

# carmel the Rapper

NOVEMBER 2012

MCCN news & information



MOUNT CARMEL  
College of Nursing

## MILITARY Nursing

By **Cliff Wiltshire**, Academic Support Services Writing Coach



**Jessica Thomas**, one of our student/veterans, now in her second year at MCCN after serving in the Air Force for more than nine years.

**A deep and rich history** exists between the nursing and military professions, with nurses serving alongside soldiers during every conflict since the American Revolution.

That synergy continues today, with MCCN playing an integral role in annually developing some of the finest military nurses in the business, accomplished through the College's partnership with ROTC programs at nearby Ohio State University. Mount Carmel students are invited to explore the demands and expectations of a Reserve Officer Training Corps commitment, and then decide if it is a path they should pursue.

A dozen or so current MCCN students are walking that path. Two — **Matthew Petralja** and **Nicole Ternasky** — participated in one of the high points of the undergraduate program when they experienced the Nurse Summer Training Program last summer, a three-week paid internship and immersion into what to expect in the future as a member of the Army Medical Department.

"I wouldn't have traded it in for anything," said Petralja, a 24-year-old senior who plans to specialize in critical care or perioperative nursing. "I was treated like an actual nurse and was able to practice skills that I would have not been able to elsewhere."

The leadership and teamwork skills learned in the program will be invaluable as these students fulfill their military commitments, in private sector work down the road, and even on campus the rest of the year.

"The constant training that we go through to make us become better leaders has made it possible to succeed in nursing school and in everyday life," said Ternasky, 21. "The main job of Army ROTC is to build the future leaders of America, and by going through four years of that training it has helped me become a leader in the classroom setting as well."

Upon their return, Petralja and Ternasky gave a presentation of their experiences to fellow Nursing 408 students. Associate Dean, Undergraduate Nursing Program **Barbara Barta, PhD, RN**, who is Mount Carmel's staff liaison for the ROTC program, observed the display and was impressed.

*continued on page 2...*

## Dates to Remember

<b>October 29</b>	Spring Semester registration begins Flu shot clinic
<b>November 8</b>	Rho Omicron Induction
<b>November 9</b>	Last day to drop any 16-week class
<b>November 21</b>	Last day to drop a Term 2 class
<b>November 22-23</b>	<b>Thanksgiving (holiday)</b>
<b>November 26</b>	SNAM meeting
<b>December 7</b>	Term 2 and semester classes end
<b>December 10-14</b>	Final exams week

## Registration for Spring Semester 2013

The Spring Semester 2013 class schedule and registration instructions were posted to CARMELink on October 22, and registration begins the week of October 29. If you missed seeing the notice to all students about registering, check out the "Student" tab and the "Records and Registration" page on CARMELink.

- The Spring Semester 2013 course schedule is posted on CARMELink. No hard copies of the schedule will be distributed to students.
- A tutorial, *How to Register Online*, is also posted on CARMELink.
- Registration windows for groups of students open at 12:01 a.m. on the indicated dates (see CARMELink).

## Faculty/Staff Campaign Raising \$\$\$

From **Jan Burkey**,  
MCCN Director of Development

The MCCN Faculty/Staff Annual Campaign is well underway and making strides. Thanks to your generosity we've raised over \$14,000. If you have already made a gift — **Thank You!** Strengthening our internal culture of philanthropy is vital to ensuring the quality and prestige associated with a Mount Carmel College of Nursing education and our workplace. Gifts made by December 1 will be matched by the Mount Carmel Foundation and matching funds will support the College Clinical Skills Lab in Marian Hall. Any questions, contact **Jan Burkey** at [jburkey@mccn.edu](mailto:jburkey@mccn.edu) or 234-3837.

## MILITARY Nursing *cont'd*

"They were very professional, the way they worked together," Barta said. "To me it was a great example of the buddy system. Their peers were riveted to what they had to say."

For Petralja, it's all about the leadership skills that are developed. "Leading involves not only leading other nurses and our aides, but our patients as well. Your confidence as a leader will carry you far in communicating with your patient and guiding them to the goal that you want."

Petralja quoted the U.S. Army's definition of leadership: "the process of influencing people by providing purpose, direction, and motivation while operating to accomplish the mission and improve the organization."

Even more impressive for Barta was hearing from Petralja how well-prepared by MCCN he and Ternasky were alongside other future Army Nurses.

"It was definitely one of the best clinical experiences I have had," Ternasky said. "The training I had in Texas was extremely structured and disciplined and it further developed me as a nurse and future Army officer."

MCCN's relationship with OSU's ROTC program has been active since 2000, beginning with the Air Force and expanding to the Army ROTC six years later. Sometimes students from here will be recruited to enlist in ROTC, while other times an OSU student already in the program decides to begin taking nursing classes here.

## DRASH!

One very visual recruiting tool appeared on-campus recently, when a U.S. Army DRASH (Deployable Rapid Assembly Shelter) unit was on display in the Mount Carmel gymnasium. DRASH serves as a mobile medical facility, used by Army forward surgical teams in humanitarian or combat situations.

"There was quite a bit of interest," in the DRASH, said Barta, who thought the display opened quite a few eyes concerning the possibilities of military service.



## ROTC BENEFITS

When students explore what ROTC has to offer, they find there are several financial incentives to encourage commitment. Some students qualify for two-, three- or four-year scholarships, as well as monthly stipends and more. In exchange, students commit to serve on active duty for at least four years after graduation.

For Army nurses, the first year typically is spent in a one-year Army Nurse Residency Program. As a newly commissioned second lieutenant, the graduate nurse works in a four-phase residency program at one of 10 Army medical centers in the United States.

The next three years can be spent at one of three dozen Army hospitals in the U.S., Germany, or Korea. While there is always the possibility of being sent to a variety of situations – from emergency disaster relief in Haiti to a field hospital in Afghanistan – it is rare that Army nurses are ever deployed. In fact, according to information from the Army Nurses Corps, “An overwhelming majority of your time spent as an Army Nurse will be spend as a clinical nurse working in a large state-of-the-art medical facility.”

The program has proved to change lives. Barta said there are several characteristics she sees in students who participate in ROTC: motivated, very respectful, and displaying unusual leadership skills and a professional demeanor in how they present themselves and interact with others.

“The military has given me a sense of leadership, and taught me how to be a leader and make critical decisions,” said **Jessica Thomas**, who came to MCCN after more than nine years of service in the Air Force. “In nursing, I see the importance of caring, and sacrificing ... I understand that’s what nursing takes.”

Another one of those students is **1st Lt. Stephanie Kaylor**, who was featured in the October edition of the Rapper. Another is **Capt. Brad Marsh**, who helped develop the relationship between the OSU ROTC and Mount Carmel, then decided to take nursing classes here.

Marsh worked with Barta to create a military nursing seminar at MCCN, an elective offered to introduce students to the basic leadership and nursing skills at the core of the Army Nurses Corps.

### Financial benefits of participation in the **ARMY ROTC:**

**Scholarships** — Two, three- and four-year scholarships may be available, with options for room and board, and allowances for books and fees also possible. Scholarships are awarded based on a student’s academic performance and standing, and not on need.

**Stipends** — Monthly payments are available for students depending upon his or her level in the Army ROTC curriculum. They range from \$300 per month for first-year students to \$500 monthly for fourth year.

*\*Source: <http://arotc.osu.edu/>*

### Take a course here at **MCCN**

MCCN, in conjunction with its partners at the OSU ROTC unit, occasionally offers a course that provides an introduction to the leadership skills developed through the ROTC curriculum. MCCN Associate Dean **Barbara Barta, PhD, RN**, anticipates this course will be an elective available again in spring 2013.

**Military Nursing-Intro Officership (NURS 3530)** — Description: Not open to students with credit for MILSCI 101 in the Army ROTC Program at the Ohio State University. This seminar is the initial step in the development of nursing leaders. It offers opportunities for nursing students to acquire foundational knowledge about leadership as an attribute of the professional nurse. Application of theory is provided through active learning exercises, such as discussion, case studies, and role play.

*\*Source: [https://carmelink.mccn.edu/ICS/Academics/NURS/NURS\\_3530/2012\\_SP-NURS\\_3530-M01](https://carmelink.mccn.edu/ICS/Academics/NURS/NURS_3530/2012_SP-NURS_3530-M01)*

### For more information:

- Ohio State University ROTC: <http://arotc.osu.edu/>
- OSU ROTC-Army Nurse Program: <http://arotc.osu.edu/nursing.html>
- OSU Air Force ROTC: <http://www.det645.com/>
- OSU Naval ROTC: <http://www.nrotc.osu.edu/>

**In commemoration of Veteran’s Day on November 11, MCCN salutes and thanks members of our nation’s armed forces and veterans, especially our students, faculty, and alumni who have served and who currently serve our country.**

## Academic Support Services Fall '12: Coaches and Availability

MCCN is committed to providing students the support needed to succeed, including employing a team of coaches ready to assist you in their particular field of expertise: **Heather Houchard** (hhouchard@mccn.edu) for math and statistics, **Alex Fernandez** (afernandez@mccn.edu) for the sciences, and **Cliff Wiltshire** (cwiltshire@mccn.edu) for writing. The program is coordinated by **Kathy Fernandez** (kfernandez@mccn.edu).

Listed below are the open (drop in) study table hours in Marian Hall room 300 for Academic Support for the second term Fall Semester 2012. All faculty coaches and peer tutors are also available by appointment. If you need additional information, please contact **Dr. Kathy Fernandez** at kfernandez@mccn.edu.

### Faculty Coaches

- ▶ **Alex Fernandez, MD:** afernandez@mccn.edu/sciences/Mondays, 1 - 2:30 p.m. Study table for NUR 405/ Wednesdays, 10 a.m. - noon
- ▶ **Heather Houchard, MPH:** hhouchard@mccn.edu/math/stats/research/ Wednesdays, 12 - 2 p.m.
- ▶ **Cliff Wiltshire, BA:** cwiltshire@mccn.edu/writing/Tuesdays and Thursdays, 1 - 4 p.m.

### Peer Tutors

- ▶ **Autumn Spencer:** aevans@mccn.edu/math & stats/Mondays, 12 - 3 p.m.
- ▶ **Samantha Malo:** smalo@mccn.edu/everything (excluding) chemistry plus study skills/Thursdays, 2:30 - 4:30 p.m. and Fridays, 12 - 2 p.m.
- ▶ **Lauren Dortmund:** ldortmund@mccn.edu/all/study skills Mondays, 1 - 5 p.m. and Thursdays, 8 a.m. - noon
- ▶ **Theresa Kohne:** tkohne@mccn.edu/204/205/309/patho/Mondays, 12 - 2:30 p.m. and Tuesdays, 12 - 1:30 p.m.
- ▶ **Chris Samons:** csamons@mccn.edu/chemistry/Mondays, 12 - 2 p.m.

## SDAP VI Enters Senior Year



SDAP students in clinical check on a patient: instructor **Signe Gilbert, RN**, and students (clockwise) **George Biddle, Eric Watson, and Angela Della Flora**

**On October 8**, the 62 students in SDAP (Second Degree Accelerated Program) VI, the sixth cohort of the 13-month fast-track BSN program, began their senior year in anticipation of their completion of the innovative program at the end of January 2013.

Many students are beginning their job searches in various metropolitan areas around the country, including a few hoping to begin their nursing careers in Los Angeles, CA.

"We have had a great year! We have ten Robert Wood Johnson scholars who are progressing on schedule," said Second Degree Accelerated Program Coordinator, **Tanika Cherry, MSN/ED, RN-BC**.

Cherry also commented that the SDAP students perform exceptionally well in both the classroom and clinical setting. "In the clinical setting, students are developing excellent relationships with patients and families. We've received several reports about the high quality care that SDAP students provide. In fact, some students have lovingly been asked to 'come home with the patient' or asked to stay with patients during their last few moments of life."

Cherry added that some students have encountered loss and other hardships, but continued to persevere, demonstrating an extraordinary amount of determination. "We personally admire the students for their dedication to the program and their desire to become RNs. This group of students is gracious, professional, and outstanding. They appreciate MCCN and the resources the College offers," Cherry concluded.

**THE MCCN COMMUNICATIONS ALERT SYSTEM**

**SIGN-UP TODAY!**

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or [rhutchinsonbell@mccn.edu](mailto:rhutchinsonbell@mccn.edu)

**MOUNT CARMEL**  
College of Nursing

# Mission to Nicaragua: a Life-Changing Experience



## The second cultural

immersion trip to Nicaragua took place May 12-19, 2012. The purpose of the trip was to immerse MCCN students in a cultural experience in a third world country. The group accomplished a lot while on the trip.

"We served in the hospital and community settings; taught health promotion in after school programs, such as teeth brushing and flossing and hand-washing; and participated in a farm animal exchange program," said trip leader **Denise Ferrell, MSN, RN**. The group presented a power point to the College community detailing their experiences.

"We all had a life changing experience and look forward to returning one day," said Ferrell.

A future cultural immersion trip is in the planning stage. Anyone interested in more information, please contact **Kathy Espy** at [kespy@mccn.edu](mailto:kespy@mccn.edu) for details.



## Nicaragua 2012 Trip Participants

Students		Advisors
KyMBER Bocook	Erica Megger	Denise Ferrell, Assistant Professor and Mission Leader  Sharon Black, Nurse Practitioner  Tiawana Mitchell, Registered Nurse
Catherine Connolly	Erica Merillat	
McKenzie Faust	Paige Popelas	
Claire Fitzgerald	Sarah Purpus	
Kara Kelley	Elissa Tarpey	
Tammi Kronk	Brittany Unthanks	
Maura Logan	Sarah Wright	
Jim Martineau		



## Community Service

*Social Responsibility* is one of the “Core Values” contained in the mission of Mount Carmel College of Nursing. In accordance with the College’s Mission and *Catholic Identity*, the Community Service requirement for nursing students includes the application of one’s skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service **prior to the beginning of the last semester of enrollment** (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

## Fitness and Nutrition (FAN) Club Partners in the Community



Front, l-r: **Jan Burkey, Toni Chops, Melissa Neiderhise**; back: **Doug Wolf, Zeb Homan, and Ashley McCord**

**The FAN Club continues** to meet the needs of children at Avondale Elementary School by offering an after school program focused on fitness training and nutrition education. The volume of students participating continues to grow and support from the families of the children is increasing. According to **Toni Chops, MS, RN, CNE**, Faculty Advisor for the program, the FAN Club is a partnership among MCCN, Nationwide Children’s Hospital, and Columbus Public Schools.

**Jan Burkey**, MCCN Director of Development, facilitates the grant process associated with the program. She has been instrumental in working with the College to secure funding for the project. The Columbus Medical Foundation is funding the program for the first time and the Mount Carmel Foundation is matching the fund allocation. This is a creative approach for financial support.

**Melissa Neiderhiser, BA**, the Program Coordinator, says that “there are several returning students from last year, so it shows that they are excited to be a part of the program. Many of the parents and families have gotten involved as well, which is a hopeful sign that each child will have more parental involvement at home.”

Many of the children live in low-income, single-parent households. Chops explains that she has incorporated strategies to encourage parent participation in the program: engaging in physical activities with the children at scheduled intervals, supporting the children in learning about nutrition, and attending fun, lively parties, which have been a big hit as they provide an opportunity for the entire family to be together and learn about fitness and nutrition.

Two MCCN students work as Program Assistants. This is the first year for **Ashley McCord**, a freshman, who has met all of the program requirements and completed the orientation process. **Zeb Homan**, a sophomore, is completing his second year with the program.

“Working with the FAN Club has completely changed my perspective when it comes to caring for children. The experience has taught me how different each child is, and that patience is key in child care. This virtue translates into my future career as a nurse,” Homan says. “I implement information from my nutrition courses when teaching the kids about healthy food options and exercising regularly to maintain a healthy weight.”

This program provides a needed service in the community, provides opportunities for student involvement, and promotes healthy behaviors in the Franklinton community. The FAN Club is a great example of partner organizations working together to effectively coordinate and steward resources.

## Instructor Officiates at her Former Students' Wedding



**Deb Huff, APRN, BC**, has a special talent: she officiates at weddings; beginning with her son's 10 years ago, at his request. "Wow, was I surprised when my son asked me to officiate. He said he liked my life's philosophy and wanted to share it with his soon-to-be-new family."

Since then Huff has performed many weddings, all different. "No two are alike, because as individual as we all are so should our weddings be. The part I like the most is working with the couple to help them recognize the importance of this most spiritual day in their lives," said Huff. "I have met and interacted with all types of families. I love families and their systems; they are the strength of our communities."

On July 21, Huff officiated at the wedding of **Heather Skidmore** and **Tristan Murry**, who were students in Huff's class — 308 Caring Health Practices for Mental Health — Heather in the SDAP program and Tristan in the undergrad. "They were both caring, compassionate and professional students who I found to be intriguing. I would be honored to have them care for me or my family. I trust the education they received at MCCN will carry them through many challenges in their chosen profession."

Tristan works at Riverside on a cardiac medical surgical unit. Heather works at Mount Carmel St. Ann's in labor and delivery. The couple met through mutual friends in 2009 shortly after Heather finished her first bachelor's degree in history of art from OSU. Tristan was already enrolled at Mount Carmel in the 2010 graduating class.

"I always wished I could be a nurse, but I was nervous," said Heather. "It was through Tristan's and my family's support that I applied to SDAP V (January 2011 to January 2012).

When Huff mentioned during an introduction of herself in class that she had officiated a few weddings, Heather remembered that Huff had also been Tristan's instructor. "It just seemed perfect, so I after class approached her about officiating at our wedding."

Heather and Tristan's wedding was held at the Franklin Park Conservatory. The vows and ceremony were a collaboration between Huff and the bride and groom.

"It was exactly the wedding of our dreams, and no one could have expressed our emotions as well as Deb did. It is a bond the three of us will always have."



## ATI Comprehensive Review for NCLEX Preparation

Students graduating from the traditional pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the traditional pre-licensure program are assessed a \$300 senior year fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The onsite review is offered in May the week following graduation for May and July graduates. The onsite format consists of a three-day comprehensive in-class review.

October, December, and March graduates are offered an onsite review session if there are a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from the Program Coordinator about the ATI review session.

## Graduation Applications are Past Due!

Applications to graduate were due to Records and Registration in early October and are now past due! Applications must be on file in order to begin the graduation process. If you expect to complete degree requirements during the 2012-2013 academic year and have not submitted your application, please contact Records and Registration (614-234-3959). The graduation fee will be charged to your student account the semester you graduate.

Students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits.

Pre-licensure students: contact **Karen Greene** (614-234-5685)

RN-BSN students: contact **Tara Spalla** (614-234-5950)

Master's Program students: contact **Kathy Walters** (614-234-5408)

## Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal policy. For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

- After the course start date, a student must first notify the course instructor and obtain his/her signature prior to submitting an *Add/Drop Form* to the Office of Records and Registration. Submission of the form is required for official withdrawal from a course.
- Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed *Add/Drop Form* will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Student Handbook*.
- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A Grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

## Faculty Attend Caring Theory Conference



**Five MCCN faculty members** — **Fatma Al-Lamki, MSN, RN; Pam Miller, MSN, RN; Missy Mohler, MS, RN; Deidre Smith, MSN, RN; and Ann Waterman, PhD, RN,** recently attended a conference at Kettering College, which featured Dr. Jean Watson.

"It was a privilege to attend the conference. As faculty teaching a curriculum based on Dr. Jean Watson's Caring Theory, we found it inspiring to learn from her as she discussed the concepts in her theory using her own voice," said **Fatma Al-Lamki, MSN, RN.** "We were proud to share with Dr. Watson that our curriculum here at Mount Carmel College of Nursing is based on her Caring Theory."

Dr. Watson believes that when students write an example weekly of how caring is integrated into their patient interactions using the 10 Caritas, this empowers students to deliver holistic care.

"We witnessed Dr. Watson's concepts applied to practice and the impact they have on our nursing profession. Dr. Jean Watson was humble, holistic, authentic and truly caring! We are grateful for the opportunity to attend this educational opportunity," Al-Lamki concluded.

**Dr. Jean Watson's Theory of Transpersonal Caring, also called Theory of Human Caring or The Caring Model, (developed in 1979):**

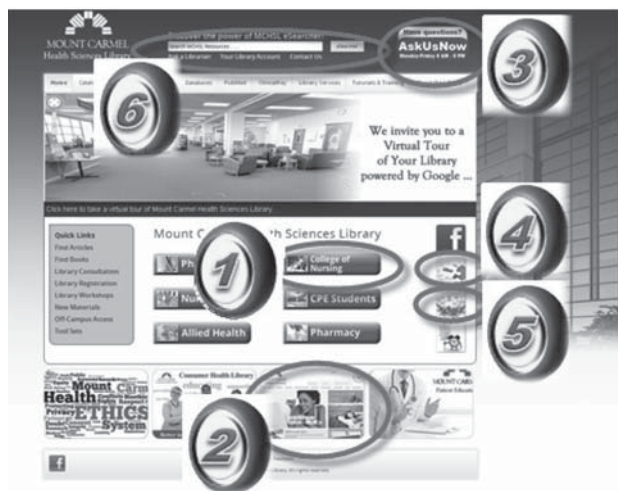
- emphasizes the humanistic aspects of nursing in combination with scientific knowledge
- designed to bring meaning and focus to nursing as a distinct health profession.
- presented "caring" as an endorsement of professional nurses' identity
- supported by Florence Nightingale's statement: "It is the surgeon who saves a person's life . . . . it is the nurse who helps this person live"
- According to Watson, the nurse's role is to:
  - Establish a caring relationship with patients
  - Treat patients as holistic beings (body, mind and spirit)
  - Display unconditional acceptance
  - Treat patients with a positive regard
  - Promote health through knowledge and intervention
  - Spend uninterrupted time with patients: "caring moments" when the nurse and patient make contact; when the nurse enters the patient's room, a feeling of expectation is created.
- Watson believes that through the nurse's attitude and competence, a patient's world can become:
  - Larger or smaller
  - Brighter or drab
  - Rich or dull
  - Threatening or secure
- Watson also believes these moments transform both the patient and nurse, and that they are linked together.



# Your Library Makeover



Your library has introduced a new improved website providing more opportunities to connect with you, help you, stay in touch with you and serve and support your educational needs.



## Check and explore these new features

1. **Designated site for your needs**
2. **Direct link to MCCN Website**
3. **Talk to Your Librarian Now!**
4. **Tell us about your ideas/suggestions**
5. **Reserve a room to study**
6. **Use one box to search selected nursing information**

## Have fun and take our virtual tour powered by Google!

Please fill out a short survey linking from our 'E-Makeover' slide to tell us what we can do better to connect you quickly to the information that you need!

## Library Hours and News

Monday - Thursday	8 a.m. – 9 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	8 a.m. – 12 noon
Sunday	Closed

Professional reference staff is available Monday – Friday, 8 a. m. – 5 p. m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

## New Library Barcode

For remote access, you need to know your barcode. This is now your student ID (six digit number assigned by the College). This number is printed on your schedule and accessible through CameLink. Please call the library at 234-2154 if you need assistance.



## Affiliated Course Schedule

**Please note:** All courses in the MCCN curriculum are now taught at MCCN, with the exception of some electives. This is a change from past semesters. The only courses students take elsewhere are humanities/social science electives. Please contact the Records and Registration Office with questions.

Any student taking a Spring Semester humanities or social science elective at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for submission is **Friday, January 11, 2013.**

This is a requirement every semester students take classes elsewhere. Students who neglect to submit the required schedule by Friday of the first week of any MCCN semester will find that their credit hours at CSCC or OSU will not count toward calculation of total credit hour load. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

**IF YOU ARE TAKING AN AFFILIATED COURSE DO NOT IGNORE THE DEADLINES!**

## Freshman Students at Ohio University — Lancaster

A freshman student enrolled in the MCCN-FMC program and taking classes at Ohio University-Lancaster (OU-L) is required to submit a copy of his/her OU-L course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01) **no later than Friday, January 11, 2013.**

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every semester they take OU-L classes.

# Student Health *News*

By **Kathy Walters MS, RNC, NNP-BC**, Assistant Professor/  
Student Health Nurse

**To all MCCN students:**



'Tis the season for everyone to receive their **mandatory flu shot**. Mount Carmel Health System, along with most of our clinical sites, have made it

**mandatory** for students to receive an annual flu shot in order to go to their facility for clinical experiences.

Therefore, Dr. Schiele has made it **mandatory for all students** to receive an annual flu shot here at MCCN. The flu shots here are free of charge (fee built into your "general fee" for the semester).

**Flu shot clinic in Classroom "C"  
(Third floor Marian Hall)\*  
Monday, October 29, 2012, noon – 2 p.m.**

*\*thanks to our junior student volunteers for their assistance with the clinics*

If you have any questions regarding these mandatory requirements please don't hesitate to contact me.

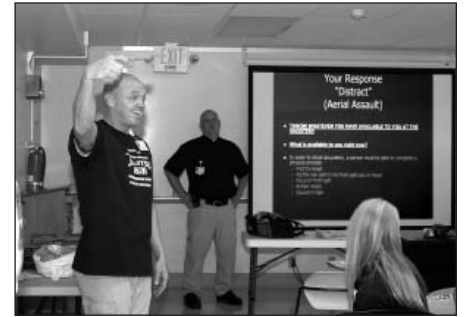
Keep healthy!

**Kathy Walters MS, RNC, NNP-BC**

Assistant Professor/  
Student Health Nurse  
Graduate Program Student Advisor  
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## Scenes From Active Shooter Training

For all new students, faculty and staff



# SNAM News

**What is SNAM?** Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles, and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

## Meeting Schedule:

**November 26 at 12 noon:** All MCCN students are eligible to attend

**There will be no December meeting.** Our next meeting will be next year, January 28, at 12 noon in the College lounge, where we will discuss the National Student Nurse's Association (NSNA) 61st Annual Convention which will take place April 3-7 in Charlotte, NC. We will also hear from some exciting speakers.

## MedFlight of Ohio Site Visit

**Who:** Members of SNAM and MCCN students

**What:** Site tour and lecture by Steve Borghese, RN, EMT-P

**When:** November 26 at 6 p.m.

*\*We will meet no later than 5:15 in the lobby of Marian Hall to carpool to the facility. Students also have the option to meet us at the site.*



### Where is MedFlight?

2827 W. Dublin Granville Road Columbus OH 43235

*\*Sign up no later than Friday, November 23, on the sign up sheet posted at the front desk of Marian Hall.*

## I Have A SNAM Question. Who Should I Talk To?

President	<b>Lauren Dortmund</b>	Vice-President	<b>Jill Zimmer</b>
Treasurer	<b>Renee Dicke</b>	Secretary	<b>Katie Holland</b>
Breakthrough to Nursing	<b>Mackenzie George</b>	Community Health Director	<b>Tina Marie Cerra</b>
Membership	<b>Stephanie Rienschild</b>		

## Rho Omicron Induction Ceremony to Be Held on November 8

### Chapter will Celebrate Tenth Anniversary

This year's event will include a silent auction, light appetizers, desserts, guest speaker, the induction ceremony, and a celebration of Rho Omicron's tenth anniversary as a Sigma Theta Tau International chapter.

**Thursday, November 8, 2012,  
5:30 p.m. - 8:30 p.m.**

### Mount Carmel Medical Staff Building Auditorium

Guest speaker is Nancy Sharts-Hopko, PhD, RN, Treasurer of Sigma Theta Tau International, speaking on "Legacy and Leadership."

Members of Rho Omicron and faculty are asked to donate items and/or money for the silent auction held at the induction ceremony. All proceeds fund Rho Omicron scholarships. Donations can be given to **Sherry Hull**, office 302 Marian Hall, shull@mccn.edu.

## Student Government Association (SGA) Officers and Representatives for 2012-13

President

**Jena Verbance**

Vice President

**Annie Hahn**

Treasurer

**Ashli Temple**

Secretary of Records

**Symphony Voelkel**

Secretary of Public Relations 1

**Brooke Cooper**

Secretary of Public Relations 2

**Stephanie Rienschild**

Senior Class Representatives

**Benjamin Moore**

**Molly Wake**

Junior Class Representatives

**Devon Baldwin**

**Ebonee Caldwell**

**Brett Teiga**

Sophomore Class Representatives

**Katie Bradley**

**Sarah Brantley-Garey**

**Brielle Daugherty**

**Whitney Eal**

**Jenna Grunden**

**Will Taylor**

**Savannah Whitten**

FMC Representatives

Senior: **Cynthia Broaddus**

Sophomores: **Alexis Brown**

and **Megan Robinson**

Advisor

**Colleen Cipriani**

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For deadline information or to comment, contact **Robin Hutchinson Bell** at 614-234-1372 or rhutchinsonbell@mccn.edu.

# Money Matter\$

## Important Dates to Remember:

**November 22 – 23:** Thanksgiving Holiday. The financial aid office will be closed

**December 24 -26:** Christmas Holiday. The financial office will be closed.

**December 31 – January 2:** New Year's Holiday. The financial office will be closed.

**December 14:** The last day to apply for a book grant. Applications are available in the Financial Aid office. Please remember, aid is provided based on financial need.

**January 7:** This is the first day that you will be able to complete your 2013-2014 FAFSA. In order to apply for MCCN scholarships, you will need to complete a FAFSA.

## Congratulations to the December graduates and the January/February SDAP graduates!

This is an exciting time for you. As the recipient of Federal Student Aid (i.e. Subsidized and Unsubsidized Loans), you are required to complete an Exit Counseling. **Theresa Garaux** is emailing this information to you. Please do not hesitate to respond. Failure to comply will result in your account being placed on hold.

## January Financial Aid

Financial Aid will be applied to your accounts beginning January 21, 2013. If you accepted your financial aid, then this will occur automatically.

## Identity Theft

Did you know that students are some of the main victims of identity theft?

This is because they are less likely to follow up on their financial status by requesting a credit report. Each year you are able to secure a credit report for free.

Maintaining a solid credit rating will be essential as you progress through life.

Have a great holiday!

**Alyncia M. Bowen, PhD**

Director, Financial Aid  
abowen@mccn.edu



# MCCN Student Called Out in Sports Illustrated!

With nearly 30 horsemanship awards, a national equestrian title, and leadership roles in 4-H and the Franklin County Junior Fair Board, freshman **Carly Bedinghaus** was recently accorded the national recognition of inclusion in *Sports Illustrated's* "Faces in the Crowd" segment (August 20, 2012). The piece included her attendance at Mount Carmel College of Nursing.

"I became interesting in riding horses when I was five years old. My family traveled out west to North and South Dakota and stayed at a working ranch where we went on trail rides every morning. In just one day, I fell in love with being on a horse's back. It just felt right, and natural for me," recalled Bedinghaus.

Bedinghaus requested and then began riding lessons at the Dare Equestrian Center at age five. "My mom thought it would be a phase that would last a few months, but 13 years later I am still riding."

Bedinghaus will not compete during college, but instead focus on her education. "I am keeping my horse, Chicklet, so I am still able to ride. Riding for me is a way to release stress, just being around horses allows me to feel at home and relaxed. I also plan to help coach the team I rode on in high school, and help out with my 4-H club."

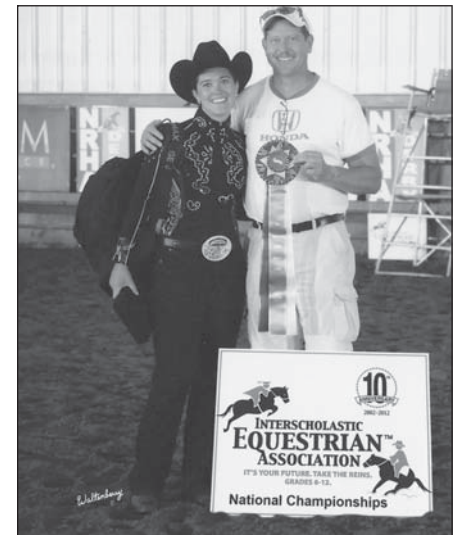
The link between horse back riding and nursing seems natural to Bedinghaus. "I love taking care of people, and of animals. As a member of 4-H for 12 years, community service was a very large part of my 4-H experiences."

When it was time to choose a profession, Bedinghaus wanted one with the opportunity to give back. "The atmosphere of a hospital where lives are saved everyday seems like a very smart place to give back, and help people out. MCCN was my number one choice; from the moment I stepped foot into Marian Hall, it just felt right."

Horses will retain their importance in her life. "I love the feeling of working with an animal that can't even speak our language; I had to learn to communicate with them, to understand them. The feeling of pure love and connection with a horse is a beautiful thing that I will always have in my life in one way or another. Riding began as a hobby, but turned into a passion and a love I will always have."



Carly Bedinghaus riding this year at the IEA Nationals horsemanship class that she won



Carly's dad Tony Bedinghaus and Carly at the IEA Nationals where she won Western Rider of the Year



Carly and her horse Chicklet