

the LAMP

FALL 2016

mount carmel college of nursing magazine



First careers:
not always set
in **stone**



MOUNT CARMEL
College of Nursing



Second Degrees Lead to Second Careers:

First Careers Not Always Set in Stone

Students at Mount Carmel College of Nursing come in all shapes and sizes – they also come with a variety of backgrounds and experience. While most students are fresh-out-of-high school and embarking on their initial educational effort, others have learned that their first career choice was not set in stone.

MCCN's Second Degree Accelerated Program (SDAP) allows students who realize that nursing is their life's calling after they've already started down another path, to get a chance to answer their true calling.

SDAP is a 13-month curriculum where students who already have a bachelor's degree in another discipline can become totally immersed in nursing education and culture to emerge as competent entry-level practitioners.

Started in 2007, this innovative, highly competitive program offers our traditional BSN (Bachelor of Science in Nursing) program, but in a compressed time frame. Full-time students who have a minimum 3.0 GPA (grade point average) on previous college coursework, begin in January of one year and finish in February of the next year.

Since inception of SDAP nearly 10 years ago, nine cohorts, totaling 536 students, have graduated. Here are the stories of just a few.

Benjamin Cooper ('16), BSN, RN, went from teaching a second language to gaining a second career.



Benjamin Cooper, BSN, RN, clothed in traditional Yemeni dress, sets aside the jambiya – the ceremonial Yemeni dagger in his belt– as he dons his nursing stethoscope.



HALF A WORLD AWAY

Benjamin Cooper, BSN, RN, taught English half a world away before determining nursing is best for someone seeking mobility, job security and variety – all rolled into one profession.

After earning a Bachelor of Arts in Arabic at The Ohio State University in 2011, Benjamin obtained a teaching certificate to teach English as a Second Language. He immediately signed on to teach in the Republic of Yemen, an Arab country at the southern end of the Arabian Peninsula, near the Red Sea.

“I really wanted to make a difference in someone’s life, and because not much English is spoken in Yemen, I felt it’s where I would be most needed,” he recalls. “I had fantastic students there, loved the job and would have stayed if the security situation had not started to seriously deteriorate,” he adds.

In February 2014, he returned stateside along with Margaret, whom he met while she was working for an NGO (non-governmental organization) in Yemen. A Canadian citizen, Margaret returned to her parents’ home in Vancouver, and Benjamin returned to his parents in Worthington, Ohio.

The couple was apart most of 2014 while he worked part time at a temp agency doing everything from grading standardized tests to working in a warehouse.

“That’s when I began asking myself what’s next. I knew I wasn’t returning to Yemen, but with my degree and teaching certification there weren’t any job opportunities here. It was a difficult spot and I knew I needed additional qualifications to find meaningful work,” he recalls. That May, while visiting Margaret and her family in Vancouver, the couple discussed possibilities, including nursing, as both have family members who are nurses.

“I went online and looked at a couple of options – MCCN would allow me to complete a BSN degree in just 13 months, and the January start was good timing, but I knew it would be dicey because I needed to first complete 11 classes, mainly science prerequisites,” Benjamin notes.

A visit to Columbus State Community College was a pleasant surprise – by studying hard, he was able to test out of some basic classes and spent the entire summer and fall riding his bicycle 15 miles each way from his parents’ home to Columbus State.

“It was a full-time job,” Benjamin recalls. “I spent the entire day on campus starting at 8 a.m. and then went to the library to finish all my homework before pedaling back home. It was the perfect routine to get ready for the rigor of Mount Carmel’s SDAP program, which I loved,” he adds.

Things still haven’t slowed down for the international traveler. Two days after graduating from MCCN in February 2016, he and Margaret tied the knot. The new Mrs. Cooper is in the process of immigrating to the United States and Benjamin is getting settled into his new job as a staff nurse in the stroke unit at OhioHealth Riverside Methodist Hospital.



Mary Jedlicka ('12), BSN, RN, Trades Microphone for Stethoscope

“Story telling is not what it used to be,” says former television reporter Mary Jedlicka, BSN, RN, who gave up her newsbeat to be at the bedside. In the 12 years since Mary earned a bachelor’s degree in Journalism from the University of Georgia, a great deal has changed in the news-reporting business.

“I loved getting into a story, taking time to find out what really happened and making sure I got it right,” recalls Mary who spent eight years reporting in North Carolina and North Dakota and the last four with ABC/Fox in Columbus. With the changing landscape of social media and the proliferation of cable news shows, she could see that the opportunity to do quality broadcast reporting was dissipating.

“I was ready for a change and didn’t really know what I wanted to do, but I knew it had to be something where I felt I was really part of the action and important to the outcome,” she says.

While on a news assignment in 2010, she witnessed a bad accident, with one vehicle t-boning another. A woman who had stopped to help the elderly victims really made an impression on Mary. She was a nurse.

“I wanted to get an interview with her, but she didn’t have time to talk with us. I realized that I could stop to help someone, too, but I would have no idea how to help. That really got me thinking,” she adds. With a brother-in-law who has been a travel nurse for 20 years, a friend who is a nurse practitioner and others who are medics, Mary’s investigative skills kicked in.

“I did my research, looking into what it would take to become a nurse practitioner. I found out that it’s not an entry-level position,” she chuckles. “I heard Mount Carmel had a good reputation and went to the website where I found SDAP. I knew right away that was the right choice for me.” Mary completed her science prerequisites at Columbus State Community College and exchanged her microphone for a stethoscope.

“Twelve days before Christmas I was done with reporting; in January I was a nursing student. I’ve loved every minute of it and had a job lined up before I graduated in February 2012,” she recalls. Today she works on the the cardiovascular ICU at The Ohio State Wexner Medical Center.

“In a way it’s kind of like journalism – it’s my job to interview the patient, figure out their story and help get them to the best possible outcome. It’s really amazing, and I learn something new everyday.”

Former broadcast reporter Mary Jedlicka, BSN, RN, has found her life’s calling in nursing.



Jennifer McDonald ('16), BSN, RN, once built hospitals, now she builds rapport

"In six years I worked my way from project engineer to project manager, responsible for analyzing data, estimating budgets and handling purchasing and hiring. I worked in the healthcare division of a major construction company that built hospitals and medical office buildings," recalls Jennifer McDonald, BSN, RN.

"I had a toe in the waters of healthcare, just not the right toe," chuckles McDonald, who had earned a Bachelor of Science in Construction Management from the University of Florida after finishing high school in Miami. It was not until after she married and had her three children – now ages 9 through 14 – that she began to answer the call to nursing.

"As a stay-at-home mom for 14 years, I started my own business teaching the Bradley method childbirth classes. I'm also a certified doula, providing comfort care for laboring mothers," she says, explaining that her own mother is a retired labor & delivery nurse in Miami.

"I've been present at probably 60 births and it was through the experience of being a doula that I realized how rewarded I was by helping patients through a difficult – though joyous – time in their lives."

When she started talking with family and friends about her desire to be a nurse-midwife, she says she kept hearing good things about Mount Carmel College of Nursing and readily found information on the College website about SDAP.

"The website was so clear and easy to follow, that when my youngest started kindergarten, I started studying part time at Columbus State Community College for the prerequisites I needed," she recalls.

"Some of my classmates at Columbus State were interested in earning the associate degree, but I knew that I would need a BSN (Bachelor of Science in Nursing) to practice in the hospital setting, and I knew that I would need that to get into graduate school, which is how I will reach my ultimate goal of midwifery," she notes. "Among my favorite part of clinicals at MCCN was talking with patients and their families – building rapport and helping to make them feel at ease." McDonald enrolled in SDAP and graduated in February 2016.

"I'm so excited to be a nurse, and I look forward to gaining more and more experience before I seek an advanced degree that will allow me to practice as a nurse-midwife," she says.



Jennifer McDonald, BSN, RN, is a staff nurse in Labor & Delivery at OhioHealth Grant Hospital.



Advocacy and education resonate for Heather Melick, BSN, RN.

Heather Melick ('16), BSN, RN, Weighed Nursing in the Balance

An attorney and U.S. Air Force veteran, Heather Melick, BSN, RN, says a constellation of healthcare-related experiences led her to see how nurses are advocates and educators, as well as caregivers.

“I became an attorney because I wanted to help people – to defend and be a voice for others,” says Heather, who graduated from MCCN’s SDAP in February 2016. “Now I’m helping in a completely different way.”

Heather, who earned a bachelor’s degree in Political Science and Russian Studies at Wittenberg University, and completed law school at Case Western Reserve University School of Law, received her commission in the U.S. Air Force the day she passed the bar exam.

After three years as a prosecutor and one year providing criminal defense in the U.S. Air Force JAG (Judge Advocate General), she applied for discharge just two weeks before 9/11 and stayed on for another six months under the military’s stop-loss policy, eventually attaining the rank of major.

Over the next couple of years, Heather worked as a trial attorney — including pharmaceutical and medical malpractice

defense — at a large Cleveland law firm, got married and started her family. She says a series of events led to her answering the call to nursing.

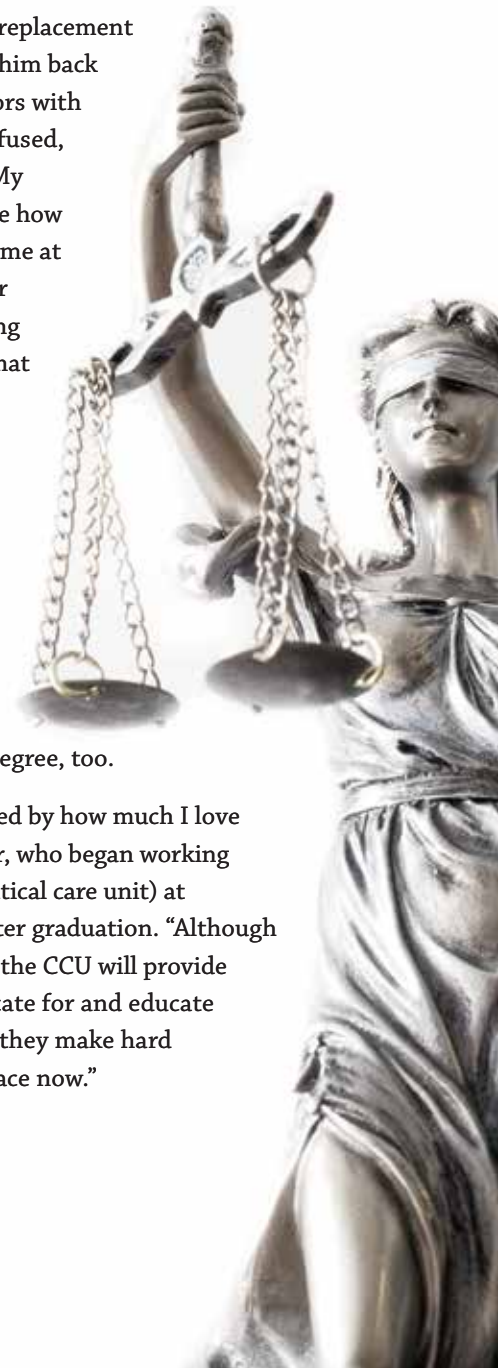
“Our youngest son was born with issues that the doctors said prevented me from holding him. A nurse went to bat for me, insisting I be allowed to hold my baby. His immediate improvement told me her advocacy made the difference,” Heather says.

“Later, my 4-year-old daughter was diagnosed with Kawasaki’s Disease and fortunately did not have any complications,” Heather says. “But when I was asked to enroll her in a clinical trial, I didn’t know how to decide. A nurse at Nationwide Children’s Hospital spent time with me – going over all the details, teaching me about the disease, purpose of the study and arming me with information so that I could make a decision. That nurse’s ability to educate made a huge difference.

“Finally, my husband had hip-replacement surgery, and a blood clot sent him back to the hospital. Multiple doctors with multiple opinions left me confused, frightened and exasperated. My husband told his bedside nurse how unhappy I was, and she called me at home, spending nearly an hour walking me through everything and helping me understand what was going on,” Heather recalls.

“Those three events led me to answer the call to nursing. I eventually see myself in an administrative or lobbying nursing role, so I plan to remain ‘of counsel’ at the law firm, maintain my law license and possibly work toward an advanced nursing degree, too.

“In the meantime, I’m surprised by how much I love bedside nursing,” says Heather, who began working as a staff nurse in the CCU (critical care unit) at Mount Carmel East shortly after graduation. “Although I just started, I’m hoping that the CCU will provide opportunities for me to advocate for and educate patients and their families as they make hard decisions – I’m in the right place now.”



There's No Place Like Home for Traveler Billy Rentel ('12), BSN, RN

With undergraduate degrees in Japanese Language and Literature and International Studies with a minor in Economics, Billy Rentel, BSN, RN, enjoyed a successful five-year career as a global business planner for the Japanese firm Sumitomo Electronics. He was responsible for data analytics and allocating orders of automobile manufacturers to overseas facilities.

"I had my first 'aha moment' and niggling feeling that I should be doing more with my life when I visited production facilities in developing countries," Billy recalls. "I saw people living in great social and economic despair without healthcare, and I wanted to do something to help," he adds.

He considered returning to his alma mater, The Ohio State University, to attend medical school, but knew he would prefer being a direct caregiver. To try out his hunch, he took a huge pay cut to take a job as surgical service assistant at Mount Carmel West.

"The minute I stepped onto a patient floor, I had an amazing, jaw-dropping flash that this is where I wanted to be," Billy asserts. "Working at Mount Carmel, I observed the MCCN students doing fantastic things during their clinicals, and in speaking with nursing staff, I heard over and over that MCCN's SDAP would be a good fit for me."

Five years after joining Mount Carmel, Billy enrolled in the SDAP program. Shortly after graduation in February 2012, he was hired in the SICU (surgical intensive care unit).

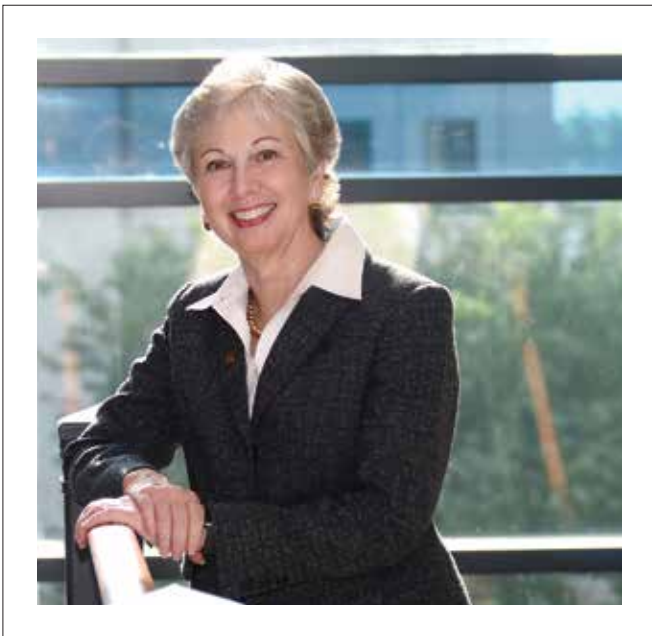
Billy says that experience over the next three years uniquely qualified him for the position he holds today at The Ohio State University Wexner Medical Center in the Critical Care float pool.

"When I first thought about this career change, I knew that we pick up things through our whole lives that shape who we are today," he notes. "With a career in nursing, my past experience – whether overseas travel, data analyst, businessman or surgical assistant – will always be welcome. In nursing you can go just about any direction you want," adds Billy, who says he plans to continue his education, possibly pursuing a DNP (Doctor of Nursing Practice).

SDAP-M is "Fast Track" to Master of Science

Mount Carmel College of Nursing adds value to SDAP (Second Degree Accelerated Program) by allowing high-performing students to concurrently earn credit toward a master's degree. SDAP-M students earn credit for five graduate-level courses during the 13-month SDAP program and the following summer. After passing the State Board of Nursing licensing exam, they complete the Master of Science in one of four specialty areas. Visit www.mccn.edu for information about how to apply.

A Message from the Mount



“Change is the law of life. And those who look only to the past or the present are certain to miss the future.”

– John F. Kennedy

Dear Friends:

I find the words of our 35th, and our only Catholic, president inspiring as I am now in my third year of presidency at Mount Carmel College of Nursing. I am inspired and invigorated by these words because change is ongoing, continuous, and constant, especially as we strive to reach ever-higher, always improving, quality outcomes for our students.

Over the past two years, changes in the College focused on designing and maintaining policies around compliance and accreditation; building a business model to meet the human resource and financial goals of Mount Carmel Health and our parent system, Trinity Health; adopting a new learning management system to enhance the online experience for our students and faculty; focusing on increasing our already high state board exam pass rates;

enhancing student enrollment, retention, and satisfaction across all programs; and examining our student policies for upholding the equitable fostering of student success.

As we look to the future, we’ll continue to be nimble, drawing upon our agility in response to inevitable, continuing changes and challenges. With challenges come opportunities and we have a tremendous opportunity for growth and expansion when Mount Carmel West moves the inpatient services to the new hospital in Grove City. At MCCN, we relish challenges as we take on additional responsibilities to improve our physical space, which means additional office and classroom space, more green space, and renovations to our Residence Halls. In further preparation for our strong future, we are implementing a strategic plan that positions the College through 2020 and beyond. Our strong future will call upon each of us - our Board of Trustees, faculty, staff, alumni, and friends of the College - to come together in the spirit of a team to grow our enrollment and advance our capabilities for providing the excellence in nursing education that is the hallmark of MCCN.

Sincerely,

A handwritten signature in black ink that reads "Christine A. Wynd". The signature is fluid and cursive, with a large, stylized 'W'.

Christine A. Wynd, PhD, RN
President

CALENDAR OF EVENTS

COLLEGE CALENDAR 2017

- Jan 3 2017
Spring Semester Begins
- Jan 8 2017
Annual Scholarship Dinner
- Feb 3 2017
SDAP Commencement
- May 4–6 2017
Commencement Celebrations —
Hooding, Pinning and Commencement

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TABLE OF CONTENTS

- 1 SECOND DEGREES LEAD
TO SECOND CAREERS
- 8 TEACHING AND ADVOCATING FOR
55 YEARS: STILL GOING STRONG
- 12 MEET ALYSSA FRY
- 16 2016 SENIOR PINNING, PRESENTATION OF
MASTER'S HOODS AND COMMENCEMENT
- 20 AWARDS & ACCOMPLISHMENTS
- 22 FIFTH MCCN-FMC COHORT GRADUATES
- 24 DONORS MAKE A DIFFERENCE:
CRAIG W. ANDERSON, MD
- 28 GREETINGS FROM YOUR ALUMNI
ASSOCIATION
- 29 ALUMNI UPDATES
- 31 CLASS NOTES
- 34 THANK YOU FOR GIVING THE
GIFT OF EDUCATION
- 37 IN MEMORIAM

THE LAMP

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TEACHING AND ADVOCATING FOR 55 YEARS: STILL GOING STRONG



Pat McKnight, MS, RDN, LD, FAND, assistant professor, Nutrition (far right), is joined by other Nutrition faculty members (clockwise from top): Kathy Blanchard, MS, RD, LD, instructor; Lauren Wilson, MPH, RDN, LD, instructor; Larissa Brophy, MS, RDN, LD, assistant professor; and Aimee Shea, MPH, RDN, CSO, LD, assistant professor.

It's safe to say that a fairly high percentage of Mount Carmel's 6,500+ living alumni learned about the importance of good nutrition in patient recovery while sitting in the classroom of Pat McKnight, MS, RDN, LD, FAND, who came to Mount Carmel School of Nursing in March 1961 – fully 55 years ago.

“Sister Marie Virgine, also known as ‘Sister Betty,’ hired me to get the nurses out of the kitchen,” says Pat with an easy laugh. “Earlier, when I was a student at The Ohio State University completing my dietetic internship, I saw at that time the first-year nursing students

were called upon to work in the kitchen, setting up trays for patients on special diets. Sister wanted to put an end to that practice and she sure did,” Pat recalls.

Hired to teach “Diet Therapy,” the former term for Nutrition and Disease, Pat did not have her students in the kitchen. Instead, they learned basic nutrition concepts, which continue to be foundational today.

“A lot has changed over the years, including the classes, of course,” she says. “We once focused only on how good nutrition could aid a patient’s recovery. That’s still an important concept, of course, but now we are more focused on the role of nutrition in preventive care – keeping people healthy through diet and good nutrition.”

Unique, Integrated Program

At Mount Carmel College of Nursing today, Pat is a member of the Nutrition team, teaching students in a unique program where classroom education is integrated with clinicals.

The five instructors, who are all licensed registered dietitians, rotate from the College to one hospital setting after another. Each has a different specialty area and all are part time to accommodate the clinical schedules of the students.

“Right after the School transitioned into the College in 1990, Dr. Ann Schiele, who was director at the time, asked me to go full time. But, as the enrollment grew rapidly, we quickly realized that multiple instructors were needed at the same time for different classes and clinical rotations. Our unique program – with dietitian faculty members in all areas of medical-surgical nursing and pediatrics – accommodates that,” she adds.



Unique Voice at the Statehouse

For the past 30 years, Pat has served as state policy representative for the Ohio Academy of Nutrition and Dietetics (OAND), which is an affiliate of the national Academy of Nutrition and Dietetics, the largest organization of food and nutrition professionals in the United States.

In this role, she directs health policy activity on the state level and is frequently seen at Ohio's Statehouse, where she meets with state legislators. In addition, she's on a first-name basis with Ohio members of the U.S. House of Representatives, Joyce Beatty, Steve Stivers and Pat Tiberi, because she knew them when they were at the state level.

Working with an OAND lobbyist, Pat frequently provides testimony – formal comments that become part of the official record of proceedings of The Ohio House of Representatives and Ohio Senate – regarding key legislation that affects nutrition and dietetics practitioners.



Pat McKnight, MS, RDN, LD, FAND, is frequently seen at the historic Ohio Statehouse.

With the College at Heart

In addition, she often speaks on behalf of the College and, in the early 1990s she was instrumental in developing a nursing seminar on Health Policy. Today, that content is part of the College curriculum. Health Policy and Economics is a mandatory, senior-level course taught by a nurse educator. Pat arranges tours of the Statehouse and invites guest speakers

to enrich students' learning, including former MCCN Board of Trustees member Michael Curtin, who is representative of Ohio's House District 17.

"I talk about this course wherever I go," Pat says enthusiastically. "We graduate more than 100 nurses every year who all know about health policy. That's important because nursing is a regulated profession, just as is dietetics. Nurses need to know who makes decisions about their profession that affect their patients. Nurses need to know how to communicate effectively with them when change is needed," Pat asserts.

What's Next

When Pat is asked when she plans to retire, she says she loves what she's doing, and is willing to continue as long as she's needed to help make a difference. Pat is especially pleased that her granddaughter, Kylee Soga, recently graduated from MCCN.

In reminiscing over the 55 years she's been at Mount Carmel, Pat says many faces, places and events come to mind.

"One that stands out is the White Glove Reception," she recalls. "On the first day of school every year all the faculty lined up with white gloves on and the students went down the receiving line. The expressions on their faces were priceless." Pat also recalls the days students (and faculty) could not walk through the lobby unless they were wearing dresses or skirts – pants were not allowed for women.



In 1966, Pat McKnight (seated, second from left) joined Sisters M. Louisita and M. Consolata, along with other faculty members of the Mount Carmel School of Nursing for a photo that appeared in the 1966 yearbook, Lucerna.

"Those were the days nurses were considered 'handmaidens' to the doctors – they are definitely not that nowadays. Nurses are educated to be assertive, advocating for their patients and caring for them according to evidence-based science. Yes, a lot has changed!"

COLLEGE QUICK READ

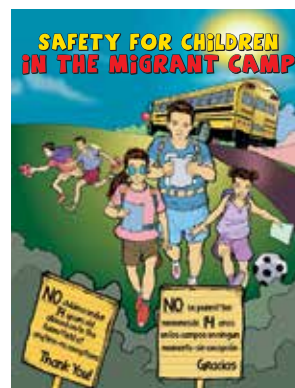
> **MCCN marked three significant milestones in 2016:** 130th anniversary of the founding of Mount Carmel West in 1886 that the Sisters of the Holy Cross administered; 25th anniversary of the founding of Learning Trails, a program to positively impact retention and graduation rates for minority and other students; 20th anniversary of our highly successful RN-BSN Completion program (now online); and 15th anniversary of MCCN's Rho Omicron chapter of Sigma Theta Tau International, an honor society committed to nursing excellence through service, research, leadership, scholarship, knowledge and professional development.

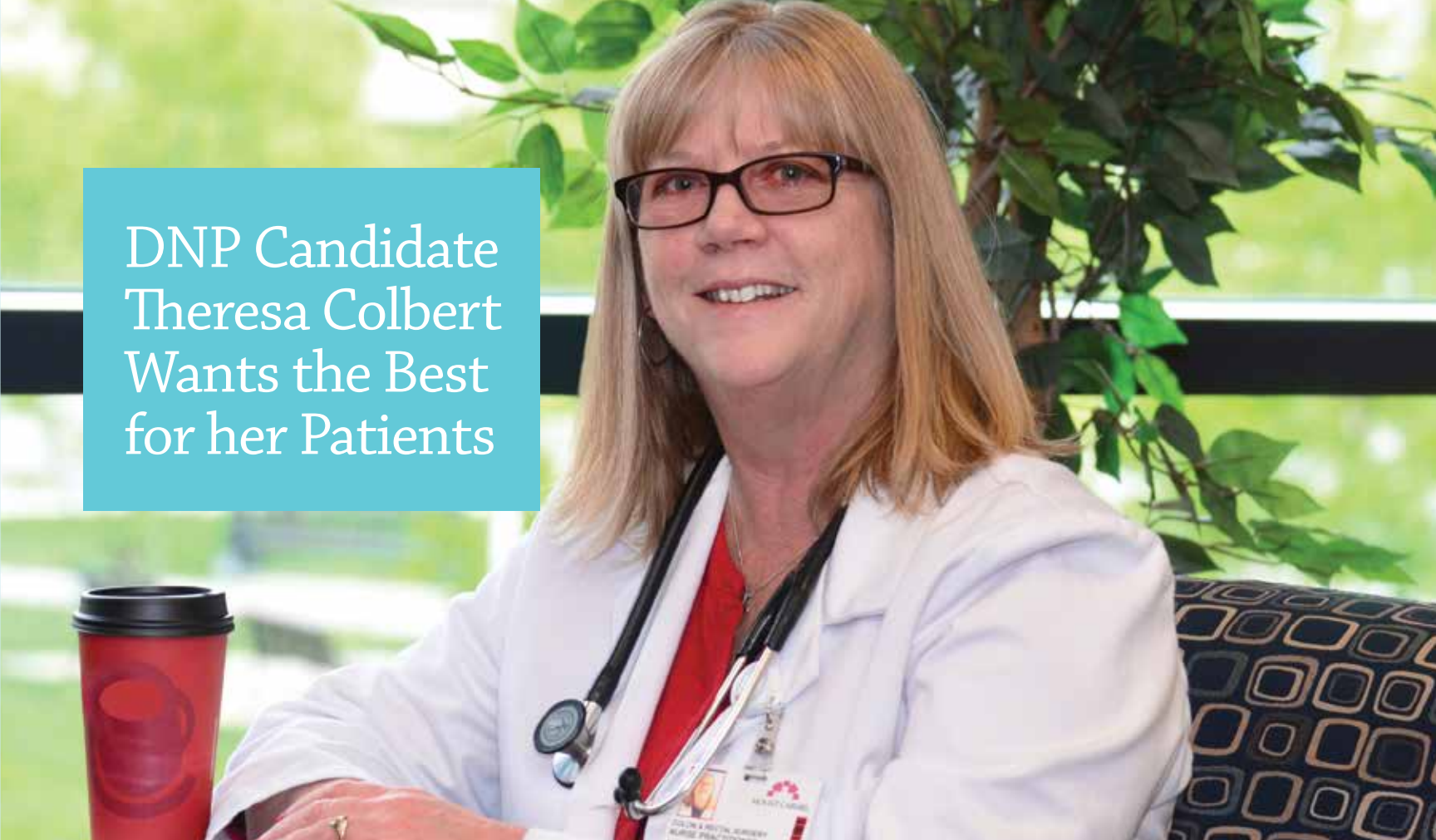
> **MCCN's website is now ADA-compliant.** In addition, photos and graphics are refreshed, and our new tagline: "When Life is Your Life's Calling," is incorporated. ADA-compliance changes include design and functionality that make it easier for persons with disabilities to navigate and allows compatibility with assistive technologies.



> **A new chapter of Alpha Lambda Delta (ALD)** is now at MCCN, thanks to **Katheryn Fernandez, PhD, RN**, associate professor. On September 28, 2016, at the National Chartering Ceremony, 70 MCCN students were inducted as charter members into MCCN's Alpha Chapter of ALD, a national honor society for students who have maintained a 3.5 or higher GPA and are in the top 20 percent of their class during their first year or term of higher education.

> **Reading Fun with a Serious Message**
Jill Kilanowski, PhD, RN, APRN CPNP, FAAN – in collaboration with researchers at the University of Nebraska – was awarded a grant to create a comic book to teach migrant children about agricultural safety. Read about it in the next issue, *the Lamp*.





DNP Candidate Theresa Colbert Wants the Best for her Patients

“One of the major characteristics of nurses is that we are willing to learn what is needed and incorporate it into our daily practice, because we want to provide the best care for our patients, with the best possible outcomes,” says nurse practitioner Theresa Colbert, MSN, RN, APRN, in discussing why she decided – 30 years into her nursing career – to earn a Doctor of Nursing Practice (DNP) degree from Mount Carmel College of Nursing.

“I’ve always been a life-long learner and I’ve long had the goal to hold the highest degree in my profession. However, I did not see myself with a PhD because it would not have been relevant since my first love is the clinical side of patient care,” she says.

Colbert started her career after earning an associate degree from Central Ohio Technical College in Newark, Ohio. While working full time, she earned her BSN (Bachelor of Science in Nursing) from Capital University in 2001 and – five years later – a master’s degree from Otterbein University.

“When I heard that MCCN was offering the DNP, I was very eager,” she explains. “I’ve been reading in the literature that eventually DNP will be the entry-level degree for nurse practitioners. As an employee of Mount Carmel, I have great respect for the organization.”

As a nurse practitioner, Theresa works at Mount Carmel in Graduate Medical Education, providing support for the Colon & Rectal Surgery Fellowship program at Mount Carmel East.

“I work with faculty physicians and the resident fellow rounding on patients, completing histories and physicals, as well as providing patient and family education, and discharge planning. I also assist the fellow with research projects, collecting data and whatever else is needed,” she explains.

A mother of five adult children, Theresa says returning to school was a challenge at first, but she’s through the first year of the program and is enjoying every aspect.

“It’s been really intellectually stimulating and very exciting to better understand clinical issues from a systems standpoint. I feel that already I have more tools to navigate the complexity of the health systems we’re in today,” she says.

“I’ve always been a proponent of evidence-based practice and now I’m having the opportunity to translate that evidence into my daily practice to improve outcomes. I would advise any nurse practitioner – particularly those who are early in their careers – to seriously consider earning their DNP. It will pay dividends in multiple ways, not only for their patients, but for their own careers as well.”

MEET ALYSSA



Alyssa Fry
Director of Institutional Advancement
Mount Carmel College of Nursing

Although Alyssa Fry is new to the College, she is not new to Mount Carmel, having been with the system six years. In September 2015, she was named director of Institutional Advancement for the College.

A perennial “people person,” Alyssa says it was her love of hearing people’s stories that drew her to her current work in philanthropy.

“I’ve always wanted to do work that would have a positive impact in the lives of others, and I enjoy listening to others because I’m really interested in hearing what motivates someone in a specific direction. Really listening to each person’s story helps me connect people with one another and to a cause that resonates with where they want to put their time, energy, and resources,” she explains.

As a student at Miami University of Ohio, where she earned her bachelor’s degree in 2003, Alyssa worked in the school’s radio station, a first-class environment for listening. She also completed an internship at WBNS-TV in Columbus where she helped viewers tell their stories.

The young professional began her career at Nationwide Children’s Hospital as a community education assistant, working behind the scenes, helping to put together classes in self-esteem for teenage girls, CPR, first aid and parenting classes.

“I loved Nationwide Children’s and its mission, but I needed to get out from behind a desk. My mentor from WBNS-TV connected me to the Boy Scouts of America Simon Kenton Council where I led their co-educational career exploration program,” she recalls. “When I visited the Explorer Post at Mount Carmel East, I was hooked on ‘the Mount’ right away!”

In pursuing her new interest, she was named operations manager for Volunteer Services at Mount Carmel East in 2010, where she further honed her listening and connecting skills by interviewing prospective volunteers and matching them to the right role in the right department. She also developed her leadership skills over the next three and half years by managing a force of more than 400 dedicated volunteers.

“My career has always evolved based on relationships, and when I volunteered at the Mount Carmel Foundation’s annual Red, White and Boom donor appreciation event, I was energized by meeting so many people devoted to the health system’s mission, that I knew I had found the best role for me.”

In 2014 Alyssa transferred to the Foundation, just in time to work on the May 2014 Champagne and Diamonds event that benefitted The Ann E. Schiele Presidential Endowment Fund.

“The opportunity to get to know Dr. Schiele personally – learning directly from her about the College and its legacy of excellence in nursing education – was a once-in-a-lifetime opportunity,” Alyssa says. “And, I learned so much from my predecessor, Jan Burkey, not only about philanthropy in education, but also about the rich history of alumni and community support that the College enjoys,” Alyssa says.

SSA FRY

Because of Alyssa's involvement with the 2014 Champagne and Diamonds event, she spent a great deal of time at the College, meeting with and learning about the Board of Trustees, alumni, faculty members, staff and students.

"So many people have such a love for the College, and each story is so detailed and varied," she recalls. "I just fell in love with the environment, the energy and the wonderful, prestigious reputation of the College, that when Jan dropped a few hints about her upcoming retirement, I began to dream." As Jan Burkey provided mentorship, she also provided encouragement, suggesting Alyssa apply, which allowed for a smooth, seamless transition.

"What I enjoy the most is making connections between donors and students. It truly is heartwarming to help someone give the gift of education in a way that provides a career path and livelihood to a deserving student," Alyssa notes. "It's so meaningful for our donors that they are not only helping students, they are also helping to ensure excellent healthcare for many through the hands of well-educated nurses who provide evidence-based care that is both skilled and compassionate," she adds.



Ann E. Schiele, PhD, RN, president and dean emeritus (left) greets Alyssa Fry, director of Institutional Advancement for the College, at the Mount Carmel Foundation Champagne and Diamonds gala.

"The Mount Carmel Foundation could not have found a better person to fill Jan Burkey's shoes," says the College's biggest donor, Ann E. Schiele, PhD, RN, president and dean emeritus.

"The donors I've talked with tell me they experience Alyssa's enthusiastic personality like a hurricane - but in a good way because she just blows them away with her energy, ideas and ability to help them connect their giving in new ways that makes sense for them," Dr. Schiele adds.

She also credits Alyssa with a good deal of the success of the Champagne and Diamonds event that raised more than \$1.2 million for the nursing education fund established in her honor by MCCN's Board of Trustees.

"I found the extraordinary generosity donors showed to be extremely humbling and rewarding. I'm so grateful to everyone who participates in continuing to build the fund, and I'm thankful to Jan and Alyssa for their dedicated hard work in this regard."



RECRUITING STRATEGY TOP OF MIND FOR KIM CAMPBELL, PhD

According to the American Association of Colleges of Nursing, it's increasingly important that recruiters reach out to diverse student populations, make connections at the middle and high school levels, support students through the application process, mentor students for retention and facilitate their success.

With Kim Campbell, PhD, as director of Enrollment, Mount Carmel College of Nursing is on top of all those strategies for attracting the best and brightest students to answer their call to be a nurse. "Students have so many choices when it comes to earning a degree," says Dr. Campbell. "Not only are nursing colleges competing with one another for top-quality students, we're also competing with career choices other than nursing. On top of that, the overall number of high school graduates in the United States is predicted to decline over the next 10 years. Already we are

seeing there are fewer students available for all colleges and universities," she explains.

Because the College is a single-major institution, the pool of prospective students is further reduced to those who know they want to go into nursing. And, fewer students are focused on attending only faith-based colleges, which further reduces the field.

"That's why we have to take a strategic approach to recruiting and retaining the best and brightest to Mount Carmel," Dr. Campbell emphasizes. Whereas many other colleges have huge budgets for television, radio and print advertising – as well as recruitment staffs of five or more professionals – Mount Carmel relies on a much leaner program to generate results.



In spite of such challenges, Dr. Campbell consistently delivers sizable cohorts every fall. She accomplishes this by connecting with high school guidance counselors and making high school visits; holding regularly scheduled Open Houses; using print media (View Book), and social media to good advantage, and attending college fairs across the state.

“Often at the fairs we’re overshadowed by the large-size, big-name schools who flank us – our table and display are visually blocked by long lines of students waiting to pick up materials from these large universities. However, once students have made the rounds of the schools they recognize, then they begin to look in depth and that’s when we really shine. And, we’re often bolstered by our network of Mount Carmel alumni – when a member of our alumni is at our table, willing to talk with students, it makes a difference,” she notes.

“Even though we can’t offer all the trappings of a traditional college – weekend football games and high-profile concerts – what we do offer is a solid, quality program that has an excellent reputation – not only among guidance counselors, but more importantly among employers,” Dr. Campbell emphasizes.

When Dr. Campbell, who earned her doctorate at Capella University, came to the College in 2007, total enrollment stood at only 400 students. Today there are nearly 1,100. And, every year there are more applicants than seats – a good problem to have.

“We’ve been extremely fortunate that, even with the declining number of students available, we manage to recruit the ones who are prepared to succeed. And, with the generosity of our



donors who want to see these quality students succeed – and succeed at Mount Carmel – we continue to provide high-caliber, baccalaureate-prepared nurses year after year.”

Before joining Mount Carmel, Kim Campbell, PhD, served in leadership roles at I Know I Can, the only college access program in Columbus, as well as at other universities, including Cleveland State, Bowling Green State and Toledo. She serves on various community boards, including the Simon Kenton Council of the Boy Scouts of America, and is a member of Ohio Association for College Admission Counseling, the National Association of Advisors for the Health Professions and the National Association of Minority Medical Educators.



The beautiful strains of “Trumpet Voluntary” rang through the Church of the Nazarene in Grove City on Friday evening, May 6, as family, faculty, staff and friends gathered for the Senior Pinning and Presentation of Master’s Hoods.

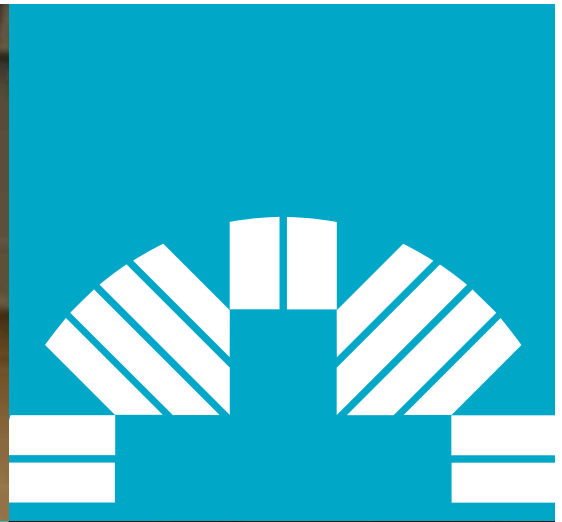
The Mount Carmel College of Nursing pin was bestowed on 171 seniors, and 51 candidates for the Master of Science degree were presented with their hoods. The master’s hood is part of the regalia that distinguishes those at the graduate level, with the apricot color denoting the academic discipline of Nursing.



The very next day, each received their respective degrees. Members of the Class of 2016 now hold their Bachelor of Science in Nursing and are prepared to embark on their careers as professional nurses. The graduate students are now qualified to practice nursing at a higher level. Congratulations all!



2016 SENIOR PINNING, PRESENTATION OF MASTER’S HOODS AND COMMENCEMENT



Left to Right: Deborah Trautman, PhD, RN; Mike Kennedy, PhD, chair of MCCN Board of Trustees; Christine Wynd, PhD, RN, MCCN president; and Charles Sanders Jr., MD, committee member, MCCN Board of Trustees, enjoy Commencement activities.

Mount Carmel College of Nursing welcomed Deborah Trautman, PhD, RN, as Commencement speaker on Saturday, May 7, at the Grove City Church of the Nazarene. Dr. Trautman, CEO of the American Association of Colleges of Nursing, serves on high-profile boards, including National Academic Affiliates Council, the Robert Wood Johnson Foundation and the Interprofessional Education Collaborative (IPEC).



PRESENTATION OF COMMENCEMENT



Kathy Giessler Haley, MS, BSN, RN, had two of her MCCN capstone projects result in national awareness: One was a statewide analysis of Ohioans' knowledge about a statewide trauma system, which was presented in Las Vegas at a national trauma meeting. Today it is integral to actions in Ohio's state trauma plan, and other states have expressed interest. The second was the development of a trauma nurse education plan that has been accepted as a model for a regional trauma system and has gained national interest.

Kathy Giessler Haley ('75 and '14), MS, BSN, RN

"Trauma was my gig from day one," says Kathy Giessler Haley ('75 and '14), MS, BSN, RN, in reflecting on her 41-year career in nursing.

"When I came to Mount Carmel School of Nursing in the fall of 1972 from Philadelphia, Dr. Tom Lewis, who was a general surgeon at Mount Carmel West and a relative of mine, helped me enter the field of healthcare. He gave me a job in the tumor registry, and I think that's when the seeds of my affinity for surgical/trauma nursing were first planted," she notes.

Kathy says that to this day she is grateful for the scholarship she earned by working in the gift shop while a nursing student, not only because it helped pay her tuition, but also because that's how she met her husband of 38 years.

"The second week I was in the gift shop, two men came in to rob the cash register, but my future husband – who was a firefighter and a stranger to me – came in after the event and consoled me. While we had a brief introduction, he forgot my name and I'll never forget that Ellistine Flowers – the dorm mother who used a ruler to make sure there was adequate distance between a student and her male visitor – had to help him figure out who I was." Today Kathy and Mike have two sons and two one-year-old grandsons, all born at Mount Carmel.

An Advocate for Children

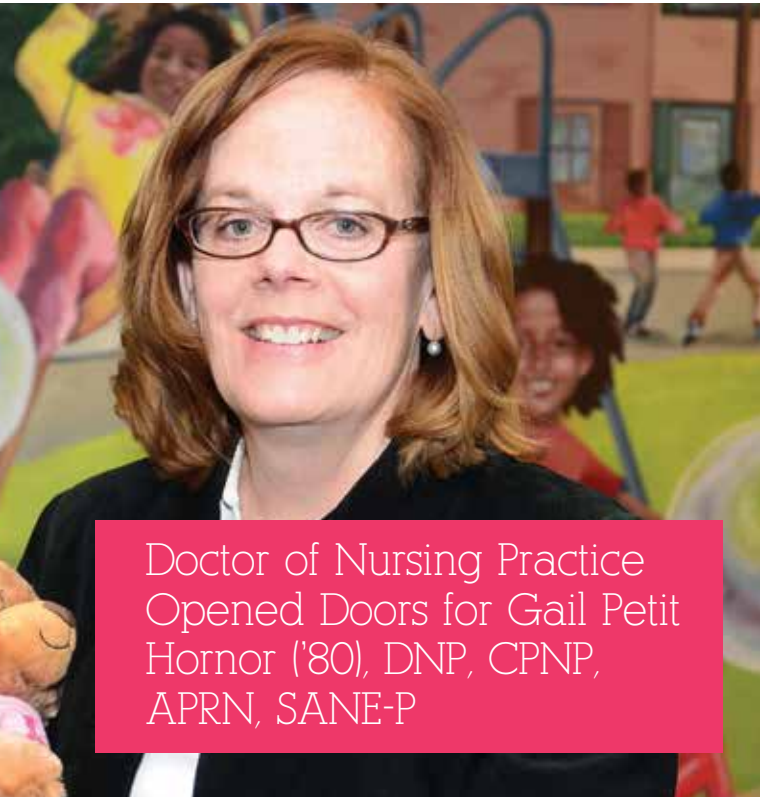
After graduation Kathy went to Nationwide Children's Hospital and within one year was named nurse manager in general surgery. Today she is manager of the Trauma Program and celebrates her 41st year with Children's this year. Kathy was named MCCN Distinguished Alumnus in 1998.

She credits education – beginning with her diploma from the School of Nursing – with her career success. After earning her BSN (Bachelor of Science in Nursing) from Capital University in 1991, she knew she was ready for more and, after exploring possibilities, returned to Mount Carmel.

"Because I was at a senior level in my career, Nursing Administration as the track for my Master of Science made sense. My ability to advocate for children in trauma situations is enhanced and strengthened by my advanced degree," she says.

"But, not a day goes by that some part of my original diploma training does not come into play. Mount Carmel allowed me to blossom as an individual and created an environment to learn what caring and nursing are about. There is a spirit at Mount Carmel that's still there today – the faces have changed over the years – but the spirit remains and always will."





Doctor of Nursing Practice
Opened Doors for Gail Petit
Hornor ('80), DNP, CPNP,
APRN, SANE-P

“Earning my DNP (Doctor of Nursing Practice) opened the door to my finding my passion and my niche as a nurse practitioner,” says Gail Petit Hornor, DNP, CPNP, APRN, SANE-P, whose career in nursing was fledged at Mount Carmel School of Nursing in 1980.

“When I graduated from high school in West Jefferson, I wasn’t sure what I wanted to do,” recalls Dr. Hornor. “But my best friend, Debbie Lares Montgomery ’80, was heading to Mount Carmel School of Nursing, so I did, too, and that’s serendipity for sure,” she adds.

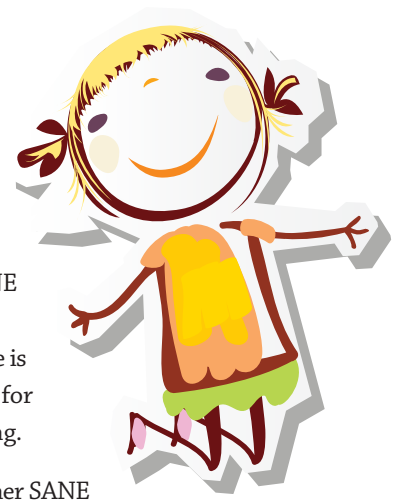
Immediately upon graduation, she enrolled at Franklin University for a BSN (Bachelor of Science in Nursing). She earned that in 1990, while working full time with two small children at home and went on to earn a Master of Science in Nursing from Wright State University in 1992.

Today, her oldest daughter, Melissa, 28, is a third-year surgical resident at The Ohio State University Wexner Medical Center, and the youngest, Megan, 26, is a BSN, RN, working in post-acute care adult health in Denver.

“I have such fond memories of Mount Carmel, where I honed the compassion I bring to my job today. There are times I’m called into the Emergency Department that I call on everything I’ve ever learned to do the best for my

patient in that moment,” she says.

Dr. Hornor coordinates the Pediatric SANE (Sexual Abuse Nurse Examiner) team at Nationwide Children’s Hospital, where she is a pediatric advanced nurse practitioner for The Center for Family Safety and Healing.



In addition to occasionally taking call for her SANE team, she is also the nurse practitioner for two clinics at the Center. One provides primary care for children in foster care; the other provides multidisciplinary assessments for children with concerns of physical and/or sexual abuse.

“My role is to document physical injuries and to come up with a diagnosis if child maltreatment is evident and if so, report it to Child Protective Services so they can perform an investigation. My role is to assess the child and make a medical diagnosis of whether or not maltreatment has occurred so the child can be protected,” she explains.

In addition to providing compassionate, excellent care for children in extraordinary circumstances, Dr. Hornor has published more than 20 articles in peer-reviewed publications discussing her research and various aspects of maltreatment of children, primarily sexual abuse.

“I can’t say the job is fun, but it is always challenging, which is very rewarding,” she says. “Had I not pursued my doctorate I would not be able to provide the kind of care I do at the level I do – I’m very grateful I earned my DNP from OSU in 2011 – it’s probably the best thing I’ve done, adding personal satisfaction and growth to my career,” she says.



Katheryn Fernandez, PhD, RN, who is associate professor, member of the Mid-Ohio District Nurses Association (MODNA) and an Ohio Nurses Association consultant to the Ohio Student Nurses Association (OhSNA) was on hand — along with several members of OhSNA’s executive leadership team — during the Ohio Nurses Foundation Nurse’s Choice Awards luncheon to be recognized for their recent award. During their recent national Student Nurses Association convention, Ildiko Yuryev, OhSNA president, accepted the Superior Association Leadership and Strengthening the Voices of the Student Nurses in Ohio.

Peggy Shaw, MSN/ED, BSN, RN, OCN, was honored by the Ohio League for Nursing (OLN) at the April 8, 2016, OLN Education Summit 2016: Transforming the Landscape of Nursing Education. The meeting was held at the Embassy Suites in Dublin, Ohio. Peggy, who is assistant professor in the Online RN-BSN Completion Program as well as admissions advisor and academic advisor, was nominated by Miriam Abbott, MA. Peggy received the Innovation in Nursing Award for creating two new teaching platforms for MCCN students.

Shivani Patel, ('12), MS, BSN, RN, CPN, assistant instructor, received the 2016 Pediatric Nurse Practitioner Student of the Year Award from the National Association of Pediatric Nurse Practitioners (NAPNAP).

Brianna Conkle, MCCN-FMC sophomore, received the Mid-Ohio District Nurses Association Scholarship at the National Student Nurses Association Convention.

Jill Kilanowski, PhD, RN, APRN, CPNP, FAAN, associate dean of the Graduate Program and professor, is recipient of the 2016 Distinguished Alumni Award for Nursing Research from Columbia University School of Nursing. Dr. Kilanowski received her award on May 20, 2016, in New York City. In addition, Dr. Kilanowski was a podium presenter at the 12th Annual International Family Nursing Conference held in Odense, Denmark, August 2015. She presented: “Exploring Influences of Healthy-Eating Decision-Making in Early Adolescent Children of Latino Migrant Farmworkers.” Her research and presentation was supported during her tenure at Michigan State University College of Nursing. Dr. Kilanowski is a pediatric nurse practitioner, nurse scientist and nurse educator and her program of research focuses on health promotion for children of Latino migrant and seasonal agricultural workers. Dr. Kilanowski is a Fellow in the American Academy of Nursing.

Kathy Espy, former director of Diversity and Community Initiatives, was recognized by the Medical Mutual Senior Advisory Council as the 2016 Central Ohio Outstanding Senior Volunteer, and the College was honored for Mrs. Espy’s outstanding work. And, in August, Kathy received “Lifetime Achievement” recognition during Columbus Business First’s Diversity in Business Awards, which honors “the remarkable work of inclusive organizations and individuals in all areas of diversity, including age, disability, gender, sexual orientation, race and religion.” Kathy is now serving as the Mount Carmel Health System Director of Community Engagement.

AWWA AND ACCOM

The College Relations team, led by Robin Hutchinson Bell, director of Marketing and College Relations, was recognized for winning a PRism award for *the Lamp*, MCCN's magazine for alumni, donors and friends. The award was presented by the Central Ohio chapter of the Public Relations Society of America at ceremonies held May 12.

A hand in a dark suit jacket and white shirt cuff holds a large, ornate gold trophy cup. The trophy has a wide, flared top with a handle and a decorative stem. The background is plain white.

ARDS

MPLEISHMENTS

Fifth MCCN-FMC C Graduates

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ount Carmel College of Nursing established a satellite campus at Fairfield Medical Center in 2008; in 2016 the fifth cohort of 22 students graduated. This brings the total number of Bachelor of Science (BSN) degrees earned at MCCN-FMC in Lancaster, Ohio, to 96.

"We are very proud of our students and our program here in Lancaster," says Deidre Smith, MSN, RN, who is program coordinator for MCCN-FMC. "Our 2015 spring graduates had a 100 percent pass rate on the NCLEX exam. We are expecting great results this year, too," she reports.

The satellite campus offers the same excellent BSN program as on the Columbus campus in the heart of downtown. With small class sizes, low student-to-instructor ratios and a student-centered philosophy, MCCN-FMC provides excellence in nursing education.

"Academic excellence, respect, compassion and social responsibility are characteristics our students demonstrate. The College really answered the need for community-based nursing education by founding MCCN-FMC. Fairfield Medical Center approached MCCN because the independent healthcare facility wanted to boost the entry level for nurses to the BSN level," she explains.



ohort



Deidre Smith, MSN, RN, is program coordinator, Mount Carmel College of Nursing-Fairfield Medical Center



Tina Caylor, BSN, RN, is a member of the MCCN Class of 2016 and of the Fifth Cohort, MCCN-FMC.

“We have a three-way partnership between FMC, the College and Ohio University in Lancaster, where our freshmen take their nursing prerequisite classes,” Deidre, who teaches the First-Year Experience class, explains. “Each class is limited to 24 students and our retention rate is high,” she adds.

“Our graduates tend to stay in Fairfield County or the surrounding counties, and that is good for the communities we serve. As students complete the majority of their clinical experiences at FMC they are familiar with the facility, and managers are knowledgeable about their skill sets. Many of our graduates are hired by FMC immediately upon graduation and enter into the year-long nurse residency program,” she says.

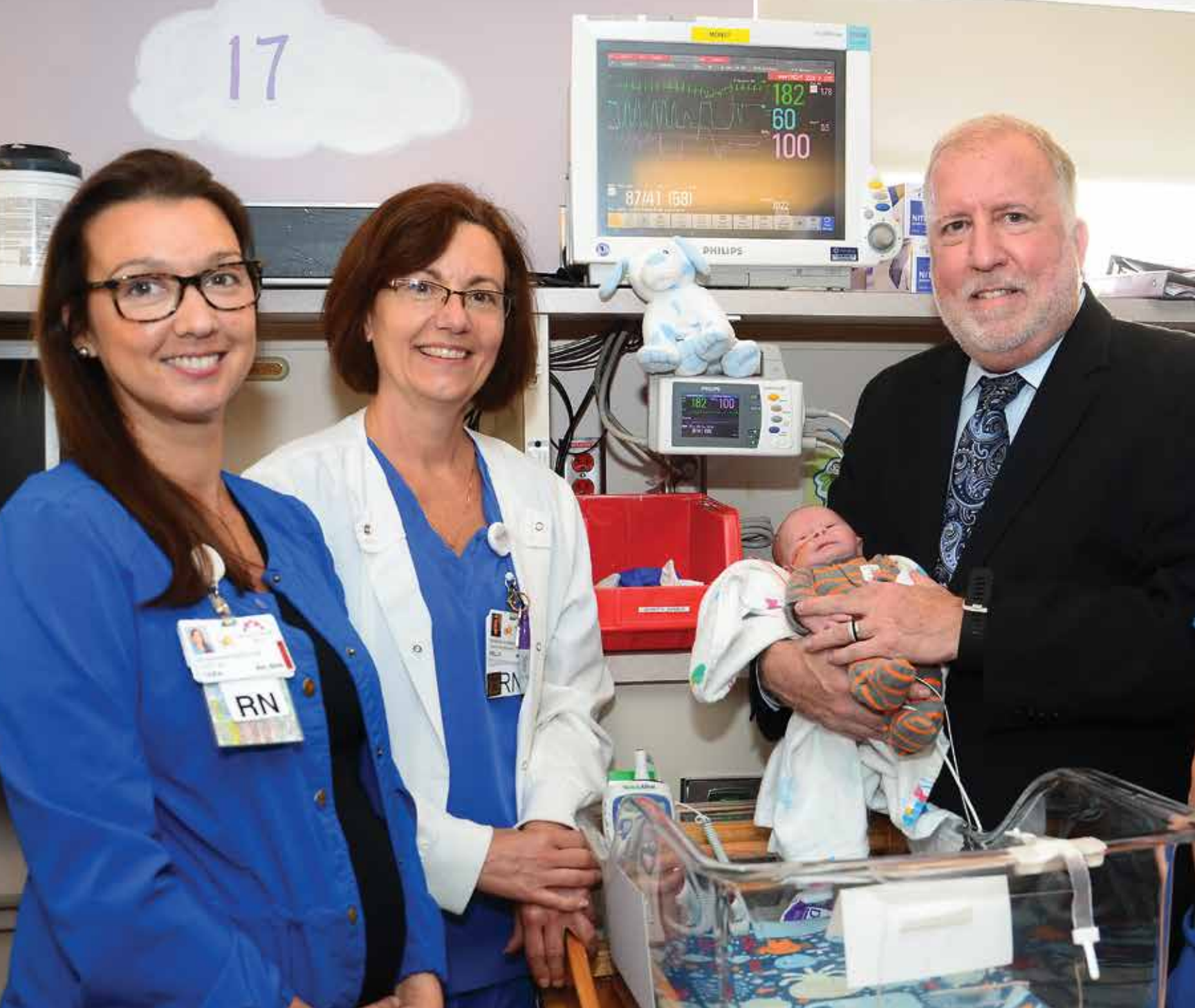
A New Country – a New Degree

Lancaster, Ohio, is a long way from Bruckberg, Germany, and as much as she misses her homeland, recent graduate Tina Caylor ('16), BSN, RN, is glad she immigrated to the United States 14 years ago.

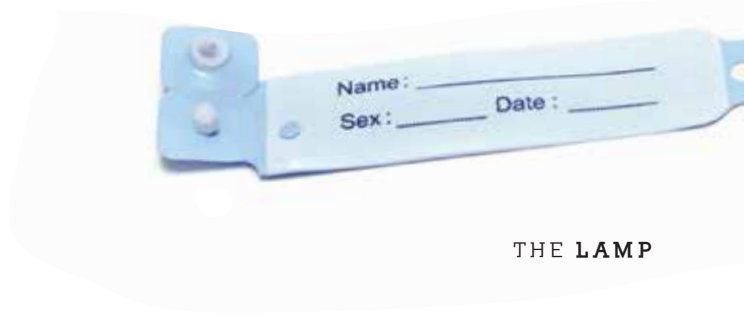
“I knew I wanted to be a nurse since I had my appendix out at 5 years old,” says Tina, who worked as a medical assistant in Germany before marriage brought her to Colorado where she worked in a physician’s office alternately answering phones and taking vitals.

“When we moved to Ohio in 2006, I was delighted to find a full-time job as a patient care assistant at Mount Carmel West,” she says. “I really enjoy the atmosphere and being around the patients – it was just a natural next move for me to apply to the College.” Upon starting classes, Tina worked full time until her senior year when she reduced her hours, but still benefited from Mount Carmel Health System’s tuition assistance program for employees.

“I’ve really enjoyed classes at MCCN-FMC because it’s closer to my home, but mostly because it’s like a family here,” says Tina who is now a single mother to her 6-year-old son, Gabriel. “He’s pretty proud of his mom. He says he likes having a mom who saves people’s lives.”



Donors Make a Difference: Craig W. Anderson, MD





Craig Anderson, MD, (center) says his co-workers at Mount Carmel West are like family: (left-to-right) Tara Klinger, BSN, RN; Kelly Hammond Rizzonelli, BSN, RN ('85 and '14); and Kary Perkovic, RN.

“A loose-knit family develops among physicians and nurses working closely together for so long in the NICU (neonatal intensive care unit),” says Craig Anderson, MD, about the nearly 35 years he has been caring for sick newborns at Mount Carmel West.

Dr. Anderson came to Mount Carmel in the mid-1980s through a combined neonatology fellowship program with Nationwide Children’s Hospital and OSU College of Medicine. He was soon recruited as Medical director, a position he has held since 1987.

“When you’re working in an intensive care environment with sometimes as many as 20 critically ill, vulnerable babies, it’s important to know that you’re working with people who are not only competent, but also comfortable in emergency situations,” he says. “I’ve certainly found that Mount Carmel nurses are professional and compassionate, as well as calm in emergent situations,” he adds.

Over the years, he’s taken note how valuable nurses are in patient care – providing hands on, day-to-day care to his patients.

“I’ve also realized that many nurses have played a big role in helping to make my career more rewarding and enjoyable – we’ve developed strong friendships and care about one another’s families, always taking time to say a kind word during the work day. My wife and I wanted to do something that recognizes nurses and shows our understanding of the dedication and commitment they bring to their profession,” he notes.

Helping Nurses Answer their Life’s Calling

Ten years ago the couple started the Dr. Craig and Deborah Anderson Family Nursing Scholarship Endowment Fund that annually provides at least four \$2,500 scholarships for Mount Carmel College of Nursing students. To date, nearly 50 scholarships have been awarded to financially support both first-time nursing students and nurses returning to advance their education and careers.

“In the spring I had the pleasure of meeting two recent recipients,” he recalls. “One student wanted to go into geriatrics and the other was interested in palliative care – both specialties are at the far end of the spectrum from what I’m doing and that’s OK – we need good nurses all across the range of care.” Dr. and Mrs. Anderson do not select scholarship awardees; rather a selection committee made up of MCCN faculty and staff members determines recipients.

“Each passing year Mount Carmel becomes more and more of a family for me,” says Dr. Anderson. “I’m proud to say that one of our three children, Ashley, is a nurse here at Mount Carmel, and she – along with our other children, Ally and Andrew – are beginning to get involved in philanthropy, taking an interest in helping with the Fund. That’s a wonderful feeling.” Ashley Anderson, BSN, RN, who graduated from the Second Degree Accelerated Program in 2015, is a staff nurse on the medical/surgical units at Mount Carmel West.

Alyssa Fry, MCCN’s director of Institutional Advancement, says that named scholarships, such as the Anderson family’s are invaluable to the Mission of the College.

“When Dr. and Mrs. Anderson set up this fund, they not only created a concrete way to help nursing students answer their life’s calling, they also honored Mount Carmel nurses everywhere,” she says. “All of us at Mount Carmel are very grateful.”



SOME BLESSINGS COME IN THE DISGUISE OF A SPEEDING CAR

Discover how a car accident, numerous hospital stays and many hours spent with committed, caring nurses helped Luke find his calling as a professional registered nurse. At Mount Carmel College of Nursing, we can help people reach their goals by providing exceptional opportunities for learning and real-world experiences. For more information about our undergraduate and graduate programs or to hear the rest of Luke's story, visit mccn.edu.



MOUNT CARMEL
College of Nursing

WHEN LIFE IS YOUR LIFE'S CALLING.

This print ad is part of the "When Life is Your Life's Calling" campaign, created by Mount Carmel's agency-of-record, Chicago-based BVK. Viewers of the ad are enticed to read the story at mccn.edu, thereby driving traffic to the College website.

WHEN LIFE IS YOUR LIFE'S CALLING.

Earlier this year, Mount Carmel College of Nursing introduced a new, fresh tagline for its marketing, advertising and community relations communications: "When Life is Your Life's Calling."

"Our overall goal in introducing a new tagline is to support the long-term viability of the College," says Robin Hutchinson Bell, director of Marketing and College Relations for more than 15 years. Her department is responsible for strategically positioning the College in the public eye in the best light possible.

“We accomplish this by employing several tactics to attract students and faculty who value excellence in nursing education; maintaining, enhancing, and protecting the reputation of the College through brand reinforcement and crisis preparedness; and by keeping the public, alumni, and friends abreast of new programs, enhancements, and activities,” she adds.

College Relations is responsible for strategically planning and marketing all program information — from pre-admission to undergraduate BSN tracks to graduate studies — including the new Online Doctor of Nursing Practice degree, which began in August 2015.

Strengthening the Brand

By practicing integrated marketing and communications, Robin and her team assure all messages about the College are coordinated to reinforce the brand. That is, the message is consistent no matter where it appears: In magazine and radio advertisements, College publications, news releases, social media and other media.

“When we talk about our ‘brand,’ we’re referring to the College’s promise to our stakeholders about the value and quality they can expect from an education at MCCN, as well as what differentiates us from competitors. Our logo – and our tagline – along with everything we say and do, communicates our brand,” she explains.

“When an organization such as MCCN does not have a massive advertising and publications budget, it’s important to rely on media relations, social media and the website to get the word out on a regular basis,” Robin notes.

“We also count on our colleagues throughout the College – as well as our alumni and students – to make us aware of newsworthy happenings, interesting stories or fascinating students so that we can proactively spread the word – whether that be through writing an article for one of our publications, posting a photograph to Facebook or sending out a tweet.”

Expanding for Collaboration

Last year the department took on broader responsibility to oversee – as well as continue to collaborate with – Alumni Relations and Institutional Advancement activities. Debbie Boggs (’75), RN, director of Alumni Relations, is now part of the team, responsible for establishing and maintaining connections to Mount Carmel alumni. In addition, Alyssa Fry, director of Institutional Advancement for the College, has a dual reporting structure to both Marketing and College Relations and the Mount Carmel Foundation.

“It’s great having the College Relations family expand,” says Robin. “It just makes sense – because we’ve always collaborated so closely – for us to be affiliated this way. Our strategic planning opportunities – and therefore the value and benefit we bring to the College – are synergistically expanded.”

Robin notes that the new tagline has been very well-received by the public, students, alumni, faculty and staff.

“Our tagline really reinforces that nursing is more than just a job, it truly is a calling,” she adds.



MOUNT CARMEL
College of Nursing

WHEN LIFE IS YOUR LIFE’S CALLING.

GREETINGS FROM YOUR ALUMNI ASSOCIATION



Dear Fellow Alumni,

Since becoming your Board president 18 months ago, I've spent some time reflecting upon what it means to be an alumna of one of the most highly respected colleges of nursing in the state.

I arrived at Nationwide Children's Hospital in 1977 as a new graduate. To this day – nearly 40 years later – I love what I do and remain proud to have received my nursing education at “the Mount.”

It's been a busy year, representing alumni at Commencement, Pinning and Convocation, as well as meeting with many of you and, of course, attending Board meetings. Highlights of the past year include two Finals Week Breakfasts, alumni gatherings at Marshall's Restaurant in Grandview, an OSU tailgate, and the “FamJam” for Franklin County Children's Services, in addition to “Homecoming” fun.

Through the Mount Carmel Alumni Association, I hope you will take the opportunity to renew school friendships and catch up with the new and innovative things happening at MCCN.

Sincerely,

Jill Trego Rill, RN ('77)

Alumni Vision

The vision of the Mount Carmel Alumni Association is to support Mount Carmel College of Nursing through philanthropic, networking and mentoring initiatives.

Alumni Library Accounts:

Visit www.mccn.edu/library to register for your account providing 24/7 access to news and information.

Follow us on Facebook

by visiting www.facebook.com/mcalumniassoc

The Alumni Association
is a great way to
stay in touch.

Send Us Your Email Address

MCCN and the Mount Carmel Alumni Association are sending more and more information via email. Send your email address to alumnioffice@mccn.edu or visit our website.

Alumni UPdates Get Involved!

We have several opportunities to become more involved - or get involved - by volunteering through the Alumni Relations office. If you would like to join a committee for any of the activities below - or just come and help out - please contact Debbie Boggs ('75), RN, director, Alumni Relations, by calling her at 614.234.5681 or emailing her alumnioffice@mccn.edu

- ✓ **In December: After hours evening alumni get together** – In December there will be an “Ugly Holiday Sweater” contest. These informal events take place from time to time, so please look for information on the College website at mccn.edu and also the Alumni Association Facebook page. We will send an email notice, too, so be sure we have your current email address.
- ✓ **Recruitment Assistance** – Alumni are needed to represent Mount Carmel at various college fairs across the state. As Kim Campbell, PhD, director of Enrollment, notes on page 15, when prospective students get to talk with a member of the alumni, it makes a difference. The greatest need is in the fall; there is a training program and you may volunteer close to your home. Please let Debbie know if you can help in this significant way.
- ✓ **Mark Your Calendar** – Early 2017 is time for the Alumni Write-a-thon! Please let us know now if you would like to write letters to students who have been accepted to MCCN. Self-scripted, your short, handwritten letter will express your own heartfelt reasons for choosing Mount Carmel and welcome students to the Mount Carmel family. This project — a collaboration between Alumni Relations and Admissions, is great for alumni who live miles away, but want to volunteer.

Golf Outing a BIG Success!

Thanks to our generous donors, more nursing students are able to answer their life’s calling to become professional nurses. In August, the Annual Mount Carmel Foundation Golf Invitational, benefiting MCCN, raised more than \$130,000, which will fund scholarships. More than 90 percent of MCCN students currently receive financial aid.



Left to right: Roger Spoelman, interim president and CEO, Mount Carmel Health; George M. Gevas, senior vice president, Corporate Banking, PNC; Mike Gonsiorowski, Central Ohio president, PNC; Ben Carter, CFO, Trinity Health; and Brian Kelly, senior vice president, Corporate & Institutional Banking, PNC, enjoyed golfing. PNC was a Presenting Sponsor.



Christine A. Wynd, PhD, RN, MCCN president (left), and Deanna Stewart, MA, president, Mount Carmel Foundation (right), join Craig W. Anderson, MD, a Presenting Sponsor.



Jeri Boylan Milstead ('57), PhD, RN, FAAN

Alumna Jeri Boylan Milstead ('57), PhD, RN, FAAN, Receives Two High Honors

In October 2015, one of our most prominent alumni, Jeri Boylan Milstead ('57), PhD, RN, FAAN, received two high honors – the Mildred E. Newton Distinguished Educator Award and the Cornelius Leadership Congress. Dr. Milstead – who is a member of the MCCN Board of Trustees – is an internationally known expert in public policy and the politics of health, having served as one of only two health policy experts with the International Council of Nurses in Geneva, and as a policy advisor in the Washington, DC, office of the late Senator Daniel K. Inouye (D-HI). She also co-chaired the Health Policy Council of the Ohio Nurses Association. She is the author of *Health Policy and Politics* and was editor-in-chief of *The International Nurse* (1995–2006). She served as professor and dean of the University of Toledo College of Nursing and president of the State Board of Nursing for South Carolina. Since her retirement in 2008, she consults on public policy, leadership and education.

The Mildred E. Newton Distinguished Educator Award recognizes a current or former educator or dean of a national college of nursing who graduated from The Ohio State University College/School of Nursing and whose personal integrity and commitment to nursing education, advancement of nursing science through research and publications, or exemplary practice of nursing contributes significantly to the recruitment and preparation of the next generation of nurses. The Cornelius Leadership Congress – the Ohio Nurses Association's (ONA) most prestigious honor – recognizes members and colleagues of ONA who demonstrate the leadership characteristics of Dorothy Cornelius in their work and with the ONA.

Please stay in touch with the Alumni Relations office and notify Debbie Boggs ('75), RN, of any changes in your contact information as soon as you can so you don't miss any news!

Also, please let her know your career path since graduation so we can include it in an upcoming issue of *the Lamp*.

Alumni Get Together!

On a trip to Washington, D.C., Christine Wynd, PhD, RN, MCCN president (center), was delighted to meet with our 2015 Distinguished Alumna Mary Reis Stout ('65) (right) and Mary's good friend, Linda Schwartz, PhD, RN, who is assistant secretary for Policy and Planning, Department of Veterans Affairs.



MOUNT CARMEL CLASS NOTES

Please send your
submissions to Class Notes
to Alumni Relations office
at alumnioffice@mccn.edu

Irma Competti Biancamano ('45) lives in Dover, Ohio, has four sons, eight grandchildren and two great-grandchildren. She worked at Fletcher General Army Hospital in Cambridge, Ohio, during World War II, then at Saint Francis Hospital in Pittsburgh, Pa., and Twin City Hospital in Dennison, Ohio. She retired from Union Hospital in Dover, Ohio, after 40 years of service. She continues to be active at Saint Joseph's Church in the Traditional Choir, Secular Franciscans and Regina Study Club. She writes: "Looking back over 70 years since my graduation, I can see that Mount Carmel prepared me well for everything I encountered in my nursing career. I will always be grateful to the Sisters for their devotion and their guidance. They taught me to set my standards high and always strive for excellence."

Suzanne Grapes Coughlin ('55) lives in Powell, Ohio. Her varied nursing career ended when she retired as an adult nurse practitioner in 1995. She was vice president and secretary for Coughlin's Pharmacy, Inc, in Columbus, Ohio, from 1978-2004.

Peggy Devine Diehl ('55) lives in Columbus, Ohio, is married and has six grown children. She graduated from Ohio Dominican University in 1975 with a BA in psychology. She was "at home" while her children grew up and returned to work in 1990 with OhioHealth and has been there for 25 years. She writes, 'I always felt like a good nurse because of my Mount Carmel training.'

Norma Zimmerman Laughrey ('55) lives in Danville, Ohio. She and her husband have been married for 60 years. They have six grandchildren and 11 great-grandchildren, one who is a nursing student at Mount Carmel College of Nursing.

Mary Evans Watson ('55) lives in Fayetteville, N.C., and has four children and seven grandchildren. She travels "back to Ohio for high school and college graduations of my grandchildren." She earned her BSN in 1976 from University of Pennsylvania and her MHS in 1982 from Whitworth

University in Spokane, Wash. For 17 years she was a surveyor of nursing homes in Washington, where she also worked in VA hospitals and on mental health units. She retired from her 50-year nursing career in 2005. For the past 20 years she has been a tax preparer for H&R Block.

Delores Ann Durbin ('60) lives in Kent, Ohio. She retired six years ago after 50 years in nursing. A member of the League of Women Voters, she's been active in her political party as a precinct committee person. She also volunteers for fundraisers for several charities, is active in AORN as president of the local chapter and attended the AORN Expo in Anaheim, Calif. in April. "For the last four years I have been driving for a young man who is blind, taking him to appointments and business meetings, including New York, Washington D.C., New Jersey and Atlanta," she writes.

Mary Frances Silvidi Hamrock ('60) lives in Pittsburgh, Pa., is married and has four children and six grandsons. She writes: "Since my retirement, God has shown me why he directed me to nursing." In the past nine years she has helped raise her 6-year-old twin grandsons and nursed her daughter and her daughter-in-law through critical illnesses. "Only my faith and nursing has helped me through these difficult times," she writes. She and her husband love to travel and have a family reunion for two weeks each summer in Myrtle Beach, S.C. On several occasions they have spent five weeks in Spain visiting and reconnecting with friends from when they lived there 40 years ago. She enjoys cooking, spending time at the gym and reading.

Sharon Raybuck Huber ('65) lives in Crestline, Ohio, is married and has four children and five grandchildren. She has been enjoying retirement since 2010 after 45 years of hospital nursing in such varied units as ER, OR and ICU.

Barbara Muller ('65) lives in Pittsford, N.Y. She retired in 2009 after 33 years, "in a most rewarding career." Following graduation she worked in pediatrics and OB/GYN. In 1970, she moved to Rochester, N.Y, where she worked in ICU/CCU and was offered the opportunity to advance to becoming a cardiology nurse practitioner for a large cardiology practice. She writes, "I remain extremely grateful for the excellent foundation that my education at Mount Carmel School of Nursing provided me."

We love hearing
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Pauline Sikora Resch ('65) lives in New Albany, Ohio, is married and has three children and three grandchildren. Her nursing experience includes L&D, med-surg and the American Red Cross. She continues to work at Mount Carmel East in Pre-Admission Testing two days a week. She enjoys spending time with her family (including their dog), raising flowers, singing in her church's choir, playing pinocle with three of her classmates and reading. She writes: "When I look over my time at Mount Carmel School of Nursing, I have such fond and positive memories of lifelong friends."

Joan Geyer Rucker ('65) lives in Northville, Mich. She shares: "I entered the nursing BSN program at The Ohio State University after my Mount Carmel graduation. There was no reciprocity between Mount Carmel and OSU at the time. Even though I had passed my State Boards and was licensed as an RN, it took me three years, full time, to get my BSN. I still remember the head of the Child Development Department: When I asked if I could test out of her class telling me I had to actually take the Child Development I class 'because you don't know what I am going to say.' Of course, having completed our rotation at 'Kiddies' (Nationwide Children's Hospital), that was not true. I have always said, 'I got my desired nursing degree from OSU but I learned how to be a nurse at Mount Carmel.'" Her first job was in a Holy Cross Hospital, Saint John Hickey Memorial Hospital in Anderson, Ind. When her children were school-age, she was hired at the Clinical Center at Michigan State University. One of the places she worked was in Sports Medicine with the MSU team physicians. She was, of course, known as "The Buckeye." She is retired and spent the last years of her career in several positions for Arbor Hospice in Ann Arbor, Mich. As a retiree, she continues her association there on the Speaker's Bureau, several fund raising and administration committees, and as a patient volunteer.

Janet Evans Stoner ('65) lives in Sugar Grove, Ohio, is married and has three children and five grandchildren. She and her husband are both retired. They enjoy camping and traveling to see the grandchildren. They have a special love for Saint Joseph Catholic Church in Sugar Grove.

Joyce Young ('65) lives in Danville, Calif. Her early career was in psychiatry units in Columbus, Ohio, and San Francisco. She has been a nurse at a Renaissance Faire and a ski resort. She earned a BS in Health Administration and an MBA. In 1988, she founded TLC Residential Inc, which provides drug and alcohol rehabilitation and sober living homes throughout the greater San Francisco Bay area.

Greta Metzger Kern ('66) lives in Waverly, Minn., is married and has seven children. During her senior year as a student nurse, a patient asked what she intended to do after graduation. She replied that she'd always wanted to go "out West." Her patient stated, "If you want something bad enough, you'll get it." After graduation Greta boarded a Greyhound bus with a suitcase in hand knowing that as an RN she could get a job anywhere. She got off the bus in a town that met her

description of "out West." It was Cheyenne, Wyo. She met her husband in a dance hall there and they moved to his hometown after his discharge from the Air Force. She worked in a large hospital in the OR until her first child was born. She then stayed home and raised seven children on their home farm over the course of 12 years. Today, she continues her full-time OR work and plans to retire in 2016. She and her family raise beef cattle, chickens and turkeys for sale to co-workers and neighbors, in addition to selling eggs, garden vegetables, fruits and berries. Retirement will find her spinning wool from her sheep, continuing her fiddle lessons, joining a square dance club, cross-country skiing and selling her homegrown produce.

Kathy Morehead Daubmire ('70) lives in Lancaster, Ohio, and has one son and one granddaughter. From graduation on she worked 41 years in patient care until she retired in 2011. She writes: "I cried all the way home my last day. I dearly loved nursing and would not have changed a day of my career, although some days were pretty tough." Since retirement she has worked part time in retail, and volunteered at her church and in her community. She became a poll worker last year and is looking forward to meeting new people and a new challenge. She shares: "Mount Carmel has been and always will be a very special part of my life."

Karen Czich Liniman ('70) lives in Columbus, Ohio, is married and has a son and three grandchildren. She enjoys trips to Florida to visit with them. She writes: "The education I received allowed me to pursue a career that was rewarding and diverse. The introduction to the OR that I received as a student led me to this area as a career choice." She worked 25 years at OhioHealth Doctor's Hospital from starting as a staff nurse to becoming director of the department and then transitioning into nursing informatics. This led to a major career change: She went from traditional nursing to a consultant position with PricewaterhouseCoopers, which was centered on the OR for process improvement and system implementation. She spent her last three years before retirement with an OR software vendor doing system implementation.

Anne Stoffel Schaumleffel ('70) lives in Westerville, Ohio, is married and has five children and two grandchildren. She works full time nights in L&D at OhioHealth Riverside Hospital in Columbus, Ohio, where she has been for 26 years.

Rose McCoy ('73 and '98) lives in Marion, Ohio, has three children and five grandchildren. She worked for 38 years at Blanchard Valley Hospital in Findley, Ohio, including med-surg, obstetrics (postpartum, well-baby, special care nursery and L&D), urgent care, education, home health and hospice. She now works per diem at OhioHealth Marion General Hospital in Marion, Ohio, in postpartum and nursery. She also does travel nursing in Ohio, only in obstetrics. She writes: "I appreciate the education I received at Mount Carmel more as the years go by."

Rita Yuszka Digiannantoni ('75) lives in Pataskala, Ohio. She retired in 2014 after 21 years at Mount Carmel East on a med-surg unit. Prior to that she was at OhioHealth Grant Hospital for several years in ICU and CCU. She shares: "Nursing has always meant a lot to me. Working with patients and families has been of utmost importance." Retirement has given her more time with family, friends and herself.

Marcia Dinger Keim ('75) lives in Upper Arlington, Ohio, is married and has two children and two grandchildren. She works three days a week as a school nurse at Upper Arlington High School.

Beth Campbell Foster ('75) lives in Reynoldsburg, Ohio, has one son, two stepdaughters and three grandchildren. She earned a BA in Health Care Administration from Ohio Dominican College, is a certified professional in Health Care Quality and is a Six Sigma Black Belt. For the past 26 years she has been a home health care nurse, with the last eight years serving as the director of Regulatory Affairs for the Ohio Council for Home Care and Hospice. She has spoken to Mount Carmel College of Nursing's Senior Policy class on many occasions. She writes: "I feel very honored to explain my advocacy experiences to the students and hope that each of them will have learned something about home healthcare."

Betty Brining Coffelt ('81) lives in Worthington, Ohio. She is a widow and has six grandchildren and nine great-grandchildren.

Ann Huntoon ('80) lives in Stevens Point, Wisc. She is married and has two sons and two stepsons. She shares: "I am enjoying the influx of daughters-in-law." She has worked in a variety of settings as an RN – from neurology to critical care and cardiac rehab. After a 16-year hiatus, during which she earned her Bachelor of Music in applied flute and music literature, she returned to the medical profession for two years as an RN in a pediatrics clinic. She is currently executive director of the Central Wisconsin Symphony Orchestra.

Andrea Flesher Turner ('97) lives in Pensacola, Fla., and has two sons. She works full time as charge nurse on a renal respiratory unit at Sacred Heart Hospital. She writes: "This Catholic hospital is celebrating 100 years this year and it is very exciting."

Lindsay Grogan Mayer ('01) lives in Russia, Ohio, with her husband and three children. She earned an MSN from Loyola University of Chicago in 2006, and she now is manager of Programs, Performance Improvement Collaboratives for VHA-UHC Alliance NewCo Inc.

Rachel Maddox ('15) lives in Columbus, Ohio, and writes, "After graduation from Mount Carmel, I took a job as a volunteer nurse. For several months I volunteered my skills as a nurse at Holy Family Birth Center, which is also referred to as Holy Family

Services (HFS). HFS is a freestanding birth center located in heart of the Rio Grande Valley on the Texas-Mexico border. We serve a largely low-income population and provide safe, affordable, family-centered maternity care to families in the valley. This includes all of their prenatal visits, labor/birth, and up to six weeks of post partum care, including home visits. It was a great experience, and I really loved my work and the families we served. Now, I'm home settling back into Columbus, Ohio. I took a job at OSU in the neonatal ICU and have plans to start grad school there in the fall to earn a master's in Nurse Midwifery."

Jillian Rengel ('16) lives in Lexington, Ky., where she works as a staff nurse in the ER at Saint Joseph's Hospital.



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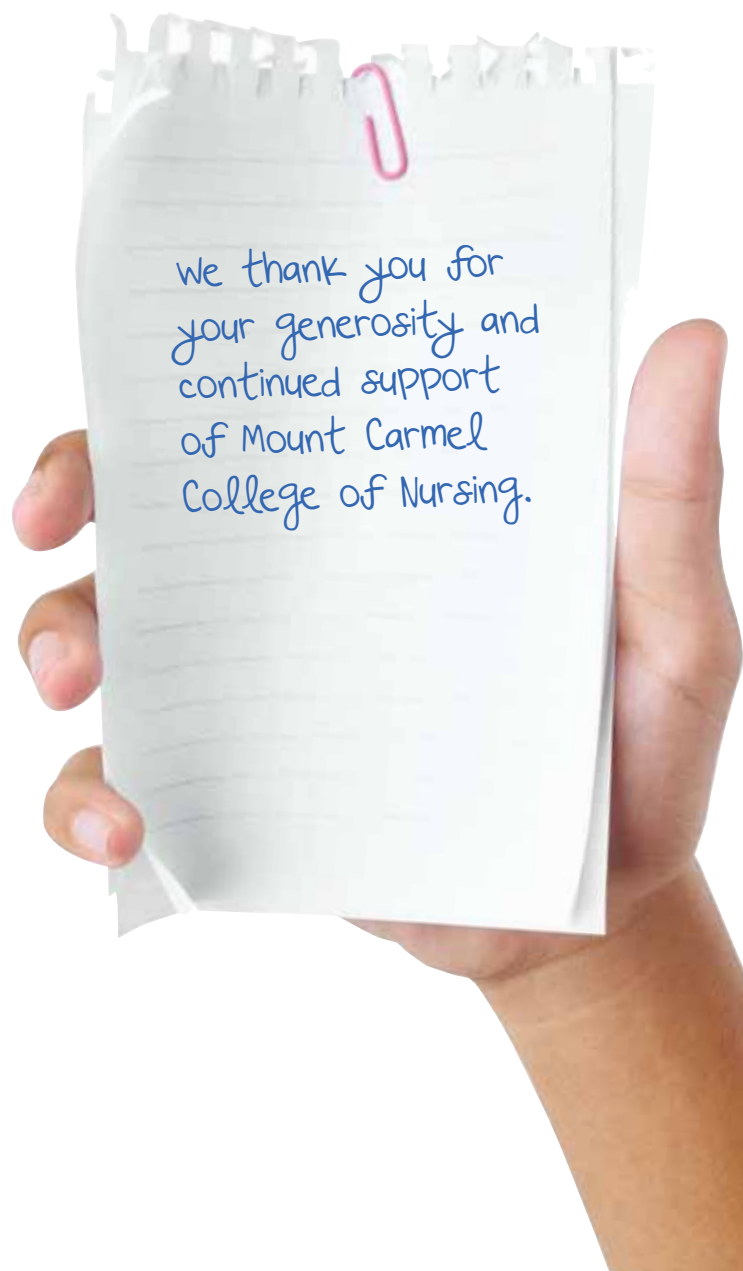
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Ruth Strickler

In Memory of Regina S. Tocash
Chester R. Phillabaum, Sr.

In Memory of Joanne Trump
Donna Johnson

In Memory of John Van Der Laar
Ms. Clare M. Jordan

In Memory of Theodore R. Zerwin
Phylis and Ray Crook



IN MEMORIAM

Mount Carmel College of Nursing and its alumni honor the following graduates who have passed away and extend our sympathy to their family and friends.

- Helen Claire Winkel Schwartz — Class of 1941
- Alveda Barbara "Sissy" Cave Boyer — Class of 1945
- Marie Granger Zimmer — Class of 1947
- Abbie Cornell McKenzie — Class of 1948
- Ruth Wilson Richards — Class of 1948
- Edith Loraine Baugess Uhly — Class of 1950
- Mary Suzanne "Susie" Gallagher — Class of 1954
- Pat Slentz Liberator — Class of 1954
- Mary Jo Durbin Oberfield — Class of 1955
- Barbara Zenker Smith — Class of 1957
- Clara Hyle Spaeth — Class of 1962
- Veronica "Ronnie" Francisco Knapp — Class of 1966

We also acknowledge the loss and honor the memory of those whose lives have touched the Mount Carmel family.

- Husband of Mattie Frye Wilson ('57)
- Husband of Barbara Burns Lach ('59), Ralph D. Lach, MD
- Mother of Bea Mart Sink ('59) and Judy Mart Macnamara ('63)
- Husband of Su Holland Zerwin ('63)
- Husband of Suzanne Hutter Armstrong ('64)
- Mother of Sharon Greiner Pecko Sauer ('65)

- Mother-in-law of Jill Young Wallace ('73)
- Husband of Betty Brining Coffelt ('81)
- Father of Brenda Schimmoller Ruth ('83), Sallie Schimmoller Markham ('14); Father-in-law of Jayne Hartings Schimmoller ('93) and husband of Sharon Schimmoller
- Mother of Lisa Sexton Burgin ('83)



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Mount Carmel College of Nursing
127 South Davis Avenue
Columbus, Ohio 43222
alumnioffice@mccn.edu

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