathy Espy, BA, director of Diversity and Inclusion, was honored by being named a “Living Legend” in the 2015 edition, *Who’s Who in Black Columbus*. Kathy’s association with Mount Carmel began in 1990 as a trustee on the Mount Carmel Foundation board, which led to her service as the first African-American member of the MCCN Board of Trustees. Her advocacy to support minority students in their journey to become professional nurses led to her current position. Through the “Learning Trails” program, which she developed, she not only supports and encourages students, allowing them to maximize their opportunity for personal success, but also positively impacts retention and graduation rates. A graduate of The Ohio State University in speech pathology and audiology, and a Toledo native, she is married to Attorney Ben Espy; they have four grown daughters and eight grandchildren.

MCCN faculty also included in the publication include: Kim Campbell, PhD; Shirley Cooley, PhD, RN, CNE, C-EFM; Janet Sheppard, MSN, BSN, BA; and Tanika Cherry-Montgomery, PhD, RN-BC.



**WHEN LIFE IS
YOUR LIFE'S
CALLING**

Mount Carmel College of Nursing

Introduction of New Tagline

An important element of branding is use of a tagline: the few words that – in a catchy and memorable way – further define an organization’s program and services. For example, in recent years, MCCN has been identified by “Realize Your Dream.” Our College Relations department has developed a new, fresh tagline: “When Life is Your Life’s Calling” that will appear in advertising, social media and College publications.



an afternoon in TUSCANY

The 2015 Annual Homecoming and Annual Meeting of the Mount Carmel Alumni Association Membership, held October 24 at the Mount Carmel College of Nursing, evoked the essence of Northern Italy.

The theme, "An Afternoon in Tuscany," was complete with everything but gently rolling vineyards and the wine for which Tuscany is so well known. However, the beautiful tables and decorations – prepared by Melissa Stacy-Cull ('05 and '12), MSN, BSN, RN, Homecoming Committee chair and friends – suggested the sublime simplicity of alfresco dining, as long-time friends reconnected and reminisced about their days of learning at Mount Carmel.



Dorothy Gorenflo
to the beautiful quilt
and donated to r

an afternoon in
TUSCANY



MCCN President Christine Wynd, PhD, RN, visits with alum prior to her remarks, where she provided an update on what's new at the College and thanked alumni for their devotion to Mount Carmel and financial support of its students, faculty and staff. Dr. Wynd enjoyed visiting with Honor Class members from 1945, the earliest honor class represented. Betty Noblick Ohler (*left*), Dr. Wynd and Irma Competti Biancamano enjoy conversation.

Class of 1965 –
50-year Honor Class



Class of 1975 celebrating their 40th and showing off their pins.



Members of the Class of 1985 in attendance are Kelly Strausbaugh, Lori Fravel Petruska and Scott Tritt.



Cluff ('42) standing next to quilt she designed, made to raise scholarship funds.



Sixty years ago, Mary Evans Watson (*center*) graduated as a member of the Class of 1955. She and her guest Maria Watson (*left*) visit with Chris Kauffman Hofmeister ('76).



Victoria Lawyer, Class of 2016 (*center*), is the 2015 MCAA Student Scholarship recipient. Pictured with her are Sandy Parker ('97) (*left*), Scholarship Committee chair, and Dr. Wynd. The \$3,000 scholarship was paid directly to the College toward Victoria's tuition.

Annual Golf Invitational Helps Students Realize Dreams

The Mount Carmel Foundation celebrated another successful Golf Invitational benefitting Mount Carmel College of Nursing (MCCN). The nearly \$110,000 raised from this event will help many students realize their dreams of becoming professional registered nurses. More than 90 percent of MCCN students receive financial aid each year.



Several golfers enjoyed the day while raising funds to support scholarships for MCCN students. Among golfers are (left to right): Claus von Zychlin, president and CEO, Mount Carmel Health System; Ron Tozzi, senior vice president of Sales, PNC Bank; Dr. Christine Wynd, president, MCCN; Mike Gonsiorowski, central Ohio president, PNC Bank; and George M. Gevas, senior vice president, Corporate Banking, PNC Bank.



This foursome had a great day on the links, (left to right) Ethan Finley, Columbus Crew; Justin Sanford, Mount Carmel Foundation; Chuck Tennenbaum, Buckeye Subway; and retired physician, Dr. Richard Briggs.



School of Nursing Alumna Makes Connections



Mary Rodocker ('63), PhD, MS, and her husband during a visit with School of Nursing classmate, Barbara Hughes Lafreniere, and her husband in Montreal.



Mary and her husband in San Francisco.

As a little girl growing up in Zanesville, Ohio, Mary Rodocker ('63), PhD, MS was a dreamer – reading voraciously and looking forward to the day her own adventure would begin.

“The day I stepped into Mount Carmel School of Nursing I knew I’d made the right choice,” says Mary, who today is a clinical psychologist in private practice in Palo Alto, California, with her husband of 40 years, Robert Badame, PhD. She has specialized with infertility patients since 1985. “The coursework at Mount Carmel was very stimulating and I got a job right after graduation at Cincinnati General Hospital,” Mary recalls. “But I was eager to learn more, so I earned my BSN (Bachelor of Science in Nursing) at The Ohio State University.”

Still feeling there was more to learn, she applied for graduate school, along with Patricia Knight ('64), one of her Mount Carmel friends. Moving to San Francisco in 1968, a new chapter opened for Mary, who worked as a public health nurse before continuing her education.

“I had always been drawn to the psychological and emotional aspects of dealing with health and illness, searching for ways to have more connections with patients and families in my short nursing career,” she says. Earning her master’s degree in Community and Mental Health Nursing from the University of California not only allowed her to make those longed-for connections as a licensed marriage and family counselor, but also positioned her for the next step in her career.

“At that time, nurses were overshadowed by – rather than viewed as collaborators with – physicians. I knew I was capable, smart and accomplished in my own right, and so once again, I went back to the classroom, earning my PhD in Psychology in 1989, she says.

Mary, who says she has always been a “late bloomer,” met her husband at age 30; today the professional partners (and best friends) have one daughter and a two-year-old granddaughter. “As I grow older, I am increasingly appreciative of the role Mount Carmel played in my personal and professional formation – of all the education I’ve received, it’s the one class reunion I always look forward to attending,” she adds.

MOUNT CARMEL

"Greatest Generation"



On the occasion of their mother's 80th birthday in 2000, the Rodenfels children assembled a beautifully printed "scrapbook" to commemorate her love of family, faith and life.

Martha graduated from high school in 1938. After attending Mount Carmel Nursing School and graduating in 1941, she then went on to work as a nurse at Mount Carmel Hospital. She was eventually made a supervisor in the maternity ward. At this time, Martha was living with her sister Joan in the Belmont Apartments at 630 East Town Street, Columbus, Ohio.

ALUMNA AMONG

Martha Ann Ims Rodenfels ('41)

According to noted journalist Tom Brokaw, the year Mount Carmel School of Nursing alumna Martha Ims Rodenfels was born – 1920 – was an “auspicious year to enter the world as an American citizen.”

Dubbed by Brokaw as the “Greatest Generation,” Martha and her cohorts were born the same year women won the right to vote and the first radio signals were crossing the country. By the time she and her classmates graduated from Mount Carmel, America had weathered the Great Depression and all of Europe was embroiled in what would later be called World War II.

Charlie Rodenfels, youngest child of Martha and John, whom she wed in 1946, never thought of his mother as part of this generation until the priest who celebrated her funeral Mass reminded everyone that, indeed, she was among those whose contributions – although not on the battlefields of Europe or seas of the Pacific – were of great importance in ensuring America’s enduring success.

“In March, while listening to Father Tom’s eulogy, it occurred to me that Mom was the ‘Commander in Chief’ of our household,” he recalls. “She created a schedule, had a place for everything and ran the household with military precision. My six siblings and I adhered to her ordered routine and thrived in it.”

At their mother’s knee, the Rodenfels children learned an ethic of discipline, frugality and stewardship, even though they grew up in a relatively privileged environment with their family owning and operating two Chevrolet dealerships in Columbus and Cleveland. Perhaps Martha brought her training from Mount Carmel – and later experience in pediatric and OB/GYN nursing in New York City and Mount Carmel West, respectively, – to create the well-ordered home where she clipped coupons, set chores for her children and encouraged them to take jobs for their own spending money.

In addition, Charlie penned a “First Person” tribute to Martha, which was published in the *Columbus Dispatch* on June 6, 2015. In it he notes that the reward of his mother’s 95-year life was unconditional love and that she expected no other reward: “No parades. No special celebrations. No plaque on the wall in some community hall. She left this world quietly, humbly, peacefully and reverently.”

“The enduring contributions of this generation transcend gender. The world we know today was shaped not just on the front lines of combat. From the Great Depression forward, through the war and into the years of rebuilding and unparalleled progress on almost every front, women were essential to and leaders in the greatest national mobilization of resources and spirit the country had ever known. They were also distinctive in that they raised the place of their gender to new heights; they changed forever the perception and the reality of women in all the disciplines of American life.”

– Excerpt from
The Greatest Generation
by Tom Brokaw



George Achambeng Tazi ('07, '14), MS, CNP



From West Africa to Columbus: MCCN Alumnus George Tazi has come a long way.

A

s a 25-year-old man, George Tazi, ('07, '14), MS, CNP – who today is a certified nurse practitioner at Columbus Public Health – left his homeland as a political refugee.

“My brother, who had already fled Cameroon to avoid political persecution, had settled in Maryland and was helpful in bringing me to the United States,” recalls George.

Today known as the Republic of Cameroon, the West African nation renowned for its beauty gained its independence in 1960, which was followed by three decades of strife among political factions. In the early 1990s, many were forced to flee – including Tazi and his family.

He soon found himself in Columbus and, after successfully completing a nursing program at Columbus State Community College, worked as an RN at First Community Village.

“I had just started working on the oncology unit at Mount Carmel West when my older sister, who was still in Cameroon, was diagnosed with breast cancer. With

mastectomy as the only available treatment there, I did everything I could to bring her to America,” Tazi explains.

Terek Chidiac, MD, FACP, a Mount Carmel hematologist and oncologist at the Zangmeister Center, helped him access care for his sister at Mount Carmel, which in turn inspired Tazi to advance his own career.

“As my sister began to improve, I enrolled in MCCN’s Online RN-BSN Completion program, and graduated with Honors in 2007. I will never forget the kindness of Mrs. Kathy Espy (director of Diversity and Inclusion) and faculty members who encouraged me every step of the way,” he says. While continuing to work at Mount Carmel West oncology unit, he graduated from MCCN’s master’s program and became a certified nurse practitioner.

“I am very grateful not only for the excellent education I received at Mount Carmel, but also for the respect, care and encouragement that has been shown to me,” he says. “I don’t know that I could have succeeded without such support and belief in me.”



SCHOLARSHIP awards & DONOR RECOGNITION DINNER SEPTEMBER 14, 2015



Andrea Ogandaga (*center*) received the Class of 1966 scholarship. Iris Freisner ('66) (*left*) presented the award along with Christine Wynd, PhD, RN, president, MCCN.



Shelby Schuttera (*second from left*) received the Golf Lead Sponsor Scholarship, the MCCN Board of Trustees Scholarship and the Patricia A. McNight Scholarship. Maria Moser Arteaga (*third from left*) received the Charles M. and Teresa D. Uhl Scholarship. Kathy Espy, BA, director of Diversity and Community Initiatives (*far left*), and Ellen O'Shaughnessy, DMin, director of Campus Ministry, congratulate them.



Sahra Abdul (*left*) was awarded the Brenda Binkley Memorial Scholarship. Gary Binkley (*center*) presented the award, along with Dr. Wynd.

In the photo at the top of the page, MCCN President Christine Wynd, PhD, RN (*center*) is joined at the dinner by Kathy Espy, (*left*), and Jeri Boylan Milstead ('75), PhD (*far right*).





Distinguished Alumna

”

Although there is nothing that would prepare someone for active duty nursing in Vietnam; what I learned at Mount Carmel prepared me for the rest of my life. The decision-making skills and leadership capabilities have always served me well.

Mary Reis Stout ('65)

Classmates of Mary Reis Stout ('65), Julie Mumm Champagne and Barbara Muller, were very impressed with Mary's illustrious career. They nominated Mary as Distinguished Alumna for her role as second president of the Vietnam Veterans of America (VVA), the national veterans' service organization for the nearly 9 million Americans who served in the Armed Forces during the Vietnam Era.

Mary says she wanted to be a teacher when she was growing up, but in high school she was one of the "Dominicanettes," students who volunteered to work with the Sisters of the Sick Poor who cared for those who could not otherwise afford care.

"I thought, 'I can do that too!' I really wanted to be independent, and that led me to Mount Carmel School of Nursing – it was a wonderful experience," she recalls.

"Before I started the spring of my junior year at Mount Carmel, the Army Nurse Corps recruiter came into class to talk about the Army Student Nurse Program. Three of us went in – Pat Endres Schott, Kathy Peck Dykstra and me," Mary recalls.

"They did not recruit in all the nursing schools – just the best – and, of course, Mount Carmel was one."

After basic training at Fort Sam Houston in Texas, Mary was stationed at Fort Ord in Monterey, Calif. From there she volunteered for Vietnam. The rest, as they say, is history. (Read more about Mary, and her illustrious career, in the Winter/Spring 2015 issue, *the Lamp*, at mccn.edu).



Heather Logan Melick (*right*) is the recipient of the Class of 1965 Scholarship, which she received at the Scholarship Dinner (see page 25). In honor of Mary's military experience, the Class of 1965 set the criteria for their scholarship this year that the recipient must also have military experience. Heather, who is in the Second Degree Accelerated Program, started her career as a military lawyer. Upon passing the Bar Exam, Heather was commissioned in the United States Air Force and served as chief of Military Justice for the 437th Airlift Wing, Charleston Air Force Base, South Carolina. Following that, she served as Area Defense Counsel for the 437th Airlift Wing through the Air Force Legal Services Agency, where she defended airmen facing criminal and administrative disciplinary actions. After Heather completed her service as a Major, she and her husband opened their own law firm and now, Heather is hoping to combine her legal background with nursing – in administration or advocacy. MCCN President Christine Wynd, PhD, RN (*left*), and Distinguished Alumna Mary Reis Stout ('65) congratulate Heather.

DISTINGUISHED ALUMNUS NOMINATIONS

Mount Carmel College of Nursing annually honors an alumnus for professional and personal excellence. Many graduates from each of our programs have many great accomplishments. Please tell us about the special member of our alumni you know.

Criteria

- Demonstration of exemplary excellence in nursing practice
- Ongoing contributions to the nursing profession
- Acknowledgement by peers as an advocate
- Contributions to the quality of community life
- Demonstration of accountability for personal growth
- Other outstanding attributes/accomplishments

Procedure

Nominate by submitting a letter of not more than two pages listing the nominee's educational, professional and personal accomplishments, explaining why he or she deserves recognition. Nominees are notified of nomination, as well as the name of the nominator.

Deadline

While nominations may be submitted at any time, for consideration within the current year the nomination deadline is July 1 of that year. The honoree will be recognized at the October Annual Alumni Association Meeting and Homecoming.

Please send nominations to:

Mount Carmel College of Nursing
Attn: Debbie Boggs ('75), RN
Director of Alumni Relations
127 S. Davis Avenue
Columbus, Ohio 43222
Or by email: alumnioffice@mccn.edu

SISTER M. CLARE ANNE

Memorial Scholarship Established

Many Mount Carmel alumni will fondly remember Sister M. Clare Anne (Naomi Rumschlag) (‘40) CSC, who passed away on March 6, 2015, at South Bend, Ind. Born December 17, 1914, Sister entered the convent of the Congregation of the Sisters of the Holy Cross in 1932 at the age of 18; made her Profession in 1938; and was 100 years old at the time of her death.

Sister was at Mount Carmel for a number of years. She worked at Mount Carmel Hospital (now Mount Carmel West) while a student. In 1969, she returned to the Mount Carmel where she remained until 1980. Her career at the School of Nursing - from 1980–1998 - included student health nurse, as well as teaching classes in med-surg, pharmacology and orthopedics.

Remembrance written by Sister Margaret Ann Nowacki, CSC, for *The Sisters News Update*:

“The seed of Sister Clare Anne’s religious vocation was planted and nurtured in the fertile soil of the loving Rumschlag family farm in Decatur, Indiana. She was the oldest of 15 children but, as she said, that did not earn extra privileges because if you lived on a farm it didn’t matter if you were a boy or a girl the oldest or the youngest, all were expected to help with the chores. Working together and sharing responsibilities were bonding experiences that prepared her well for community living.

Sister Clare Anne had always wanted to become a sister and she was blessed with the support of her loving parents. This warm environment made Sister Clare Anne’s decision to enter Holy Cross easy, especially since she had an aunt and three cousins who were already religious. At the time of her entrance into Holy Cross in 1932 she knew that the main work of the sisters was either teaching or nursing and since nursing was what she wanted to do there was no hesitation on her part in choosing to enter Holy Cross.



Left: Sister M. Clare Anne graduated from Mount Carmel School of Nursing in 1940. *Right:* Sister M. Clare Anne passed away at South Bend in 2015 after a long and fruitful life.

Even though her choice in becoming a Sister of the Holy Cross was to enter the field of nursing, her first assignment in 1935 was to teach the first grade at St. Vincent’s School in Elkhart, Indiana, and, true to her farm-girl upbringing, she put forth her best effort. Sister Clare Anne was physically small of stature but a giant when it came to work ethic. No matter what the assignment, she responded wholeheartedly. Even in retirement that same work ethic continued. When she was given charge of the stamp room here at Saint Mary’s she became so engrossed in the work that some said she would have slept there if there had been a bed in the room. Such was her dedication.

After her one-year teaching experience in the classroom she was gleeful when she was assigned to attend Mount Carmel School of Nursing in Columbus, Ohio, where she pursued her dream of becoming a nurse. Sister Clare Anne graduated in 1940 with her RN firmly in her grasp and later went on to earn a Bachelor of Science degree and followed that with a Master’s of Science. This completed her academic preparation for the many hospital administrative positions she filled. Though she had chosen nursing over that of teaching, it is ironic that a mere six years after she left that first-grade classroom she found herself in the role of teacher again, but this time in a hospital setting. Not only was she to become a teacher in various schools of nursing that were under the sponsorship of Holy Cross, but when assigned to

Saint Joseph Hospital in South Bend, Indiana, she was appointed assistant director of the school of nursing. Her illustrious career of teaching nursing skills to young nursing candidates brought her much joy and a large following of loyal and devoted students.

Being the oldest among her siblings earned her the respect that was her due, and family members looked to her for wisdom and loving support. Her beautiful smile and soft-spoken way made her a magnet at family gatherings where she was sought out for advice and care. What a rich heritage this family enjoyed.

Not only did Sister Clare Anne give generously of her time, wisdom and love to her family, she had this same largess with her Holy Cross family. Once she retired from active ministry in health care she used her time and talents for the benefit of the congregation. Her craft skills were limitless and she spent her time making items for the Christmas bazaar to earn money for the congregation and the Ministry With the Poor fund. Her hands were never idle and what she produced became works of art that anyone would be proud to own.

Sister Clare Anne's life reflected her many wonderful qualities and prayer was at the core. She had a great love of the Blessed Mother, St. Joseph and St. Brother Andre and she lived her life modeled on this love. She was welcomed into the loving arms of these wonderful heavenly friends.

Sister Clare Anne now rests in peace from her years of dedicated labor."



As a Catholic college, MCCN participated in Catholic Colleges and Universities' "Standing With The Pope" activity. We celebrated the papal visit with activities for students, faculty and staff, including inviting them to pose for a "selfie" with our life-size, cardboard cutout of Pope Francis and post it to their social media account with the hashtag #HigherEdWithPope. Students, faculty and staff also signed a banner to share what His Holiness' recent priorities and statements mean to each of them personally and raised funds for Adopt-a-School through a special activity in the campus coffee shop.



MCCN President, Christine Wynd, PhD, RN, and Mount Carmel Health System President and CEO, Claus von Zychlin, got in on the fun.



Alumni Association UPdates

STAY **IN TOUCH!**

Alumni Vision

The vision of the Mount Carmel Alumni Association is to support Mount Carmel College of Nursing through philanthropic, networking and mentoring initiatives.

Mission

The mission of the MCAA is to promote future nursing education and foster relationships with current and future alumni.

Alumni Library Accounts

Visit www.mccn.edu/library to register for your account providing 24/7 access to news and information.

Send Us Your Email Address

MCCN and the Mount Carmel Alumni Association are sending more and more information via email. Please send your email address – along with any other changes, including name change or additional academic degrees earned, to alumnioffice@mccn.edu.



Mount Carmel Alumni Association Board members (*front row, left to right*) Sandy Gehres Parker ('97); Michele Uhl Born ('75); Jill Trego Rill ('77), president; Debbie Dunn Boggs ('75), director of Alumni Relations; and Cheryl Creamer Mace ('75). (*Second row, left to right*): Jill Young Wallace ('73), treasurer; Phylis Motz Crook ('63), alumni volunteer; and Kelly Strausbaugh ('85). (*Third row*): Pat Steele Skunda ('72, '10, '14), secretary; and Lori Fravel Petruska ('85). Not available at time of photo: Denise Filarski Weatherby ('08, '13); Melissa Stacy-Cull ('05, '12); Alyssa Fry, director of Institutional Advancement for MCCN; and Stephen Pearson ('15), vice president.



Jill Trego Rill ('77), new Mount Carmel Alumni Association president (*right*), says she's excited to help strengthen the Alumni Association by working with Debbie Dunn Boggs ('75) (*center*), director Alumni Relations, and Phylis Motz Crook ('63) (*left*), alumni volunteer.

Reconnect with "The Mount!" through:

- Finals Breakfast
- Write-A-Thon
- Recruitment assistance
- Orientation
- Service Learning
- Committee membership
- Student/Alumni events

Contact Debbie Dunn Boggs:
dboggs@mccn.edu

Follow us on Facebook by visiting
www.facebook.com/mcalumniassoc



Members of the Class of 1957 gathered in June. Half the group are (*front row, left to right*): Margaret Schubert Gutmann, Joan Messenger Garber, Peggy Fee Keener, Ann Robeson Hudson, Annabelle Kiraly Robinson; and (*back row*) Barbara Zenker Smith, Germaine O'Malley Wensley, Rita Devlin O'Brien, Virginia Lambert Kuhns, Anna Marie Garbuglio Sugar, and Jeri Boylan Milstead.

22 From '57 Gather for 34th Time

On June 18, 22 members of the Class of 1957 held their 34th luncheon get together, with some traveling from as far as Georgia and California. At their 50th reunion they had vowed to meet regularly and with 30 names on the list have met for lunch approximately every four months since. They say it's easy to do and encourage other classes to get together, too: at each gathering, simply choose the next date and assign someone to announce the location.



The other half are (*front row, left to right*): Jeanine Warren Wall, Mary MaKeever Murphy, Nancy Kunkle Naucke, Beverly Hartsell Francescon, Barbara Litzinger Rawn, Dorothy DeMuth Stormont; and (*back row, left to right*): Mary Lou Renz Schumann, Marlene Kline Marquis, Betty Kinsley Moser, Janice Wade Rhyan, and Claire Drees Miller.



MOUNT CARMEL
**CLASS
 NOTES**
 Please send your
submissions to Class Notes
 to Alumni Coordinator
 Phylis Crook (contact
 info on page 7)

We love
 hearing
 your news!

Sister Judith Anne Beattie, CSC ('61), celebrated her Golden Jubilee as a sister of the Congregation of the Holy Cross. She has been professed since 1965 – 50 years ago! She is a spiritual director with the order in South Bend, Indiana.

Geri Richardson Stewart ('63) lives in Austin, Texas. She has two daughters and four grandchildren. She visited extended family near Cincinnati, Ohio, in July. Her classmates love any opportunity to be together, so 12 of them went to visit her. The occasion was a luncheon hosted by Mary Jane Bradley and Eleanor Hagerty Kennedy. Others present were Sondra Young Abernathy, Pat Bernhard, Judy Rebhan Borowitz, Phylis Motz Crook, Peggy Horvath, Nancy Johnson McNichols, Beth Buchholz Opatrny, Patricia Binkiewicz Reinhart, Mary Ann Cunningham Smith and Jacque Lippert Ziarko. Marilyn Butterfield Holloway joined them late in the afternoon by speaker from her home in Notre Dame, Indiana. To say, “a good time was had by all” would surely be an understatement!

Patricia White Watson ('64) lives in Columbus, Ohio, and has two sons and four grandchildren. She is a nurse anesthetist and has been working in the OR for 50 years. She is currently employed at the Columbus Eye Center. Her passion, “besides grand-parenting” is photography. She writes, “Thank you, Mount Carmel for preparing me for a wonderful career.”

Peg Morris Shannon ('66) lives in Willowick, Ohio. She is a recent widow and has four grandchildren. She retired from Lubrizol Corporation in 2013 after 25 years in occupational health nursing. She is looking forward her 50th class reunion in 2016.

Kathleen Rond Conn ('69) lives in Durham, North Carolina. She has had a successful career that found her in Florida, Texas, California, Rhode Island and England. She has worked at Duke University School of Nursing for the past eight years. She now works as needed as she winds down her career. Since becoming a

widow three years ago, she has “realized the importance of enjoying life to the fullest for whatever time remains.” She travels extensively and teaches a few days a month.

Vickie Reish List ('85) lives in Chardon, Ohio. She is married and has six children. Upon graduation, she worked at OhioHealth Riverside Methodist Hospital in the Neuro step down unit. From 1986 to 1990 she worked in Neuro ICU in Tacoma, Washington. She retired in 1995.

Dave Murray ('95) lives in Phoenix, Arizona. He works in Trauma/Surgical ICU at Good Samaritan Hospital there. He is married, has two children and writes, “I tried management, but not my cup of tea. Stick with what you are good at, I guess.”

Elizabeth Nalley Conn ('96) lives in Huffman, Texas. She works in med-surg and is board certified in that area of nursing.

Justin Sayre ('02) lives in Pataskala, Ohio. Upon graduation, he was accepted into the Critical Care Fellowship with OhioHealth. Post fellowship he accepted a position in CICU and worked there until August 2005. He then worked with Select Medical Corp. as a clinical nurse liaison, and in 2006, accepted a position with Aetna, Inc. He is now supervisor of Clinical Health Services and manages its National Clinical Appeals unit. Since 2009, he is also an adjunct professor for Chamberlain College of Nursing, where he teaches clinicals in the ADN and BSN programs. His different courses include med-surg, critical care, community and leadership. He is the son of Judy Snyder Sayre ('70).

Lexa Reed King ('03) lives in Galena, Ohio, is married and has three children. She graduated from Wright State University with her MSN. She is an acute care nurse practitioner working for the Critical Care Service for Mount Carmel Health System.

THANK YOU FOR GIVING THE GIFT OF EDUCATION

The following donors contributed gifts to Mount Carmel College of Nursing Giving Societies between January 1, 2014 and June 30, 2015. Thank you for your generosity and continued support.*

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