

carmel the Rapper

SEPTEMBER 2013

MCCN news & information



MOUNT CARMEL
College of Nursing

Welcome

to a Year of Growth, Renovation and Celebration!



At Mount Carmel College of Nursing, we're celebrating our 110th year in style with record enrollment, a renovated campus, and a happy birthday to us party. This anniversary year began with new student orientation where our mascot, "The Mighty Nightingale," welcomed (front, l-r) **Michela Giulyn** and **Jamilah Bashir** and (back, l-r) **Jaclyn Lochtefeld**, **Sarah Dixon**, **Sean Coolridge**, and **Josh Hahn**.

Dates to Remember

September 12	Background checks (nursing clinical and master's students)
September 16	110th Anniversary Celebration and Constitution Day Deadline for background checks
September 23	Flu shot clinic
September 27	Last day to drop any Term 1 class
September 30	Pediatric Student Interest Group Meeting Flu shot clinic
October 11	Term 1 ends
October 14	Term 1 junior/senior nursing clinical final exams
October 14-18	Fall break (students only)
October 21	Term 2 begins
October 24	STTI Founders' Day Celebration
November 4	Spring Semester registration begins
November 15	Last day to drop a Term 2 class
November 25	Thanksgiving prayer service
November 28-29	Thanksgiving (holiday)
December 13	Term 2 and semester classes end
December 16-20	Final Exams

Attention Freshmen through Seniors

Pediatric Student Interest Group Meeting

Monday, September 30, 12:30-1 p.m. in the lounge

This group will meet once a term. Bring your lunch and hear about Nationwide Children's Hospital, Ronald McDonald House, pediatric volunteer opportunities, Flying Horse Farm Camp, and opportunities for future pediatric nurses.

Record Enrollment in This – Our 110th – Year of Mount Carmel Nursing Education!

It's a record-setting year for Mount Carmel nursing education, which began with 13 freshmen (the total enrollment) in 1903 and in 2013 begins with 181 freshmen and 1,124 total enrollment, both record numbers. This is also a record-setting year for enrollment by male students and Online RN-BSN Completion Program students.

110 Years of Excellence in Nursing Education

In the early 20th century, the Sisters of the Holy Cross, who assisted in the 1886 opening of the first Mount Carmel Hospital, recognized that a professional program for educating nurses was critical to the community's health care and established Mount Carmel School of Nursing in 1903. The first class of 13 graduated in 1906.

In 1990, the School of Nursing transitioned to Mount Carmel College of Nursing (MCCN), with the first bachelor's degrees conferred in 1994. The vision and inspiration to enhance Mount Carmel nursing education continued.

In 2003, Mount Carmel initiated a multiple-program Master of Science, which now offers tracks in Adult Health, Nursing Education, Nursing Administration, Family Nurse Practitioner, and Adult-Gerontology Acute Care Nurse Practitioner with Trauma Focus. In 2004, the Center for Learning and Education housing state-of-the-art library, clinical, and classroom facilities opened.

To serve the expanding student population, new on-campus student apartments opened in 2007. A year later, Mount Carmel established its first satellite nursing education program, MCCN at Fairfield Medical Center in Lancaster, Ohio.

In 2012 the Clinical Skills and Simulation Center (CSSC), a collaboration between MCCN and Mount Carmel Medical Education to benefit students, medical residents, Mount Carmel colleagues, and community health-care professionals, was unveiled.

Additional innovative programs include the highly popular Online RN-BSN Completion Program and the Doctor of Nursing Practice to be launched in fall 2014.

After 110 years of educational excellence providing 6,000-plus competent and compassionate nursing graduates serving throughout the decades and throughout the world, Mount Carmel College of Nursing continues its mission to improve the health care and lives of individuals and the community.

Opening Day Enrollment Numbers*

Total students = 1,124**

Freshmen = 181**

Sophomores = 155

Juniors = 171

Seniors = 171

MCCN-FMC students = 84

(all totals above include these FMC students by class year)

Graduate students = 173

RN-BSN online students = 209**

Total males = 106**

**actual 8/19/13 numbers (not estimates)*

***record enrollment number*

Welcome Freshmen!



Mount Carmel Celebrates 110th Anniversary

On September 15, 1903, a tiny band of nuns — the Sisters of the Holy Cross — established the Mount Carmel School of Nursing. It is now 110 years later, and we invite everyone to celebrate on Monday, September 16 (our Constitution Day), at a noon luncheon in the Lounge.

Look at All That's New and Improved at MCCN!

- Replaced all office and classroom windows in Marian Hall
- Replaced chilled water unit in Marian Hall
- Installed new HVAC units in all Marian Hall offices and Wilson Room
- Replaced sinks in Marian Hall offices with bookcases
- Renovated elevators in Marian Hall
- New wood flooring in CLE and Marian Hall elevators and outside of CLE elevators
- New carpet in Lounge, CLE and Marian Hall hallways, and first floor offices
- New drapes on stage in gym
- New window coverings, pictures, lamps in Lounge
- Recovered couches and chairs in Lounge
- Rekeyed all rooms in Marian Hall to create one standard master key
- Installed security cameras in hallways on all floors of Marian Hall, as well as the Rec Room
- Stripped old wallpaper in hallways on second and third floor of Marian Hall and repainted
- Replaced ceilings in hallways on second, third and fourth floor of Marian Hall



ATI Comprehensive Review for NCLEX Preparation

Students graduating from the pre-licensure nursing program are required to attend an ATI Comprehensive Review for NCLEX Preparation. Students on track to graduate from the pre-licensure program are assessed a \$350 senior year or Second Degree Accelerated Program (SDAP) fee that enrolls them in the ATI Comprehensive NCLEX Review arranged by the College.

The onsite review is offered in February for SDAP graduates and in the last week of the Spring Semester in May for graduating seniors. The onsite format consists of a three-day comprehensive in-class review.

October, December and March graduates are offered an onsite review session if there are a minimum of 25 students in attendance. If there are fewer than 25 students, graduates will enroll in the comprehensive review in a self-paced online format with an individually assigned ATI course instructor. Second Degree Accelerated students will receive information from the Program Coordinator about the ATI review session.

2013-2014 dates for the ATI Comprehensive Review for NCLEX Preparation are:

- **Second Degree Accelerated Program**
February 10-12, 2014
8:30 a.m. – 4:30 p.m.
- **May 2014 Graduates**
May 6-8, 2014
8:30 a.m. – 4:30 p.m.

Application for Graduation

Graduation applications will soon be distributed and must be on file in order to begin the graduation process. If you expect to complete degree requirements during the 2013-2014 academic year, please watch for the announcement and submit your application by the posted deadline. The graduation fee will be charged to your student account in the semester you graduate.

Students who wish to verify completion of degree requirements may schedule an appointment to update their degree audits.

- Pre-licensure students:
contact **Karen Greene** (614-234-5685)
- RN-BSN students:
contact **Tara Spalla** (614-234-5950)
- Master's Program students:
contact **Kathy Walters** (614-234-5408)

Scenes from

2013-14 Convocation



Annual Scholarship Dinner Honors Donors and Recipients

This year, generous donors made it possible for 169 students to be awarded a total of \$342,000 in scholarship funds. A total of 181 students submitted 958 scholarship applications this year, resulting in an average 5.29 scholarship applications per person.

Congratulations to the recipients and a grateful thank you to our donors!

Faculty Member Extends Scholarship Support to Students

Dale Hilty, PhD, who teaches psychology, sociology and health, also generously funds five scholarships. In an email to the five recipients, Dr. Hilty expressed his continued support: "Please know I am proud of you. Let me know how I can continue to support, encourage, and write letters of recommendation for you."

The two scholarships underwritten by Dr. Hilty are dedicated in honor and memory of two special men in his life. The Reverend Noah E. Hilty scholarship is given in gratitude and appreciation for the life of Dr. Hilty's grandfather, who was a farmer, master bricklayer, and a full-time minister for 50 years. Reverend Hilty, who graduated from the eighth grade and took several religious courses, valued the pursuit of an education. The Dean L. Frantz Scholarship honors this Jungian Analyst, whose entire life was dedicated to helping people discover God's intention for their lives and then helping them become those individuals in whom God became a living reality.

Our thanks to Dr. Hilty and all of our donors for their generous support of our students' dream of joining the nursing profession!

ANDERSON FAMILY SCHOLARSHIP

Scholarship Amount: \$2,500 each
Jennie Blackburn
Martha Bowers
Tina Marie Cerra
Samantha Lehmann
Zachary Novotni
Michelle Williams

MICHAEL A. ANTHONY, MD SCHOLARSHIP

Scholarship Amount: \$1,500
Ashli Temple

BRENDA BINKLEY MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000 each
Tina Marie Cerra
Brenda Osborne
Katelyn Snider

BETH ANN BISHOP MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000
Trisha Beeler

HELEN I. BROOKS MEMORIAL ENDOWMENT SCHOLARSHIP

Scholarship Amount: \$2,000
Sabrina Kessler

JOSEPHINE WALTERS CareStar SCHOLARSHIP

Scholarship Amount: \$3,000 each
Dalal Darwish
Derek Dreyer
Aniso Shire

CLASS OF 1963 SCHOLARSHIP

Scholarship Amount: \$1,000 each
Martha Bowers
Chastity Bright
Ryan Meeker

COLUMBUS MEDICAL ASSOCIATION ALLIANCE SCHOLARSHIP

Scholarship Amount: \$1,000 each
Morgan Bradshaw
Hailey Ropp

COMPASSION SCHOLARSHIP

Scholarship Amount: \$1,000
Macy Henault

MOTHER M. CONSTANTINE COMMUNITY SERVICE SCHOLARSHIP

Scholarship Amount: \$1,000 each
Eboney Caldwell
Rubble Ejigu
Heather Fausnaugh

KATHY DONNELLY MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000
Tamara McCarroll

GEORGE N. COREY MEMORIAL SCHOLARSHIP

Scholarship Amount: \$2,500 each
Colton Clay
Breanne Fay
Tamara McCarroll

FRANCIS AND LOIS EIKENBARY RYAN MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000
Katelyn Snider

DEAN L. FRANTZ SCHOLARSHIP

Scholarship Amount: \$1,000 each
Victoria Lawler
Amanda Minick

REVERANT NOAH E. HILTY SCHOLARSHIP FUND

Scholarship Amount: \$1,000 each
Jennie Blackburn
Sarah Hanson
Melissa Hanshaw

PHIL AND JOANN HALL SCHOLARSHIP ENDOWMENT

Scholarship Amount: \$1,500 each
Jennie Blackburn
Tina Marie Cerra
Savannah Whitten

HOLY CROSS HERITAGE ENDOWED SCHOLARSHIP

Scholarship Amount: \$1,000 each
Heather Fausnaugh
Danielle Marquardt
Tonya Nanthavongdouar
Ashli Temple

DAVID HUNT, MD SCHOLARSHIP

Scholarship Amount: \$2,500 each
Katharine Dagne
Stephanie Goginsky
Zachary Novotni
Rachael Rupperburg

ED "PETE" AND BARBARA KELLEY SCHOLARSHIP ENDOWMENT

Scholarship Amount: \$2,000 each
Jennie Blackburn
Shaneen Bundu
Macy Henault
Lindsay Rose
Florence Smith
Jessica Thomas

MARJORIE KELLY SCHOLARSHIP ENDOWMENT

Scholarship Amount: \$2,000 each
Shaneen Bundu
Jennifer Kupper

LEAD SPONSOR SCHOLARSHIPS/ MCCN GOLF OUTING

American Electric Power
Scholarship Amount: \$2,000 each
Marilee Bauer
Bailey Calvelage
Tina Marie Cerra
Deanne Dietz
Andrea Young

HHA Food and Facility Service Management

Scholarship Amount: \$2,000 each
Shaneen Bundu
Kelsy Houseman
Salle Markham
Tamara McCarroll
Jessica Thomas

PNC Bank

Scholarship Amount: \$2,000 each
Trisha Beeler
Gabrielle Flegle
Tyler Springer
Lauren Wallace
Taylor Williams

MARY LINARD MEMORIAL SCHOLARSHIP ENDOWMENT

Scholarship Amount: \$1,500
Tina Marie Cerra

MONSIGNOR JOHN J. MCMAHON SCHOLARSHIP

Scholarship Amount: \$1,000 each
Derek Dreyer
Emily Fritch
Macy Henault
Katarina Nguyen
Breanna Roldan
Kersten Tilton

DAVID AND BONNIE MOSES SCHOLARSHIP

Scholarship Amount: \$1,000
Gabrielle Flegle

MOUNT CARMEL COLLEGE OF NURSING BOARD OF TRUSTEES SCHOLARSHIP

Scholarship Amount: \$2,500 each
Britny Fox
Crystal Hoffman
Katherine Holland
Theresa Kohne
Ann Mangino
Tonya Nanthavongdouar
Rachael Rupperburg
Leanne St. Armand
Autumn Thompson
Julia White

MOUNT CARMEL ST. ANN'S AUXILIARY SCHOLARSHIPS

Scholarship Amount: \$1,000 each
Ryan Meeker
Christa Murphey
Ashli Temple

JOHANNAH PERRY SCHOLARSHIP

Scholarship Amount: \$1,000
Tamara McCarroll

JILL MARIE TREGO RILL SCHOLARSHIP

Scholarship Amount: \$1,000
Maranda Smith

ROBERT G. AND KATHRYN B. SCHWEMLEY FOUNDATION SCHOLARSHIP

Scholarship Amount: \$3,000 each
Trisha Beeler
Kymber Bocoock
Sarah Hanson
Sarah Keller
Samantha Lehmann
Olivia Ringwalt
Hailey Ropp
Jessica Sell
Leanna St. Armand
Alaina Welch

DELORES STREET - OHIO CONTRACTORS SCHOLARSHIP

Scholarship Amount: \$1,000 each
Marilee Bauer
Brooke Higgins
Kendra Wood

RUTH ANN THOMAS & PAUL MURPHY SCHOLARSHIP

Scholarship Amount: \$1,000
Julia White

TRINITY SCHOLARSHIPS

Scholarship Amount: \$3,500 each
Kymber Bocoock
Tina Marie Cerra
Hailey Ropp
Leanna St. Armand

Scholarship Amount: \$3,000 each

Katharine Allen
Jared Bader
Sadie Banter
Marilee Bauer
Chastity Bright
Sarah Cahill
Valerie Eckstine
Gabrielle Flegle
Britny Fox
Sarah Hanson
Janet Hollenbach
Kelsy Houseman
Jessica Jacobs
Kayla Lorenzen
Kendal McCann
Tamara McCarroll
Susan Mullins
Brenda Osborne
Rachel Powers
Olivia Ringwalt
Jessica Sell
Aniso Shire
Justin Shoemaker
Maranda Smith
Katelyn Snider
Jessica Thomas
Taylor Williams

Scholarship Amount (SDAP): \$3,000

Robert Ford

Scholarship Amount (RN/BSN): \$2,000

Dawn Early

CHARLES M. AND TERESA D. UHL SCHOLARSHIP

Scholarship Amount: \$1,000 each
Melissa Bayus
Bailey Calvelage
Katelyn Cline
Derek Dreyer
Leah Schmerge

MONICA AND STEPHEN WALTER SCHOLARSHIP

Scholarship Amount: \$1,000 each
Kymber Bocoock
Salle Markham
Lindsay Rose
Justin Shoemaker

MARY C. WANNER MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000 each
Taren Miles
Emily Vlahakis

DANIEL WATT MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000 each
Ardiel Marshall
Tyler Springer

TAMMY WEIDNER MEMORIAL SCHOLARSHIP ENDOWMENT

Scholarship Amount: \$2,500 each
Sarah Cahill
Sally Markham

MARY SUSAN WHEAT MEMORIAL SCHOLARSHIP

Scholarship Amount: \$1,000
Savannah Whitten

FRANK AND LILLIAN WILL SCHOLARSHIP FUND

Scholarship Amount: \$2,000
Florence Smith

REGINA S. AND ROBERT M. WILLIAMS SCHOLARSHIP

Scholarship Amount: \$1,000
Eboney Caldwell

MABEL R. WILSON MEMORIAL SCHOLARSHIP

Scholarship Amount: \$2,500 each
Chastity Bright
Derek Dreyer

MOUNT CARMEL ALUMNI ASSOCIATION SCHOLARSHIPS

Scholarship Amount: \$3,000
Derek Dreyer

Scholarship Amount: \$2,000 each

John Bell
Brian Draher
Stephanie Goginsky
Salle Markham
Hailey Ropp
Christine Turville

Community Service

Social Responsibility is one of the “Core Values” contained in the mission of Mount Carmel College of Nursing. In accordance with the College’s *Mission and Catholic Identity*, the Community Service requirement for nursing students includes the application of one’s skills and time to meet identified community needs of vulnerable and at-risk populations (e.g., children, elderly, homeless, poor and underserved, and organizations that support these populations).

This activity leads to learning and development through active participation in thoughtfully organized service that:

- is conducted in and meets the needs of the community
- involves reflection and analysis of the experience
- promotes the development of leadership skills, citizen skills, and social responsibility

Pre-licensure students are required to complete 20 clock hours of community service **prior to the beginning of the last semester of enrollment.** (RNs enrolled in the RN-BSN Completion Program and Second Degree Accelerated Program students must satisfactorily complete 10 clock hours.)

Pre-licensure students who do not meet the deadline will be required to complete an additional 10 clock hours (for a total of 30 hours) in order to meet the graduation requirement. RN-BSN and SDAP students who do not meet the deadline will be required to complete an additional 5 clock hours (for a total of 15 hours) in order to meet the graduation requirement.

Any student who does not meet the requirement by the policy deadline may participate in Commencement activities, but will not receive a diploma or be eligible for NCLEX-RN testing until this requirement is met.

Additional details regarding the Community Service Learning Program can be found in the *Student Handbook*.

Term 1 Fall 2013 Final Exam Schedule

OCTOBER 14, 2013		TIME	ROOM	FACULTY
NURS 307	Mother-Infant	8 a.m. – 10 a.m.	CLE 114	Cooley
NURS 308	Psych-Mental Health	8 a.m. – 10 a.m.	CLE 206	Bills
NURS 405	Acute	10:30 a.m. – 12:30 p.m.	CLE 310	Dolan
NURS 406	Gerontology	10:30 a.m. – 12:30 p.m.	CLE 116	Maurer Baack
NURS 407	Pediatrics	10:30 a.m. – 12:30 p.m.	CLE 206	O’Handley
NURS 408	Transitions	9 a.m. – 11:30 a.m.	TBA	Dougherty

MCCN-FMC Students Volunteer at Community Healthfest

On August 3, the MCCN at Fairfield Medical Center (FMC) student nurses did their part by volunteering at the Community Healthfest to help people in need. They did their best to provide health screenings and volunteered in a number of ways to promote the health and wellbeing of people in Fairfield County and surrounding counties.



MCCN-FMC senior **Beth Wagner**



MCCN-FMC seniors (l-r) **Sarah Runyan** and **Callie Zeisler**



Sigma Theta Tau International Honor Society of Nursing

2013 Founders’ Day Celebration Central Ohio Consortium

Lynch Syndrome: Hereditary Colon Cancer, Genetics & Research

Date: Thursday, October 24, 2013

Location: MCCN

Event Schedule:

5:30 Registration, Cash bar

6:30 Dinner

7:15 Program - Ilene Lattimer, RN, OCN, CCRN

8:15 Door Prize drawing

Hosted by: Rho Omicron

We will take donations for Twin Valley

Miriam Bowers-Abbott¹ to Present at Prestigious TEDxColumbus



Miriam Bowers-Abbott, MA

video and live speakers will combine to spark deep discussion and connection in a small group.

"I have found TEDx to be a wonderful way to hear impactful talks from people invited to share from around the globe. There seems to be something for everyone on their playlist. This is quite the accomplishment for Miriam and our College," said **Tara Spalla, PhD, RN**, Associate Dean, Distance Education.

Bowers-Abbott joins an illustrious group of TED speakers. Past presenters at the TED main conference include Bill Clinton, Jane Goodall, Malcolm Gladwell, Al Gore, Gordon Brown, Richard Dawkins, Bill Gates, Google founders Larry Page and Sergey Brin, and many Nobel Prize winners. The speakers are given a maximum of 18 minutes to present their ideas in the most innovative and engaging ways they can.

As of May 2013, over 1,500 talks are available free online under Attribution-NonCommercial-NoDerivs Creative Commons license, through TED.com. On Tuesday November 13, 2012, TED Talks had been watched one billion times worldwide, reflecting a growing global audience.

A Conversation with Miriam Bowers-Abbott

Q: *When will you present?*

This year's TEDxColumbus is October 11 (right before MCCN's break) at COSI.

Q: *How can members of the MCCN community access your presentation?*

Well, they're welcome to come see it live. Tickets will go on sale in early fall through <http://tedxcolumbus.com>. Included in the ticket price is parking, lunch and two breaks.

Tickets usually sell out fast, though. The live stream and video recordings will all be accessible through <http://tedxcolumbus.com> and TEDx recordings are typically around for all eternity, so let's hope I do okay up there!

Q: *Topic of your presentation?*

The math behind writing. My students already know that I think there is a mathematical, logic-based approach to good writing. This talk tries to boil the best of that down to a short discussion.

Q: *Will MCCN be mentioned in your presentation?*

MCCN is the star of my bio. <http://tedxcolumbus.com/speakers-performers/2013-out-there/miriam-bowers-abbott/>

Presentations are not supposed to be pre-written — they're supposed to be from the heart. MCCN is really close to my heart, so you never know!

Q: *What was included in the application process for this prestigious invitation?*

There's a nomination process and a couple of interviews. It's really about having the right idea at the right time. Since the theme is "Out There," I must fit the bill.

Q: *Will the presentation receive national attention?*

Ah, you never know with TED Talks. I hear lots of them on Saturdays on NPR, and archives make them available internationally for a long time. Thank you for the honor of an interview!

Instructor and course designer

for English Composition classes at MCCN, **Miriam Bowers-Abbott, MA**, will be one of approximately 15 speakers at the fifth annual day-long TEDxColumbus event to be held at COSI on October 11, 2013.

Founded in 1984 in Monterey, California, TED (Technology, Entertainment, Design) is a global set of conferences owned by the private non-profit Sapling Foundation, under the slogan "ideas worth spreading."

In the spirit of ideas worth spreading, TED created TEDx, a program of local, self-organized events that bring people together to share a TED-like experience. At the TEDxColumbus event, TEDTalks

Withdrawal Policy Reminder

Please be aware of the MCCN course withdrawal policy. For the purposes of this policy, there are two types of courses: non-nursing courses and nursing courses. Nursing courses include all courses with a prefix of NURS (with the exception of nursing seminars). Non-nursing courses include all other courses taken in the academic program (including nursing seminars).

- After the course start date, a student must first notify the course instructor and obtain his/her signature prior to submitting an *Add/Drop Form* to the Office of Records and Registration. Submission of the form is required for official withdrawal from a course.
- Non-attendance in a course after the withdrawal deadline is considered being absent from the course. Failure to submit a faculty-signed *Add/Drop Form* will result in a grade being assigned at the conclusion of the course. All course withdrawals are subject to the "Refund Policy" section of the *Student Handbook*.
- A student may withdraw from any course by the end of week 1 and the course will not appear on the transcript.
- A student may withdraw, without academic penalty, from a 16-week semester course by the end of week 12 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may withdraw, without academic penalty, from an 8-week term course by the end of week 6 of the course. A grade of "W" will be posted to the student's academic transcript.
- A student may not withdraw from any course after week 12 of a 16-week semester course or week 6 of an 8-week term course.
- Summer courses operating on a modified schedule will follow deadlines equivalent to the proportional requirements stated above.
- A student may withdraw from only one nursing course during the program of study.
- A student may withdraw from a total of two different non-nursing courses during the program of study.
- A student who is retaking a course from which he/she has previously withdrawn may not withdraw from that course a second time; a course grade will be assigned at the conclusion of the retake.
- Withdrawing from a course does not force the student to also withdraw from a co-requisite course.

Announcing the 2013-14 Columbus Association for the Performing Arts (CAPA) Season Group Ticket Sales

► There are limited number of \$5 tickets for students, (ages 13-25) to see Charles Dickens' *A Christmas Carol*, November 29-December 1, at the Ohio Theatre. Just visit www.gofor5.com Students can purchase 2 tickets to the show (your guest does not have an age limitation).

For students, faculty and staff with families, we can purchase tickets (if we buy 10 or more tickets) for \$15 per ticket. Please contact **Colleen Cipriani** at ccipriani@mccn.edu if interested.

► The Blue Man Group performs November 1-3 at the Ohio Theatre. Tickets for groups of 10+ for the November 3 evening performance begin at \$24 for Balcony O-Z to \$64 for the Loge A-G, Orch A-N, Orch Pit. Please contact **Colleen Cipriani** at ccipriani@mccn.edu if interested.

► CAPA offers a wide variety of performances. Please check out www.capa.com and contact **Colleen Cipriani** if you are interested getting a group together for one of their many performances.

Library Hours and News

Monday - Thursday	8 a.m. – 9 p.m.
Friday	8 a.m. – 5 p.m.
Saturday	8 a.m. – noon
Sunday	Closed

Professional reference staff is available Monday – Friday, 8 a.m. – 5 p.m. If you need professional help or assistance during late evening and Saturday opening hours, librarians will be available upon your request, primarily through scheduling time using *Signing for Instruction* form on the library website at least 48 hours in advance, or by contacting a librarian in person.

MCCN Welcomes New Campus Ministry Leader

Ellen O’Shaughnessy, D.Min., joins the MCCN family this year as our new Director of Campus Ministry. Dr. O’Shaughnessy is no stranger to MCCN as she has worked with the College and its students for several years in her position as Campus Minister and Executive Director of the Downtowners Campus Ministry.



Ellen O’Shaughnessy, D.Min

Meet Dr. Ellen O’Shaughnessy

Q: Describe your academic and professional background.

My undergraduate degree, a BA in History and Government, Music and French, is from Ohio Dominican College. I received an MA in Theology from Providence College in Rhode Island and degrees of a Th.M. in Theology and Spiritual Direction and a Master of Divinity from Boston College. I received a Doctorate in Ministry from the Methodist Theological School of Ohio focusing on Group Pastoral Counseling in four of the downtown colleges and universities: Mount Carmel College of Nursing, Columbus State, Franklin University and Capital Law School.

Q: Why did you decide to join the staff at MCCN?

I am honored to join the staff at Mount Carmel College of Nursing as the Director of Campus Ministry. I continue to serve the College through the Downtowners Campus Ministry, a ministry serving students of all faiths and backgrounds in the downtown colleges and universities of Columbus.

Q: What are your goals for MCCN Campus Ministry?

Goals include the mission to be a caring presence to the students and faculty through service and programs that enhance the quality of life and answer the call of the Gospel to make life sacred for all people. This is accomplished through entering into the wonder, fun, joy, prayer and community that Campus Ministry creates; slowing down and taking time to reflect in an oasis of play, prayer, reflection on campus and on retreats; gathering on campus around topics that speak to the spiritual needs of faculty and students of all backgrounds and traditions; referring students to places of worship; reaching out and serving the needs of the residential, street, working people of the city.

Q: What are your favorite books, hobbies, ways to spend your free time?

Works of Erik Larson and David McCullough. I enjoy the stories of people in history. It gives me perspective for my life every day. For example, McCullough quotes Charles A. Lindbergh Jr., who in 1927 at age 25 flew the 3,610-mile stretch from New York to Paris nonstop, in a speech years later in 1972: “As our civilization advances, if our follies permit it to advance, I feel sure we will realize that progress can be measured only by the quality of life — all life, not human life alone.” McCullough remarks that this vision was Lindbergh’s “imperative need for balance between man and nature.”

I love to be with my husband for evening meals, be with my adult children, play with my grandchildren — (I just built a fort with my nine year old granddaughter.); walk in the morning, decorate and care for my home, entertain friends, draw, paint with watercolors, travel; pray the psalms and the Gospels; attend Liturgy at the St. Thomas More Newman Center; meet and pray with the Dominican Sisters and Associates of Peace.

Q: How can students get involved with Campus Ministry?

Students can get involved by attending Campus Ministry meetings, participating in programs, serving others in need, sharing stories, laughing and praying together...

I invite students to contact me at the number at 234-3486 and email eoshaughnessy@mccn.edu or eoshp@mac.com.

Campus Ministry activities planned for this year

- ▶ Regular Campus Ministry Meetings: The first meeting was August 19 and a great group met over a delicious pizza and salad lunch. The second meeting was held Monday, September 9.
- ▶ The Summer Beach Retreat was August 24 and Winter Retreats will be held January 17, 18, and 19 at Temple Hills north of Columbus.
- ▶ Reaching out to others in need through the *Disciple Students in the City* — serving the Church in the Garden, Lawrence Haven Food Pantry, Community Kitchen, Holy Family Soup Kitchen, Church for all People, Bethlehem on Broad Street, The Dominican Learning Center and sites suggested by students. The times are scheduled around the students' schedules.
- ▶ The 2013 Spirituality Symposium on October 1. The event begins at 6 p.m. with a light meal, followed by the presentation by Dawn Seery, RN, BS, MA, System Ethicist, Mount Carmel Health System. For more information, go to <http://www.mccn.edu/news/spirituality-symposium-registration>
- ▶ Referral to places of worship for students wanting to find a home church, synagogue, mosque, etc.
- ▶ Formation of small prayer groups — BiblePods around the Gospel of Luke and the Psalms. Open to students of all faith traditions.
- ▶ Visiting and gifting the children of nearby Avondale Elementary School for Christmas
- ▶ Thanksgiving Prayer Service Monday, November 25, at noon that brings together students and faculty of all faith traditions as well as those who may not belong to a tradition, but are searching for spiritual meaning.
- ▶ *Student in the City* program in the winter — visitation of Community Kitchen and Friends of the Homeless. Following the visit, a week later we will invite a panel of the homeless to the campus to share in a meal and conversation with students and faculty.
- ▶ Liturgy Planning for Catholic students and faculty for Mass celebrated around themes of Advent and Lent.
- ▶ Invitation to a pastor, rabbi, imam for a panel discussion on their respective faith traditions followed by prayer with us from their traditions.
- ▶ Mission trip to Washington, DC, in May 2014. The experience of a lifetime that combines direct service in DC, a seminar learning about issues of justice followed by meeting with our Ohio senators in DC to represent concerns around issues, such as human trafficking, immigration, and living wages.
- ▶ Interfaith justice work in small groups with the national organization of BREAD.

LOVE
JOY PEACE
PATIENCE KINDNESS
GOODNESS
FAITHFULNESS

Fruit of the Spirit - Galatians 5:22

REGISTER TODAY

Sponsored by

- Mount Carmel College of Nursing
- Mount Carmel Mission Services
- Mount Carmel Foundation

REGISTER TODAY!
RSVP BY SEPTEMBER 25

The 3rd Annual Mount Carmel SPIRITUALITY SYMPOSIUM

**Tuesday, October 1, 2013
6-8:30 p.m.**

**Mount Carmel West Hospital
Medical Staff Building Auditorium
111 South Davis Avenue**

**Nursing Practice and Spiritual Care:
Being There at Times of Deepest Need**

Dawn Seery, DBE, MA, RN
System Ethicist / Mount Carmel Health System

Join Dr. Seery as she examines the moral, personal, and spiritual senses intrinsic to the caring practice of nursing, encouraging compassionate presence to respond to the needs of the human spirit.

Often it is not until a health crisis occurs that the illusion of security is shattered; illness, suffering and death become spiritual encounters as well as physical and emotional experiences.

The practice of spiritual care is a meeting of people at the point of deepest need. It is about not just "doing" but "being with" patients.

Light Dinner at 6 p.m. followed by the Presentation

For more information contact Jan Neeffe at Mount Carmel Mission Services at jneefe@mchs.com or 614-546-4205.



2013-14 Student Government Association (SGA) Officers and Representatives

President

Anne Hahn

Vice President

Stephanie Rienschield

Treasurer

Will Taylor

Recording Secretary

Katie Cline

Secretary of Public Relations 1

Brielle Daugherty

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Savannah Whitten

Sophomore Class Representatives

Claire Allman

Maddie Hostettler

Ashley McCord

Morgan Shepherd

Nicole West

Freshman Class Representatives

TBA

Advisor

Colleen Cipriani

NEW Uniform Supplier

Roberts Medical Uniforms is the new supplier of MCCN student uniforms. This will be the only company where undergraduate students can order their entire uniforms, both tops and pants. Students will no longer be able to buy only the uniform top and wear a non-uniform pant. It is okay to continue to wear previously purchased uniforms, but going forward from August students need to order from only Roberts Medical. Graduate students are encouraged to purchase their lab coats from Roberts Medical, but it is not mandatory.

To order your uniforms, visit: robertsmed.com (group login mc13).

Message to Students*

**excerpted from a presentation at new student orientation*

By **Annie Hahn**, Senior Class and Student Government President

Welcome to New Student Orientation and congratulations on becoming a Nightingale. I would like to offer you some advice on making these next four years successful.

First thing that comes to mind is to be prepared for a million questions, not only on exams, but also from your friends and family. Within the first few days of starting school I got a phone call from my brother Luke, "Annie, I have a huge bruise on my arm. What should I do? Do I have a blood clot?" My initial reaction... How am I supposed to know? I have been in nursing school for 72 hours. But then I realized, wow, how lucky I am to be a nursing student. Nurses are people others look to for advice and help — how rewarding is that!



Annie Hahn, Senior Class and Student Government President

Meet your professors, and other faculty and staff. Everyone here at Mount Carmel is dedicated to your goals and achievements. They offer a lot of guidance and support. Do not be afraid to seek help when you need it. They will be more than happy you came to them.

Find your ideal place to study and people to study with. Try the library, Charlie's Java Jolt, the benches outside the CLE around the fountain, or even an empty classroom. Find the group of people you can succeed with, or maybe you're the type of student who likes to study alone, and that's great too. Find what works for you and stick with it. It's important that you know your material for your exams, but most importantly because you will be responsible for someone's care.

Be a good classmate and friend. You are all in the same boat. Studying for the same nerve-racking exams, taking your first blood pressure on your classmate (and you're going to feel like a rock star), you will share the exciting feeling of your first time wearing your white uniform and taking care of your first patient. You will find yourself talking about things at the dinner table with other nursing students that you would never imagine talking about (blood, guts, and everything else). It's going to be really weird to the outside person but to us it's completely normal; it's the way we bond!

Get involved with the clubs and organizations: Student Government Association, SNAM, mission trips, community service projects, and so much more. We have a lot to offer you and you gain a lot when you become a part of something. You make new friends, learn more skills, and feel more connected. Make sure you attend activities on campus. This gives you a chance to meet people and have fun, something to do here besides study!

Compose yourself professionally and respectfully. Mount Carmel has an amazing reputation; you will learn that as you go. I have heard countless times; Mount Carmel is the best, better than any other college of nursing. Remember that one day you are going to need references for school, scholarships, and jobs. Everyone knows everyone. It is crucial to have a good reputation.

Promise yourself that you will take every opportunity offered to you while here at Mount Carmel!

Big Dog on Campus

by **Lauren Bruce**, Communications Intern

As you returned to classes, it is likely you spotted a new addition to the Mount Carmel family. He is pretty hard to miss: he's the furry one who walks on four legs and answers to the name "Bear."

Bear is the newest member of Mount Carmel's Safety and Security team. His handler, **Major Daniel Jones**, said Bear's arrival and impact have already been noticed in the two months he has been on campus.

"The associates and patients all adore him," Jones said. "It is amazing to see what he brings out of people."

Last year, members of Safety and Security searching for ways to enhance the security at Mount Carmel, followed up on Trinity Health's suggestion to check out the K-9 unit at Saint Joseph's Health System in Michigan. Jones said as soon as he visited the hospitals in Michigan, he knew this would be a positive security advancement.

"I started the paperwork to get a K-9 unit at Mount Carmel as soon as I returned from St. Joseph's," Jones said.

Bear, a purebred German shepherd, was born in May 2012 in the Czech Republic, where breeding standards are stricter than in the United States. When Jones went to pick him out from a kennel in Wapakoneta, Ohio, Bear was a "green" dog, meaning he was untrained.

"Our training program is somewhat unique," Jones said. "Many police dogs respond to commands in German, but Bear is trained to respond to my voice and only my voice."

Trained as an explosive ordinance detection (EOD) dog, Bear is one of only a dozen bomb-detecting dogs in central Ohio. His other specialties include patient therapy, area searches, handler protection and aggression management. He loves to work and ranks at the top of his training class.

Angie Phillips, Associate Dean of the Graduate Program at MCCN, admires Jones for undertaking the challenge of starting a K-9 unit.

"I cannot imagine the commitment [Jones] has put into starting this program," Dr. Phillips said. "Not only has his entire career changed, but also his personal life since Bear lives with him."

Jones, who has an extensive background in law enforcement, said his new position as handler has given him a heightened respect for K-9 handlers. Dogs and handlers are together 24/7 and bonding is imperative to a police dog's success.

Dr. Phillips said she views Bear as she does the other working dogs she sees around campus. Being in close proximity to the Pilot Dogs training school, one can often watch seeing-eye dogs walking by campus.

"Bear is a good way to provide security without showing aggression," Dr. Phillips said. "There will be people who are afraid of dogs, but it is good to know he only responds to [Jones]."

Bear adds a calming presence to the campus; everyone who sees him instantly lights up. Jones said this has been a positive advancement, as the attention is now more on Bear than it is the Safety and Security officers.

Major Jones and Major Bear attend community events and are available for demonstrations and public appearances. When you see them walking around campus, be sure to always ask Jones for permission prior to petting Bear.

The connection Jones and Bear express is already strong. Bear puts his paws on Jones' lap to show he cares, and both handler and canine trust one another totally.

"I tell everyone he's my teddy bear," Jones said. "But when needed, he's my grizzly bear."



Major Daniel Jones and Bear

Vanderbilt Nurse Residency Program

Vanderbilt University Medical Center Nashville, TN

Winter 2014 Cohort (Dec. 2013 GN):
Application Date: Aug. 2, 2013 —
Sept. 11, 2013
(Packet deadline-Sept. 11, 2013)

Summer 2014 Cohort (May 2014 GN):
Application Date: Nov. 27, 2013 —
Jan 22, 2014
(Packet deadline-Jan. 22, 2014)

The program position will be posted online during the dates listed above. An initial on-line application will begin the review process. An instruction packet will be e-mailed after online application receipt; packet deadline for return is listed above.

For questions, contact Tracey Fargo at tracey.fargo@vanderbilt.edu or 615-322-5116 nurseresidency@vanderbilt.edu.

For application instructions, visit www.vanderbiltnursing.com. Look under the "career center" tab to access the "Nurse Residency Program."

SNAM News

Student Nurses Association of Mount Carmel (SNAM) is a pre-professional organization dedicated to providing students with opportunities to grow their knowledge about the nursing profession, gain leadership skills, achieve professional nursing roles, and give back to their community. It is the local chapter of the National Student Nurses Association (NSNA) and Ohio Nursing Students Association (ONSA).

SNAM 2013-14 Officers

President: **Alyssa Krebs**

Vice President: **Britny Fox**

Secretary: **Katie Holland**

Treasurer: **Renee Dicke**

Break Through To Nursing: **Tina Marie Cerra**

Community Director: **Anne Turville**

Membership: **Stephanie Rienschild**

Annual Golf Invitational Supports MCCN Students

By **Lauren Bruce**, MCCN Communications Intern

It was another

outstanding year for the Mount Carmel Foundation Golf Invitational benefitting Mount Carmel College of Nursing (MCCN). Over \$121,000 was raised for student scholarships and new technologies.

The 19th annual golf outing was held at the Lakes Golf and Country Club in Westerville, Ohio, on July 15. It was a hot day, with temperatures climbing into the mid-nineties, but everyone had an enjoyable time playing golf and supporting the cause.

"This is a great venue for our business and community leaders to enjoy a day of golf and make a substantial difference in the lives of our nursing students at Mount Carmel," said **Jan Burkey**, MCCN Director of Development. "We are deeply grateful to our sponsors for investing in nursing education and the future of health care in our community."

The funds raised at this event will help many students realize their dreams of becoming professional registered nurses. More than 90 percent of MCCN students receive financial aid.

"As board chair for MCCN, I continue to be impressed by the wonderful students who are attracted to the College — and by the distinguished faculty and staff who share their passion to help produce impressive graduates," said Matt Mazza, senior vice president at Fifth-Third Bank. "One only needs to hear the stories of the scholarship recipients to know how impactful these funds are to our community."

Student volunteers who attended the banquet were amazed at the number of men and women who were there to support them.

"These donors had many options for their contribution dollars, and they chose MCCN," said **Steve Koczwara**, an SDAP student. "This indicates to me that they really care about and support the philosophy of the school, as well as the students' decisions to make a difference in the lives of others through superior, compassionate healthcare."

This year's presenting and title sponsors included American Electric Power (AEP), HHA Services, PNC Bank, Bailey Cavalieri, and Deloitte Center for Health Solutions. A total of 43 corporate sponsors participated.

"We have supported Mount Carmel in many ways, but this particular way to support MCCN, having the money focus on nursing students, is meeting a need in the community," said Ken Weixel, the US Managing Partner of Health Sciences at Deloitte, LLC.

Mazza shared a similar sentiment.

"It is important to support student nurses because as the health care environment continues to change, there are not enough physicians," Mazza said. "We need to find more ways to integrate people into our health care system and exceptional nurses, like the ones who graduate from MCCN are the way to do it."

The Golf Invitational will celebrate its 20th anniversary next summer. For more information about this event, please visit the Mount Carmel Foundation website at www.mountcarmelfoundation.org.



Students who played in the outing (l-r): **Nancy Lehr, Derek Dreyer, Patrick Queen and Tiffany Krauss**

Money Matter\$

Notes from Alyncia:

Welcome back to returning students and **welcome** to incoming students.

I am certain that you will agree with me that the summer went by very quickly. Like many of you, the Financial Aid office has been very busy.

Disbursement of Financial Aid

We are processing financial aid for the Fall Semester. All financial aid will be applied to your account by September 20, 2013. Refund checks will be issued after your tuition balance has been paid. Aid is disbursed in the following manner — grants and scholarships, Direct Stafford loans, private loans and PLUS loans. Please refer to CARMELink to see when your money has been applied to your account. Go to the Business Office tab to review your billing statement.

If you have not received your financial aid, please check to make certain you have returned your signed award letter, completed the entrance counseling and master promissory note.

Scholarship

There is a scholarship open in CARMELink under Scholarship Information until September 15, 2013. Please complete the application online by this designated date.

CARMELink

CARMELink should be your first step in checking for financial aid, billing matters and refunds. Most of your answers can be addressed by logging into CARMELink.

Private Loans

The arena of financial aid has been impacted by the current lending climate. This means that some of the lenders you may have used in the past no longer provide private loans. This also means that it will take two-three weeks to process a private loan. If you apply for a private loan you will need to follow up with the lenders' requests for you to sign their disclosure statements. Loans are not forwarded to the school for certification until you have signed all of the necessary paperwork.

If you would like to apply for a private loan, please go to mccn.edu, tuition and financial aid, links, FAST ALT Solutions. You will find a list of lenders other students have used. You can also go to the bank or lender of your choice to secure a private loan.

Updating Your FAFSA

Please remember that the FAFSA is an application. Whenever you modify the FAFSA you re-submit your application for federal student aid. Whenever the financial aid office receives a modified FAFSA we are obligated to review it for changes. This sometimes means that the student is selected for verification due to a modified FAFSA. If you have received your award letter and you make an adjustment to the FAFSA, and your adjustment is selected for verification, your financial aid will be placed on hold until you complete the verification process. Please be cognizant of the impact of changing your application.

If you have received your award letter, there should not be a reason for you to update your FAFSA.

I wish you all a prosperous school year!

Alyncia Bowen, PhD, MSA

Director of Financial Aid
abowen@mccn.edu

REQUIRED Criminal Background Check

Every sophomore, junior, senior and master's program student is required to undergo an annual criminal background check. For the convenience of students, on-campus opportunities for fingerprinting are provided on the following dates.

Thursday, September 12, 12 – 4 p.m.
(Student Rec Room, Marian Hall lower level)

Each student must present a valid Ohio driver's license or state-issued ID in order to complete the application form. The \$69 discounted fee for this service by National Background Check (NBC) will be added to the student's MCCN account.

Those students unable to be fingerprinted on campus will be responsible for scheduling individual appointments with NBC and completing this requirement prior to September 16, 2013. The cost incurred for scheduling individually is not discounted and is due the day of fingerprinting (payable directly to NBC).

Any student who fails to complete the required criminal record check by September 16 will risk being dropped from Fall Semester classes.

Special Note to Pre-Licensure Students:

You will be asked at the time of fingerprinting if you will graduate at any time from October 2013 through August 2014. If you will graduate during that time, a second set of results will be sent directly to the Ohio Board of Nursing and kept on file until your application for the NCLEX-RN exam is received by the Board. The background check is an NCLEX-RN application requirement. This procedure saves you the charge for a second set of results.

The *Carmel Rapper* is provided monthly by Mount Carmel College of Nursing with the assistance of Mount Carmel's Creative Services and Printing Departments.

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Communications Intern

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Layout:
Carol Stokes

For deadline information or to comment, contact
Robin Hutchinson Bell at 614-234-1372
or rhutchinsonbell@mccn.edu.

25 Student Volunteers Contribute to Success of FamJam

This was MCCN's second year participating in the Franklin County Children's Services FamJam. The Library staff also volunteered by passing out critical health information to parents. Photos of the student volunteers are posted on the Library Facebook page.

"Our students did everything from helping to set-up and tear-down the event, play games with the kids and do face painting, to doing over 600 blood pressure checks of parents, as well as helping to prepare and serve food, bottled water, and ice cream," said Student Life Director **Colleen Cipriani**.

"We volunteer at this event as these are vulnerable, at-risk children and volunteering at the event connects directly to our College mission," she added.

Thank you to MCCN!

From **Bruce L. Cadwallader, Community Outreach Director, Communications Division, Franklin County Children's Services (FCCS):**

A hearty thank you and a pat on the back to those who made it out to work at Famjam Saturday. The weather held, the crowds came (an estimated 4,000 people!) and we were blessed with nearly 100 volunteers, including some wonderful nursing students from Mount Carmel College of Nursing and FCCS staff. We are updating our public web page and Facebook page today with photos from the event.

You are a part of the largest community outreach event we hold every year and you should be proud!

From **Cynthia Greenleaf:**

On behalf of Franklin County Children's Services, I wanted to thank the amazing students at Mount Carmel College of Nursing for making our FamJam event a huge success! The nursing students were invaluable volunteers and displayed an impressive work ethic and energy level — we could not have done this event without their help, so we are truly grateful! Thanks for being such a wonderful community partner. We are huge fans of Mount Carmel's College of Nursing over here.

To All Students

Mount Carmel College of Nursing has made it mandatory for **ALL STUDENTS** to receive an annual influenza vaccine. To make this convenient for everyone, I will be having two flu shots clinics at the end of September. Please mark your calendars now and plan to attend one of the sessions. The vaccine will be given for 'free' (the cost is built into your general fee).

Both flu vaccine clinics will be held in Classroom "C" — third floor of Marian hall across from the A+P and Chemistry labs:

Monday, September 23, 2013 from 12:00 to 2:00 p.m.
Monday, September 30, 2013 from 12:00 to 2:00 p.m.

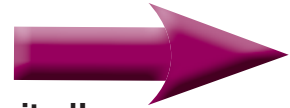
See you then! Keep washing those hands — let's keep our campus healthy!

— **Kathy Walters, MS, RNC, NNP-BC**, Student Health Nurse

Beach Retreat 2013



Lunch & Learn Line-up



All faculty, staff and students invited!

Monday, September 16 at noon – The College Lounge
Founders' Day — celebrating the anniversary Mount Carmel School/College of Nursing — 110 years!

Monday, September 23 at noon – 1 p.m. The College Lounge
Presented by ROTC Students: Nursing 408 Transitions/Leadership

Hear about the N408 ROTC senior students' experiences this summer: **Marie Boone** who was stationed at Fort Hood, Texas; **Alexandrea Fistek** who was stationed at Fort Sam Huston, Texas; and **Samantha Lehmann** who was at Fort Belvoir, Virginia. Bring a brown bag lunch and learn about their leadership experiences.



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stay connected.

Find us. Like us.

Stay connected with us for news, events, photos and more! **Are you on Facebook? Twitter? So are we! Let's get connected.**



www.twitter.com/mccnedu



www.facebook.com/mccnedu



youtube.com/mccnedu

Of Hawks and Nightingales...

A reflection from **Angela Phillips, EdD, RN, CNE**
Associate Dean, Graduate Program



Everyone who works at Mount Carmel West intimately knows the sights and sounds of the campus. Sirens rolling down Town Street, ambulances to the ER, helicopters circling the landing on the roof of the hospital, construction noise, the constant buzz of traffic from 315.

But in late July, an interesting disruption occurs. A shrill aggressive squawk is heard over the regular sounds of the campus. A shadow sweeps over the front mall between the hospital and College. Visitors, staff and students pause, searching for the source of the sound.

A well-kept secret on our campus — a magnificent red-tailed hawk — claims its home. Some had seen the bird circle the sky around our hospital. Now, the bird brazenly decides that the east-facing mall is a better post to oversee its territory. From the southeast corner of the library roof, this hawk quietly watches our daily routines. Soaring after innocent smaller animals, the hawk swoops to the parking garage tower and perches for another viewpoint of the mall. Then, when prey is captured, a nearby tree rustles violently as the bird feasts on its latest meal.

And to add to nature's strange inner city neighbor, another red-tail hawk joins the conversation. Between posts and trees, the two birds talk over the business of the campus. The pitch of their voices sounds out of place in the concrete and brick mall.

But the discovery of the birds makes one wonder: How did this duo decide to nest and join our city habitat? I believe they are now the College mascots — the "Nightingales" of the College!

Now, these two rather assertive birds aren't the gentle nightingale we often think of...but aren't their qualities those we might strive for? They have a voice to communicate danger; they watch over the land for invaders; they don't harm the land; they use resources wisely; they are partners for life. Couldn't that describe what we would like to do as MCCN students and staff? Be the voice for the vulnerable, protect those who need our protection, save our land and resources, be committed to values of caring for life?

So, on your next outing in the east mall, take time to listen and hear the newest members of our campus. Quietly watch for the soaring, floating hawks.

Mount Carmel FOUNDERS DAY CELEBRATION

The Mount Carmel College of Nursing Lunch and Learn Series

DATE: 9 / 16

Celebrating 110 Years of Nursing Education at Mount Carmel College of Nursing

Monday, September 16, 2013
Mount Carmel College of Nursing Gym
Noon-1 p.m.

Featured Presenter: Sr. Barbara Hahl, CSC
Senior Vice President, Mount Carmel System Mission

Join Sr. Barbara as she shares exciting historical perspectives about the founding of Mount Carmel's School of Nursing in 1903 by the Sisters of the Holy Cross---why this tiny band of Sisters established the school, their commitment to the Franklinton and central Ohio community and how the school transitioned into a College of Nursing.

Lunch will be served along with birthday cake and ice cream!
RSVPs required by Wednesday, September 11.

REGISTER today!

Questions? Contact Joanna Worthington at jworthington@mcen.edu

MOUNT CARMEL College of Nursing

This event will also highlight Constitution Day which is celebrated nationally on September 17th.

Welcome Class of 2017

From **Lauren Bruce**, Communications Intern

Our Facebook page featured advice from upperclassmen and alumni to our new freshmen. We appreciate what everyone had to say, so here are some of the posts from *Facebook* along with a few new pieces of wisdom.

Jennie Blackburn, class of 2015: "My advice to freshmen: Don't be afraid to ask questions. I find that people often have the same questions I have. If you get to know your instructors and show them how interested you are in nursing, they will be willing to share more with you! It'll be tough, but hang in there, and you will have a great career."

Michele Uhl Born '75, Alumni Association Co-President: "Use your time wisely, listen, seek guidance from your faculty, learn healthy coping skills. Enjoy the process of learning new skills daily. Always remember why you want to be a nurse."

Jeremy Cadwell, class of 2014: "When you get discouraged, try thinking of what motivated you to study nursing in the first place and it just may help you redirect your energy."

Phylis Motz Crook '63, Alumni Relations Coordinator: "Hold your classmates close. Some of my dearest friends (still) are my Mount Carmel classmates. You experience things in a nursing program that others never do. It is a bond that never lessens if you take the time and care enough to nurture it."

Zebulun Homan, class of 2015: "Brace yourself because make no mistake, the classes will be difficult, but also, that hard work pays off and success is never far away!"

Sarah Keller, class of 2016: "As a freshman, I wish I had utilized more of the campus' resources. I also wish I knew how important it was to avoid procrastination."

Tricia Mather '86: "You are about to enter a new chapter of your life. When the journey gets tough, stick with it, as the outcome is so worth the process. Reach out to your peers and don't forget to be there to support them when they seem to need it. I am so happy I became a nurse and have to say I loved my job. Good luck to you all."

Taylor Schmit, class of 2015: "Make time for yourself away from the school work. Adjusting to college can be difficult, so by allowing yourself time, you are less overwhelmed and stressed out."

SIGN-UP TODAY!

By signing up for our Mount Carmel Communications Alert System you can be alerted and informed in times of crisis, disaster and weather situations.

Faculty, staff and students may self-register for the system by using an on-site MCCN computer. Launch Internet Explorer and enter URL <http://mccnalert.mccn.int> and simply follow the prompts. Be sure to do the self-test that is part of the self-register process to confirm that the registration has taken place.

The alert system messages are TEXT ONLY and can be sent to cell phones, pagers, personal computers or other electronic message devices. There are no limits to the number of devices that can be listed.

You must register in order to be contacted and check the box to agree to assume any charges for alert system messages. Once registered you must update any changes to listed devices, such as new phone numbers.

If you have questions about the new system, please contact Robin Hutchinson-Bell in College Relations at 234-1372 or rhutchinsonbell@mccn.edu

MOUNT CARMEL
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Samantha Stevens, class of 2014: "Often, on exams, there is more than one right answer. Remember the nursing process and run through it to find the 'most right' answer."

Nicole West, class of 2016: "Be willing to meet new people, study and work hard, and get to know your professors."

Affiliated Course Schedule

All courses in the MCCN curriculum are taught at MCCN. The only courses students are permitted to take elsewhere are options for humanities/social science electives. Please contact the Records and Registration Office with questions.

Any student taking a Fall Semester humanities or social science elective at one of our affiliated institutions (Columbus State Community College or The Ohio State University) is required to submit a copy of his/her Fall Semester course schedule to the MCCN Records and Registration Office (Marian Hall, Room 2C01). The deadline for submission was Friday, August 23. **Students who missed this deadline should submit their schedules immediately.**

This is a requirement every semester students take electives elsewhere. Students who neglect to submit the required schedule by Friday of the first week of any MCCN semester will find that their credit hours at CSCC or OSU will not count toward calculation of total credit hour load. Delinquent students may find themselves at less than full-time hours for financial aid calculation.

IF YOU ARE TAKING AN AFFILIATED COURSE DO NOT IGNORE THE DEADLINES!

Freshman Students at Ohio University-Lancaster

All freshmen enrolled in the MCCN-FMC program and taking classes at Ohio University-Lancaster (OU-L) were required to submit their OU-L course schedules to the MCCN Records and Registration Office (Marian Hall, Room 2C01) **no later than Friday, August 23. Students who missed this deadline should submit their schedules immediately.**

All MCCN-FMC students must submit OU-L course schedules to MCCN Records and Registration every semester they take OU-L classes.

Community Service Volunteer Opportunity

The Diley Ridge Medical Center is looking for volunteers to assist with booths and activity stations at their Car Seat Safety Check event on Saturday, September 14, 8 a.m. – 12:30 p.m. The event is co-sponsored with Nationwide Children's Hospital and Fairfield Medical Center. For more information and to volunteer, please contact **Diana Coomer** at dcoomer@mchs.com or 614-546-4111 and indicate t-shirt size.