

carmel the Rapper

SEPTEMBER 26 2011

MCCN news & information



MOUNT CARMEL
College of Nursing

Welcome Class of 2015!



More than 150 Freshmen Join the MCCN Family

With a few surprises, a brief period of adjustment, support from each other, faculty and staff, and lots of enthusiasm, the class of 2015 is settling in. Here's an overview (as of the College's official census date for fall 2011) of stats on MCCN's newest students.

- Total enrollment at 154, with 140 on the Columbus campus and 14 at MCCN-FMC (Mount Carmel College of Nursing at Fairfield Medical Center).
- Average age of the freshmen is 20.
- 99% are from Ohio and 1% from Michigan.
- 46 live on campus.
- 79% are full-time students.
- 21% are part-time students.
- 15% are men and 85% are women.

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Dates to Remember

September 26	SNAM meeting
	Lunch & Learn (Dominican Republic mission trip)
	TB clinic
September 30	Campus Ministry Social Night
October 3	Lunch & Learn (presentation by Fatma A. Al-Lamki)
October 7	Term 1 ends
October 10	Term 1 nursing clinical final exams
October 10-14	Fall break (students only)
October 17	Term 2 begins
October 24	SNAM meeting
	Flu shot clinic
October 31	Flu shot clinic
November 10	Rho Omicron Induction
November 21	Books and Buckeyes Sale
November 24-25	Thanksgiving (holiday)
November 28	SNAM meeting
December 9	Term 2 and semester classes end
December 12	Term 2 nursing clinical final exams
December 12-16	Final Exams
December 17-January 3	Holiday Break

Welcome Class of 2015 *cont'd*

Freshmen Firsthand

Brielle Daugherty loves that the size of MCCN, small like her hometown of Burkburnett, Texas, makes her feel at home. *"Everyone is close and eventually becomes friends with everyone."* She also loves the convenience of living on campus.

"What surprised me most about MCCN is that here the professors actually consider the fact that we are freshmen straight out of high school and we are still adjusting to this new life," said Daugherty, who selected the nursing profession as the best fit for how she wants to help people.

Boris Mayorov was born in Moscow, Russia, but has lived in Columbus since he was two years old. All his life he has been fascinated by how the human body works and knew he wanted to work in the medical field. *"I chose nursing because I felt that I could receive the satisfaction by helping others in the same way that I felt satisfied giving gifts."*

Mayorov's first visit to MCCN convinced him he had found the college where he would receive satisfaction and support. *"The staff with which I met impressed me, including **Colleen Cipriani, Kathy Walters,** and others: I was impressed by how caring and enthusiastic they were about my education and success."*

Mollie Obert comes to MCCN from nearby Hilliard, Ohio, chose the nursing profession because she always wanted to help others, likes the small school feel at MCCN, loves living on campus, and is anticipating intramurals, *"because they sound like a lot of fun."*

"My first impression of MCCN was that everyone was so very helpful. Every problem I came across someone was so very willing to help me figure it out. Being a freshman is so very hard but they helped me adjust quickly," said Obert.

Patrick Reid, from Wooster, Ohio, knew that nursing was for him when he realized last year how much nurses really do and how rewarding the profession is. *"Also, my aunt is a nurse, so talking with her, and realizing how much she loves nursing really reinforced my decision. Now I can hardly wait to become a nurse and I feel like this is what I'm meant to do."*

Reid appreciates how the faculty encourage students to come by their office or email them with any problems. He is also very happy with the residence halls. *"The bedrooms and bathrooms are big, but also having a kitchen and living room makes living here really comfortable. The laundry room in each apartment is also great."*

Florence Smith, a native of Columbus, lives on campus and feels that the kindness and friendliness of the faculty and staff made her feel at home. *"I chose MCCN because everyone here cares so much and focuses on the success of the students. It's a small school filled with such great bonds, there's always someone to lean on."*

Smith chose nursing because of her strong passion to help others. *"I want God to use me in the best way as possible. As nurses, we help individuals with their psychological and physical needs, but it takes the spirit of God to heal a person's soul."*

Will Taylor's first impression as this freshman year began was that he chose the right school. *"I really like how the class sizes are not large. I also like how the professors tie in our nursing career with the basic subjects we are learning."*

A native of Chillicothe, Ohio, Taylor lives on campus. He had heard a lot of great things about the school from alumni and family friends who are nurses. *"Nursing is the right field for me, because nurses give a lot of direct patient care and I love being around people,"* said Taylor.

To the Class of 2014 from their Class Advisor

My advice is work hard, take one day at a time, build friendships, get involved, stay around positive people, and remember the end goal.

— **Tricia Whitney, MSN, RN**

Upcoming Events and Deadlines*

TB clinic:

TODAY, September 26
12-1 p.m. in the Wilson Room

Entire completed health record (including the blood titers) due to the Student Health Nurse, **Kathy Walters**, by October 1.

A surprise gift will be given to all who have the health record to Kathy by the October 1 deadline!

*from the Student Health Nurse,
Kathy Walters

Student Receives GEM Note During First Clinical



It was **Tonya Rogers'** first clinical experience during the summer Advanced Placement Program, and she was working in the oncology/palliative care unit at Mount Carmel East. Her patient was a woman dying of cancer. The patient's son was so impressed with Rogers' compassionate care of his mother that "words can't express" his gratitude.

"Good luck in your nursing and future. I know you will do well!" wrote the grateful son in the GEM note. GEM notes can be given to any of the staff in the Mount Carmel Health System, as a way to recognize excellent care and support provided to patients, families and each other — going that extra mile.

"Tonya really, really touched the family. She is very caring and compassionate and treats people as if they are her own family," said Instructor **Peggy Shaw, MSN/ ED, RN, OCN**. "I think she has a true gift for nursing."

Rogers said that the patient's situation was similar to a personal experience she'd had taking care of a loved one with cancer. "So I kind of knew what they were going through and wanted to make the family and my patient as comfortable as possible. I just cared for my patient like I would have wanted my loved one cared for."

For Rogers, the GEM note is a confirmation that nursing is the right choice for her. "This gives me confidence that I will be a good nurse. It also shows me that even though I didn't have much nursing education or experience yet, I was still able to provide comfort and care by being attentive and responsive to my patient's needs," said Rogers.

ATI Comprehensive Review for NCLEX Preparation

Beginning with the 2011-2012 academic year, students graduating from the traditional pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the traditional pre-licensure program are assessed a \$250 senior year fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The onsite review is offered in May the week following graduation for May and July graduates. The onsite format consists of a three-day comprehensive in-class review.

October, December, and March graduates are offered an onsite review session if there is a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from their Program Coordinators about the ATI review session.

Affiliated Course Schedule

Any student taking a Fall Quarter class at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her Fall Quarter course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). **The deadline was Friday, August 19.**

All students must submit their CSCC or OSU course schedules to MCCN Records and Registration every quarter they take classes. Students who neglect to submit by the August 19 deadline will find that their credit hours at CSCC or OSU will not count toward calculation of total credit hour load for Fall Semester.

Financial aid awards will be based on total registered credit hours as of August 19, 2011. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

IF YOU ARE TAKING AN AFFILIATED COURSE AND HAVE NOT ALREADY SUBMITTED YOUR SCHEDULE, DO SO IMMEDIATELY. DO NOT IGNORE THIS REQUIREMENT!



Freshman Students at Ohio University Lancaster

Any student enrolled as a freshman in the MCCN-FMC program and taking classes at Ohio University Lancaster (OU-L) is required to submit a copy of his/her Fall Quarter course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01.) **The deadline was Friday, September 9.**

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every quarter they take classes at OU-L.

Application for Graduation

Graduation applications were distributed the week of September 5 to student mailboxes on the main campus. Applications are also available on CARMELink (Student tab → Student Forms or Student tab → Records & Registration).

The deadline to submit graduation applications was **Friday, September 23.** Applications must be on file in order to begin the graduation process. If you expect to complete degree requirements during the 2011-2012 academic year, please submit your application NOW. The graduation fee will be charged to your student account in the semester you graduate.

Pre-licensure students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits. Contact **Karen Greene** (614-234-5685) to schedule an appointment. RN-BSN and MS students may contact **Kip Sexton** (614-234-5169) for verification of degree completion requirements.

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Deadline for information is every other Monday at noon.

For information or to comment, contact Robin Hutchinson Bell at 614-234-1372 or rhutchinsonbell@mccn.edu.

Ireland Trip Retrospective



Expertly navigating the MCCN group of students, faculty, and alumni through the Irish countryside was their driver/guide Brian Kelley (pictured in front). First row (l-r) **Michelle Curran, Meghan Randolph, Molly Draher, Lindsay Melvin, Lauren Sandell, Audrey Fisher, and Kathryn Simon;** (second row) **Raejeanne Powers, Kim Dillon, Ann Waterman, Sue Haney, Linda Behrendt, Brooke Waddell, and LeeAnn Junk;** (third row) **Erin Burke, Lacey Lauer, Lindsay Thomas, Meghan McIntyre, Kelsey Horton, Katie Hostettler, Heather Deitering, Hannah O'Handley, and Jack O'Handley.** Photo courtesy of Hannah O'Handley.

Last summer's College-sponsored Ireland trip was the perfect combination of increasing clinical knowledge through experiencing healthcare practice in Ireland and conversations with nurses and nursing students there with an opportunity to travel internationally and tour the beautiful Irish countryside.

Trip leader and instructor, **Hannah O'Handley, MSN, RN, PNP**, commented that her favorite part of the Dublin City University (DCU) seminar that **Donal O'Mathuna** (former MCCN faculty and now DCU faculty) planned with the Irish students and faculty came at the end of many discussions regarding healthcare, nursing education, research, informatics, and other topics.

"Donal pointed out that today we are neighbors and not really that far away from each other or that different although we live across the ocean in different countries," said O'Handley.

"The students on the trip were a great group of young people. The alumnae on the trip said that this group renewed their faith in the younger generation and reassured them that they would be well taken care of by the new Mount Carmel nursing generation," added O'Handley.

Kudos to Kathy Espy

O'Handley also praised **Kathy Espy**, Director of Diversity and Community Initiatives, for her organization of the trip and travel expertise. "I never had travel insurance before this trip and never needed it. Kathy Espy highly recommended the insurance, so we all got it," said O'Handley.

Espy's recommendation turned out to be very valuable. Fifteen members of the group could not get out of Newark, New Jersey, for close to 24 hours after landing from Ireland. The insurance covered hotels, vans, dinners, breakfasts, flights, and all travel delay. The average individual was reimbursed \$150 - \$200, and the insurance cost just \$80.

"Kathy Espy gave us all great guidance. We especially appreciated her choice in four-five star hotels with delicious hot breakfasts!"

Ireland Trip Retrospective *cont'd*

Ireland Trip Journal

By MCCN student **Kathryn C. Simon**

Day 1: May 11, 2011

After many hours of traveling, we arrived safely in Dublin, Ireland. We took a tour of the city and learned a lot about Ireland's past and present. The architecture was amazing! A lot of the cathedrals were built in the gothic style. The tour included a visit to Trinity College, where we saw the Book of Kells — absolutely beautiful! Its text was so intricate and artistic.

Day 2: May 12, 2011

Visiting Dublin City University (DCU) was one of my favorite days of the whole trip. We had the opportunity to talk to a DCU nursing student and members of the staff. We were educated on Ireland's healthcare and nursing profession. I did not realize how different nursing was in Ireland! There are three things I'm very jealous of: students don't pay tuition (only an affordable entrance fee for each year); students get paid during their clinical hours; and there is no state board's exam.

In Ireland, a high school graduate who chooses a nursing career has five branches of nursing to pick from: Community and Intellectual Health, Midwifery, Children's, Mental Health, and General nursing. I can't imagine knowing right out of high school what kind of nursing I would want! The DCU student said it is very difficult to transfer from branch to branch. In our culture, that is a lot of pressure right out of high school. In Ireland, we were told, adolescents start thinking about careers around the age of 12. If that was our case, I think we'd have a better grip on our future careers.

Ireland provides health and personal social services to everyone living there. Fifty percent of Ireland has private insurance, which provides them with more benefits.

Day 3: May 13, 2011

At an education day at St. James Hospital, I got a better perspective on what it is like to be a nurse in Ireland. The first difference I noticed was medication administration. There was nothing like a Pixis machine; everything was done by hand. There are no pharmacists to mix medications; the nurses are in charge of that. Nurses were not wearing gloves while administering medications.

When I saw they had no computer charting and all of those other things, it made me feel pretty spoiled! There were a few students who mentioned they saw nurses wearing a red apron when giving medications. To reduce medication administration errors, the red aprons indicated that the wearers were giving medications and were not to be distracted. I think it would be great to start that here!

I had the pleasure of shadowing a nurse on the burn unit at St. James Hospital, one of the best burn units in Ireland. A lot of the critical burn victims are transported there to receive treatment. I always knew every unit/field had a different type of nursing, but I actually got to see it with my own eyes.

I work on a general med/surg floor, so I was shocked to see the different environment in the burn unit. There was a 14-bed ward along with about six private rooms. The empty private rooms were prepared for any type of burn case. I also got to see two bathtubs with devices to maneuver patients in and out of them like a piece of cake. The nurse I shadowed claims that the patients find it very comforting to be in the bathtubs. The burn unit also had an operating room where skin grafts were done. There was a patient being treated who had third degree burns all over his chest and right upper arm. Donor skin was taken from his thighs. Now that was awesome to see!

Community Service

Social Responsibility is one of the "Core Values" contained in the mission of Mount Carmel College of Nursing. In accordance with the College's *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one's skills and time to meet identified community needs of vulnerable and at-risk populations.

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service prior to the beginning of the last semester of enrollment (RNs enrolled in the BSN Completion Program and SDAP students must satisfactorily complete 10 clock hours).

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

Degree Audits

Pre-licensure students who want to verify current completion of program requirements may schedule an appointment to review their degree audits. Contact Records and Registration (614-234-3870) or **Karen Greene** (614-234-5685) to schedule an appointment.

Students finishing the **onsite** RN-BSN Completion Program and Master's students should contact **Kip Sexton** (614-234-5169) with questions about degree audits.

Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal Policy (2011-2012 *Student Handbook*, p. 48).

For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

After the course start date, a student must first notify the course instructor and obtain his/her signature prior to submitting an Add/Drop Form to the Office of Records and Registration. Submission of the form to Records and Registration is required for official withdrawal from a course. Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed Add/Drop Form will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Student Handbook*.

- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A Grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

Ireland Trip Retrospective *cont'd*

Day 4: May 14, 2011

I was really sad to leave Dublin today. I observed so much about the culture there and enjoyed every bit of it. Today we headed to Cork. On the way there we drove through Cashel and saw some beautiful scenery. On the downside, the drive was very long and had a lot of curvy roads.

Cork is such a nice city, the second largest in Ireland. There was a plethora of shopping opportunities! The people there had noticeably different accents than people in Dublin. They talked a lot faster with a stronger Irish accent. I couldn't understand anyone! Some of us went to a local pub to see a band play a traditional Irish jig style, which I absolutely loved! While enjoying the music and people-watching, I noticed how the locals danced. The dancing consisted mostly of clapping and hopping. It sounds lame, but it was fun and energetic looking.

Day 5: May 15, 2011

This was the day I was looking forward to the most! I kissed the Blarney Stone! I now have the gift of gab. There was something about dangling halfway off the top of the castle that gave me a rush of excitement. I guess I can now say I don't have a fear of heights. I personally thought the climb to the top of the castle was fun. They recommend not climbing to the top if you're claustrophobic because there is no turning back once you're on the stairs. I've never seen a spiral staircase so narrow and steps that small. There were a few times my foot could only make it halfway on the step.

We also went on the Titanic tour and saw the port where the Titanic departed. Seeing where the passengers stood in line to dock gave me a sad, eerie feeling. Most of those passengers did not make it. There were some beautiful monuments in memory of the victims of the Titanic and the Lusitania. I'm really glad we had the opportunity to go on this tour.

Day 6: May 16, 2011

Today we saw the harbor town of Kinsale, founded in 1177. It was absolutely adorable! It had a humble feel to it with steep, cobbled streets, Georgian houses, and several nice restaurants. The houses and shops were all different colors and that really added to the uniqueness of this town. Lunch was at "Lemon Leaf Café," which resembled a greenhouse with all of the windows. What made it even better was the tuna sandwich I had there — the best tuna sandwich I've had!

The next stop was Glengarriff which consisted of many plants and bays. We then traveled to Killarney. We saw beautiful scenery as we passed through Glengarriff, Kenmare, and Moll's Gap. I probably did see the forty shades of green there are claimed to be in Ireland and all the sheep people talk about.

Day 7: May 17, 2011

Today was mostly a travel day. We made a trip around the Ring of Kerry. I saw even more sheep today! Beautiful mountains surrounded the Ring of Kerry. There were also beautiful beaches. The weather was pretty dreary, so I couldn't see all the green in the mountains and the blue water. One of the stops on our travel day was in the village named "Sneem." Like the town of Kinsale, Sneem had colorful houses. We also stopped at the Muckross Gardens. It was a relaxing place to walk around. There was beautiful green grass, lots of trees, and lots of flowers.

In the evening, our tour guide, Brian, took us on a pub crawl of three pubs. My favorite pub of the night (and most of the other girls') was our first stop. We ended up going back there after the crawl. The people there were very welcoming and interested in talking with us once they found out we were from America. The highlight of my night was listening to a live cover band. These guys were talented! They had a lot of energy, played well, and had great voices. Most of the songs they played were current hits here in America.

Student Health *News*



By **Kathy Walters MS, RNC, NNP-BC**,
Assistant Professor/Student Health Nurse

Health Forms Due October 1

Freshman students' completed health forms are due in the Student Health Office by October 1, 2011.

TB Testing on September 26

TB skin testing for freshmen who still need either the annual or 2-step TB testing will be held in the Wilson Room at 12-1 p.m. on September 26.

FREE Mandatory Flu Shots on October 24 and 31

FREE flu shots will be provided to all faculty, staff, and students at the College. Flu shot clinics will be in the Wilson Room at 12-2 p.m. on October 24 and October 31.

President/Dean **Dr. Ann Schiele** announced that the flu shot is mandatory for all students this year. If students choose to get a flu shot somewhere other than the college, documentation must be provided to the Student Health Office. If a student is unable to receive a flu shot due to an allergy to eggs, an allergy to thimerosal, or a health condition that prohibits the student from receiving a flu shot, the student **MUST** submit documentation on letterhead from their healthcare provider stating why the student is unable to receive a flu shot.

Please contact **Kathy Walters, RNC**, in the Student Health Office if you have questions.

Look for these topics in the October issue of *Student Health 101*—

- What's the Right Weight for You and How to Get There
- Managing Your Parents in College
- Time Management: Living Hour-to-Hour
- Take Charge of Your Emotional and Mental Health
- On the Money
- Health Brief: The Heart of the Matter: Are You Being Heart-Healthy?
- UCookbook: Snacks that Stick to Your Ribs
- FitnessU: Building Quick-Twitch Muscles

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Health

Library Hours

Monday - Thursday	8 a.m. – 9 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	8:30 a.m. – 12:30 p.m.
Sunday	Closed

Professional reference staff is available Monday – Friday, 8 a. m. – 5 p. m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using the *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

Active Shooter Training

What will you do?

Last session today!
Monday, September 26

Session 1, noon – 2 p.m., or
Session 2, 6:30 – 8:30 p.m.
CLASSROOM D
(Located on the 4th floor of Marian Hall)

Sign-up sheets at the Front Desk

Mandatory training for **new** faculty, staff, and students

** Fairfield Medical Center students, faculty and staff are not required to attend**

Refresher training for current faculty, staff, and students strongly encouraged.

Pizza lunch/dinner will be provided.

Catholic Mass Schedule at Mount Carmel West Chapel

Sunday at 4 p.m.
Monday and Wednesday at noon

Correction

It has come to our attention that sophomore **Brian Draher** was incorrectly described as a freshman in the 9-12-11 issue. We apologize for the error.

Student Volunteers Needed

Mount Carmel Disaster Drill Full Scale Exercise

When: November 3, 2011, from 7 or 8 a.m.
(you may choose either) to 1:30 p.m.

Where: Mount Carmel West and Mount Carmel
New Albany

Who: Student nurses needed to play victims

Why: This is a great opportunity to see the Emergency Room and other areas of the hospital respond to a disaster. Volunteer "actors" are important players in this exercise and are needed to portray accident victims and worried family members. Many of you will need to be moulaged (made to look as if you have serious injuries) and will need to act as though you are experiencing those injuries.

How: Sign up, indicating which hospital you would prefer, by calling Robin Martin, Preparedness Program Manager, Paratus Solutions, rmartin@paratussolutions.org, 614-360-2426 ext. 108.

Ireland Trip Retrospective *cont'd*

Day 8: May 18, 2011

This is our last day in Ireland. We arrived in Shannon today and visited the Cliffs of Moher. It was unbelievable! I have never seen cliffs so high. The wind was pretty intense; it was hard to take pictures when your camera cannot be held still. It was sunny out, but even at that time of day there were shadows on the inside of the cliffs. I saw pictures of the cliffs in the shop and was even more shocked at their beauty.

The second stop was Bunnratty Castle and Folk Park. The castle was a lot of fun to walk through. It had the same narrow spiral stairs that the Blarney had. In this castle there were actual rooms set up like they were a long time ago. You really got a good feel of how life was back then. The Folk Park gave you the same insight. You got to see how villagers cooked their food, how they slept, how they took care of the livestock and the rest of their family. This was a fun-filled day. I really enjoyed seeing how people lived thousands of years ago.

Day 9: May 19, 2011

This was the day we had to head home. Our flight in Ireland was delayed two hours. We departed Ireland already upset that we had to leave such an awesome country. When we arrived in Newark, New Jersey, there were cancellations and delays all over the place. When there wasn't a flight available until the next evening, a group of us decided to drive home. Let's just say it took us about 40 hours to get from Ireland to Columbus.



An advertisement for the MCCN Communications Alert System. The background features a collage of emergency-related images: a diamond-shaped sign with 'CRISIS PULL' and 'STORMY WEATHER AHEAD', a 'FIRST ALERTED' sign, and a 'FIRST INFORMED' sign. A white arrow points from the signs towards the text on the right. At the bottom, the text reads 'THE MCCN COMMUNICATIONS ALERT SYSTEM' in a bold, distressed font. A black and white striped caution tape graphic runs across the bottom of the sign area.

SIGN-UP TODAY!

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or rhutchinsonbell@mccn.edu



SNAM Meeting Today, September 26, 12 noon in the lounge

SNAM Calendar of Events

October 7 – 8	ONSA Annual Convention at The University of Toledo	
October 24	SNAM Meeting	12 noon in the lounge (Speaker: Neuro ICU Nurse)
October 27-30	NSNA Midyear Conference in Memphis, TN	
November 21	Books & Buckeyes Sale	8 a.m.-12 noon in the college lobby
November 28	SNAM Meeting	12 noon in the lounge
January 23	SNAM Meeting	12 noon
March 26	SNAM Meeting	12 noon
April 23	SNAM Meeting	12 noon

Volunteer at the Mid-Ohio Food Bank

SNAM has linked with the Mid-Ohio food bank to get students involved and help out the local community. The easiest way for students to get involved is to see what shifts work best for their schedule by checking out the Food Bank registration website at www.mofb.volunteerhub.com. The website will only show available shifts. If you don't see a certain day or time, it's because it's already been filled.

Beginning this month (September), the first, second, and third Thursdays of the month are "student nights," for any high school or college student volunteers. The shifts are 4-6 p.m. The Food Bank tracks community service hours throughout the entire school year and create a document that you can turn in. If anyone would prefer to register over the phone or through email, contact the Food Bank at volunteers@midohiofoodbank.org or 614-317-9703.

ONSA Convention

The Ohio Nursing Students Association Annual Convention will take place October 7 - 8, 2011 at the University of Toledo Health Science Campus. This year's theme is Nursing Students in the Heart of It All. This year's convention will include over 10 breakout sessions to choose from. These sessions are geared toward helping you to expand your nursing knowledge. With NCLEX reviews, nursing career workshops, test taking strategies, a recent grad panel, and trauma simulation, this year's convention has so much to offer. A list of sessions, the convention schedule, and pre-registration information is available on the ONSA website, www.choosenuresingoh.com.

Since the SNAM was the recipient of the 2011 Marilyn Bagwell Leadership Development Grant last spring, there is an allotted amount of funds to support MCCN students in attending this once in a lifetime event. If you are interested in attending this year's convention, please contact SNAM President **Kayla Munk** at kmunk@mccn.edu. MCCN students — don't miss out on the opportunity of a lifetime! Hurry, pre-registration ends September 30!

SNAM is Collecting Pop Tabs!

The Ohio Nursing Students Association is collecting pop tabs to donate to Ronald McDonald House. Ronald McDonald House provides a place to stay for families while their child is hospitalized. Student Nurse Associations from all over the state of Ohio will be bringing pop tabs they have collected to the Annual Ohio Nursing Students Association Convention on October 7-8 at the University of Toledo. Beginning Monday, September 19, SNAM will have a bin for pop tab donations located outside the elevators on the first floor of Marian Hall.

Donation Drive

The severe weather in the South left many people without shelter. The Red Cross has provided shelter, food, clothes, and much more. The Ohio Nursing Students Association will help by donating supplies to the Red Cross. The ONSA is setting up donation drives in numerous places around the state of Ohio. All of the donations will be brought together at the ONSA Annual Convention on October 7-8, 2011. During a Community Health workshop, students from all around the state will show their support by assembling the donations into comfort kits, which will be donated to the Red Cross shelters.

SNAM started our own drive to contribute to the Community Health workshop at convention. A bin is located in the hallway outside the elevators of the first floor of Marian Hall for donations. A list of items needed to create the comfort kits is below:

- Deodorant
- Toothbrushes
- Toothpaste
- Facial tissues
- Wash cloths
- Shampoo
- Liquid soap
- Lotion
- Combs
- Razors
- Shaving cream

SNAM Officers 2011-12

President:
Kayla Munk

Vice President:
Brooke Waddell

Secretary:
Stephanie Binkley

Treasurer:
Renee Dicke

Membership Director:
Stephanie Reinschild

BTN Director:
Cody Toney

Community Health Director:
Katie Baker

Campus Ministry News

By **Laura Spurlock, MTS, MLIS,**
Campus Ministry Coordinator



Campus Ministry is very busy working on several projects for MCCN and the surrounding community! I wanted to let all of you know about these new

opportunities for spiritual growth and development, as well as ways to serve your community.

On Tuesdays and Thursdays at noon, I lead Bible study and discussion groups in the rec room (basement of Marian Hall). The seven-week Tuesday session is a Bible study on the Hebrew Bible/Old Testament, and the Thursday session is a nine-week interfaith discussion group. No previous knowledge of the Bible is necessary, and **everyone is welcome.** whether or not you consider yourself to be a religious person, see yourself as spiritual but not religious, atheist, agnostic, or are simply interested in religious topics!

On Friday, September 30, we plan to hold our first social night with games, movies, food, and fun in the rec room, 6-9 p.m. We hope to see you all there! If you can't make it to this one, join us next time. We plan to hold a social night on the last Friday of every month.

Also, we plan a mission trip to Washington, D.C., focused on poverty and tentatively scheduled for spring break. If you are interested, please contact me at lsspurlock@mccn.edu or 614-234-1590.

Please plan ahead, as we will begin our holiday food and toy drives soon!

The campus ministry group meets weekly on Monday nights at 5 p.m. in the rec room. We welcome everyone to join us. If you're interested, please stop by!

Founders' Day Celebration



Amy Cheung, Anne Turville, and Chandra Grace enjoy ice cream sundaes



Asmae Bouchenafa, Neima Ibrahim, and Amina Omar



Marie Zimmerman and Dierdre Smith get ice cream



Entertainer Matt Aurigema, Devon Baldwin and Emily Brown



Wearing Founder's Day t-shirts: Stephanie Rienschild, Kathy Espy and Kayla Munk



Ice cream servers: Stephanie Binkley, Katie Baker, Brooke Waddell, and Renee Dicke



Julie Haley presents **Erica Blackburn** with a winning sweatshirt



LeeAnn Junk and Tricia Whitney cut the cake



Maggie Ryan, Nicole Ternasky, and Samantha Malo



Matthew LaFollette, Clayton Frederick, Sarah Macdonald and Alison Sears enjoy lunch

Constitution Day Event



Rachael Press, Christian Graves, guest speaker Terry Jordan, Christine Turville, and Mary Jane Earnest.

Guest speaker Terry Jordan, U.S. History and Government teacher/researcher and Constitution expert



Terry Jordan (guest speaker), Dr. Penny Marzalik, and Dr. Theresa Skybo

Kathy Espy, Dr. Ann Schiele, (President, MCCN), Terry Jordan, and Dr. Angie Phillips-Lowe



Student Government Association (SGA) Officers and Representatives for 2011-12

President

Brooke Waddell

Vice President

Jena Verbance

Treasurer

Ashli Temple

Secretary of Records

Stephanie Binkley

Secretary of Public Relations 1

Kayla Munk

Secretary of Public Relations 2

Annie Hahn

Senior Class Representatives

Ashley Degoey*

Stephanie Harris

Brittany Richards

Dani Smith

*Fairfield Medical Center SGA representative

Junior Class Representatives

Benjamin Moore

Symphony Voelkel

Molly Wake

Ashley Winebrenner

Sophomore Class Representatives

Devon Baldwin

Ebonee Caldwell

Stephanie Rienschild

Brett Teiga

Freshman Class Representatives

TBD

Advisor

Colleen Cipriani

Lunch and Learn Today

12 noon in the College lounge

Come and hear information about the mission trip to the Dominican Republic.

SNAM Meeting Today

Come to the SNAM meeting today, September 26, 12 noon, in the lounge.



Student Activities

COSI

Four student (Center of Science and Industry) COSI Columbus memberships and two family COSI memberships are purchased annually for MCCN students. Individual students and students with families (up to 4 children and significant other) can be admitted to COSI for free!

COSI memberships may be signed out on a daily basis. Memberships must be returned the next business day to ensure availability for other students. Memberships signed out on Fridays are to be returned the following Monday. Enjoy!

Ohio Dominican University's Bishop A. Griffin Center

MCCN students are cordially invited to attend activities and events at Ohio Dominican University's Bishop A Griffin Student Center. For up-to-date listings of activities visit www.ohiodominican.edu, type in Griffin Student Center and calendar of events.

Congenital Heart Walk

**Sunday, October 2, 2011
at Scioto Audubon Metro Park**

The Congenital Heart Walk is an exciting joint effort between the Adult Congenital Heart Association (ACHA) and the Children's Heart Foundation (CHF) to raise funds to help both organizations continue their missions to address the needs of both the newly diagnosed and long-term survivors of congenital heart defects, in a truly inspirational day of sharing, caring and fun.

Nearly two million children and adults are living with a congenital heart defect (CHD) in the United States. Each year approximately 40,000 babies are born with a CHD, making it the country's number one birth defect. At least 10% of all congenital heart defects are first found in adulthood. Thanks to increases in survival rates, the number of adults living with a CHD rises by 5% a year and adults with CHDs are living longer, fuller lives than ever before.

Anita Mitchell, senior at MCCN-FMC, is a child survivor of congenital heart disease and is walking in the walk on Oct 2. Mitchell invites everyone to become involved in this worthwhile endeavor and support the millions of children, adults and families that have been touched by a congenital heart defect. For more information, contact Mitchell at ammitch@wideopenwest.com.

Term I Final Exam Schedule

OCTOBER 10	SUBJECT	TIME	ROOM	FACULTY
NURS 307	OB	8 a.m. – 10 a.m.	CLE 208	Cooley
NURS 308	Psych-Mental Health	8 a.m. – 10 a.m.	CLE 206	Bills
NURS 405	Acute	10:30 a.m. – 12:30 p.m.	CLE 210	Nibert
NURS 406	Gerontology	10:30 a.m. – 12:30 p.m.	MH B	Maurer Baack
NURS 407	Pediatrics	10:30 a.m. – 12:30 p.m.	CLE 116	O'Handley
NURS 408	Transitions	9 a.m. – 11:30 a.m.	TBA	Waterman

Dietetic Interns Class of 2012

By **Andrea Burkley**, Dietetic Intern

The new dietetic interns have arrived at Mount Carmel College of Nursing! The dietetic intern class of 2012 includes **Andrea Burkley, Emily Curry, Rebecca Dattola, Ashley Denton, Mary Jane Earnest, Jessica Kusan, Alexandra Moore, and Rachael Press.**

I (**Andrea Burkley**) graduated from Ohio University and anticipate achieving more experience related to nutrition and dietetics that the internship's opportunities will provide. My interests include clinical dietetics and learning more about disordered eating behaviors.

Emily Curry is a recent graduate from The Ohio State University. She is excited to begin her journey as a dietetic intern and hopes to learn as much she can from this experience as she works hard and meets new people.

Rebecca Dattola just moved to Columbus from Morgantown, West Virginia. She is happy to be doing her internship at Mount Carmel and looks forward to finding a specialty that is right for her.

Ashley Denton graduated from Ball State University with a biology degree and received her dietetic verification statement at Eastern Kentucky University. She has a special interest in community nutrition; however, she is looking forward to developing a new special interest through this internship.

Mary Jane Earnest graduated from the University of Southern Indiana. She looks forward to a wide variety of experiences in the field, particularly the WIC rotation. She is interested in maternal and pediatric nutrition and plans to be a lactation consultant in a hospital setting.

Jessica Kusan, a life long Buckeye fan, graduated from The Ohio State University. Her passions are coaching, playing volleyball, and training for a triathlon, as well as for clinical dietetics and educating others about the importance of proper nutrition. She plans to strengthen her knowledge and experience in the dietetic/medical field.

Alexandra Moore graduated from Ohio University and hopes to pursue a career in clinical dietetics. She is looking forward to working with the staff and interacting with her first patients.

Rachael Press graduated from The Ohio State University. She loves working with women and children, and is really excited to begin the internship with her rotation at WIC. She also anticipates exploring other areas of dietetics and learning as much as possible.



Dietetic Interns 2011-2012 (front row, l-r) Rachael Press, Andrea Burkley, and Jessica Kusan; (second row) Rebecca Dattola and Emily Vetter Curry; (third row) Ashley Denton and Mary Jane Earnest; (fourth row) Alexandra Moore