

# the LAMP

SUMMER 2017

mount carmel college of nursing magazine

*Time to*  
**TRAVEL**

**MOUNT CARMEL ALUMNI  
ON THE MOVE**



**MOUNT CARMEL**  
College of Nursing

**WHEN LIFE IS YOUR LIFE'S CALLING.**



## Mount Carmel Alumni On the Move: Travel Nursing Adventures

**T**ravel nursing conjures thoughts of working in exotic, venturesome or dreamy vacation spots. There's a reason for that: Most often nurses who travel to practice in far-flung locations choose to do so for such pursuits.

Travel nursing involves experienced, licensed registered nurses signing on with travel nursing agencies that broker temporary assignments – usually for 13 weeks at a time – with hospitals and medical centers around the country. Either

TRAVEL - VERB: TO MAKE A JOURNEY, TYPICALLY  
WANDERLUST - NOUN: A STRONG DESIRE TO TRAVEL  
TRAVELER - NOUN: NICKNAME FOR AN RN WHO IS



the contracting hospital, or usually the agency, provides travelers – as travel nurses are often called – the choice between housing or a housing stipend. Pay rates vary depending on the desirability of the locale and the experience and certification of the travel nurse.

If a prospective traveler’s home state has joined the Nurse Licensure Compact (NLC), he or she can practice in 25 states, as long as the home state license is in good standing, and the permanent residence is in a compact state. Currently, Ohio is not in the NLC, but travel nurse agencies will often pay the fee for licensure in destination states.

According to the Professional Association of Nurse Travelers, approximately 25,500 RNs work travel nursing jobs in the United States; they are served by approximately 340 travel nurse agencies.

On the following pages, five Mount Carmel alumni share their stories of travel nursing adventures. Come away with them!



OF SOME LENGTH OR ABROAD  
EL  
STRUCK BY THE WANDERLUST; A TRAVEL NURSE



## David Morrison ('93), RN: Making Tracks for 24 Years

Let's go  
**TRAVEL**  
*it's a big world out there!*



David Morrison ('93), RN, first felt the call to nursing in a small-town firehouse; he first felt the bite of the travel bug while in a library.

“As a 14-year-old member of the Explorer Club in Pataskala, Ohio, we were one of the only posts in the state that allowed ride-alongs on ambulance runs,” recalls David, who was in the last class to graduate from the Mount Carmel School of Nursing before its transition to the College of Nursing. “As an Explorer, I was trained as a first responder, learning CPR and basic medical care – that’s when I knew I wanted to spend my life caring for others,” he says.

“Nearly six years later, as a freshman, I was reading nursing journals in the Mount Carmel medical library, and found myself drawn to the ads for travel nurses,” he recalls. Assignments in Hawaii or California piqued his interest, but most were for nurses with specialty training. So, as he kept his dream of sunny locales alive, David completed a critical care nursing fellowship and, in 1995, landed his first travel assignment in Maui, Hawaii.

“When people ask me why I enjoy travel nursing, I usually ask them a question in return: where would you rather spend the winter – Ohio or Maui?” David chuckles. In the just over two decades since graduation, he not only accumulated more than a half-dozen nursing licenses in various states and completed more than 40 travel contracts, but also wrote *Travel Nurse’s Bible: A Guide to Everything on Travel Nursing*, published in 2009. He’s also a regular contributor to a popular blog, [TravelNursingBlogs.com](http://TravelNursingBlogs.com). From his Phoenix home base, he offers advice through the blog and journal articles, all while traveling from six to eight months each year.

“The grass isn’t always greener on the other side the fence, but the grass is different, which satisfies one of the things most travel nurses – or ‘travelers,’ as we’re known – have in common: the yen for new experiences,” David explains.

“My time at Mount Carmel was really good, and even though my graduation was so long ago, what I learned there still informs my practice every day.”

## Michelle Curran ('12), BSN, RN: On the Road to Care for Kids

“When I was in grade school, I accompanied my mom on visits to a teen who had been struck by a car while riding his bicycle,” recalls Michelle Curran ('12), BSN, RN. “She helped the family in many ways and that’s when I realized I was called to care for others – especially children,” she notes.

“That experience really stuck with me,” says Michelle, who earned her Bachelor of Science in Nursing through MCCN’s Advanced Placement program in 2012. Michelle worked in Hematology/Oncology at the OSU James Cancer Hospital before moving to Dallas, where she worked at Baylor Scott & White Medical Center.

“Because she knew I had a passion for pediatrics, MCCN instructor Hannah O’Handley, MSN, RN, PNP, encouraged me to apply at Nationwide Children’s, so I moved back to Columbus. I’m very grateful for her encouragement, because it was at Nationwide that I met travel nurses, and when I learned that I could remain on contingent staff by working one 16-hour shift per month – I became a travel nurse and first went to Austin,” she says. “Travel nursing is the best deal, because I want to get experience in as many large, nationally ranked pediatric hospitals as possible,” she adds.

## Imani Daniels ('08), BSN, RN: Encouragement Paid Off

After high school graduation, Columbus, Ohio, native Imani Daniels ('08), BSN, RN, got as close to his dream of a career in medicine as possible, working as a patient care assistant and a pharmacy tech at Mount Carmel West.

“After several years at the hospital, I became one of the first students to complete the Surgical Technology certificate back when MCCN offered it. That’s when Mrs. Kathy Espy came into my life,” he recalls. “She was relentless in encouraging me to apply for a Bachelor of Science in Nursing – one day she put the paperwork in my hands and said ‘get it done,’ so I did,” he chuckles. Imani worked nights as a surgical tech in Trauma, while attending classes and, following graduation, worked in surgical ICU for three years.

“I’d heard from some of my classmates about how great travel nursing was and they were right. It’s fantastic: I spent four 13-week assignments in St. Thomas, U.S. Virgin Islands, which is the best!”



Michelle credits one of her favorite memories from her days at MCCN as mostly responsible for her interest in travelling.

“In junior year I went on the MCCN trip to Shannon, Cork and Dublin, Ireland. It was so fantastic – we visited hospitals and toured castles, and yes – kissed the Blarney Stone, too!”



He’s also travelled to many other locations, including the San Francisco Bay Area and is currently on his second assignment in Maryland – the first being at Johns Hopkins Hospital in Baltimore, Md.

Aside from appearing in MCCN brochures and advertisements while a student, Imani also counts among his fondest memories the final weeks of his senior year.



## Kimberly Dillon ('04), MSN, RN, CNOR: 48 States and Counting

With more than 30 years of nursing experience under her belt – more than two thirds of that in the OR – Kimberly Dillon ('04), MSN, RN, CNOR, RNFA, always had a bucket list that included seeing all 50 states.

“When my daughter started college three years ago and my sister moved into my home in Blacklick, Ohio, the timing just seemed right,” says Kimberly, who is a 1985 diploma graduate of Massillon (Ohio) Community Hospital School of Nursing.

After working 14 years, she realized she really needed – and wanted – to earn a Bachelor of Science in Nursing. Mount Carmel College of Nursing recognized her nursing experience and – once her daughter started kindergarten – she enrolled, taking one class at a time.

“Earning my BSN was a real milestone, and I’m so proud to be a 2004 alumna of Mount Carmel,” she says. Two years later she started working on a dual master’s degree at Capital University – in nursing with legal

concentration, earning her MS in four years, taking two classes at a time.

After managing ambulatory surgery at OhioHealth Grant Hospital, Kimberly had the chance to satisfy her desire to travel. Because experienced OR nurses are in high demand, after her first travel assignment in Cincinnati, she headed west and started counting down her bucket list.

“It was so wonderful being able to have my daughter come out on her spring break from The Ohio State University to visit the Grand Canyon and Sedona with me when I was on assignment in Flagstaff,” she recalls.

After circling back to Ohio, her daughter again joined her on spring break – this time in Ventura, Calif., and they visited Napa Valley and San Francisco together.

“I found myself standing in the warm Pacific Ocean in January – what a thrill!” She also visited Yosemite and Santa Barbara, and on her way back east visited Yellowstone, Mount Rushmore, and the Crazy Horse Memorial in North Dakota before making a swing through Wisconsin and heading south.

Kimberly’s travel assignments have also taken her to Washington State. From there she visited Victoria, Canada; Vermont, where she spent weekends visiting neighboring states; and with her daughter saw an OSU football game in Baltimore, Md.

In January 2017, Kimberly says she was literally a stone’s throw from our country’s northernmost Canadian border, at Aroostook Medical Center in Presque Isle, Maine, and today she is in Vernon, Conn.

“Becoming a travel nurse after all these years is one of the best things I’ve done and I urge other nurses who have an adventurous spirit – or a bucket list – to give it a try,” she says.

North Carolina native Shaakira Case ('15), BSN, RN, took her own advice to “always follow your dreams and never give up.” Coming from the Outer Banks to Columbus, Ohio, to earn a bachelor’s degree in psychology from The Ohio State University, Shaakira realized that she had a call to nursing, so after graduation, she enrolled in MCCN’s SDAP (Second Degree Accelerated Program) and earned her BSN with honors.

Shaakira credits Mount Carmel for giving her the confidence to realize that the very stressful night shift on OhioHealth’s Grant Hospital trauma unit wasn’t the best fit for her. However, at Grant she met a travel nurse whose description of the lifestyle was intriguing.

“I decided to try it, but first took a short break from nursing altogether and went on assignment in Switzerland as an au pair for a family there. That was really fun and relaxing, but ‘once a nurse, always a nurse’ and I was eager to get back to nursing.” After an assignment on a med/surg unit in Boise, she cared for congestive heart failure patients in Milwaukee. “I was amazed at how beautiful Idaho is,” she recalls. “I did so much hiking and camping – the snow scenes on the mountains are nothing like I’d grown up with so near the Atlantic,” she adds.

Recently Shaakira got to experience snow up close while on a vacation trip to Norway: “With travel nursing, life is so flexible. I was able to sign up to compete in a four-day quadrathlon in Norway called ‘N60°-The Norwegian Challenge’ in March to raise funds for vulnerable children in sub-Saharan Africa,” she says. Shaakira and her fellow quadrathletes participated in a 15-mile tour ski, 26-mile ‘fat bike’ race, 26-mile cross-country ski and 26-mile run, all in the location used by British Special Forces for cold-weather training.

The fundraiser benefitted Sentebale, a charity co-founded by Prince Harry (of Great Britain) and Prince Seeiso (of Lesotho), which is the leading organization in the provision of psychosocial support for children living with HIV in Southern Africa.

“Being in Norway skiing in the snow was a lot of fun, but the best part was knowing that my participation helped raise money to support Sentebale’s work in Lesotho and Botswana, which fits right in with being a nurse,” she says.



## Shaakira Case ('15), BSN, RN: Dream Follower



# A Message from the Mount



How exciting that Mount Carmel College of Nursing experienced yet another record-breaking number of degrees conferred at Commencement! As you'll see inside, the number of Mount Carmel alumni grew by 281 as members of the Class of 2017 earned Bachelor of Science in Nursing or Master of Science degrees.

Also inside you'll see how we honor our traditions, ensure smooth transitions and anticipate future transformations. Our traditions are honored as we remember the work of the Sisters of the Holy Cross throughout the years; transitions are recognized as we welcome Ann Marie T. Brooks, PhD, MBA, RN, FAAN, FACHE, FNAP, as our interim president, and transformations will be realized as we anticipate future campus enhancements.

Our students and alumni are always at the forefront of everything we do. We know you'll enjoy reading about

the adventures of five alumni who are travel nurses; the long and successful career of 1952 graduate Regina Sallee Williams, PhD, RN, FAAN; the new position of 2015 graduate Sherri Kovach, MS, BSN, RN, EMT, EMS, CEI; and the future plans of senior student Andy Harper.

The College continues to be at the leading edge of scholarship and innovation: Associate Dean of the Graduate Program, Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, furthers her research of Hispanic populations with the publication of a children's comic book that teaches about agricultural safety, and the Mount Carmel Alumni Association elects its first-ever male president.

And, as always, we thank you for your continued support of Mount Carmel College of Nursing and its students, and we look forward to hearing from you.



## CALENDAR OF EVENTS

- August 9, 2017  
New Student Orientation
- August 9, 2017  
Convocation
- August 14, 2017  
First day of Fall Semester
- August 28, 2017  
Annual Mount Carmel Foundation  
Golf Invitational benefiting MCCN
- September 11, 2017  
Scholarship Dinner
- September 26, 2017  
Excellence in Nursing Award Celebration
- October 21, 2017  
Annual Alumni Homecoming

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### THE LAMP

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# COLLEGE QUICK READ

> **A nationwide presidential search is underway** to select MCCN's third president. The College's Board of Trustees appointed Ann Marie T. Brooks, PhD, MBA, RN, FAAN, FACHE, FNAP, as interim president following the resignation of Christine Wynd, PhD, RN, earlier this year. Dr. Brooks, who will serve for a 12-to-18-month period until the new president is identified, took the helm at the College in July. She is a recognized international leader, consultant and educator with global nursing and healthcare experience, including as dean of The Catholic University School of Nursing in Washington, D.C. In addition, she has extensive board leadership experience, and she is widely published. Already, Dr. Brooks has demonstrated her commitment to ensuring that the College's hallmark of excellence in nursing education continues without interruption. To learn more about Dr. Brooks, please visit [mccn.edu](http://mccn.edu).



Ann Marie T. Brooks, PhD, MBA, RN, FAAN, FACHE, FNAP

> **Mount Carmel Health System's \$46 million transformation** of the Mount Carmel West campus – home to MCCN – includes plans for additional green space with an emphasis on health, wellness and education. Although it will be at least two years before improvements are underway – once inpatient care at West has moved to the new hospital at Grove City – changes that will benefit the College include:

- New computer lab to accommodate 200 students
- Additional and enhanced classroom space
- Faculty office space increased by expansion into current Medical Staff Building
- Improvements to existing infrastructure

“Mount Carmel is committed to enriching the college campus and keeping education – as well as medical care – as the focus for this area,” says Sean McKibben, MBA, president and chief operations officer, Mount Carmel West. “We’d like to see more students living on campus and see them enjoying the additional green space that will result from the improvements,” he adds.



> **The Ann E. Schiele Presidential Endowment Fund**, established in 2014 in recognition of the visionary leadership in nursing education provided to Mount Carmel by Dr. Schiele for over 50 years, has formally launched, and 2017 endowment selections are being finalized. To make a donation to the Endowment, which now exceeds \$1.5 million, please visit [mccn.edu](http://mccn.edu) and click on “make a gift,” or mail your check to MCCN, 127 South Davis Ave., Columbus, OH 43222.

Pictured right: President and Dean Emeritus, Ann E. Schiele, PhD, RN



> **Sister Nancy Ganse, CSC (Sister M. Georgellen)**, is mourned by the entire Mount Carmel family. Sister Nancy died March 9, 2017, after being a member of the Congregation of the Sisters of the Holy Cross for 69 years. Many alumni will fondly remember her, as she taught chemistry for 28 years and was director of admissions in the 1970s before moving in the early 1990s into managerial and administrative roles at Mount Carmel West and Mount Carmel East hospitals.



> **The office of Marketing and College Relations**, together with BVK McDonald Advertising Agency, Cooney Design, Jaron Terry Communications and Marjason Tech, won nine Annual Educational Advertising Awards. The awards are bestowed upon colleges and universities throughout the United States. MCCN received three Gold, one Silver, two Bronze and three awards of Merit in categories that included social media campaigns, integrated marketing, website, magazine and special video. (For information about these programs – including the new tagline “When Life Is Your Life’s Calling” please see page 26, *the Lamp*, Fall 2016, at [mccn.edu](http://mccn.edu).)

**SOME BLESSINGS COME IN THE DISGUISE OF A SPEEDING CAR**

Discover how a car accident, numerous hospital stays and many hours spent with committed, caring nurses helped Luke find his calling as a professional registered nurse. At Mount Carmel College of Nursing, we can help people reach their goals by providing exceptional opportunities for learning and real-world experiences. For more information about our undergraduate and graduate programs or to hear the rest of Luke's story, visit [mccn.edu](http://mccn.edu).

**MOUNT CARMEL**  
College of Nursing  
WHEN LIFE IS YOUR LIFE'S CALLING.

> **MCCN programs are fully accredited.** The Commission on Collegiate Nursing Education (CCNE) conducted a site visit in April to review the Doctor of Nursing Practice program, as well as the graduate post-master’s certification tracks: Family Nurse Practitioner (FNP) and Adult Gerontology Advanced Practice RN (AG-APRN). We were pleased with the post-visit preliminary feedback and look forward to the final report this fall. The CCNE site visit for re-accreditation of the undergraduate programs and master’s programs is due in Spring 2022.



# STUDENT SPOTLIGHT

Meet Andy Harper

Andy Harper is co-president of MCCN's Student Government Association, a Student Ambassador and a member of Student Nurses of America.

"It's getting pretty close," says Andy Harper, of his 2018 graduation from Mount Carmel College of Nursing. Now a senior in the traditional four-year Bachelor of Science in Nursing (BSN) program, Andy has plans for his future.

Why did you want to become a nurse?

"I've always wanted to make a difference by helping people, but when my grandmother became ill while I was in high school, I got to help care for her. I'd visit in the nursing home, talk with her and just try to make her comfortable. That reinforced my desire to do something in healthcare and that's when I realized I had a calling to become a nurse."

Why did you choose Mount Carmel?

"I'm from Grove City and so my family and I were always familiar with Mount Carmel. I like the holistic approach taken here because it's important to me to see all aspects of a person – not just their disease or injury – and MCCN incorporates the social and spiritual aspects of caring for patients."

Are you involved in extracurricular activities?

"I am currently serving as co-president of SGA (Student Government Association), along with a junior who will be announced. I'm a member of SNAM (Student Nurses Association of Mount Carmel) and I'm a Student Ambassador. I appreciate the opportunity to experience leadership roles now, as that will make a difference for patients later in my career."

Are you interested in a particular field of nursing?

"My goal is to become an FNP (Family Nurse Practitioner), so I plan to return to Mount Carmel for my master's degree. As an FNP, I'll be able to care for patients from newborn to geriatric. Recently, I had a patient in his late 80s, who was very outgoing and talked to everyone. One day he was really withdrawn so I sat and asked what was going on. It was so cool the way he opened up, talking about his life. I'm glad I was able to recognize that he was distraught and helped him get things off his mind."

# REGINA SALLEE WILLIAMS ('52), PhD, RN, FAAN: A STUDY IN SURMOUNTING OBSTACLES



Regina Sallee Williams ('52), PhD, RN, FAAN, was featured in the 2003 MCCN Centennial brochure, "Celebrating 100 Years."

When Mount Carmel School of Nursing graduate Regina Sallee Williams ('52), PhD, RN, FAAN, who retired in 2001 from Eastern Michigan University as head of the Department of Nursing, was asked what was the greatest challenge she faced in her illustrious, nearly 50-year nursing career, the answer seemed overly broad: "Becoming a nurse in the first place."

Although Dr. Williams was first called to nursing at the knee of her grandmother who explained to young Regina what she did as a midwife in Kentucky, answering that call was not a simple task.

"My parents always told me and my 11 siblings that we should look at every challenge as an opportunity and figure out what's the best way to surmount obstacles," recalls Dr. Williams. "They always encouraged us to learn and study, and said we're as good as anybody else, and they admonished us to not allow anyone or any circumstance to tell us otherwise."

She kept that advice in mind when, as a high school senior in Sandusky, Ohio, she was elated to learn that her 5th grade teacher had nominated her for a scholarship from a businesswomen's club. Teenaged Regina was dismayed when her former teacher told her the women rescinded the offer upon learning that she was African-American.

"My teacher and her husband gave me the \$150 out of their own pockets – that was very generous because in the 1940s that was not a small sum," she notes. She knew where the scholarship would be used and immediately upon graduation applied to a local hospital-based school of nursing in Sandusky – only to be turned away, again because of her race.

"At that time my sister was a student at The Ohio State University (OSU) and heard that a Catholic hospital in Columbus was accepting 'colored' students – and I use that term because that's what we were called then," she explains. Together they determined it had to be Mount Carmel, her sister picked up the application, drove to Sandusky so her younger sister could complete the forms, and returned them the next day. **Sister M. Nicholas (Gough), CSC**, a 1940 alumna of Mount Carmel who was director of the School from 1946 to 1954, brought her in for an interview and admitted her on the spot.

"I had earned that opportunity because I was a dedicated student and knew I would succeed as a nurse, but to this day I'm grateful

to her and to Mount Carmel for giving me the chance to prove it,” Dr. Williams says. When she earned her Diploma in 1952, nursing organizations were already calling for the bachelor’s degree for professional nurses, and the new graduate was determined to earn that, too.

“After I’d worked as a scrub nurse for a year at Mount Carmel, I applied to OSU – I’ll never forget the admission interview,” she recalled. “I was asked ‘why would you want a degree – only nurses in leadership or education will need one.’ I just looked at her and she added, ‘where will you ever get a job at that level?’ Well, I recalled what my parents taught me and told her that I would cross that bridge when I came to it.” Dr. Williams earned her bachelor’s degree from OSU in 1955 and had the opportunity to cross “that bridge” soon after serving in the U.S. Army Nurse Corps in Texas before returning to Columbus after marrying her husband, Robert Williams (who passed in 2003).

“I began my career in nursing education as the first African-American faculty member at the nursing school operated by Grant Hospital (now OhioHealth Grant Hospital). I’ll never forget standing in a receiving line at an alumni event with other members of the faculty, when that admissions officer came through the line. I politely greeted her with a smile as she rushed on her way,” Dr. Williams chuckles.

She and her husband, who was a high school art teacher, moved to Michigan in 1966 where she joined St. Joseph’s Mercy Hospital’s school of nursing and worked seven years, mainly moving their three-year diploma program to a two-year associate’s degree. During that time, she worked on her master’s degree in med/surg nursing at Wayne State University, earning that in 1974.

“My minor was in nursing administration and my internship was at Schoolcraft Community College, where I was assistant administrator for the nursing program before being recruited by Wayne State to teach at the undergraduate level,” she recalls. “Many RNs were returning to school at that time to earn their BSN and, because I knew what they had been taught at the diploma or associate-degree levels, I proposed the first RN-to-BSN program designed for working RNs, and it was quite successful.”

By this time, Dr. Williams had earned a PhD in higher education administration from the University of Michigan and was interim assistant dean at Wayne State when she left to accept her executive nursing appointment at Eastern Michigan University. Dr. Williams held numerous leadership positions at professional organizations, including chair of the Michigan Board of Nursing and president, Michigan Association of Colleges of Nursing. She

retired in 2001 and remained active in nursing as a consultant and on community advisory boards for many years.

When asked what she considers her greatest achievement, she immediately says her and her husband’s three children. One is deceased; their son Peter coordinates Fathers Forward, a lactation support initiative of the Detroit Department of Health (his wife, Monica, is dean of students at University of Detroit Mercy); their daughter, Regina Williams Hypolite, is assistant to the nursing program director at Morgan State University in Maryland (her husband, Pete, is an independent IT consultant). Dr. Williams has one grandson: Peter and Monica’s two-year-old, upon whom she dotes.

“It’s been a wonderful life and my days at Mount Carmel were among the happiest, that’s why my husband and I established a scholarship there – Mount Carmel gave me my start,” she says. “Sister Nicholas set the tone by sitting at the freshman breakfast table nearly every morning. We were there to learn how to care for patients and their families, but we also learned to care for one another – and we still do,” she says.



Graduation portrait: Regina Sallee, Class of 1952, was named Mount Carmel Distinguished Alumna in 1996.



At the 2016 MCCN Scholarship Dinner, Dr. Williams is greeted by Shirley Cooley, PhD, RN, CNE, C-EFM, associate professor.

“It’s been a wonderful life and my days at Mount Carmel were among the happiest ... Mount Carmel gave me my start.”

Regina Sallee Williams ('52), PhD, RN, FAAN

In 2001, Dr. Williams and her husband established the Regina & Robert Williams Scholarship for Minority Students at Mount Carmel College of Nursing. In 2010, Dr. Williams created an endowment to fund the scholarship, which is awarded annually at the Mount Carmel Scholarship Dinner.

- **In 1948** American Nurses Association (ANA) delegates adopted bylaw revisions to provide direct individual membership for African-American nurses restricted from membership in their states’ nurses associations.
- **In 1949** the National Association of Colored Graduate Nurses (NACGN) was among six distinct nursing boards merged to create the first National Nursing Accrediting Service, forerunner of American Association of Colleges of Nursing (ACCN).
- **In 1951** the NACGN, established in 1934, was officially dissolved and became part of the ANA.
- **In 1952** the Mary Mahoney Award, initiated and previously bestowed by the NACGN, was presented for the first time at the ANA convention.
- **By the end of 1962**, all state nurses associations accepted all qualified RNs into membership regardless of race, color or creed.

# ECHOING OUR PAST... ENVISIONING OUR FUTURE



*Mt. Carmel 1886*



## Expressing Our Gratitude to the Sisters of the Holy Cross



It's amazing and humbling to think of all the good that has been accomplished by the Sisters of the Holy Cross through the years. From the founding of our order by Blessed Basil Moreau in Le Mans, France, 175 years ago, to the arrival of the Sisters in Columbus more than 130 years ago to administer the Hawkes Hospital of Mount Carmel, the courage, compassion and conviction of the Sisters has touched many lives.

It's no coincidence that the Sisters chose September 15 – the day following the Feast of the Exaltation of the Holy Cross – to found a training school for nurses that is today's Mount Carmel College of Nursing. The vision of our founders – who graduated the first class more than 110 years ago – lives on to this day through the Mission of the College.

Today, the Sisters are always eager to hear news about the progress of Mount Carmel. As a member of the College's Board of Trustees, I am honored to share with them about advancements at the College, which today has the largest baccalaureate program among private nursing colleges in the country.

*Sister Barbara Hahl, CSC*

Sister Barbara Hahl, CSC  
Member, Board of Trustees  
Mount Carmel College of Nursing  
Senior Vice President, Mission  
Mount Carmel Health System



### THE MISSION OF MOUNT CARMEL COLLEGE OF NURSING

"In the spirit of the Catholic tradition, we welcome a diverse population of students from all faiths, to prepare them academically and professionally as competent and compassionate nurse leaders, who are lifelong learners, and who possess the moral courage to continuously promote the health of individuals and communities."

**MEMORIES OF SISTERS OF THE  
HOLY CROSS WHO SERVED AT  
MOUNT CARMEL SCHOOL OF NURSING**

*Expressing Our Gratitude  
to the Sisters of the Holy Cross*

I remember one of the unique things they did in the School of Nursing was lessons in etiquette, they learned how to set a table, how to dress and how to fill out their dance program because Sister said some of these girls came from deprived backgrounds and never learned the niceties, so we had classes for them."

- Sister Joan Marie Upjohn (Joanne UpJohn), CSC  
Mount Carmel Nurse 1946 to 1967

"When I was a student, we had very few medications... and were just starting (to use) IVs."

- Sister Maria Compassionata (Cauley), CSC  
Class of 1927



"Because of WWII, students did most of the nursing in the hospitals that had schools of nursing. (When the Cadet Nurse Corps was created) we released half our senior students to serve in military hospitals... not overseas, as part of their student experience."

- Sister M. Nicholas (Gough), CSC  
Class of 1942  
Director, School of Nursing 1946 to 1954

"As a nursing student, we learned in the classrooms, but we got a lot of our learning and experiences because of the kindness and patience of the nurses on the floor. In October we held 'Living Rosary' on the lawn - students with candles were each bead - and it was quite beautiful."

- Sister M. Blanche (Kathryn Callahan), CSC  
Class of 1957  
Associate Director (to Eleanor Wilson)  
School of Nursing 1964 to 1969



"On Christmas Eve before Midnight Mass all the sisters put on spanking-new white habits and carrying candles, we went from floor to floor singing carols for the patients. The nurses on duty would join us."

- Sister Anne Miriam (Hunt), CSC  
Class of 1947  
Director, School of Nursing 1954 to 1958

"The sisters were closing the Holy Cross schools of nursing in the late '70s. We really had to fight hard to keep Mount Carmel open ... the beauty of that is the strength that came from that and to see (it) flourish into the College of Nursing."

- Sister M. Louisita (Welsh), CSC  
Instructor (intermittently), 1958 to 1983



Capping



Classroom

"From the time I went to Mount Carmel as a student, I was always filled with the whole idea, the whole atmosphere of love, people working together, respect for the tradition and for the sisters." - Sister M. Kevin (Jones), CSC  
Class of 1949



In the School of Nursing was Eleanor Rice, a long-time faculty member, and Ann Schiele. Eleanor became Eleanor Wilson ... a dedicated layperson ... who guided the school into the College of Nursing.

- Sister M. Benedetta  
(Rose Dattalo), CSC  
Class of 1950

"There was such support among the faculty for one another and they really cared about the students."

- Sister Margaret Mary Lavonis, CSC  
Part-time colleague, School of Nursing  
1983-1984



"Sister Columkille used to have student nurses as part of their assignment (in med/surg) and anybody who worked for her was assigned to fix up the cages for her parakeets ... she kept in the waiting room."

- Sister M. Emeline (Cunningham), CSC  
Class of 1954

"Students were on duty 52 hours per week (in 1937), plus classes. There were only four nurses on the faculty and doctors taught the classes. We wore long black capes over our white uniforms and black veils, changing to white veils (at the hospital) ... I returned to Mount Carmel in 1969, nurses do practically all the teaching, with doctors as guest lecturers. Dr. Moses often taught students at the bedside, when special cases were in.

- Sister M. Clare Anne (Naomi Rumschlag), CSC  
Class of 1940



Mount Carmel alumni and friends are invited to play a special role in helping to move the Mission of Mount Carmel College of Nursing ever forward. Won't you please consider making an "Echoing Our Past ... Envisioning Our Future" donation to provide students with much-needed scholarship funds that will allow them to answer their life's calling?

Your representation of Mount Carmel as a professional nurse and an alumna encourages prospective students to attend the College; your financial support empowers them to do so. Thank you for your encouragement and empowerment.

To make an outright donation, please use the enclosed postage-paid envelope; to remember the College in your will through estate planning, contact Tim Strawn, senior development officer, Mount Carmel Foundation at 614.546.4337 or [timothy.strawn@mchs.com](mailto:timothy.strawn@mchs.com)

*I am so happy to have celebrated the 60th anniversary of my joining the Congregation of the Sisters of the Holy Cross while I'm serving at Mount Carmel. From when I arrived at Mount Carmel East in 1981, to today, I've witnessed so many changes - with the transition of the school to the College of Nursing being among the most positive. I'm delighted to be part of helping to move the Mission of Mount Carmel ever forward."*

*- Sister Barbara Hahl, CSC*



**MOUNT CARMEL**  
College of Nursing



# THE MOUNT CARMEL FOUNDATION GOLF INVITATIONAL

to benefit Mount Carmel College of Nursing

**MONDAY, AUGUST 28, 2017**  
**PINNACLE GOLF CLUB, GROVE CITY, OHIO**

Experience golf at its finest at one of central Ohio's golf clubs – Pinnacle Golf Club, Grove City, Ohio.

Funds raised support student scholarships, teaching aids and technology at Mount Carmel College of Nursing.

For sponsorship information contact Alyssa Fry at 614.234.4760 or [afry@mchs.com](mailto:afry@mchs.com)



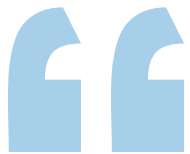
Monday, August 28, 2017

# save the date

The Mount Carmel Foundation Golf Invitational  
to benefit Mount Carmel College of Nursing

PINNACLE GOLF CLUB  
GROVE CITY, OHIO

mount carmel  
**golf**  
invitational

A promotional graphic for the golf invitational. It features a blurred background of a golfer on a green. The text 'save the date' is prominently displayed in large, white, lowercase letters. Below this, the event details are listed in a clean, sans-serif font. The Mount Carmel Golf Invitational logo is positioned in the bottom right corner.

The Gift of Education is one of the greatest gifts one can receive because it's the one gift that lasts a lifetime.

## SCHOLARSHIP DINNER

Last Fall, these MCCN students were among the 112 who received 52 scholarships, enabling them to answer their life's calling to become professional registered nurses. Each student expressed deep gratitude for the amazing and generous philanthropic support of our donors. The 2017 Scholarship Dinner will be held on Monday, September 11.



WE THANK OUR GENEROUS DONORS



# 2017 SENIOR PINNING, GRADUATE BLESSING OF HOODS AND COMMENCEMENT

**227** Undergraduate  
Candidates for  
Bachelor of Science  
in Nursing

**54** Candidates for  
Master of Science





The number of Mount Carmel alumni swelled by 281 as the record-breaking Class of 2017 earned Bachelor of Science in Nursing and Master of Science degrees.

On Thursday, May 4, an exciting new event, the Graduate Blessing and Recognition Ceremony, debuted. More than 50 graduate students received their master's hoods, which were blessed by Sister Barbara Hahl, CSC. Among special recognitions conferred was the Ann Schiele Caring Award, received by Cora Arledge ('17 and '12), MS, RN, who is the new program coordinator of the MCCN-Lancaster campus.

On Friday, May 5, the BSN graduates received their MCCN pin, a symbol of their transition from students to professional, baccalaureate-prepared nurses, at the Senior Pinning and Presentation of Student Awards. At Commencement, Columbus Mayor, Andrew J. Ginther, was the keynote speaker, wishing the graduates bright futures.



Presiding over the solemn and joyous occasion (left to right): Andrew J. Ginther, 53rd Mayor of Columbus, Ohio; Tanya Hahn, CPA, MBA, chair, Mount Carmel College of Nursing Board of Trustees; and Edward Lamb, FACHE, President and CEO, Mount Carmel Health System.

# READING FUN WITH A SERIOUS MESSAGE



In collaboration with researchers at the University of Nebraska, Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, who is a pediatric nurse practitioner, was awarded a grant to create a comic book to teach migrant children and their families about agricultural safety.

“Often people don’t think about those who are behind the fruit we purchase at a grocery store,” says Dr. Kilanowski, who is associate dean, Graduate Program, and professor. “However, the migrant agricultural workers who harvest the fruit are an itinerant and vulnerable population whose children travel – and sometimes work – with them.”

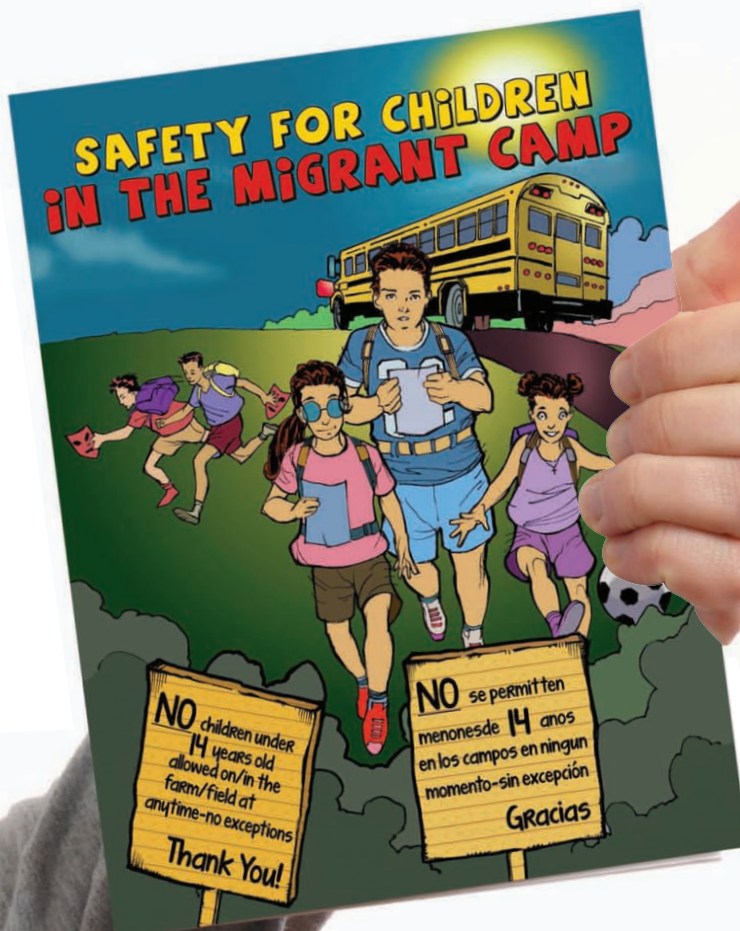
Safety is a big contributor to wellness for a population, according to Dr. Kilanowski, who explained that the impetus for the research project is to make children aware of safety issues.

“The comic book – written in Spanish and English with colorful artwork to hold the interest of children – was field tested with children in focus groups conducted by my collaborators last fall,” says Dr. Kilanowski, a certified nurse practitioner, nurse scientist and educator who joined the College in 2015.

“Although we are still sifting the research results, we’re very pleased with how well-received the comic book is among children and their parents,” Dr. Kilanowski notes. The children and parents were introduced to the book in separate groups as part of the mixed-method study.

“Focus groups provide us with qualitative information – giving participants a voice to the investigator’s understanding of the individual’s reaction to the book,” she explains. Quantitative data – to investigate usability and satisfaction – was gathered through a survey that employed a template created by the U.S. government, to ensure comparability.

This collaborative project is the most recent study in Dr. Kilanowski’s research career that includes investigations into the relationship between nutrition, weight and other health parameters.





## ALUMNA PROVIDES CARE FOR ALL

**Erin Steiner ('11), MSN, APRN, FNP-C, RN-BC, CCRN,** is no stranger to challenging conditions. A veteran of the Peace Corps, Erin most recently signed on to complete a one-year nurse practitioner residency at a federally qualified health center in Washington State and Oregon, in the shadow of Mt. Rainier.

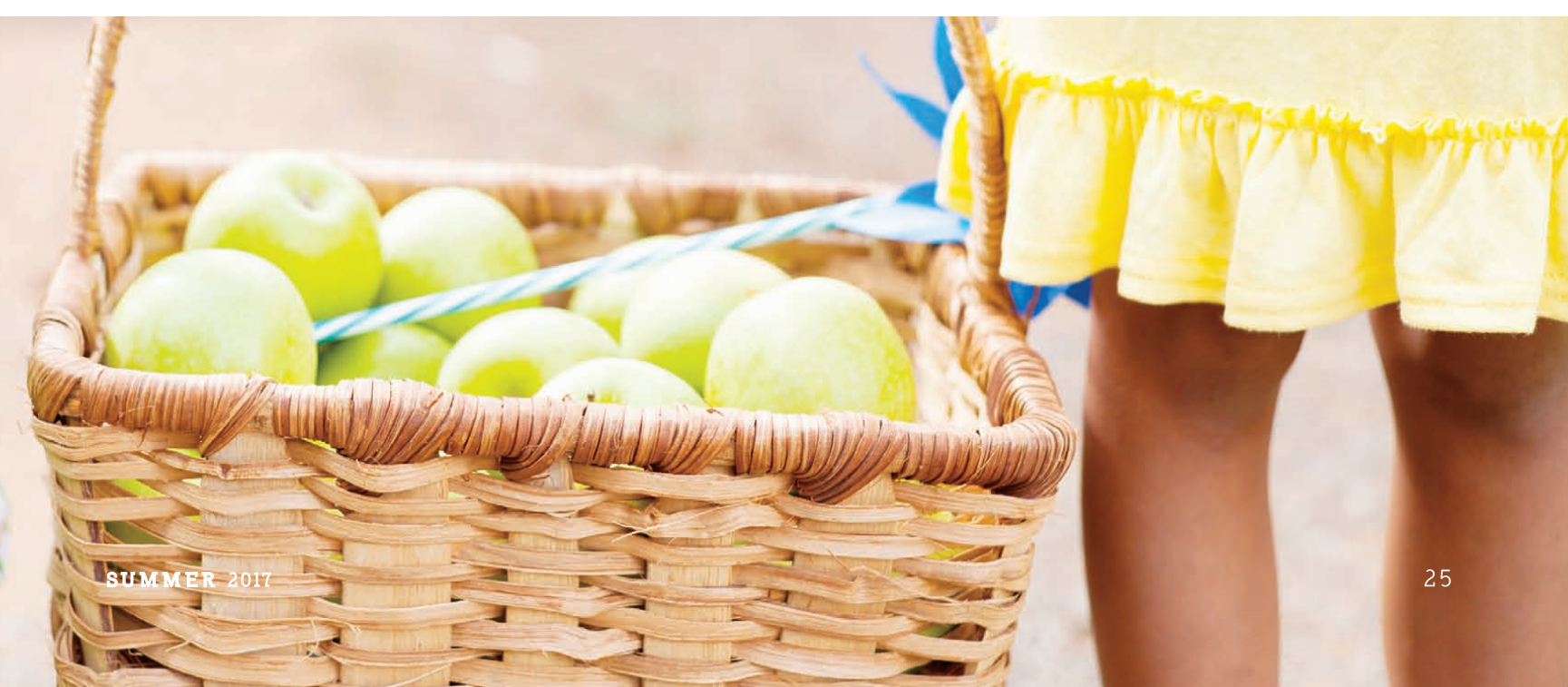
“I wanted to complete this residency because it’s designed for family nurse practitioners (FNPs) who are committed to developing a career providing primary care in the challenging setting of community health centers and other ‘safety net’ settings. Our patients are beautiful, hardworking people who suffer from financial, housing and food insecurity, as well as chronic health conditions such as hypertension and diabetes and many other problems that come with poverty,” Erin says. She will finish the program in August 2017.

Erin’s typical day includes autonomously providing primary care for a panel of patients and attending didactic educational sessions via video conference through a national educational program in Connecticut, a community-based research center dedicated to quality improvement in primary care for the underserved. In addition, she shadows different specialty providers on a weekly basis.

“We also go on community resource tours, which are incredibly useful to help me gather information to share with my patients and their families,” she says. Food banks, women’s shelters, homeless accommodations and a center that performs child abuse appraisals are all on the tour schedule.

“The description of Dr. Jill Kilanowski’s comic book to teach migrant children about agricultural safety sounds like it’s something that would be a good fit for the children I care for here,” says Erin. “Nearly 60 percent of the population our clinics serve are Hispanic, and many of them are farm laborers. Safety for them and their children is a big concern,” she adds.

“What I learned at Mount Carmel is the foundation of my nursing practice,” says Erin, who earned her Master of Science in Nursing from Otterbein University.





## Mount Carmel Alumni Association Welcomes First Male President: Stephen Pearson ('15), BSN, RN

Stephen Pearson ('15), BSN, RN, president, Mount Carmel Alumni Association, helped out MCCN's Marketing and College Relations Department by posing for this photo that appears on the College's award-winning website.

More than half a century ago, men were first admitted to Mount Carmel School of Nursing. Although their numbers have steadily risen over the years, none has served as president of the Mount Carmel Alumni Association – until now.

“I’m excited to lead the Alumni Association in this capacity because I get to meet and talk with so many alumni,” says Stephen Pearson '15, BSN, RN. “I especially enjoy talking with

older alumni and those from the School of Nursing days – one of the things they all say is that being at Mount Carmel is like being with family and that’s been my experience, too,” he adds.

The Mount Carmel family extends into Stephen’s actual family: His father, Don Pearson MBA/MIS, MLIS, has been a library technology specialist in the Mount Carmel Health Sciences Library for five years.

“He’s the one who helped me – and my wife, Ally, who is also a Mount Carmel College of Nursing graduate – get more information about SDAP when we realized what a great move coming here would be for us,” he says.

In 2014, Stephen earned a bachelor’s in biology from The Ohio State University (OSU), where he met his wife, Alexandra Hardy Pearson ('15), BSN, RN. She was studying nutrition and, because they were both in OSU’s ACES (Advocate Child Education Scholars) program, they found themselves in several of the same science classes.

“We spent a lot of time studying together, began dating and talked about our goals for the future,” he recalls. “When the goal of being together became mutual, we started talking about how our careers could mesh with our future family life,” he says.

Stephen was at a crossroads between using his degree to go into biology research or exploring another direction when one of his professors suggested he shadow a nurse for a day.

“I was amazed and could not believe how much time and interaction nurses have with patients and their families. The depth of knowledge and variety of skills I observed was incredible and, I was hooked,” he says. Stephen talked with Alexandra and his father about looking into nursing as a career, and it was his dad who suggested they both consider MCCN.

“It was nerve-racking waiting to hear that we were both accepted – we were equally matched as applicants, but what if one of us didn’t get in?” The couple became engaged in November 2013, the program began in January 2014, they graduated in February 2015 and were wed on January 16, 2016. “We both worked really hard and had a fantastic experience,” he says.



Stephen Pearson ('15), BSN, RN, with his parents and siblings.

Today, Stephen works in the CCU (Cardiac Care Unit) and Alexandra works in the MICU (Medical Intensive Care Unit), both at Mount Carmel East. They reside in Hilliard with their newborn son.

Stephen Pearson ('15), BSN, RN, president, Mount Carmel Alumni Association, has the vision to develop new alumni activities and expand interest in networking among alumni. In addition to maintaining the strong bonds that already exist among older alumni, Stephen wants to locate and bring alumni from the College era – particularly the 1990s – into the Association. His vision for the future of the Association is to reach out to everyone to make sure that alumni from both the School and the College eras are represented and involved.

Stephen Pearson ('15), BSN, RN, and Alexandra Hardy Pearson ('15), BSN, RN, with their son, Hunter, who was born earlier this year.



# GREETINGS FROM YOUR ALUMNI ASSOCIATION

## Alumni Vision

The vision of the Mount Carmel Alumni Association is to support Mount Carmel College of Nursing through philanthropic, networking and mentoring initiatives.

## Alumni Library Accounts:

Visit [www.mccn.edu/library](http://www.mccn.edu/library) to register for your account providing 24/7 access to news and information.

## Follow us on Facebook

by visiting [www.facebook.com/mcalumniassoc](http://www.facebook.com/mcalumniassoc)

## Send Us Your Email Address

MCCN and the Mount Carmel Alumni Association are sending more and more information via email. Send your email address to [alumnioffice@mccn.edu](mailto:alumnioffice@mccn.edu) or visit our website.

## Mark Your Calendar: Homecoming is Oct. 21, 2017!

All alumni are invited to the 2017 Mount Carmel Alumni Association Annual Meeting and Homecoming that will be held October 21 at the College from 10 a.m. to 3:30 p.m. Honor classes are those whose graduation years end in a 2 or a 7. The Class of 1967 is our 50th anniversary class.

Alumni help is needed to locate missing classmates, serve on the Homecoming committee and volunteer on the day of the event. If you'd like to help in any – or all – of these ways, please call Debbie Boggs ('75), RN, director, Alumni Relations, at 614.234.5681 or by email at [dboggs@mccn.edu](mailto:dboggs@mccn.edu).



Members of the Mount Carmel Alumni Association Board, left to right, are: Seated – Karen Klarman Durano ('75), vice president; Stephen Pearson ('15), president; Cheryl Mace ('75), treasurer; standing – Pat Steele Skunda ('72, '10 and '14), secretary; Iris Beery Freisner ('66, '07); and Phyllis Motz Crook ('63); unavailable for photo – Sandy Gehres Parker ('97); Melissa Stacy Cull ('05, '12); Deidra Filarski Weatherby ('08, '13); and Debbie Dunn Boggs ('75), ex officio member and director of Alumni Relations.

## Distinguished Alumnus Nominations

For many years, Mount Carmel has annually honored an alumnus for professional and personal excellence. Graduates from each of our programs have many great accomplishments. Please tell us about the special member of our alumni you know. Criteria include:

- Demonstration of exemplary excellence in nursing practice
- Ongoing contributions to the nursing profession
- Acknowledgement by peers as an advocate
- Contributions to the quality of community life
- Demonstration of accountability for personal growth
- Other outstanding attributes/accomplishments

Please submit on paper or email a letter of not more than two pages explaining why an alumnus deserves recognition. While nominations may be submitted at any time, for consideration within the current year the nomination deadline is July 1 of that year. The honoree will be recognized at the October Mount Carmel Alumni Association Annual Meeting and Homecoming.

### **Nominations may be submitted online or mailed to:**

Mount Carmel College of Nursing  
Attn: Debbie Boggs ('75), RN  
Director, Alumni Relations  
127 S. Davis Avenue  
Columbus, Ohio 43222  
Or by email: [alumnioffice@mccn.edu](mailto:alumnioffice@mccn.edu)

# Alumni UPdates Get Involved!

We have several opportunities to become more involved - or get involved - by volunteering through the Alumni Relations Office. If you would like to join a committee for any of the activities below - or just come and help out - please contact Debbie Boggs ('75), RN, director, Alumni Relations, by calling her at 614.234.5681 or emailing her at [alumnioffice@mccn.edu](mailto:alumnioffice@mccn.edu)

✔ **Recruitment** – Alumni are needed to assist the Admissions office with recruiting events across Ohio. Who better than alumni to share information on the excellent foundation and educational growth opportunities that Mount Carmel offers to those seeking a nursing career or who want to further their career in nursing? The Admissions staff will make sure you are updated and ready to talk about what a great place Mount Carmel is! Every year, your help is needed from the end of summer to early fall.

✔ **New Student Orientation** – Come back to where your own nursing education journey began: Orientation! We need alumni volunteers to assist with Orientation in two shifts on Wednesday, Aug. 9, from 7 to 9:30 a.m. or from 11:30 a.m. to 3 p.m. Last year, alumni were in charge of the registration tables, and this year our role has been expanded to conducting tours for students' family members in the afternoon. This is a great opportunity to welcome our newest students — remember how you felt your first day? Volunteering for this comes with food and a t-shirt!

✔ **Buckeye Tailgate** – Guess where it will be held? The Ohio State University campus, of course – by the Shoe – or as close as we can get! Game date is yet to be determined, but is guaranteed to be fun!

Please stay in touch with the Alumni Relations office and notify Debbie Boggs ('75) RN, of any changes in your contact information as soon as you can so you don't miss any news! Also, please let her know your career path since graduation so we can include it in an upcoming issue of the Lamp.

## Alumni Get Together!

Mount Carmel alumni who live in Arizona recently gathered for luncheons. Debbie Boggs ('75), RN, director Alumni Relations, was able to make the “road trip” to join them as they met to network, reminisce about their days at the “Mount” and share their career paths since graduation. Two get-togethers were held to accommodate schedules and locations:



Alumni attending in Phoenix were (seated, left to right): Nola Gaverick ('58), and Ruth Mathews Strickler ('52); (standing left to right) Barbara Steckler Neff Berle ('61), Pat Brown Gates ('63), Frances Balent Bauman ('76) and Gail Kramer Ellis ('76), who hosted the event.



The next day, the event moved to Casa Grande where alumni attending were (left to right): Ruth Strickler, Karen Trager Davis-Lickteig ('65), Gail Ellis, Ann Devine Yersavich ('53), and Pat Brown Gates. Pat and Ruth had so much fun, they attended both events!

MOUNT CARMEL ALUMNI ASSOCIATION

# THANKS FOR THE MEMORIES

2016 Annual Meeting  
and Homecoming

SATURDAY  
OCTOBER 22, 2016

## Homecoming 2016 – Thanks for the Memories!

“Thanks for the Memories” was the theme for the 2016 Mount Carmel Alumni Association Annual Meeting and Homecoming. More than 115 alumni were in attendance. Several of the classes made a weekend of the event, holding class brunches and dinners in addition to the main event. Co-chairs **Michele Uhl Born ('75), BSN, RN**, and **Melissa Stacy Cull ('05 and '12), MSN, RN**, worked very hard to ensure an enjoyable time for returning alumni. If you would like to help for the Oct. 21, 2017, Homecoming, please contact **Debbie Boggs ('75), RN**, at 614.234.5681 or by email at [dboggs@mccn.edu](mailto:dboggs@mccn.edu).



The 2016 50-year Honor Class – the Class of 1966.



Dorothy Gorenflo Cluff ('42) has donated her unique talents to design and create a beautiful quilt to raise funds for student scholarships for several years.



The Class of 1956

Honor classes (every five years), represented by these attendees, took center stage at Homecoming.





The Class of 1961



The Class of 1971



The Class of 1976



The Class of 1981

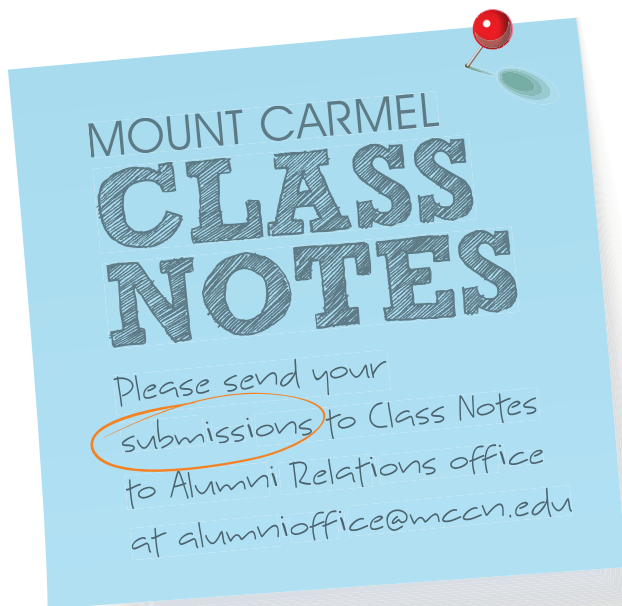
## Distinguished Alumna 2016



Distinguished Alumna Gail Petit Hornor ('80), DNP, CPNP APRN, SANE-P, was named Distinguished Alumna 2016 in recognition of her outstanding career. Gail coordinates the Pediatric SANE (Sexual Abuse Nurse Examiner) team at Nationwide Children's Hospital, where she also is a pediatric advanced nurse practitioner for The Center for Family Safety and Healing. Gail's illustrious career was profiled in the Fall 2016 issue, *the Lamp*.

Visit us on Facebook to see more photos!  
[www.facebook.com/mcalumniassoc](http://www.facebook.com/mcalumniassoc)





Doris Johnston DeBertram (September '46) lives in Coshocton, Ohio, at Windsorwood Assisted Living. Last year, to commemorate the 70th anniversary of her graduation from Mount Carmel School of Nursing, she wrote the following: "I would like to send my deepest appreciation to the school that prepared me for a 43-year career in nursing. I began classes in 1943 and graduated in September 1946. During that time we began to use penicillin, cared for children in iron lungs due to the polio epidemic and had special training at a tuberculosis sanatorium, to name just a few of my medical memories. Probably my most vivid memory, however, is celebrating VJ Day with the throngs of people who poured onto the streets at Broad and High on Aug. 14, 1945. As students, we were cadets in the U.S. Army Nurse Corps and received a \$15 per month stipend until the end of World War II. I am so grateful for the training I received at Mount Carmel, which included more than just medical training. We were expected to be ladies. I can still hear the nuns saying, 'A lady doesn't run. Walk as fast as you can to any emergency!' My cap, cape and pin (all of which I still have) are precious reminders. One more note, the hem of our uniform had to be no more than 12" from the floor. How times have changed! After graduation I returned to my hometown of Coshocton and worked at Coshocton Memorial Hospital from 1946 to 1979. I spent the early years in L&D. After one year of working in a doctor's office I returned to the hospital to work the ER and serve as house supervisor. In 1979, I moved to St. Petersburg, Fla., and continued to work in med/surg at St. Anthony's Hospital until my retirement in 1988. I returned to my hometown in 2014." Doris' daughter helped her mother gather her memoirs over the course of several evenings. She says Doris still has the "take charge" attitude that was instilled in her at Mount Carmel.

Helen "Polly" Parrott Dittman ('46) lives in Rocklin, Calif., in a six-person senior apartment. She is a widow and has two daughters and several grandchildren. She was a member of the U.S. Army Nurse Corps as a student nurse, as were many of her classmates. OB-GYN was her specialty in her nursing career. She writes, "The Sisters of the Holy Cross were wonderful dedicated instructors. I am so grateful for the education I got at Mount Carmel and all my great classmates and friends."

Mary Bowes Teach ('56) lives in Columbus, Ohio, and retired 17 years ago. Her career began on St. Ann's unit at Mount Carmel West. She was Unit Director of the Special Care Nursery for 12 years. She helped develop the Level II Nursery and hosted the first Preemie Party. She worked 12 years at Riverside Methodist Hospital and received the Nursing Excellence Award there. She was a preceptor for new employees, taught neonatal resuscitation, was a CPR instructor and taught high school students about nursing careers. She writes, "I have always felt I received a good start at Mount Carmel. Nursing was very interesting and challenging and I enjoyed every minute of it."

Marie Sutter Blain ('61) lives in Burke, Va. She is married and has three children and nine grandchildren. She is a National Registry Paramedic. She works as needed in a freestanding ER as a paramedic and volunteers with the Fairfax County Fire and Rescue Department and rides as a medic on 911 calls. She writes, "I still love the patients and feel so blessed that I can continue doing what I love. Mount Carmel was a wonderful school and I feel that all I learned has helped me all of my life." In addition to her family and her profession, she loves to travel. In 2016, she traveled to shrines in France. She also did the Journeys of Pope John II to Poland and Rome.

Diane Spachner Cordial ('61) lives in Powell, Ohio. She retired in 2013 after 34 years as a certified psychiatric nurse. Her 11 grandchildren keep her busy with birthdays, sports and various activities. She enjoys baking, helping at church and in a soup kitchen. The members of her class living in the Columbus area have monthly lunches, "thanks to the organization by classmate, **Marilyn Deluca Seferrella.**"

Jan Hamilton Haynes ('71) lives in Marion, Ohio, is married and has two children. She retired in 2016, but continues to work contingent in the Endoscopy Unit for OhioHealth. She has worked in every hospital area except the OR. She writes, "I have always been so proud of my Mount Carmel education and the reputation of our nurses I am so proud to be a Mount Carmel grad."

Rita McGrath Bolender ('71) lives in Circleville, Ohio, is married and has three children and three granddaughters. She enjoys going to antique tractor shows and OSU Buckeye games.

We love hearing  
your news!



Margaret "Peg" Hale Tippet (‘66) lives in Columbus, Ohio. She is married and has four children and 11 grandchildren. Her nursing career included the areas of pediatrics, surgery and orthopedics. Over the years, she was active in the Mount Carmel Alumni Association. In 2003, she worked with **Rita Devlin O’Brien (‘57)** to design the fabric throw that commemorates Mount Carmel’s 100 years of nursing education. Since her husband’s retirement, they have traveled to many places, the most recent one being Israel in 2015. They are active in their local parish. She loves flowers and gardening, decorating the house and traveling to see family and friends.

Pat Parsons Green (‘76) lives in Raleigh, N.C. She has three children and three grandchildren. She is currently working in L&D, her area of expertise and work since graduation.

Andrea "Andi" Tufts Bell (‘81) lives in Galloway, Ohio. She is married and has three children and several grandchildren. She graduated from Cedarville University in 2015 with her master’s as a CNP. She works full time with OhioHealth Surgical Associates, where she has worked 35 years.

Mary Simon Thorne (‘06) lives in Grafton, Ohio. She is married with children. Prior to her parenting years, she worked in Neuro ICUs and step-down units. She writes, "I am grateful for the education I received at Mount Carmel. Despite still having a lot to learn about the ‘real world’ of nursing, I did feel very prepared to enter the workforce. I am looking forward to returning to work when the time is right for our family."

Like Many  
People,  
You May Be  
Wondering:  
What is  
Planned  
Giving?



## Discover Planned Giving

Planned giving is a way to integrate your personal, financial and estate planning goals. The right planned gift may provide you with tax and income benefits while helping Mount Carmel College of Nursing further our mission.

**Here are some of the most common planned gifts you can make:**

**Bequest:** Your Will may include a gift (of a specific asset, a dollar amount or a percentage of your estate) to Mount Carmel College of Nursing.

**Charitable Gift Annuities and Charitable Remainder Trusts:** These can provide you with lifetime income, a charitable income tax deduction and leave a nice gift to the College. If you own appreciated assets, such as stock or real estate, we can help you sell those assets tax-free.

**Life Estate:** You can make a tax-deductible gift of your home and remain living in it for your lifetime.

There are additional gift strategies that may be of interest to you. Discover the many ways you may benefit from planned giving by calling Tim Strawn, senior development officer, Mount Carmel Foundation, at 614.546.4337 or look online at [www.legacymcf.org](http://www.legacymcf.org).

# THANK YOU FOR GIVING THE GIFT OF NURSING EDUCATION

The following donors contributed gifts to Mount Carmel College of Nursing Giving Societies between May 1, 2016—March 31, 2017. Thank you for your generosity and continued support.

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