

Welcome to Mount Carmel College of Nursing!



Students in MCCN residence halls celebrate the start of the new academic year.
Back row, l-r: **Kayla Munk, Maggie Huth, Hanna Rehark, Kristi Kowalski, Brooke McCombs, Anne Hahn,**
and **Lori Distelhorst**. Third row: **Rachel McMillan, Emily Lust, Emily Berry,** and **Abbey Thompson**.
Second row: **Olivia Sapia** and **Julia White**. Front row: **Elissa Tarpey, Mackenah Martin, Renee Dicke,**
Katherine Dunlap, Devon Baldwin, Brittanie Sermon, and **Molly Maag**.

Celebrating Our Largest Enrollment!

A record number of students begin the first day of the 2010-11 academic year today. We welcome each and every one of you and wish you all the best in your nursing education at Mount Carmel College of Nursing!

There are approximately 76 residents living in the on-campus apartments this fall. There are a few openings still available. Contact **Colleen Cipriani**, Director, Student Life, at ccipriani@mchs.com or 614-234-5828 for information.

(continued on next page...)

2010-11 Enrollment (numbers are approximate)

Students by Class Level

Freshmen	= 150 (132 Columbus, 18 Fairfield)
Sophomores	= 151 (128 Columbus, 23 Fairfield)
Juniors	= 180 (163 Columbus, 17 Fairfield)
Seniors	= 135
SDAP	= 70
RN-BSN	= 58
Masters	= 65 (including 5 in post-master's online education track)
Dietetic Interns	= 8
RN Refresher	= 10
Fairfield-MCCN total	= 58
Males total	= 65

Total enrollment
827 students

August 16, 2010

dates to remember

August 16

Fall semester begins

August 20

Deadline to submit CSCC/OSU course schedules to Records & Registration

August 23

Convocation (attendance required)

August 25

Background checks (nursing clinical students)

August 26

Background checks (nursing clinical students)

August 30

Background checks (nursing clinical students)

September 1

Background checks (nursing clinical students)

September 2

Background checks (nursing clinical students)

September 6

Labor Day (holiday)

September 22

FA-10 affiliated classes begin at CSCC and OSU

October 12-17

Fall break (students only)

November 11

Rho Omicron Induction Ceremony

November 25-26

Thanksgiving (holiday)

December 13-17

Final exams

Welcome to Mount Carmel College of Nursing *cont'd*

A Look at the Year Ahead

"We welcome our students and are committed to providing them with the very best collegiate experience. We are here on behalf of all students and welcome their input and ideas," says President/Dean, **Ann Schiele, PhD, RN**.

It's an exciting time for Mount Carmel College of Nursing, and an exciting time for the nursing profession. The 2010-11 academic year will feature the launch of new programs, new offerings and benefits for students.

2010-2011 Initiatives

The Nurse Managed Health Center, housed on the second floor of the 777 office building, directly across from the Mount Carmel West (MCW) Emergency Room, will open in September. Patients of Dr. **Dana Vallangeon**, as well as from MCHS, will be seen. **Kim Greene, MS, RN, FNP**, will be the Coordinator for the Center. The Center is the recipient of a Cardinal Health Grant for \$25,000 which will be used to purchase equipment for the Center. Students can be seen in the Nursing Center, if referred by **Kathy Walters, MS, RNC, CNNP**, Student Health Nurse.

The Family Nurse Practitioner Track for the master's program has a projected start up date of January 2011. **Catherine Johnson, PhD, FNP-BC, PNP-BC**, will coordinate the development of the program. A committee will be formed to plan the program's development.

On-Line Programs have a new Assistant Dean for On-Line Learning, **Tara Spalla, MS, RN**, who will begin at the end of August. **Therese Snively, PhD, RN**, has already joined our faculty and will assist with the development of the online RN-BSN completion program. Again, a committee will be formed to assist with the program development. The targeted start-up date is January 2011.

Student Health Promotion

The exercise room has been expanded in the lower level of Marian Hall and updated equipment will be added. An additional service to the students is the College-funded, monthly, wellness e-magazine, *Student Health 101*.

Multiple College Activities

"Thanks to the efforts of Director of Student Life, **Colleen Cipriani**, this will again be a very active year for College activities. I encourage all of you to take advantage of all the College offers," Dr. Schiele says.

Health Insurance Contacts

Initiated last year, the College continues to offer potential contacts for you to consider if you are in the market for health insurance for you and your family. If you are interested, please consult the letter sent to you this summer for names and contact information. Please note that there are other insurance companies that can assist you. We encourage you to contact several insurance agents to determine who has the best health coverage for you within your budget.

The President's Door: Always Open

"I wish you all a wonderful and successful academic year and invite each of you to stop by my office and say hello. My door is always open," says Dr. Schiele.

Required Criminal Background Check

Every sophomore, junior, senior, RN/BSN, MS, and Dietetic Intern student is required to undergo an annual criminal background check. For the convenience of students, on-campus opportunities for fingerprinting are provided on the following dates.

Wednesday, August 25, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Thursday, August 26, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Monday, August 30, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Wednesday, September 1, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Thursday, September 2, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Each student must present a valid Ohio driver's license or state-issued ID in order to complete the application form. The \$69 discounted fee for this service by National Background Check (NBC) will be added to the student's FA-10 MCCN account.

Those students unable to be fingerprinted on campus will be responsible for scheduling individual appointments with NBC and completing this requirement prior to September 3, 2010. The cost incurred for scheduling individually is not discounted and is due the day of fingerprinting (payable directly to NBC).

Any student who fails to complete the required criminal record check by September 3 will risk being dropped from fall semester classes.

Special Note to Pre-Licensure Students:

You will be asked at the time you are fingerprinted if you are a student who is going to graduate at any time from October 2010 through August 2011. A second set of results will be forwarded electronically to the Ohio Board of Nursing and held there until your application to take the NCLEX-RN exam is received by the Board — this is a NCLEX-RN application requirement. This procedure saves you an additional \$69 charge for the second set of results.

Volunteers Needed for Upcoming Events!

Heart Walk

Saturday, August 28, 7 a.m. - noon
Clippers – Huntington Park

Need two volunteers to help at booth – passing out giveaways and heart information

Cancer Event

Sunday, October 17, 9 a.m. – 3 p.m.
MCE Siegel Center

Need four or five volunteers to greet, register guests, pass out goodie bags, etc.

For more information please contact **Diana Coomer**, Marketing Coordinator at 546-4111 or dcoomer@mchs.com.

Welcome to Our New Faculty!

NAME	TITLE	CLASS
Elizabeth Badowski, RN, MS, CNP	Assistant Professor	Nursing 407
Kelli Greene, RN, BSN	Assistant Instructor	Nursing 309
Jozefa Herson, BA, MSN, CRNA	Assistant Professor	SDAP Program
Tara Spalla, MSN, RN	Assistant Dean	On-Line Learning
Therese Snively, PhD, RN	Associate Professor	On-Line RN-BSN Program
Catherine Johnson, PhD, FNP-BC, PNP-BC	Associate Professor	Family Nurse Practitioner; Nursing Center Faculty
Kerry Dawley, BSN, RN	Instructor	Nursing 408
Nancy Haninger, BSN, CNM, MSM	Assistant Professor	Nursing 307, Nursing 397
Amy Smith, RN, MSN	Assistant Professor	Nursing 309 Fairfield Medical Center
Kristie Bostick, RN, BSN	Assistant Instructor	Nursing 407
Olivia Hickey, MA	Adjunct Faculty	Psych 225 Fairfield Medical Center
Nichole Baker, RN, BSN	Assistant Instructor	Nursing 407
Penny Marzalik, PhD, CNM, IBCLC	Associate Professor	Graduate Program RN-BSN Program Nursing Center Faculty
Andrea Thompson, RN, BSN	Assistant Instructor	Nursing 309 Fairfield Medical Center
Lee Ann Bowers, RN, MS, FNP	Instructor	Nursing 309 Fairfield Medical Center
Nancy Baldeschwiler, RN, BSN	Assistant Instructor	Nursing 309
Sandra Reed, MS, MBA	Assistant Professor	General Education Courses Academic Support Services

Tara L. Spalla, MSN, RN, is the new Assistant Dean, On-Line Learning. Spalla earned a BSN from Wright State University, a MSN from the University of Pennsylvania and plans to complete a MA/PhD in Higher Education — Policy and Leadership in spring 2011. She was a faculty member at OSU College of Nursing and has had extensive on-line learning experience.

“I am confident that Tara is the right person to guide our on-line learning endeavors. I want to thank the search committee, co-chaired by **Barbara Barta** and **Dr. Angela Phillips-Lowe** for their outstanding leadership,” said **Dr. Ann Schiele**, President/Dean.

Linda Farrell, MS, RN, Assistant Professor in Nursing 408, retired and **Denice Taylor, APRN, BC, CWCN**, Sophomore Coordinator, has resigned to become a nurse practitioner in a physician’s office. **Stephanie Piquero, RN, MS**, Instructor, will assume the role of coordinator of sophomore level nursing. **Brenda Beyer, MS, RN**, will coordinate Nursing 309.



Affiliated Course Schedule

Any student taking a fall quarter class at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01) **no later than Friday, August 20.**

All students must submit their CSCC or OSU course schedules to MCCN Records and Registration every quarter they take classes. Students who neglect to submit by the August 20 deadline will find that their credit hours at CSCC or OSU **will not count** toward calculation of total credit hour load for fall semester.

Financial aid awards will be based on total registered credit hours as of August 20, 2010. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

IF YOU ARE TAKING AN AFFILIATED COURSE DO NOT IGNORE THE AUGUST 20 DEADLINE!

Application for Graduation

Graduation applications will soon be distributed and must be on file in order to begin the graduation process. If you expect to complete degree requirements during the 2010-2011 academic year, please watch for and submit this paperwork by the posted deadline. The graduation fee will be charged to your student account in the semester you graduate.

Pre-licensure students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits. Contact **Karen Greene** (614-234-5685) to schedule an appointment. RN-BSN and MS students may contact **Kip Sexton** (614-234-5169) for degree completion requirements.

Awardees Exceed Expectations, Exemplify Excellence



Five MCCN faculty are being honored as part of this year's Excellence in Nursing Award event. They are from left to right: **Kathleen Lennon, Tricia Whitney, Bev Gish, Brenda Beyer, and Ann Waterman.**

Congratulations to our five MCCN Excellence in Nursing honorees, among the 90 Mount Carmel nurses and five physicians honored this year. The honorees' collaboration and commitment to nursing has earned them the respect and recognition of their peers and the distinction of being selected for the sixth annual Excellence in Nursing Awards.

Honorees were chosen from Mount Carmel hospitals, services and Mount Carmel College of Nursing— all excelling in the spirit of care, compassion, leadership and teamwork. They will be honored at a special awards dinner on Wednesday, September 15, at Villa Milano.

2010 MCCN Excellence in Nursing Honorees

Brenda Beyer, MSN, RN
Assistant Professor, Nursing

Beverly Gish, MS, RN, CNE
Assistant Professor

Kathleen Lennon, PhD, RN, CNS
Assistant Professor, Nursing

Ann Waterman, PhD, RN
Assistant Professor

Tricia Whitney, MSN, RN
Instructor, Nursing

Congratulations!

Faculty member **Joey Beck, BS, MHA, MS, BSN, RN**, submitted a grant request to the New Careers in Nursing Scholarship Program through the Robert Wood Johnson Foundation for a leadership development grant. As a result of the Beck's efforts, MCCN was awarded the maximum \$1,500 grant, which will be used for faculty/staff development. Our thanks to Beck for his work on behalf of the College!

Get Involved in International Health Advocacy

Dear MCCN Students,

Ride for World Health is a two-month road cycling expedition across the U.S. that raises knowledge and awareness of global health disparities through education, advocacy, and fundraising. Founded in 2004 by OSU medical students, the event includes riders from varied backgrounds and locations. Our annual Coast-to-Coast lecture series initiates meaningful dialogue throughout communities along our 3,700 mile journey.

Our efforts raise significant funds to support non-profit organizations consistent with our vision and empower our audience to become informed and active global citizens. We have raised hundreds of thousands of dollars for global health initiatives:

- \$70,000 to Partners in Health in 2006
- \$60,000 to Global Health Access Program and the Pendulum Project in 2007
- \$60,000 to Doctors without Borders in 2008
- \$80,000 to Esperanca and Village Health Works in 2009

We're looking for diverse individuals who are strong, motivated, and interested in creating a dialogue for discussing global health needs to be team riders for our 6th annual ride in April and May 2011. Riders cycle approximately 60-100 miles a day.

Portion riders (from 1 day to 1 month) are welcome. You can also organize or join an existing solidarity ride in your city to support our team.

See <http://www.rideforworldhealth.org> or contact me at R4WH.recruitment@gmail.com. We're accepting applications now! Our deadline for application is December 1 for portion riders. Ride for World Health is a 501(c)(3) non-profit organization.

Angela Douglas
R4WH recruitment/website chair
OSU College of Medicine, Class of 2011

New for Students: Free Online Interactive Magazine



Checking out the first issue of *Student Health 101* are (l-r): **Julia White, Olivia Sapia, and Devon Baldwin**

Provided free as a service to MCCN students by Mount Carmel College of Nursing, *Student Health 101* is a monthly online, digital magazine geared to college students and covering topics related to health promotion and college life. The magazine contains interactive features; student input, responses and videos; informative articles, and more.

Student Health 101 takes a holistic approach to a wide range of topics, including wellness, managing stress, diet and nutrition, time management, college life, relationships, finances, exercise and fitness; recipes; etc.

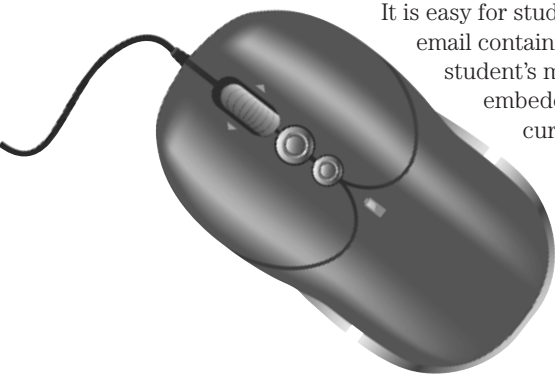
“Students can submit videos of themselves talking about, for instance, how they deal with stress or sharing a favorite recipe,” said Student Health Nurse, **Kathy Walters, MS, RNC, CNNP**

Student Health 101 also offers MCCN students a link to students from other colleges and universities from across the nation who also subscribe. “Our students will get the perspective of students nationwide on topics of interest to them,” added Walters.

A companion piece to *Student Health 101* is a condensed version of each issue sent to students’ parents who sign up for it.

It is easy for students to access *Student Health 101*. Monthly, an email containing the link to that issue will be sent to every student’s mcn.edu email address. Simply clicking on the embedded link will immediately take students to the current issue.

In addition to the five or six articles, the MCCN issue will include information particular to MCCN. “This is a really cool service provided by the College for the students,” concluded Walters.



Chaplain’s CORNER

Pete McClernon, College Chaplain

One of the most famous lines in scripture is found in the Book of Job — “The Lord giveth and the Lord taketh away.” That line comes to mind when I think of summer. It was ours for a while — and now (faster than a speeding bullet) it’s gone.

For a lot of our students and faculty “summer” didn’t really exist this year — at least not in the sense that had become so popular in academic circles. The joke about the three reasons to become a teacher (June, July, and August) was meaningless to many around the College this summer. Lots of students and lots of faculty were taking lots of courses and enduring the breakneck pace of the APP (Advanced Placement Program). At the same time our College administrators were probably busier than usual preparing for the beginning of this new school year, while every staff person was working as hard as usual.

G-A-S-P!

The beginning of the academic year does offer at least a return to some manner of predictability. But, of course, it offers so much more than that. A fresh start — a new beginning — firmer resolve — tweaked goals — for our senior students a real look at the light at the end of the tunnel. This is the year of the Class of 2011 (Twenty-Eleven, if you please).

My personal best wishes to everyone. Every student’s success is tied into every other student’s study — every faculty member’s teaching — every administrator’s oversight and vision, every staff person’s diligent work. We all need each other to make the best of this year.

Happy New Year!

MCCN Students Serve Medical Mission to Kentucky



Mission trip volunteers, l-r, **Allison Lardner** (senior), **Erin McKernan** (senior), **Christa McKernan** (RN-BSN), **Stan Brock** (National RAM founder), and **Shivani Patel** (junior).

Four MCCN students spent a weekend in June serving the uninsured and underinsured in Pikeville, Kentucky, at the Remote Area Medical (RAM) Clinic. The group saw 1,100 patients with dental, vision and medical needs. The students volunteered from 5:30 a.m. to 6 p.m. Also volunteering at the clinic were 400 U.S. public health service volunteers, optometrists, ophthalmologists, dentists and physicians from the University of Louisville and the University of Kentucky. "Our students did a wonderful job," said instructor **Hannah O'Handley, MSN, RN, PNP**.

RAM Mission Trip Journal

by **Allison Lardner**, MCCN Senior

June 18, 2010

We arrived in Pikeville, Kentucky, to volunteer for an organization called Remote Area Medical (RAM). Pike Central High School was the facility serving as the clinic for hundreds of uninsured or underinsured patients.

We checked in at the RAM registration table and obtained t-shirts and name badges. We were given a brief tour and shown where we would report to tomorrow. We will be in triage, taking place in two classrooms. After registration, the patients will visit triage, where we will obtain a brief health history and their blood pressure, pulse and respirations. The patients receive any of three desired services: medical, dental, or vision, provided by RAM at no cost.

The clinic seems to be well organized and structured. It will be interesting to see how tomorrow goes! The clinic opens tomorrow at 6 a.m. and patients are already coming in to get their numbers and get in line. We have to get up at 4:30am. Goodnight!

June 19, 2010

What a long day! After breakfast, a bus took us from the hotel to the high school. Pikeville is a very small town, but it is beautiful! There are mountains everywhere.

We reported to the triage area and were given a ten-minute briefing. When patients came in, they sat at any open triage desk. They had registration forms — white for medical, pink for dental, and blue for vision. We obtained a health history that was outlined on each form. Then, we obtained vital signs. If the blood pressure was higher than 160/100, we were instructed to direct the patient to a blood pressure recheck table, where another volunteer would recheck their blood pressure after 15 minutes.

continued on page 7...

Community Service

Social Responsibility is one of the "Core Values" contained in the mission of Mount Carmel College of Nursing. In accordance with the College's *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one's skills and time to meet identified community needs of vulnerable and at-risk populations.

This activity leads to learning and development through active participation in thoughtfully organized service that

- + is conducted in and meets the needs of the community;
- + involves reflection and analysis of the experience;
- + promotes the development of leadership skills, citizen skills, and social responsibility.

Pre-licensure students are required to complete 20 clock hours of community service prior to the beginning of the last semester of enrollment (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

RAM Mission Trip Journal *cont'd*

by **Allison Lardner**, MCCN Senior

After the health history and vitals were completed, we raised our hands and a U.S. Public Health service volunteer escorted the patient to their destination, and then brought a new patient back to triage.

There were several challenges. The patients' accents were so thick at times I could hardly understand them. Other times, the patients used terms that I had never heard before. "High blood" referred to high blood pressure and "low blood" referred to low blood pressure.

Another MCCN student had a patient say she had "high tension" (hypertension). Several patients had "black lung," which I learned was a condition of damaged lung tissue due to long-term inhalation of coal dust that caused inflammation of the lungs, fibrosis, and in severe cases necrosis. It made sense that black lung was a common disease in Pikeville, as there are coal mines in this region. It was interesting to see how environmental exposure and workplace hazards could affect the health of the community.

From 6 a.m. to around 11:30 a.m., the influx of patients was constant. With every patient that came in, I became more confident in my job. Around noon, they closed triage because they did not have enough physicians and providers to meet the patient demand. During the afternoon, we toured the building to see the different services offered.

Medical services were offered upstairs, in what appeared to be the high school's music room. They offered peripheral vascular testing, electrocardiograms, and echocardiograms, mammograms, pap smears. They also offered diabetes testing and most lab tests. Various health professionals were available to the patients, including physicians, nurse practitioners, physical therapists, pharmacists, dentists, oral surgeons, ophthalmologists, and optometrists.

Dental was impressive. It took place in the gym—a sea of dental chairs full of nervous patients. Dental was staffed by many dentists and the University of Louisville School of dentistry. They provided dental x-rays, extractions, cavity fillings, and cleanings. Dental was the most popular service provided to the people of Pikeville.

Vision took place in several classrooms. One classroom was full of optometrists and their equipment. Another classroom supplied new glasses for the patients. After given a new prescription, glasses were made on the spot in a specialized mobile unit parked outside the high school. Different frames were available and lenses were cut by trained staff and fitted to the frame. An optometrist gave each pair of finished glasses a final inspection.

Parked outside the high school were two mobile women's health units. Each mobile unit had four exam rooms in which physicians performed breast and pelvic exams.

June 20, 2010

When we arrived at the high school, we were assigned to the medical service. We rechecked blood pressures before patients saw the physicians and nurse practitioners.

I got to sit with Dr. Gray as he saw several patients for various reasons, whether it was to have a regular physical, for a urinary tract infection, to get a prescription for more blood pressure medicine, or to find out why they had blood in their stool. RAM was some peoples' only option. For them, it was RAM or nothing.

Yesterday, the clinic saw roughly 750 people! I am amazed at how many people we helped. Many patients drove hours to come to the RAM clinic. Most of the patients I talked to said they slept in their car at the high school the night before it opened so they could be seen.

Yesterday, we had the opportunity to talk to Stan Brock, the founder of RAM. We each bought a copy of his book, "All the Cowboys were Indians," which he signed for us. We talked with him about bringing RAM to Ohio. He said he wanted to bring a RAM clinic to Wilmington, Ohio, but Ohio needs the support of the U.S. Department of Public Health. Brock also said that Ohio needs to change its law so healthcare professionals licensed in other states could be allowed to volunteer in Ohio. I feel this is a necessary change to improve healthcare access and provide the healthcare so many uninsured people need.

Library

Hours

MONDAY - THURSDAY

8 a.m. – 9 p.m.

FRIDAY

8 a.m. – 5 p.m.

SATURDAY

8 a.m. – 12 noon

SUNDAY

Closed

Professional reference staff is available Monday - Friday, 8 a. m. - 5 p.m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using Signing for Instruction form on the library website at least 48 hours in advance, or by contacting a librarian in person.



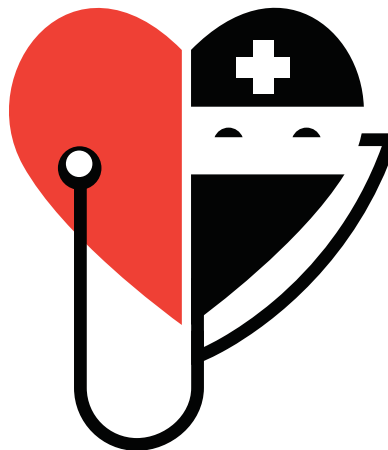
NURS 408 Clinical Preferences

Students have the opportunity to indicate preferences for clinical site (the type of unit) for NURS 408. A letter explaining the process and a form to print and complete will be posted on CARMELink Resources near the middle of the term PRIOR to the term you will take NURS 408. **Watch CARMELink Resources DAILY for this posting.**

After carefully reading the letter and completing the form, take the form to the Marian Hall front desk promptly. Request that it be date/time stamped and placed in Ann Waterman's faculty mailbox. Your clinical faculty will contact you regarding placement near the end of the term.

Although the preferred clinical days are M-T-W day shift, the student is expected to be flexible and work the preceptor's schedule for an average of 21 hours per week. Weekends and shifts other than day shift are to be expected.

Questions? Email **Ann Waterman** with N408 in the subject line: awaterman@mchs.com.





MONEY matters



Notes from Alyncia

Welcome back to returning students and welcome to incoming students. I am certain that you will agree with me that summer went very quickly. Like many of you, the Financial Aid office has been very busy.

Direct Loan

In April we began the journey to becoming a Direct Loan college. The transition has been rather smooth with few glitches along the way. In April 2010 notification of the transition was sent to current students. Many of you have adjusted well and made the necessary changes. There are still several of you who have not completed the financial aid process.

In order to receive federal student aid for the 2010-2011 academic year you need to complete your online entrance counseling and a new master promissory note. To do this, go to studentloans.gov. Failure to complete both items will result in a delay in processing your financial aid. If you are uncertain as to whether you have completed these steps, check your financial aid in CARMELink.

PLUS Loans

PLUS loans are federal loans and therefore must go through the direct loan process. In order to receive a PLUS, the parent of an undergraduate dependent student must complete the application and master promissory note process. To access both the application and MPN, your parents must go to studentloans.gov

CARMELink

CARMELink should be your first step in checking for financial aid, billing matters and refunds. Most of your answers can be addressed by logging into CARMELink.

Private Loans

The arena of financial aid has been impacted by the current lending climate. Some of the lenders you may have had in the past are no longer providing private loans. This also means that it will take two-three weeks to process a private loan. If you apply for a private loan, you will need to follow up with the lender's requests for you to sign their disclosure statements. Loans are not forwarded to the school for certification until you have signed all of the necessary paperwork.

If you would like to apply for a private loan, please go to mccn.edu, tuition and financial aid, links, FAST ALT Solutions. You will find a list of lenders other students have used. You can also go to the bank or lender of your choice to secure a private loan.

Updating Your FAFSA

Please remember that the FAFSA is an application. Whenever you modify the FAFSA, you re-submit your application for federal student aid. Whenever the financial aid office receives a modified FAFSA, we are obligated to review it for changes. Sometimes the student becomes selected for verification due to a modified FAFSA. If you have received your award letter and you make an adjustment to the FAFSA, and your adjustment is selected for verification, your financial aid will be placed on hold until you complete the verification process. Please be cognizant of the impact of changing your application.

I wish you all a prosperous school year!

Alyncia Bowen, PhD, MSA, Director of Financial Aid, abowen@mchs.com

Meet & Greet Weekend

The new resident **Meet and Greet** was held in June to give campus apartment residents and resident advisors a chance to get to know each other. The students did "Speed Roommating" to get to know each other and pick potential roommates. The weekend offered numerous activities, including a visit to the Franklin Park Conservatory.



raiseyourvote.com

raiseyourvote.com isn't just a voter registration site. It serves as a powerful clearinghouse for voter information across the country — armed with pretty much everything you need to know to cast your ballot. It even automatically personalizes to the user's location — so when you visit the site, you'll see voter information for your state.

But the power of a site like this depends on how many voters see it.

Check out **raiseyourvote.com** today — and please share it with your friends.

Colleen S. Cipriani
Director of Student Life

Volunteer Opportunities at Gladden Community House

Volunteer for the food pantry or for a variety of programs and services by contacting:

Tricia Jones, MSW
Volunteer & Development Coordinator
Gladden Community House
(614) 227-1619
jones.gladden@gmail.com

please **save the date**

mount carmel college of nursing



All Faculty, Staff and Undergraduate Students*

2010 **convocation**

monday, august 23

11:00 am

Church of the Resurrection
6300 E. Dublin-Granville Road
New Albany, Ohio 43054

Students: please arrive **NO LATER** than 10:40 a.m. to sign in.

This is a mandatory attendance event.

Professional attire required.

*RN-BSN Completion and Master of Science Program students are **NOT** required to attend.

For more information about Convocation, please call 614-234-1372.



SNAM School Supplies Collection

Place donated supplies in purple tub in the College elevator lobby for Avondale Elementary Students (Kindergarten to grade 5) before August 24.

Event Benefits MCCN Students

The Mount Carmel Foundation hosted the **16th annual Golf Invitational** on July 12, at The Lakes Golf and Country Club in Westerville, Ohio. Funds raised benefit MCCN students, men and women pursuing their dreams of becoming professional registered nurses.

This year's invitational brought in 132 players representing 43 central Ohio business and community organizations and raised \$98,000. The presenting sponsors were AEP, HHA Services, and PNC.

Students assisted at the outing and shared their nursing experience with donors. The proceeds will promote educational opportunities and fund scholarships at MCCN.

"This event generates awareness throughout our community of the College's significant impact on the nursing profession and central Ohio healthcare," said **Jan Burkey**, MCCN Director of Development.

The invitational will be held again next year at The Lakes Golf and Country Club on July 11. Staff and students interested in volunteering, are invited to contact Jan Burkey at 614-234-3837 or jburkey@mchs.com.



A student volunteer driving a golfer at the annual golf invitational.



Attention Students!

Student Activities

Four student (Center of Science and Industry) COSI Columbus memberships and two family COSI memberships are purchased annually for MCCN students. Individual students and students with families (up to 4 children and significant other) can be admitted to COSI for free!

COSI memberships may be signed out on a daily basis. Memberships must be returned the next business day to ensure availability for other students. Memberships signed out on Fridays are to be returned the following Monday. Enjoy!

MCCN students are cordially invited to attend activities and events at Ohio Dominican University's Bishop A Griffin Student Center. For up-to-date listings of activities visit www.ohiodominican.edu, type in Griffin Student Center and calendar of events.



New Exciting Management System (LMS)

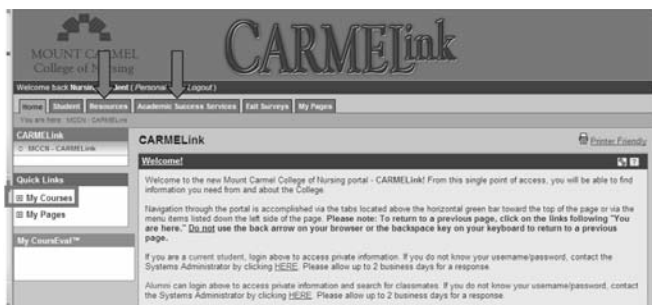
The College has some exciting news to share.

Starting August 1, 2010, WebCT will no longer be the learning management system (LMS) for College courses. The College is changing to the CARMELink LMS starting for Fall 2010 courses. This change will provide students with a single login for access to courses and CARMELink resources. Log into CARMELink to access your courses. Under **Quick Links** click on **My Courses**. Your courses will

be available to you prior to the start of the term or semester. Information that was previously located in WebCT Resources has been transferred to CARMELink **Resources** and **Academic Success Services**. Refer to the blue tabs on the CARMELink page. To learn how to navigate through the new CARMELink course structure, please go to **Resources, CARMELink Course Orientation**. This section will provide you with short tutorials to acquaint you with the new learning management system.

Important information regarding email in CARMELink courses

A significant difference with the CARMELink LMS is how course email functions. In WebCT each course contained its own email system. CARMELink course email (Coursemates) is **NOT** contained entirely within the course. Coursemates email is sent directly to your College Nightingmail email account. To read course email, you must access your **Nightingmail** account on a routine basis. If you do not know how to access your Nightingmail email account, please contact **Theresa Williams** (twilliams@mchs.com).



Junior Students, Master's Students, and RN-BSN Completion Students

Your Opportunity to Join Rho Omicron

During the summer, some of you received via U.S. mail a very important invitation from the Rho Omicron chapter of Sigma Theta Tau International (STTI). The invitation to join was sent to:

Junior students who have completed half of the nursing curriculum and rank in the upper 35th percentile of the graduating class.

Master's students who have completed one-fourth of the nursing curriculum and have achieved standards of excellence.

RN-BSN students who have completed 12 credit hours at MCCN, half of the nursing curriculum, and rank in the upper 35th percentile of the graduating class.

Membership in STTI is a privilege and an honor that will benefit members for years to come, with networking and academic opportunities, not to mention how impressive STTI membership looks on a resume. If you are one of the fortunate invitees, you are encouraged to respond promptly. The Induction Ceremony for new members will take place on November 11, 2010.

MCCN-FMC Nightingales Celebrate at August Picnic



MCCN-FMC students and faculty had a great time at the annual picnic held earlier this month in Lancaster. The picnic was a perfect opportunity to reconnect, meet new students and welcome the start of a new academic year.

ATTENTION Students!

News You Can Use: Co-curricular Activity Summary

1. What is a Co-curricular Activity Summary (CCAS)?

The CCAS is a program for recording awards, scholarships, community service, educational workshops, leadership activities, student government and organization. By recording activities outside of the classroom, the CCAS is used to complement the academic transcript. Such involvement requires active participation and must be verified by a faculty or administrator of the college.

2. What does it do?

Student involvement in campus activities helps strengthen the student spiritually, emotionally, mentally, physically, socially, culturally, and complements the academic experience. The CCAS is verifiable documentation that details a student's accomplishments and their holistic development throughout their years attending MCCN.

3. Why should I want one?

Through involvement in co-curricular activities and experiences you gain transferable skills that can be applied to many areas outside of the college setting. As a verifiable college document, the CCAS can be used to support your search for employment after graduation. Creating your CCAS should be an on-going process during your tenure at MCCN. If you begin your CCAS during your first semester, it will provide a more complete record of your involvement and development as a college student.

4. How do I get started?

Each semester, access the Co-curricular Activity Summary Entry and Validation Form from CARMELink. Complete one form for each of your out-of-classroom activities and ask the appropriate faculty or staff advisor to verify your active participation by signing the form. Submit the form to the Office of Student Life for documentation.

5. What qualifies as co-curricular activities?

All college approved events and activities. Please do not use abbreviations or acronyms. Those not associated with the college may not be familiar with acronyms like SGA or SNAM.

Health NEWS

Mount Carmel College of Nursing Student Health Office



Kathy Walters

+ Incoming freshman or new transfer students:

Fill out your blue MCCN Health Form and turn in to the Student Health Nurse as soon as possible. A MCCN personal first aid kit will be provided to you when your completed health form is received in my office.

Required information to be documented on your form:

- Dated physical signed by physician or Nurse Practitioner.
- A valid tetanus shot (given every 10 years).
- Dates of two MMR injections (measles, mumps, **and** rubella) and results of a rubella blood titer (to confirm immunity).
- Dates of two varicella injections (chicken pox) or a varicella blood titer to confirm immunity.
- Dates of three Hepatitis B injections **and** results of a Hepatitis B blood titer to confirm immunity. You may also sign a waiver if you want to refuse getting the series, but I really don't recommend that as Hepatitis is NOT a disease you want to get! Hepatitis vaccines are available in the Student Health Office for \$51.50 per injection (\$154.50 for the series of 3 injections). Call me to make an appointment if you plan on receiving this at the college.
- A "2-step" TB skin testing. This is two separate TB skin tests given 7-14 days apart. This can also be done via the Student Health office for free at MCCN (charge included in the Semester General Fee). For individuals that cannot receive a TB skin test (previous + test or individual who received BCG in the past) a CXR report is needed, and you will have to fill out a questionnaire provided by the Student Health Office.

+ Students planning on living in residence halls (apartments):

- A meningitis vaccine is **HIGHLY** recommended. You may also sign a waiver for the meningitis vaccine, but due to the seriousness of meningitis, I **strongly encourage** all students who plan to live in the apartments to receive a meningitis vaccine. Meningitis vaccines are available in the Student Health Office for \$60.50. Call me to make an appointment to receive the vaccine PRIOR to moving in!

+ Returning students (sophomores, juniors, seniors):

- I will be coming to all nursing classes the first week of class to give you your annual TB skin test free of charge (charge included in the Semester General Fee). If you cannot get the skin test (due to + skin test in the past or have received BCG in the past) a questionnaire must be filled out (provided by the Student Health Office).

+ All students:

- Influenza vaccines will be available at no cost (based on availability of the vaccine). Dates of vaccine clinics will be communicated to the student body as soon as the Student Health Office obtains an allotment of vaccines from the hospital pharmacy.

By signing up for the MCCN Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, students and staff may self-register for the new system by using an on-site MCCN computer.

- + Via Insight, enter internet address <http://mccnalert.mchs.com> and simply follow the prompts.
- + Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.
- + The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.
- + You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system or need help signing up, please contact one of the following individuals who will help you with the process:

Robin Hutchinson Bell (Marian Hall 313)
rhutchinson-bell@mchs.com or 234-1372

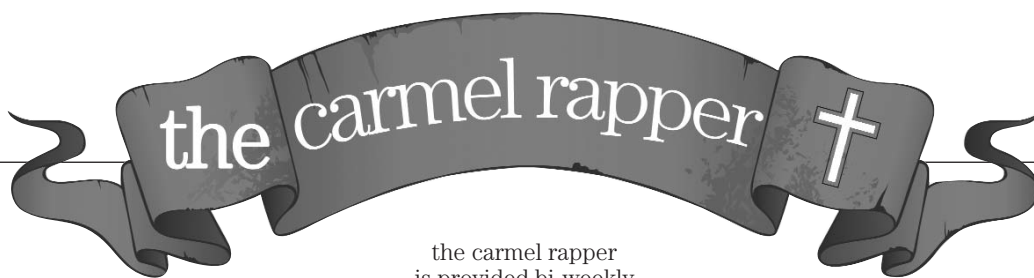
Brenda Binkley (Marian Hall 310)
bbinkley@mchs.com or 234-5726

Sherry Hull (Marian Hall 302)
shull@mchs.com or 234-5777



System-Wide Test Date:

September 7, 2010



the carmel rapper
is provided bi-weekly
by Mount Carmel College of Nursing
with the assistance of
Mount Carmel's Creative Services
and Marketing Departments.

Managing Editor:

Robin Hutchinson Bell

Editor:

Elaine Kehoe

Designer:

Jessica Stokes

Deadline for information is
every other Monday at noon.

For information or to comment, contact
Robin Hutchinson Bell: 614-234-1372 or
rhutchinson-bell@mchs.com.



Officers and Representatives for 2010-11

PRESIDENT **Joe Derr**

VICE PRESIDENT **Kayla Munk**

TREASURER **Ashley
Winebrenner**

SECRETARY OF
RECORDS **Stephanie Binkley**

SECRETARY OF
PUBLIC RELATIONS **Kelsey Tinkler**

SECRETARY OF
PUBLIC RELATIONS **Brooke Waddell**

SENIOR CLASS REPRESENTATIVES

**Melissa Bally
Emily Berry
Brittnee Doran
Emily Lust**

JUNIOR CLASS REPRESENTATIVES

**Ashley Degoey*
Stephanie Harris
Brittany Richards
Dani Smith**

**Fairfield Medical Center SGA representative*

SOPHOMORE CLASS REPRESENTATIVES

**Elizabeth Cassidy
Kelsey Horton
Lyndsey Melvin**

ADVISOR

Colleen Cipriani

