# the Rappet Mccn news & information

MOUNT CARMEL College of Nursing

# **Sophomores Celebrate Pinning**



Among the happy faces at Sophomore Pinning are (I-r) Fatma Al-Lamki, MSN, RN, Assistant Professor and Sophomore Program Coordinator; with sophomores Alyssa Krebs, Leigh Anne Meyer, Caitlin Meyers, and Zeb Homan.

At the January 13, 2013, Sophomore Pinning Ceremony at First Church of God, 136 sophomores from Mount Carmel College of Nursing (MCCN) Columbus Campus and MCCN at Fairfield Medical Center celebrated a milestone in their journey to the nursing profession — the transition from academic studies to clinical experience.

Sophomore Pinning is an annual tradition symbolizing a rite of passage that marks the students' academic achievement and commissions them to undertake the privilege of caring for patients. In the past, this ceremony was the first official donning of the Mount Carmel uniform and student nurse cap. Although students no longer receive and wear caps, the modern ceremony retains the same spirit, celebrating the ministry of caring and service that these aspiring nurses now undertake.

Today's students receive an engraved pin, reminiscent of the lamp carried by the founder of modern nursing, Florence Nightingale, as she cared for wounded Crimean War soldiers 150 years ago. Upon graduation in 2015, they will receive a MCCN graduate pin, which highlights the College crest and will replace the lamp pin.

#### **Dates to Remember** February 1 Advanced Placement Program application deadline Blood Drive February 4 February 15 Last day to drop a Term 1 class Graduation Planning February 18 Luncheon **MCCN** February 25 CollegeFORUM Term 1 classes end March 1 March 4 Term 1 clinical final exams March 4-8 Spring break (students and faculty) March 11 Term 2 begins March 25 Summer session registration begins **MCCN** CollegeFORUM March 29 **Good Friday** (holiday) April 22 Fall semester registration begins **MCCN** CollegeFORUM May 3 Term 2 and semester classes end May 6-10 Final examination week Pinning/ May 10 Recognition Ceremony May 11 Commencement

# **Degree Audits**

Pre-licensure students who want to verify current completion of program requirements may schedule an appointment to review their degree audits. Contact Records and Registration (614-234-3870) or **Karen Greene** (614-234-5685) to schedule an appointment.

RN-BSN Completion Program students: contact Tara Spalla (tspalla@mccn.edu).

Master's Program students: contact Kathy Walters (kwalters@mccn.edu).

# Sophomores Celebrate Pinning cont'd

Several sophomores performed key roles in the ceremony: Jared Bader, Christopher Clouse, and John Shipitalo read Scriptures; Tamara McCarroll and Caitlin Schoenlaub recited the closing prayer; Reanna Hickman, Aubrey Keeton, Jason Sims, Katelyn Snider, and Brittany Wicker provided a musical reflection.

Mount Carmel College of Nursing congratulates the class of 2015 on taking this next step to realize the dream of a career in nursing!

Special thanks to Student Ambassadors: Renee Dicke, Lucas Halliday, Sarah Hanson, Margot Lutz, and Erika Robertson.



# MCCN Makes the 11 p.m. News: NBC4 Features Pinning

**The NBC4 newscast** at 11 p.m. on January 13 included our sophomores and scenes from Sophomore Pinning in a story about job prospects in central Ohio. NBC4 reporter, Nadia Bashir, told viewers that U.S. Senator Rob Portman [R-OH] wants to see more Ohioans standing where our sophomores are — "on track to a good job." Portman expressed his interest in encouraging job training related to employment needs in central Ohio.

In addition to film footage of the pinning ceremony, Bashir interviewed sophomore **Alyssa Krebs**, who spoke about achieving this significant step and the beginning of the clinical experience. "I know that Mount Carmel provides us with a lot of opportunities and the program does a great job of preparing us," said Krebs. "We're all really excited."

Note: this NBC4 story can be accessed at www.mccn.edu.

# Here for YOU: MCCN Academic Support Services

By Cliff Wiltshire, BA



Clockwise: Tutor Samantha Malo, senior, tutoring freshmen Quanitta Davis and Andrea Ogandaga.

"Coaching" is not a word expected to be heard often at a nursing education site, such as MCCN. Coaching is usually related to athletics, to bringing a team together, and to helping individuals improve their performance as they work in partnership toward a goal.

While MCCN does not have varsity sports that require coaches, it does boast of an Academic Support Services program comprised of "coaches" dedicated to improving the academic performance of MCCN students.

The department is run by **Dr. Katheryn Fernandez, RN,** who guides a staff of three faculty, each with an area of expertise. That trio includes **Heather Houchard, MPH,** who focuses on math and statistics; **Alex Fernandez, MD,** who tutors in the sciences area; and **Cliff Wiltshire, BA,** who helps students with writing and English skills.

The staff is supported by a Peer Tutoring Program accessible to all MCCN students. The program, as explained on its CARMELink page, is "individual, course-specific tutoring provided by a qualified, currently enrolled, nursing student. Peer tutors are typically students who have been recommended by faculty based on their exceptional academic performance."

More than 100 students took advantage of the free services during the fall semester, learning about the program in many different ways. Coaches post fliers, publicize their services on CARMELink, and speak to classes about the help they offer.

Student usage and participation in the services continues to increase, Fernandez said. The feedback from students has been largely positive, with most indicating the coaching has improved their grades up to a whole letter grade higher.

While the "typical" student seeking coaching is difficult to define, Houchard said those seeking her help normally were struggling with math and logic. Houchard offers assistance, "with dosage calculations, re-entry math, statistics and nursing research. Students receive help over the phone, email, video chat, in an online classroom (such as Elluminate), or in person." She added that math tutoring "tends to work best either in person or meeting in an online classroom."

Houchard said she was especially proud of one student who really struggled in statistics early in the semester. This online student met with her advisor one weekend and spent hours poring over the material, but couldn't seem to complete the assignments.

# Advanced Placement Program (APP)

Deadline for application to the Summer 2013 Advanced Placement Program (APP) is February 1. Students with a minimum 3.00 cumulative grade point average who have successfully completed all non-nursing courses in the freshman and sophomore curriculum (with the *possible* exception of HLTH 202, SCIE 230 and SCIE 231) are eligible to apply for APP.

Admission to this program is very competitive, and not all applicants are accepted. There are a limited number of internal and external seats available, and candidates are chosen based on high academic achievement and successful completion of necessary prerequisite coursework.

Details and application materials are available on CARMELink. To locate the information about the MCCN Advanced Placement Program:

- ➤ log in to CARMELink
- click on the Student tab, find the APP Application portlet
- click on the appropriate links for the criteria and application
- download and print the application
- all applications are due by February 1, 2013

# ATI Comprehensive Review for NCLEX Preparation

Students graduating from the traditional pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the traditional pre-licensure program are assessed a \$300 senior year fee that enrolls them in the ATI NCLEX Review arranged by the College.

The onsite review is scheduled for May 13-15 (8 a.m. – 4:30 p.m. in the College Gym) for May and July graduates. The format consists of a three-day comprehensive in-class review.

October, December and March graduates are offered an onsite review session if there are a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from the Program Coordinator about the ATI review session.

# Are You Taking a Course Elsewhere? Past Deadline!

Any student taking a class at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her semester course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for submitting Spring Semester schedules was Friday, January 11.

Students must also notify MCCN Records and Registration when they drop or withdraw from an affiliated course. We have found that students are sometimes negligent with this required notification to MCCN. Remember ... you must keep MCCN updated on your affiliated status!

Financial aid awards are based on total registered credit hours. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

IF YOU ARE CURRENTLY TAKING AN AFFILIATED COURSE OR HAVE WITHDRAWN FROM AN AFFILIATED COURSE AND HAVE NOT ALREADY NOTIFIED RECORDS AND REGISTRATION, PLEASE DO SO IMMEDIATELY.

# Students at Ohio University Lancaster

Students enrolled as freshmen in the MCCN-FMC program and taking classes at Ohio University Lancaster (OU-L) are also required to submit a copy of their semester course schedules to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for Spring Semester schedules was Friday, January 11.

FMC program students must also notify MCCN Records and Registration when they drop or withdraw from an affiliated course. We have found that students are sometimes negligent with this required notification to MCCN. Remember... you must keep MCCN updated on your affiliated status!

### Welcome to:

**Julia Farkas,** new Department Secretary, supporting the Admissions Office, the Business Office, and the Financial Aid Office!

# Here for YOU: MCCN Academic Support Services cont'd

"Because she had read the material and had a fundamental understanding of the concepts she was being assessed on, she was able to complete her assignment within a one-hour tutoring session," Houchard said.

"The student felt relieved and less anxious afterward. She first saw me about the third week of the first eight-week session and continued to see me weekly after that. She successfully completed her statistics course and is moving on to complete her online BSN."

Wiltshire found that many students preferred receiving feedback on their papers via e-mail, though more in-depth coaching worked better in a face-to-face setting.

In terms of writing, students seeking help ran the gamut from first-year students right out of high school — who had no previous experience with American Psychological Association writing style — to veteran nurses who had not written a term paper for decades. Coaching for writing was provided during the first semester to students, as well as to faculty seeking feedback on master's and even doctoral work.

**Kristianna Peck,** a senior from Ashville, Ohio, ran into some questions about APA style while writing a paper in the fall. Her clinical instructor suggested utilizing the College's Academic Support Services. "It was extremely helpful," she said. "I would absolutely recommend these services to other students!"

Peck had some additional advice for students, especially those new to MCCN programs. "I came to MCCN with an open mind for all of my clinical experiences. I did not want to only have a passion for a specialty when I had not experienced any of them for myself," she said.

"Enjoy every class even if it doesn't seem like your future is heading that way. You just never know what you end up enjoying or have a talent for."

Instructor **Kerry Dawley, MSN, RN,** said she notices a difference in the students who take advantage of Academic Support Services. "I think it is very beneficial and I encourage all of my seniors to use it," she said. "I also encourage them to utilize the Grammarly first, but sometimes they need additional assistance. The students who consulted Academic Support Services said that the response is timely and the advice is helpful."

Doing well at math, or science, or writing requires work and that sometimes means a little extra effort to get things right. Her advice, specifically for math and statistics students but applicable in other fields as well, is to "set aside some time every day — maybe only 20 minutes — to work on problems. Doing math requires us to use a part of our brain that often doesn't get exercised. Just like you work out in a gym to exercise and train your body, you need to work out that right part of your brain to become strong in math and logic."

Many students will and should seek out academic help during their nursing education. It might be once for a single paper, or a semester of weekly sessions to ensure a difficult topic is mastered. But the successful student won't let pride or a poor work ethic get in the way of understanding a subject crucial to the job at hand — whether that is acing a college course or excelling on the floor of a hospital.

For coaching in writing, contact Cliff Wiltshire, BA, at cwiltshire@mccn.edu.

For coaching in sciences, contact **Alex Fernandez, MD,** at afernandez@mccn.edu.

For coaching in math or statistics, contact **Heather Houchard, MPH,** at hhouchard@mccn.edu.

If you're not sure whose help you need, contact **Katheryn Fernandez, PhD, RN,** at kfernandez@mccn.edu.

# Welcome to 64 New SDAP Students! SDAP VII Began in January 2013 and Will Conclude by February 2014



Interest in MCCN's SDAP remains strong due to the design of the program, enabling students to realize their dream of becoming a nurse in just 13 months. Our students have the opportunity to complete their clinical experiences at major healthcare facilities within the city of Columbus. MCCN SDAP students have the same clinical hours as the traditional students and are able to complete a one-on-one preceptored experience.

"These factors continue to be major selling points for our program," said **Tanika Cherry, MSN/ED, RN-BC,** Instructor and Second Degree Accelerated Program Coordinator. Although the SDAP program is very intense, it is doable."

Cherry described the SDAP VII group as very engaged in the program and excited about nursing. "Faculty has noticed that as a whole this group





has more life experience than previous cohorts. Many of these students come from non-healthcare-related fields. The SDAP faculty and students are looking forward to a fantastic year, filled with learning and fun."

# **Community Service**

Social Responsibility is one of the "Core Values" contained in the mission of Mount Carmel College of Nursing. In accordance with the College's Mission and Catholic Identity, the Community Service requirement for nursing students includes the application of one's skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service **prior** to the beginning of the last semester of enrollment (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities, but will not receive a diploma or be eligible to take the NCLEX-RN licensing exam until this requirement is met

Additional details regarding the Community Service Learning Program can be found in the Student Handbook.

Submit documentation of the completed hours requirement to:

- ➤ Colleen Cipriani (main campus, pre-licensure program)
- ➤ **Deidre Smith** (Fairfield Medical Center program)
- ➤ Therese Snively (RN-BSN Completion program)
- Kathy Walters (master's program)

# Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal policy. For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

- ➤ After the course start date, a student must first notify the course instructor and obtain his/her signature **prior to submitting** an Add/Drop Form to the Office of Records and Registration. Submission of the form is required for official withdrawal from a course.
- ➤ Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed Add/Drop Form will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the Student Handbook.
- ➤ A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- ➤ A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A Grade of "W" will be posted to the student's academic transcript.
- ➤ A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- ➤ A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- ➤ A student may withdraw from only one nursing course during the program of study.
- ➤ A student may withdraw from a total of two different non-nursing courses during the program of study.
- ➤ A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a corequisite course.

# **Program Spotlight: The MCCN Online RN-BSN Completion Program**



# Q&A with Tara Spalla, PhD, RN, Assistant Dean Distance Education

### What is the MCCN Online RN-BSN Program?

A Baccalaureate completion program for Registered Nurses who graduated from Associate Degree or Diploma nursing programs.

### Who is it designed for?

Working RNs with busy lives who are ready to earn their BSN.

#### Why choose MCCN's program?

MCCN offers a quality program, benchmarked against national standards, with experienced faculty whose first priority is education — all this in a caring, supportive environment.

### What are students saying about our program?

Students love our caring environment, flexibility, and support:

"I would have had to drop out if there wasn't flexibility. Working full-time 12- hour night shifts and overtime...sometimes made it impossible to meet an assignment deadline."

"I had a few technical issues and was gently guided through them."

"My instructors responded in a timely manner...for every question I received support with promptness and enthusiasm."

#### How is the program doing since it went online?

Summer 2011 onsite RN-BSN: 11 students from Ohio

Spring 2013 online RN-BSN: 204 students from 12 states: Ohio, Michigan, Iowa, Illinois, Maryland, Texas, Colorado, Connecticut, Georgia, Idaho, South Dakota, California

Many Mount Carmel School of Nursing graduates nationwide appreciate the opportunity to "come home" to complete their Baccalaureate degree.

# **Program Spotlight: The MCCN Online RN-BSN Completion Program** contd

### Why is the BSN important in today's healthcare environment?

Healthcare changes rapidly and nurses must keep up. The best BSN programs prepare nurses to examine nursing practice research in order to provide the best possible care, as well as teach the importance of safety, quality, evidence-based practice, nursing informatics, community health, and political action. In addition, MCCN's program highlights the critical difference a caring environment makes in health and wellness.

Also innovative is MCCN's commitment to caring for our military veterans and their families; our RN-BSN program integrates veteran-centric and veteran specific content into the online curriculum, including the co-morbidities of veterans and the complexities of nursing assessment and care.

### What's your advice for a nurse contemplating a return to school to earn a BSN?

Compare programs to find the right fit and discover how special MCCN is. Look at the information at www.mccn.edu and contact us.

#### For more information contact:

#### Kip Sexton, MS, RN

Program Admissions Advisor 614-234-5169 ksexton@mccn.edu

#### Tara Spalla, PhD, RN

Assistant Dean Distance Education 614-234-5950 tspalla@mccn.edu

### Therese Snively, PhD, RN

Online Academic Advisor 614-234-3362 tsnivelv@mccn.edu

# **Take Advantage of the AfterCollege Career Network**

As a member of the American Association of Colleges of Nursing, MCCN offers the AfterCollege Career Network, which is a job, internship and scholarship resource created specifically for our students and alumni.

When you access our AfterCollege Career Network, you can take advantage of a variety of resources to help you find, build and develop your rewarding career. For example, you can:

- ➤ Access major-specific, entry-level job opportunities from employers who have indicated an interest in hiring our students and graduates
- > Follow favorite companies and be the first to know about new opportunities
- ➤ Build professional and academic profiles that will viewed by prospective employers
- Access and apply for AfterCollege Scholarships
- ➤ Build a winning resume, learn about salary negotiation, and more

And, there is no cost to you when you access any of these valuable resources.

To get started, simply visit AfterCollege.com, enter Mount Carmel College of Nursing, and choose your major. You'll be automatically added to our exclusive AfterCollege Career Network.

# Student Government **Association (SGA)** Officers and Representatives for 2012-13

President Jena Verbance

Vice President Annie Hahn

Treasurer

Ashli Temple

Secretary of Records

Symphony Voelkel

Secretary of Public Relations 1

**Brooke Cooper** 

Secretary of Public Relations 2 Stephanie Rienschield

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**Benjamin Moore** Molly Wake

Junior Class Representatives

**Devon Baldwin Ebonee Caldwell Brett Teiga** 

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FMC Representatives

Senior: Cynthia Broaddus Sophomores: Alexis Brown and Megan Robinson

> Advisor Colleen Cipriani

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For deadline information or to comment, contact Robin Hutchinson Bell at 614-234-1372 or rhutchinsonbell@mccn.edu.

## MCCN CollegeFORUMS

February 25, March 25, and April 22

All students invited to attend these open forums with our President/Dean, Ann Schiele, PhD, RN.

Complimentary lunch provided by Dr. Schiele.

### **Summer Session 2013**

The course schedule for Summer Session will be available to students the week of March 18.

- Registration starts the week of March 25.
- A limited number of summer courses will be offered.
- ➤ Enrollment in sophomore nursing courses is restricted to students accepted into the Summer Advanced Placement Program and is not open to the general student population.

Students will be notified via email and CARMELink regarding additional details and registration instructions for summer.

### Save the Date

The second general membership luncheon meeting of the Rho Omicron Chapter of Sigma Theta Tau will be **Monday, March 18, at 12 noon.** All members, please plan to attend.

Additional details to follow.

# **Congratulations!**

Happy retirement wishes to Instructor, **Stephanie Kettendorf, MS, RN, CNS, NCBF,** who is retiring effective February 1, 2013.

# Support the SNAM Blood Drive

February 4, 9 a.m. - 3 p.m. in the gym

# **KEMBA Scholarship Competition Deadline is February 1!**

KEMBA Financial Credit Union's Annual \$2,000 Scholarship Competition is now underway. Eligibility requirements are that student be a KEMBA member, at least a high school senior, and be enrolled in an accredited university/ college as a full time student. Visit this link to get details: https://www.kemba.org/news.html.

# **Certification Nurse Educator (CNE) Achieved by Three MCCN Faculty**

Congratulations to Assistant Professor Toni Chops, MS, RN, CNE; Assistant Professor Amy Smith, MSN, RN, CNE; and Associate Dean of the Graduate Nursing Program Angela Phillips-Lowe, EdD, RN, CNE— who met all requirements and successfully passed the rigorous Certification Nurse Educator Exam sponsored by the National League for Nursing (NLN).

According to the NLN, this certification for academic nurse educators "establishes nursing education as a specialty area of practice and creates a means for faculty to demonstrate their expertise in this role. It communicates to students, peers, and the academic and health care communities that the highest standards of excellence are being met." Those who wish to maintain certification must fulfill ongoing requirements that demonstrate knowledge related to the nurse educator role.

The NLN has 35,000 members and according to Susan Pyle, NLN Program Specialist, 3,498 nurse educators who have successfully passed the exam. Requirements for the exam include meeting strict eligibility criteria pertaining to licensure, education, and employment experience in a nursing program in an academic institution.

Chops developed interest in obtaining the certification after attending professional conferences and events sponsored by the NLN. Involved with the NLN and Sigma Theta Tau International (STTI) for many years, Chops attended an educational program sponsored by the NLN and STTI last summer. The program focused on innovations in nursing research and emphasized the need to distinguish nursing education as a professional specialty. Nursing leaders from around the country presented information on the core competencies of nurse educator practice.

Inspired by this information and based on her experience in academia, Chops recognized that there is a unique skill set for nurse educators and that this exam is one way to measure the knowledge, skills, and experience for the role. The exam provided an opportunity to examine a condensed blueprint of responsibilities for academic nurse educators.



Toni Chops, MS, RN, CNE



Amy Smith, MSN, RN, CNE



Angela Phillips-Lowe, EdD, RN, CNE

Chops also gained a deep appreciation for the preparation required for a standardized exam. "I can now better relate to the nursing student experience of taking the NCLEX. I used the same tips that I have taught students. I can now say to the students that I know from recent experience, some actual strategies to use."

Smith was interested in studying for the certification in nursing education to validate her knowledge of educational theory and process.

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# **New Admissions Counselor: Julie Haley**

By Josiah Knowles, Communications Intern



Julie Haley began her career with MCCN as an administrative secretary and moved to Admissions in October 2012. Haley sees the new position as an opportunity to better utilize her strategic communications degree earned at The Ohio State University in 2007. Her familiarity with the College from her previous positions facilitated a smooth transition.

As an Admissions Counselor, Haley visits high schools and college fairs across the state to meet prospective nursing students. Once the recruiting season winds down, Haley oversees students through the admissions process and participates in MCCN open houses.

"What I like best about my work is getting to know the students, talking to them and hearing why they want to be in nursing," Haley says. "I really enjoy the opportunity to talk to students about their aspirations and what they want to do."

Haley's advice for prospective students is to do well in class; all four years of high school matter in order to produce a good GPA. Haley recommends starting the admissions process early and visiting the campus to get the best idea of what nursing education would be like at MCCN.

# **Certification Nurse Educator (CNE) Achieved by Three** MCCN Faculty contd

"My graduate degree was in Acute Care and Management and did not have an education focus. I have taught in nursing education for several different institutions in all levels of nursing education— diploma, associate and bachelor's—and have obtained most of my working knowledge from experience and the mentoring of others," said Smith. "I enjoyed preparing for the exam and pulling together many aspects of my background and experience."

Most of the topics on the exam represented areas that Smith had experienced in various faculty roles. "Preparing for the exam allowed me to understand the 'why' behind many educational practices and validated some of the teaching approaches that I currently use." Smith cited significant areas of learning that included understanding the process of evaluating the reliability and validity of testing and the use of effective approaches to active learning.

"I would definitely encourage all faculty regardless of their educational

BELIEVE IN WE

OhioHealth Critical Care Fellowship Positions Organizational Development For internal candidates Feb 4th-8th and Feb 11th-18<sup>th</sup> for external candidates For the July 2013 program

For the July 2013 program

For the Sept 9th-13th and Sept 16th-23rd for external candidates For the February 2014 Program

Posted as Critical Care Fellowship Staff RN

In Opinion In Indiana Care Fellowship program provides the new graduate RN with the program is designed to assist the new graduate rn we clinical skills. This unique educational critical care nurse. The program incorporates a combination of classroom and hands-on units.

In a state-of-the-art simulation lab in addition to clinical rotations in various critical care. The Critical Care Fellowship Requirements: Afficial Gare removamp requirements:

Submit an online application posted as Critical Care Fellowship Staff RN

Hold a valid Ohio RN license or be board eligible Have less than one year of experience Minimum GPA 3.0 Applicants must have a Baccalaureate Degree in Nursing Applicants must have a Baccalaureate Degree in Nursing Precepted clinical experience or hospital experience as a Patient Support Assistant (PSA), or equivalent If all the above requirements are met, qualified prospects are sent a packet and are asked to submit: An official transcript An omciai transcript
Two clinical instructor references from Senior rotations Two clinical instructor reterences from senior rotations

An essay describing their desire to become a critical care nurse A short essay on 5 year goals A professional resume Once all materials are submitted to Human Resources and processed, qualified applicants are scheduled for a panel interview. Acceptance into the Critical Care Fellowship is based on the written documents submitted and the outcome of the panel interview. Please call OhioHealth Human Resources today at (614) 566-4757 with questions, or learn more about how to apply for the Critical Care Fellowship by visiting Contact OhioHealth Human Resources today at (614) 566-4757 <del>弾</del>艦 事農 OhioHealth

background or years in teaching to take the exam. There is a body of knowledge in nursing education that we all draw from and it is helpful to validate that core knowledge through certification," concluded Smith.

> Reference: National League for Nursing http://www.nln.org

# Recruiting MCCN Ambassadors for 2013-14

Get involved and become a Mount Carmel Student Ambassador. Applications are now available in *Java Jolt*, in Admissions or the Front Desk. Questions? Contact **Kim Campbell** at kcampbell@mccn.edu. Applications are due in February.

### **Library Hours and News**

Monday - Thursday	8 a.m. – 9 p.m.	
Friday	8 a.m. – 5 p.m.	
Saturday	8 a.m. – 12 noon	
Sunday	Closed	

Professional reference staff is available Monday – Friday, 8 a. m. – 5 p. m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.



Mount Carmel College of Nursing is one of 500 nursing programs nationwide that are members of the national "Joining Forces" initiative led by the American Nurses Association, American Academy of Nurse Practitioners, American Association of Colleges of Nursing, and the National League for Nursing, in coordination with the Departments of Veterans Affairs and Defense.

President/Dean Ann Schiele, PhD, RN, signed the agreement in Washington, DC, that committed MCCN to integrate specific content into the curriculum by 2014 to educate America's future nurses to care for our nation's veterans, service members, and their families facing post-traumatic stress disorder, traumatic brain injury, depression, and other clinical issues. MCCN is one of just 19 nursing programs from the state of Ohio that have made this commitment.

# **Student Health**





By Kathy Walters MS, RNC, NNP-BC Assistant Professor/Student Health Nurse

Flu season is upon us. MCCN made it mandatory for all faculty, staff, and students to receive an annual flu vaccine. However, some individuals are getting the flu despite the vaccine. When the flu vaccine is made, scientists try to anticipate what strain of flu will be prevalent the **following year.** Most of the time they hit the nail on the head with the three strains they include in the annual vaccine, but sometimes a glitch occurs and the vaccine does not protect us from each and every strain of flu that appears the following winter.

We need to keep our campus healthy! What can you do? Prevention is key to keeping the flu at bay:

- Maintain good general health through adequate sleep, exercise, and nutrition.
- ➤ Wash hands frequently and avoid touching your face. Use the hand sanitizers placed in areas around the College.
- Sneeze and/or cough into your elbow area.
- > Stay home from class and/or clinical if you are experiencing flu symptoms, such as fever, runny nose, sore throat, cough, and/or headache, to avoid spreading the virus to others.
- Seek medical care if your temperature is over 102 degrees F., if you have difficulty breathing, or have severe vomiting and/or diarrhea.

#### Kathy Walters MS, RNC, NNP-BC

Assistant Professor/
Student Health Nurse
Graduate Program Student Advisor
office 614-234-5408
fax 614-234-5403
kwalters@mccn.edu

# Message from Mount Carmel Health: Masks required of all non-flu-vaccinated associates

Influenza season arrived sooner than expected and the current level, as determined by the Columbus Health Department, is HIGH.

In order to continually protect our patients' and associates' safety, all associates who have not received a flu vaccination are required to wear a mask while on Mount Carmel property, effective immediately. Associates may wear a simple surgical mask obtained through materials management (supply and distribution).

Flu vaccinations are still available in Associate Health. Visit the website for hours of operation and contact information.

All associates who applied for or were approved for a vaccination exemption are required to wear masks. The final review of exemption requests by the committee took place in December and those that receive an approved exemption were notified via email and their direct managers copied. The latest report of compliance is available on the director's or manager's Report2Web access on *InSight*.

Please remember the influenza vaccination/mask requirement is part of a comprehensive prevention strategy to create a healthier and safer environment for the patients, co-workers and visitors we encounter on a daily basis.

If you have any questions, please contact Associate Health or Infection Control.

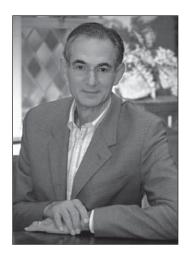
# Mount Carmel College of Nursing Announces Board Appointments

### New Board Chair, Ed Gaydos, PhD

**Dr. Ed Gaydos** has been appointed Chair of the Mount Carmel College of Nursing Board of Trustees. He has served on the board since December 2007. Dr. Gaydos was Senior Vice President at Limited Brands, leading executive development and succession planning, and working closely with the CEO and Board officers to identify and develop the most senior talent in the organization. Dr. Gaydos also spent 21 years at Anheuser-Busch Companies, in roles ranging from corporate selection systems to international executive and organization development.

Dr. Gaydos co-founded Selection Research International, Inc. (SRI) over 30 years ago and helped to conduct the original research on the personal, familial, and organizational factors predicting international assignment failure. An advisor to SRI throughout his corporate career, Dr. Gaydos helped SRI develop its current set of screening tools and selection systems. Rejoining SRI in 2007, Dr. Gaydos manages SRI's global talent development and executive coaching practices.

Dr. Gaydos is a Vietnam Veteran and recipient of the Bronze Star. He holds a PhD in industrial and organization psychology from the University of Missouri. He is past president of The Conference Board's Organizational Development Group, and past president of the Human Resource Planning Society.



### New Board of Trustees Member, Jeri Milstead, PhD, RN, NEA-BC, FAAN

**Dr. Jeri Milstead** was recently appointed to the Mount Carmel College of Nursing Board of Trustees. Dr. Milstead is retired Professor and Dean Emerita, University of Toledo College of Nursing, and an internationally known expert in public policy and the politics of healthcare. She is the editor and senior author of *Health Policy and Politics: A Nurse's Guide, 4th edition* — that is sold on four continents — and the *Handbook of Nursing Leadership: Creative Skills for a Culture of Safety.* 

Dr. Milstead was invited to write chapters in two other current nursing textbooks, has published in national and international journals, and was Editor-In-Chief of The International Nurse, 1995-2006. Dr. Milstead was a policy advisor in the Washington, DC, office of Sen. Daniel K. Inouye [D-HI], was president of the State Board of Nursing for South Carolina, and held leadership positions in the State Nurses Associations in Ohio, Pennsylvania, and South Carolina.

Dr. Milstead received a diploma from Mount Carmel School of Nursing, where she became a Distinguished Alumna in 2000. She holds a PhD in Political Science from the University of Georgia, a Master of Science and Bachelor of Science, cum laude, in nursing from The Ohio State University. She is a Fellow of the American Academy of Nursing and is board-certified as a Nurse Executive-Advanced.



# Annual Dr. Martin Luther King, Jr. Birthday Celebration



The event was held on January 14, featuring The Honorable Algenon Marbley, Jr., United States District Court Judge, as the guest speaker.

# Fun at the Residence Hall Christmas Party



# Nurses Day at the Statehouse — February 20, 2013

From Pat McKnight, MS, RD, LD, FADA, Assistant Professor

The Ohio Nurses Association sponsors the annual Nurses Day at the Statehouse, which brings 400 Registered Nurses and nursing students from all over Ohio to the Statehouse Atrium. MCCN is one of the cosponsors and reserves spaces for some of our students to attend.

In the morning, legislators and nurses will speak about healthcare issues important to nursing. I will schedule meetings for our students to visit their legislators' offices as part of the day. Don't worry, you will not go alone! Legislators eat lunch in the Atrium with those attending the event.

We have a limited number of reserved spaces. Everyone who has attended this event in the past has indicated that it was a GREAT experience. If you are interested in attending, I need to know right away. Email your name and your home address with zip code (to determine the names of your legislators) to pmcknight@mccn.edu. Questions, contact **Pat McKnight.** 

# Oxfam America Hunger Banquet® at MCCN

You are invited to a Hunger Banquet on Wednesday, February 13, noon -1 p.m. in the College Lounge.

At this interactive event, the place where you sit and the meal that you eat are determined by the luck of the draw — just as in real life some of us are born into relative prosperity and others into poverty. One in seven people goes to bed hungry every night. Not because there isn't enough food, but because of deep imbalances in access to resources, such as fertile land and water. By hosting the Oxfam America Hunger Banquet® we hope to enlighten people about poverty and hunger.

This is a great way to begin the Lenten Season. We need volunteers to act as greeters, food preparers, and servers. Please email **Colleen Cipriani** at ccipriani@mccn.edu to volunteer and/or RSVP to attend the event. Monetary donations will be gratefully accepted!

# **Lunch and Learn at MCCN-FMC**



Lunch and Learn at MCCN-FMC (I-r): Kate Kindy, Speaker Fatma Al-Lamki, Tanika Cherry, Deidre Smith (FMC Program Coordinator), and Missy Mohler

courtesy of FMC

**Recently at a special Lunch and Learn** presentation at MCCN-FMC, Assistant Professor, **Fatma Al-Lamki, MSN, RN,** served as guest speaker. A native of Oman, Al-Lamki spoke about the culture of Oman and how professional nursing is practiced there. Al-Lamki is a College faculty member who teaches nursing fundamentals and Foundations of Caring.

# Trinity Health to Consolidate with Catholic Health East (CHE)

Expected to be completed this spring, the consolidation of the two organizations into one, unified ministry would result in the third-largest not-for-profit health system in the U.S. by net patient revenue, according to recent financial statements.

Trinity Health and CHE are both large financially strong Catholic healthcare organizations. Together, the merged system would consist of 87 hospitals, 89 continuing care facilities, and hundreds of outpatient locations, home health and hospice agencies, and other healthcare services staffed by over 87,000 associates across 21 states. The unified system would be responsible for over 700,000 inpatient discharges and nearly 2.8 million home health and hospice visits on an annual basis, and would have \$19 billion in assets and over \$13 billion in annual revenues. The consolidated system would provide nearly one billion dollars in community benefit.

There are no significant, immediate changes or staffing adjustments expected at the local level. The compensation and benefits offered by the new organization haven't been announced.

According to **Joseph R. Swedish,** President and CEO Trinity Health, "Trinity Health and CHE share a mission and core values that provide a strong foundation for a new organization that would be better able to serve by sharing more resources, providing greater access to care and investing more in our communities."

The increased scale also gives the new Catholic organization a bigger say in Catholic and other healthcare matters of national significance, said Swedish. "We will now have a unified voice that I think is substantial."

Observers say that benefits of the consolidated Catholic system include better management of the supply chain and increased leverage in purchasing, as well as enabling member hospitals to better deal with challenges due to more access to capital and the spread of risk across multiple markets.

The news release issued and filed with bond investors indicates that the merged system would be a "new organization" — rather than Trinity absorbing the smaller CHE — and that Swedish would take the helm as CEO.

For several months, leaders of both organizations discussed how collaborating might improve care by capitalizing on their complementary strengths — conversations that included Sisters from the religious congregations, board members, and executives of both systems.

continued on page 13...

# **MCCN Made Christmas Merry for Local Children**

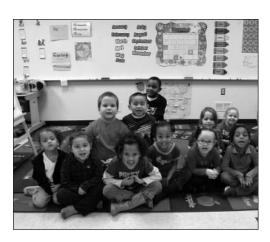


The MCCN community shopped, wrapped and delivered over 300 gifts to the students of nearby Avondale Elementary School. Every child in the school received a gift. MCCN volunteers also delivered coats, hats, gloves, socks, underwear, and extra gifts to help out families from the Avondale community in need.

Our thanks to everyone at the College who participated in this heartwarming holiday outreach.













# Trinity Health to Consolidate with Catholic Health East (CHE) contd

The conclusion of the discussions: combining the strengths of the two systems into one national Catholic health ministry would improve the health of the communities they serve; enable them to advocate more effectively to improve healthcare and access for all, especially for the poor and underserved; and increase ability to influence and transform healthcare on the national level. The consolidation also positions the new system for the future by enabling it to rise to the challenges of the changing healthcare environment.

# **SNAM News**

Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles, and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

### **Upcoming Events**

- ➤ Blood drive on **February 4, 9 a.m. 3 p.m.,** in the gym (Our last blood drive exceeded our goal and we hope to double our results this time)
- ➤ NSNA Annual Convention in April
- ➤ Gladden Community House
- ➤ Elderly Home Improvement Outreach
- Fabulous speakers specializing in Midwifery, Pediatrics, and a nurse in the military

#### **SNAM CPR Sweatshirts**

SNAM has CPR sweatshirts in stock for easy purchase. There's a limited selection of styles — Student Nurse, Nurse and Blank —all at a cost of \$35 each. Contact **Dawn Hughes** at dhughes@mccn.edu to buy yours today!

#### SNAM 2012-13 Officers

President	Lauren Dortmund	Vice-President	Jill Zimmer
Treasurer	Renee Dicke	Secretary	Katie Holland
Breakthrough to Nursing	Mackenzie George	Community Health Director	Tina Marie Cerra
Membership	Stephanie Rienschield		

# "Remembering Mount Carmel"

The newest fundraiser of the Mount Carmel Alumni Association, *Remembering Mount Carmel*, has been published. The 44-page bound book with photos and great stories of

alumni and faculty memories of their time at The Mount: some funny, some sad, all heartwarming, is now available from **Theresa Williams** for \$15 (cash or check payable to Mount Carmel Alumni Association).

All proceeds benefit the Alumni Association's scholarship and loan programs and ultimately, our students. Thank you to alumni and faculty who took the time to share their memories. And thank you to each of you who purchases a copy.



# Awards for MCCN Publications!

MCCN received recognition in two categories as part of the National Collegiate Advertising Awards Competition.

- Gold Award for The Lamp (Alumni-Community Magazine)
- Judge's Choice Award for College Recruitment Materials (Judge's choice is highest honor — perfect score!)

# About the 2012 COLLEGIATE ADVERTISING AWARDS: The Collegiate

Advertising Awards is an elite program designed to recognize today's most talented educational marketing professionals for outstanding excellence in all forms of advertising, marketing and promotion in competition against similarly sized colleges and universities from across the nation.

All entries are centralized for judging (per category) by a panel of design and education marketing professionals with decades of combined experience. Entries are judged on: Creativity, Layout/Design, Typography, Production, Quality and Overall Effectiveness.

Gold, Silver, and Bronze certificates are issued by both Group and Category. Judge's Choice awards are presented to Division winners receiving a perfect score from the judges.

# MCCN Academic Support Services

Start the spring semester with the support of the MCCN Academic Support Services Team! Located in Marian Hall room 300, Academic Support Services is staffed for a drop in study table to help students with all subjects. Bring your questions and find answers!

- ➤ Mondays, noon-4 p.m.: all subjects and math coach available
- ➤ Tuesdays, 8 a.m.-noon: all subjects 1-4 p.m.: English coach available
- ➤ Wednesdays, 10 a.m.-noon: sciences coach and 11a.m.-1p.m. math coach
- ➤ Thursdays, 8 a.m.-noon: all subjects 2:30-4:30 p.m.: all subjects 1-4 p.m.: English coach available
- Fridays 12-2 p.m. and 3-5 p.m.: all subjects

To schedule, please e-mail: **Heather Houchard, MPH,** for math at hhouchard@
mccn.edu, **Cliff Wiltshire, BA,** for English
and writing at cwiltshire@mccn.edu and for
sciences coaching, **Alex Fernandez, MD,** at
afernandez@mccn.edu. **Katheryn Fernandez, PhD, RN,** is Academic Support Coordinator at
kfernandez@mccn.edu.



### **Notes from Alyncia**

Happy New Year! Welcome to our new students and welcome back to our returning students.

**Spring Disbursements:** We are processing financial aid for the Spring Semester disbursements. Financial Aid is processed and disbursed in the following order – scholarships, grants, and loans. Private loans will be applied to your accounts as the monies are received.

It is important that you regularly check your account balance on CARMELink under the Business Office tab. If you do not see your financial aid on your account, please follow up with the Financial Aid Office.

**2013-2014 Academic Year:** Financial aid for the 2013-2014 academic year will be based on your <u>2012</u> tax return. This academic year covers: Summer 2013, Fall 2013, and Spring 2014. If you plan to take classes in any of those terms, please complete your FAFSA as soon as you complete your 2012 tax return.

Please note, if you completed a FAFSA for the 2012-2013 academic year you will receive a FAFSA renewal reminder from the Department of Education. Please note that MCCN will not send individual reminders.

**IRS Data Retrieval:** This is the second year for you and your parents to utilize the IRS Data Retrieval Tool to upload your tax information. It is my understanding that by doing this you will reduce your opportunity for being selected for verification. This tool will be available beginning February 3, 2013.

**Verification:** Currently 30-40% of all of our students are selected for verification. This is a randomized process that historically required you and/or your parents to submit a copy of your 2012 tax return transcript.

As in prior years, financial aid will be pending the completion of the verification process. Reduce your risk for selection and utilize the IRS tax upload process.

**2013-2014 FAFSA**: Plan early to complete your 2013-2014 FAFSA. In order to complete the FAFSA you will need the following:

- ➤ 2012 tax return for you the student, your parents if you are a dependent or your spouse if you are married
- ➤ Your individual PIN number
- ➤ 15 minutes to complete the online application at FAFSA. ED.GOV

**2013-2014 Award Letters:** Award letters will be generated on a first-come, first-served basis. Please allow MCCN two-three weeks to process your award letters after the FAFSA has been received. Missing information or additional actions will delay the processing of your award letter.

Next is an example of the message you will receive, if your FAFSA has been processed successfully.

Subject: 2013-2014 FAFSA — Processed Successfully

Dear John,

Congratulations, your FAFSA has been processed successfully.

What Happens Next

- Your FAFSA information was sent to the school(s) on your FAFSA and they will contact you if they need additional information.
- Your school(s) will use your FAFSA information to determine what aid you may be eligible to receive.
- Contact your school(s) with any questions about your financial aid package.

Your Student Aid Report

Your Student Aid Report (SAR), which contains the information you submitted over the FAFSA, is now available online at the link below. Your school(s) will use the information on your SAR to calculate the amount of federal student aid you are eligible to receive.

**LapTop Scholarship:** Congratulations to **Sarina Jackson** and **Aubrey Coykendall,** the recipients of the Laptop Scholarship!

**2013-2014 Scholarship Process:** Each year MCCN provides over \$300,000 worth of scholarships. The donors are excited about investing in the lives of our students, and we are most appreciative of their commitment to helping our students pursue their dreams of a career in the nursing profession.

This year all applications will be completed online. The Financial Aid Office is working with IT to automate the process. Please look forward to forthcoming information regarding when the application process will begin.

Alyncia M. Bowen, PhD

Director, Financial Aid abowen@mccn.edu

# Graduating Student Information Luncheon

Graduating students should plan to attend the Graduation Planning Luncheon on **Monday**, **February 18, noon - 1:30 p.m.** (approximate end time) in the College Gym. Among other things, we will discuss:

- ➤ Details regarding the May 9 Graduation Celebration Luncheon and mandatory Pinning/Recognition and Commencement rehearsal
- ➤ Details about the May 10 Pinning & Recognition Ceremony
- ➤ Details about May 11 Commencement
- ➤ Information about tickets to these events
- ➤ Information about graduation photographs
- Graduating Student Exit Survey and Interview procedure
- ➤ Application to take the Nursing Council Licensure Exam (NCLEX-RN)
- ➤ Information about the MCCN master's degree program
- ➤ Visit the Jostens display in the lobby (cap/gown, announcements, class rings, etc.)
- ➤ Visit the photo location in the lounge (optional) for graduation photographs
- ➤ Ample time for Q&A

Please watch for your email invitation to arrive and remember to RSVP for the lunch count. Plan to attend so you don't miss this opportunity to learn valuable information as you prepare to celebrate the completion of your degree!

# Cap and Gown Order Deadline

Each graduate attending Commencement on May 11 is responsible for ordering and paying for his/her own cap/gown no later than **April 4**, **2013.** Orders are placed online at jostens.com.

- Click on "Find My School's Store" at the top of the page
- > Search for Mount Carmel College of Nursing
- Follow the prompts for "Graduation Caps and Gowns"
- Click on either the bachelor's or master's product (they are different!)
- ➤ Follow the "Design It" prompts to place your order
- ➤ **Note:** one tassel comes with your order; there is an option to order additional tassels

Remember: The order deadline is April 4. A Jostens representative will be in the main lobby following the February 18 graduation luncheon to answer questions you may have. Records & Registration is also a resource if you have questions (614-234-3870).

# **COUNTDOWN** to Graduation!

**Stay tuned to CARMELink for updates** regarding key information that graduating students need to know before May Commencement. Check this update for important deadlines and suggestions to keep your path to graduation on track.

➤ Make sure you are on track to complete all degree requirements by requesting a degree audit. Pre-licensure students contact Records and Registration; RN-BSN students contact Tara Spalla (tspalla@mccn. edu); Master's students contact Kathy Walters (kwalters@mccn.edu).







- ➤ If not already submitted, complete your Community or Professional Service Program requirement and submit documentation forms to Colleen Cipriani (main campus, pre-licensure program), Deidre Smith (Fairfield Medical Center program), Therese Snively (RN-BSN Completion program), or Kathy Walters (master's program).
- ➤ Attend the graduating student information luncheon on February 18 in the College Gym (noon -1:30 p.m.) where details about Commencement, Pinning & Recognition, graduation photographs, the NCLEX-RN application, and other items will be discussed. In addition, there will be time for questions and answers.
- ➤ Visit the Jostens representative who will be on campus **February 18** to display various graduation items and answer questions. Stop by the Marian Hall Lobby after the luncheon to see the Jostens display.
- ➤ Remember to order your cap/gown no later than **April 4, 2013.** Orders are placed online at jostens.com. Contact Records and Registration if you have questions (614-234-3870).
- Visit the optional photo opportunity in the College Lounge for graduation photographs: February 18, 11 a.m. – noon and 1:30 – 3 p.m. (before and after the luncheon).
- ➤ Pre-licensure students: plan to attend the ATI Comprehensive Review for NCLEX Preparation, May 13-15, 8 a.m. 4:30 p.m. (College Gym).
- > Prepare for graduation events:
  - Graduation Celebration Luncheon (Berwick Manor Restaurant) and mandatory Pinning/Recognition and Commencement rehearsal (First Church of God), Thursday, May 9, 12 noon
  - Pinning & Recognition Ceremony. **Friday, May 10, 7 p.m.,** First Church of God (students arrive by 6 p.m.)
  - Commencement, **Saturday, May 11, 1 p.m.,** First Church of God (students arrive by 12 noon)
  - Additional details to follow at a later date.